

MEDICAL ABORTION (MIFEGYMISO) APPOINTMENTS

PRE-ABORTION PROCESS

The process of prescribing Mife takes about 40 minutes. Would you prefer to book patients for one 40-minute appointment, or split the process into two shorter appointments?

40 min x 1

I'd prefer one appointment



Appointment 1 of 1 (40 mins)

- Counselling
- Blood + ultrasound requisitions
- Focused physical exam
- Chlamydia + gonorrhea screen
- Info package + consent form

40 min ÷ 2

I'd prefer two appointments



Appointment 1 of 2 (25 mins)

- Counselling
- Blood + ultrasound requisitions
- Focused physical exam
- Chlamydia + gonorrhea screen
- Info package



Review labs

- Review U/S, β hCG, Rh, CBC



If Rh-negative, arrange immune globulin

- See reverse for guide to referring patients for Rh immune globulin



Phone or fax in prescriptions

- Send Mife and birth control prescriptions to chosen pharmacy



Appointment 2 of 2 (15 mins)

- Consent form
- Mife prescription
- Birth control prescription

POST-ABORTION PROCESS

Follow-up after a medical abortion can be done in person or over the phone. Which would you prefer?

In person

I'd prefer to follow up in person

Phone

I'd prefer to follow up over the phone



Phone patient to remind of bloodwork

- Post-abortion β hCG 7-14 days after Mife



In person follow-up

- Review β hCG
- Focused symptom checklist
- Review contraceptive compliance
- Order ultrasound if indicated



Phone follow-up

- Review β hCG
- Focused symptom checklist
- Review contraceptive compliance
- Order ultrasound if indicated

PATIENT IS RH NEGATIVE

According to the SOGC, Rh immune globulin **should** be administered to Rh-negative patients having a medical abortion above 49 days gestation. Rh immune globulin **may** also be offered to Rh-negative patients having a medical abortion below 49 days gestation, though there is limited evidence for this practice.

**> 49 days
LMP**

- Immune globulin should be offered

**< 49 days
LMP**

- Immune globulin may be offered
- Inform patient of limited evidence



Consider timing of Mife and Rh immune globulin

- Immune globulin can be administered any time before onset of bleeding, aka. use of misoprostol
- It can also be administered within 72 hrs of onset of bleeding, aka. use of misoprostol
- The General's OB clinic provides immune globulin to community on Tuesdays only
- Hence common timeline is: immune globulin Tuesday, mifepristone Friday, misoprostol Saturday



Phone patient to inform of Rh immune globulin process

- Inform patient that they are Rh negative
- Explain benefits and risks of Rh immune globulin treatment
- Instruct patient to present to 2nd floor lab at General Hospital at **11:00 am on Tuesday**
- Explain when to take Mife relative to administration of immune globulin—see above



Fax the following to the General Hospital's OB clinic at 613-739-6292

- Referral form: "Request for administration of Rh(D) immune globulin injection
- Blood test results demonstrating that patient is Rh negative
- Rx for 120 microgram Rh immune globulin IM
- TOH form: "Consent for blood and/or products" **with your signature** in healthcare provider section