



Precision Medicine and Health Disparities: The Promise and Perils of Emerging Technologies

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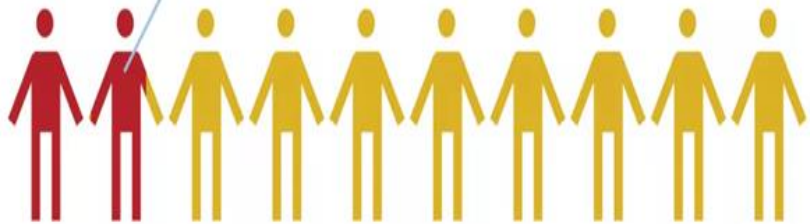
What is a health disparity?

A disproportionate number of health conditions and deaths compared with the general population

Many forms of Health Disparities

1. Ethnicity/Ancestry

African Americans make up 13 percent of the U.S. population ...



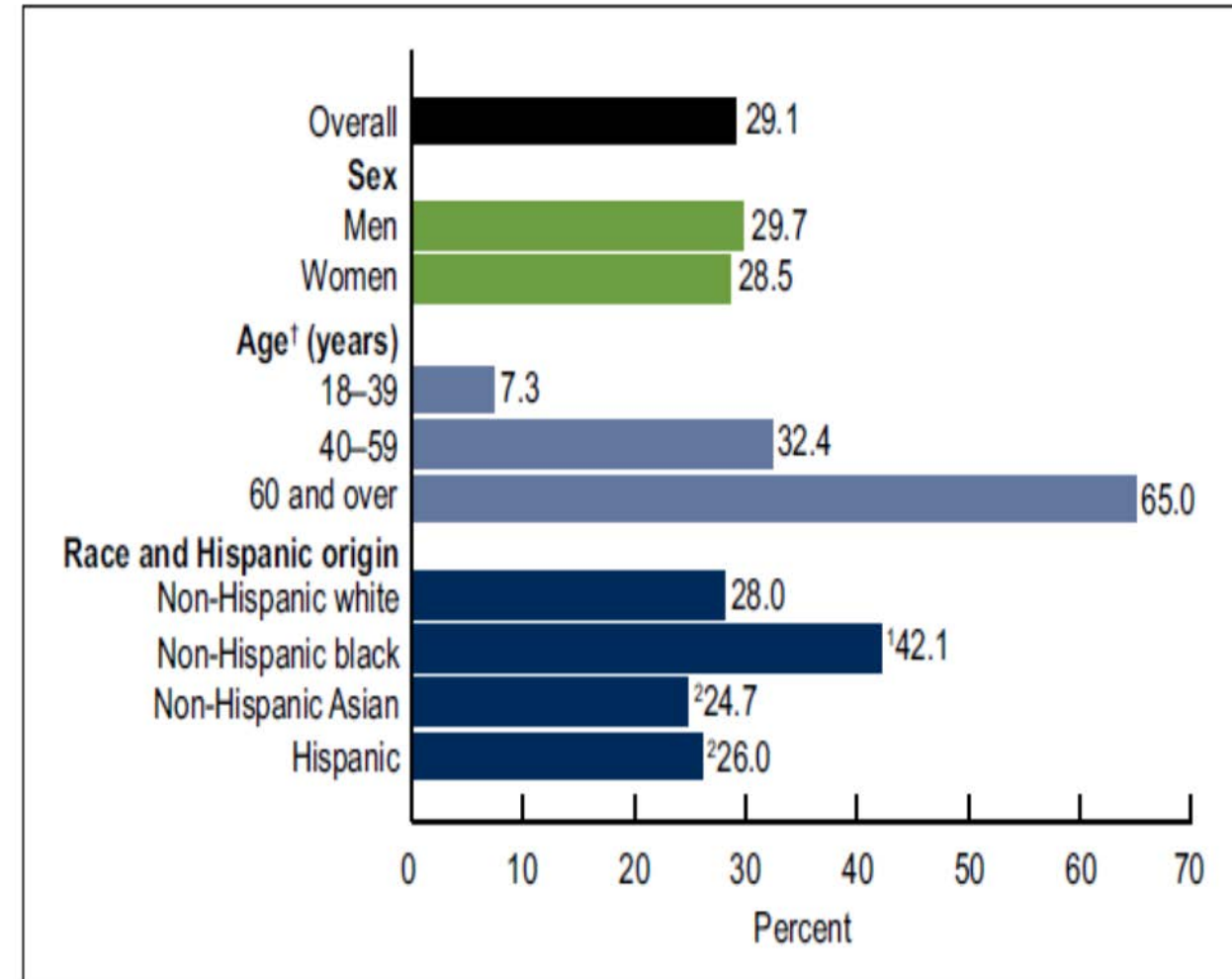
... but represent almost half of all new HIV cases.



