Grade 11 Progress Checklist January

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Advisor: \_\_\_\_\_\_\_\_

To see where you are at the current time – and what still needs to be done, complete this checklist. Your CAS advisor will use this as a basis for a chat with you to discuss your progress so far.

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| My CAS Programme | Y/N | Evidence |
| The activities on ManageBac all provide full details and give clear, measurable goals |  |  |
| All experiences are clearly described, have personal targets and links to LOs on MB |  |  |
| I have a CAS project (an experience that involves teamwork, initiative and is of significant duration) |  |  |
| I am involved service that has an international focus |  |  |
| I have been involved in a face-to-face service for a needy community outside of ISA (eg. Serve the City, serving at the Soup Kitchen) other than the one I did during the Core Days |  |  |
| I have been involved in a community building event (eg helped out at PTA or SHARE event) |  |  |
| I have got variety in my Creativity programme |  |  |
| I have got variety in my Action/ Activity programme |  |  |
| I have got variety in my Service programme |  |  |
| I have got evidence for regular, on-going commitment in my: |  | |
| Creativity (name the activity /ies) |  |  |
| Action /Activity (name the activity/ies) |  |  |
| Service |  |  |
| I can already provide some solid evidence of achieving these learning outcomes |  | |
| Identify my own strengths and develop areas for personal growth |  |  |
| Demonstrate that I have undertaken new challenges |  |  |
| Demonstrate how to initiate & plan a CAS experience |  |  |
| Show commitment to and perseverance in my CAS experiences |  |  |
| Demonstrate skills & recognize the benefits of working collaboratively |  |  |
| Demonstrate engagement with issues of global significance |  |  |
| Recognise and consider the ethics of my choices and actions |  |  |
| Date of first CAS interview |  |  |
| I have uploaded this interview |  |  |
| Evidence of written reflection in Managebac |  |  |
| Evidence of pictorial reflection in Managebac |  |  |
| Evidence of oral reflection in Managebac |  |  |