

# Post-abortion Contraception Options



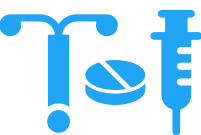
CONDOMS  
& SPERMICIDES

Can be used **immediately** after abortion.



CERVICAL CAPS  
OR DIAPHRAGM

Should be **delayed** until bleeding stops.



HORMONAL  
CONTRACEPTIVES

When to  
initiate

Additional method of  
contraception needed

**Combined  
hormonal  
contraception**  
(pill, skin patch or  
vaginal ring)

After taking  
misoprostol

**Barrier methods:** for the first 7  
days after initiating hormonal  
contraception

**Progestin-only  
method**  
(pill, injection or  
implant)

After taking  
misoprostol

**Pill:** the first 2 days  
  
**Injection or implant:** the first 7  
days

**Intrauterine  
device**  
(IUD/IUS)

Inserted at a  
follow-up  
appointment after  
the completion of  
the abortion.

**Copper:** no back up method is  
needed.  
  
**Hormonal:** the first 7 days

## REFERENCES:

Costescu D, Guilbert E et al. Medical abortion. Journal of Obstetrics and Gynaecology Canada, 2016; Volume 38, Issue 4, 366 – 389.  
Judith Soon & Nevena Rebic. Pharmacist resource guide for medical abortion. 2018. CART-GRAC 2020.