<http://lygeia.com/2015/11/19/leveraging-digital-strategies-to-address-health-disparities-part-1-measure-what-you-want-to-manage/>

2. Age, gender & ancestry

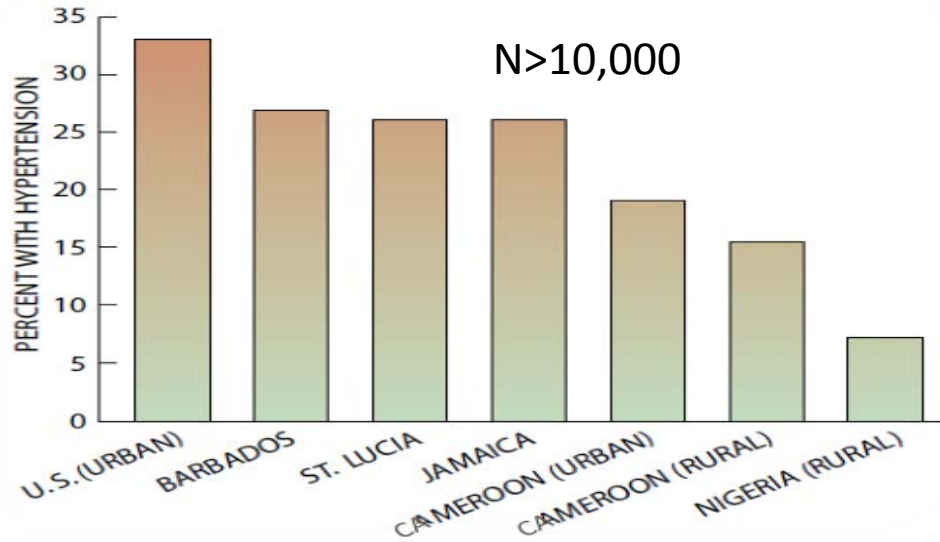
Prevalence of Hypertension – Aged 18 and over, US 2011-2012



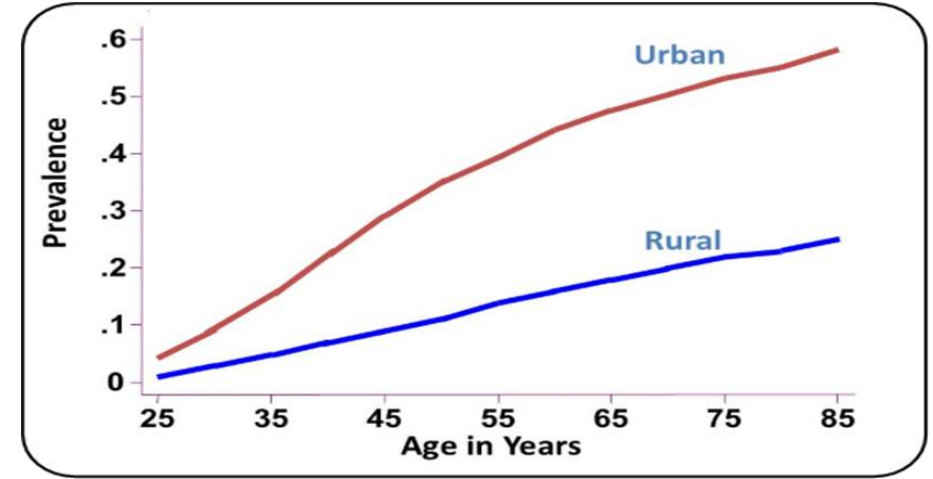
<https://www.cdc.gov/nchs/data/databriefs/db133.pdf>

3. Geography & ancestry

Prevalence of hypertension – Seven populations of West African origin



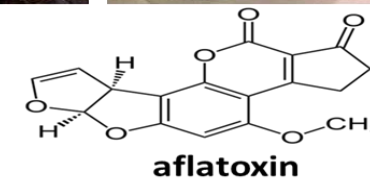
Prevalence of hypertension among urban and rural Yoruba individuals in Nigeria



4. Socioeconomic (poor vs rich)



Production of aflatoxin by *Aspergillus flavus* in some Nigerian indigenous beverages and foodstuffs. *Mycopathologia* 1980



Rotimi C et al., 1980

The Death Gap – David A Ansell, MD

---- He reveals the profound inequalities, particularly racial inequalities, that generate tremendous differences in lifespan and well-being across neighborhoods, and he provides powerful patient anecdotes that provide a human face to otherwise abstract challenges.” Harold Pollack, University of Chicago



Location, Location, Location – real estate

These are also the three most important words in understanding health and wealth inequality in America

Life Expectancy varies greatly by neighborhoods in Chicago

Neighborhoods	Income	Life expectancy	comments
The Loop	\$80,000	85yrs	Affluent downtown
North Lawndale	\$25,000	72yrs	91% AA (5miles from the Loop)
Hyde Park	\$40,000	83yrs	Racially diverse
Washington Park	\$22,000	69yrs	Almost entirely AA

AA – African Americans

The major drivers of health disparities (inequalities) at the national and global levels are not genetic

The wages and benefits we're paid, the neighborhoods we live in, the schools we attend and our tax policies are health issues every bit as critical as diet, smoking and exercise.

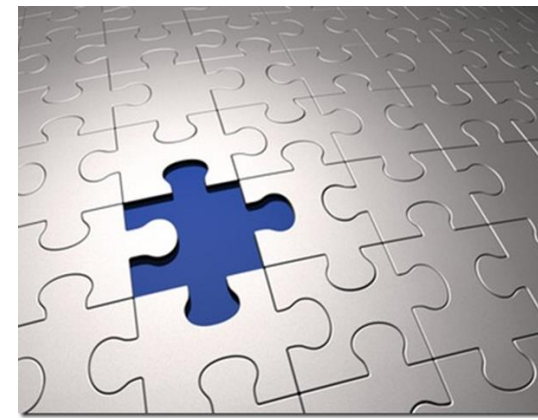
The unequal distribution of social factors that drive health disparities are **not natural or inevitable**. They are the result of choices that we as a community, as states, and as a nation have made, and can make differently

Larry Adelman, Unnatural Causes March 27, 2008

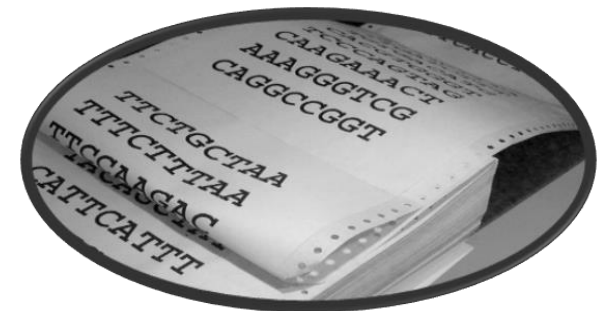
“If the misery of our poor be caused not by the laws of nature, but by our institutions, great is our sin.”

- Charles Darwin

Why study genetics/genomics in the context of health disparities?



Our Genomes – A history book that has unbiasedly capture human experiences over thousands of years.



What is this book teaching us about human history & Health?

Reducing the Global Genomic Inequity Gap: Development of an African Genome Project

Melanie J. Newport^a Charles N. Rotimi^b

Public Health Genomics 2009;12:251-252

Concern that the equity gap that already exists between developed and developing countries will be widened if developing country populations, their scientists and health practitioners are not fully engaged in the application of genomic tools to address global problems including health and food production.

**Tomorrow's Medicine and Technology may not
work for all human populations**



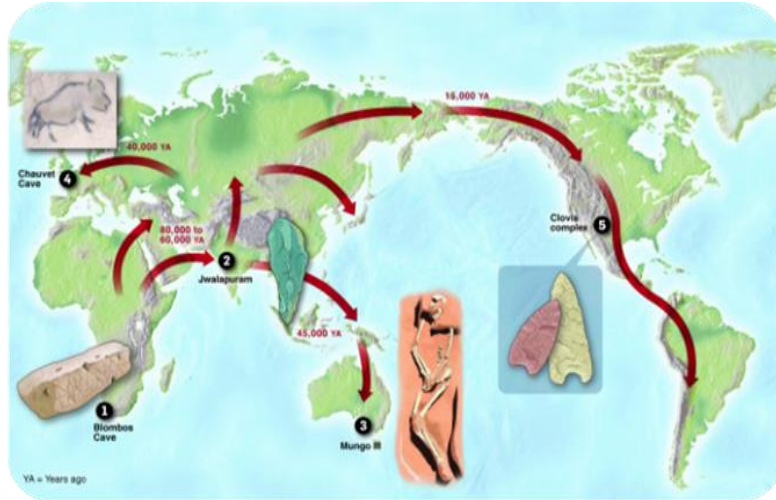
Yoruba
community



Luyha & Maasai
Kenya - 2005

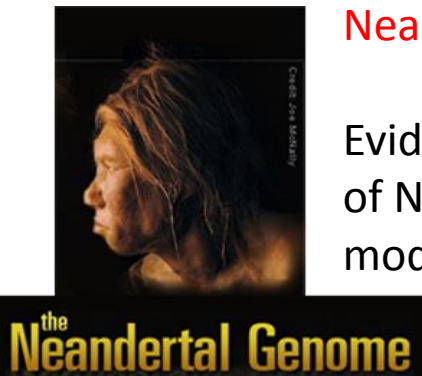


Human Migrational History



Neanderthal genetic legacy

Evidence for introgression of Neanderthal genes into modern human gene pool



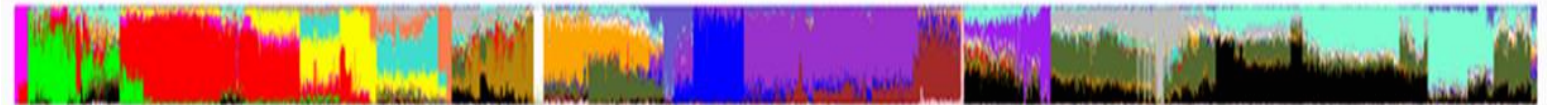
Any phenotypic effects on modern humans?

Human ancestry correlates with language and reveals that race is not an objective genomic classifier

Jennifer Baker, Charles Rotimi, Daniel Shriner

May 2017

1. Studied ancestry of 5,966 humans from 30 language families
2. Identified 21 ancestries; Majority (97.3%) have mixed ancestry
3. **Ubiquity of mixed ancestry emphasizes the importance of accounting for ancestry in history, forensics, and health.**



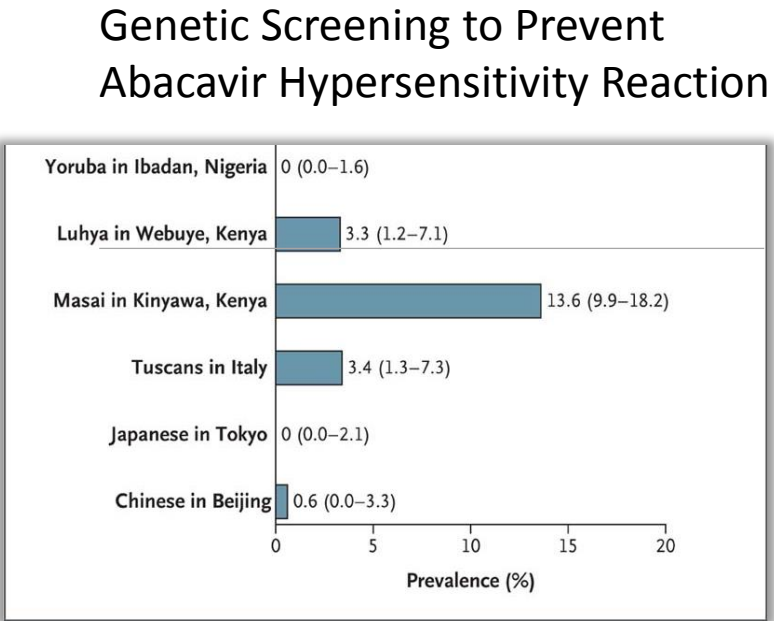
Using genetics to define racial group is like slicing soup. You can cut wherever you want, but the soup stays mixed.
Nature Biotechnology 2001

Although “race” and thus racial groups may be difficult to define genetically, the impact of racism is real

Racism is a fundamental driver of inequalities in societies where it exists.



Mutations common in African Americans (2%); Rare in European Americans (<0.1%) Associated with 40% reduction in LDL-C level



Rotimi CN and Jorde L, *NEJM*, 2010

The label “Africans” or “Blacks” renders radically different **HLA-B*5701** allele frequencies invisible.

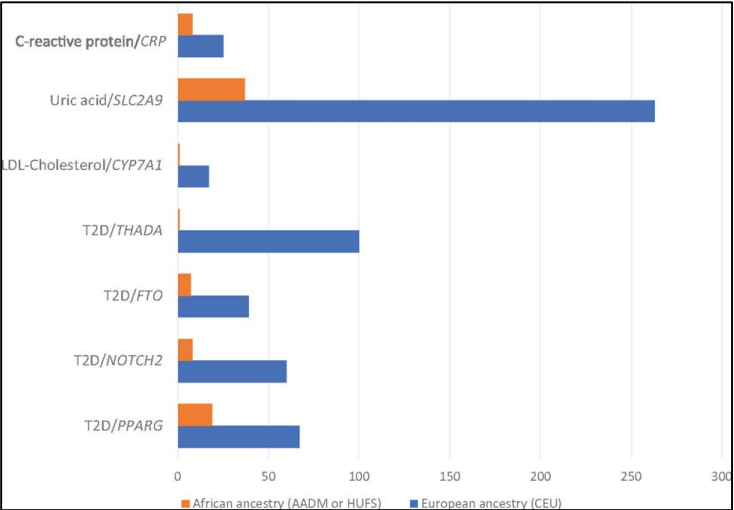
The New York Times

SCIENCE

Genetic Tests for a Heart Disorder Mistakenly Find Blacks at Risk

By DENISE GRADY AUG. 17, 2016

Mistakes have been more common in blacks because they are more likely than whites to carry certain mutations that, in earlier studies, were thought to cause the disease



Fine-Mapping: showing how smaller haplotype blocks in African ancestry populations helped refine genome-wide significant loci

Rotimi et al. *Hum Mol Genet.* 2017

African-Americans, Kidney Failure and APOL1

Geography, evolutionary biology, ancestry

African-Americans are **13%** of the **US** population but account for **32%** of **kidney failure** in the US¹



African-Americans are almost **4 times** more likely to develop **kidney failure** than caucasians.¹



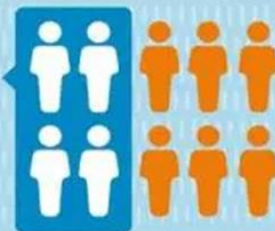
About **1 in 5** people with two copies of **APOL1 renal risk variants** will develop **kidney disease**²



These **APOL1 variants** account for **70%** of non-diabetic **kidney failure** in African-Americans²



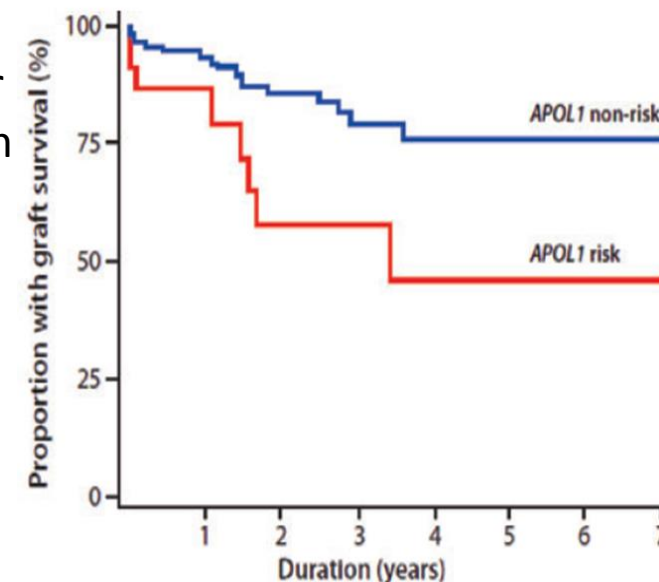
About **4 in 10** African-Americans on dialysis have **kidney failure** caused by **APOL1**²



The APOL1 Gene and Allograft Survival after Kidney Transplantation

Graft survival shorter in donor kidneys with 2 APOL1 risk variants (HR 3.8, p=0.008)

No difference by overall African ancestry



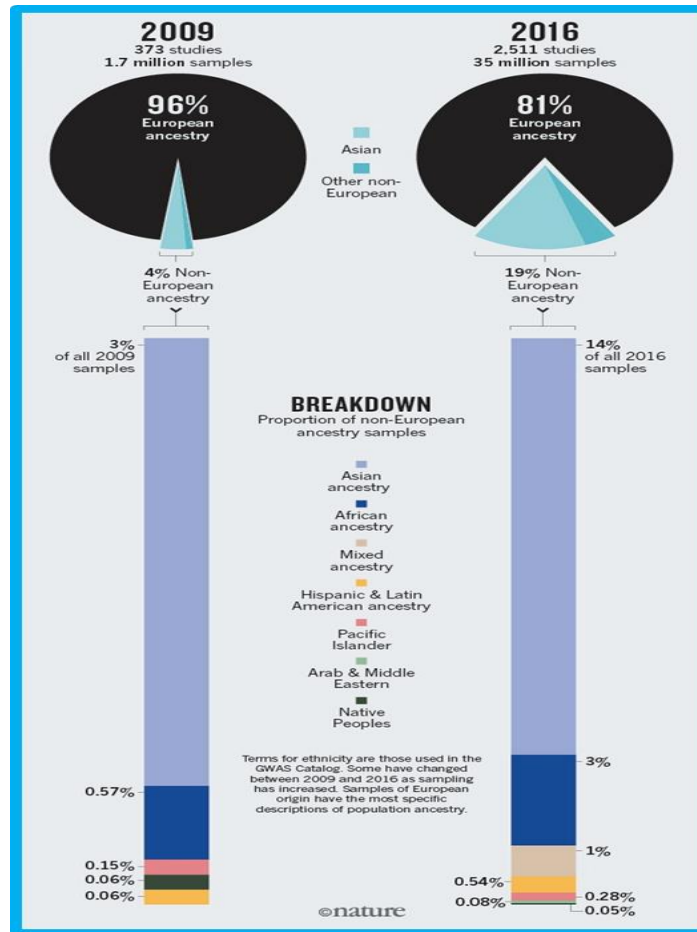
“Anytime different outcomes exist for kidney disease in African-Americans and European-Americans, an APOL1 influence needs to be investigated,” says Barry Freedman.

<http://www.wakeforestinnovations.com/discover-innovation/charting-new-waters/>

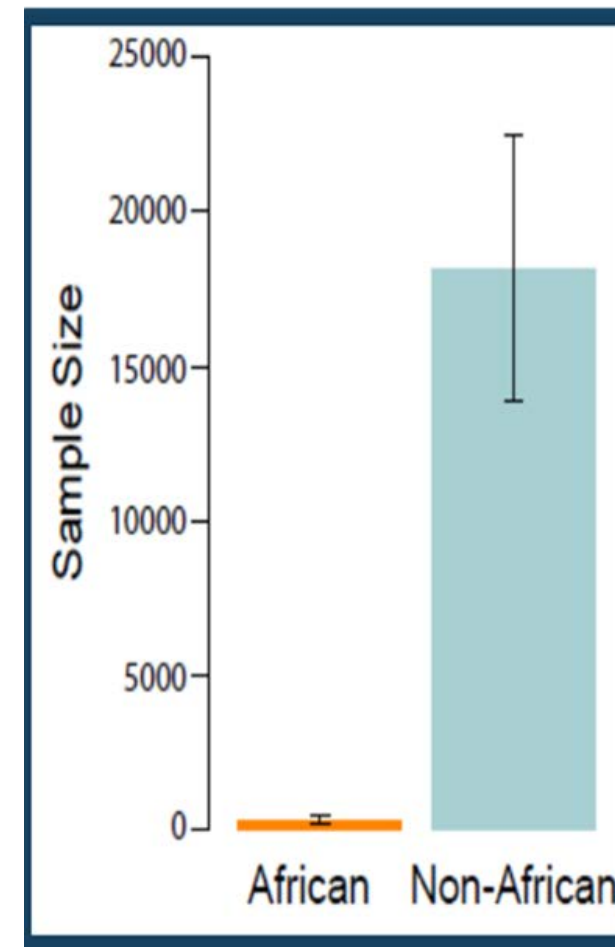
Health disparities in the genomic era: the case for diversifying ethnic representation

Charles N Rotimi*

Genome Medicine 2012, 4:65



Popejoy and Fullerton, *Nature*, 2016



Rotimi C et al.
Human Molecular Genetics, 2017

The African Society of Human Genetics



The Africa Society of Human Genetics (AfSHG) was formed to ensure that Africa is not left out of the genomic revolution.



Annual meeting of the African Society of Human Genetics - Nov 2007, Cairo, Egypt

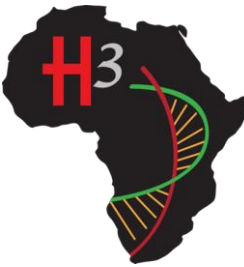


Human Heredity and Health in Africa (H3Africa)

London, England; June 22, 2010

Vision for H3Africa

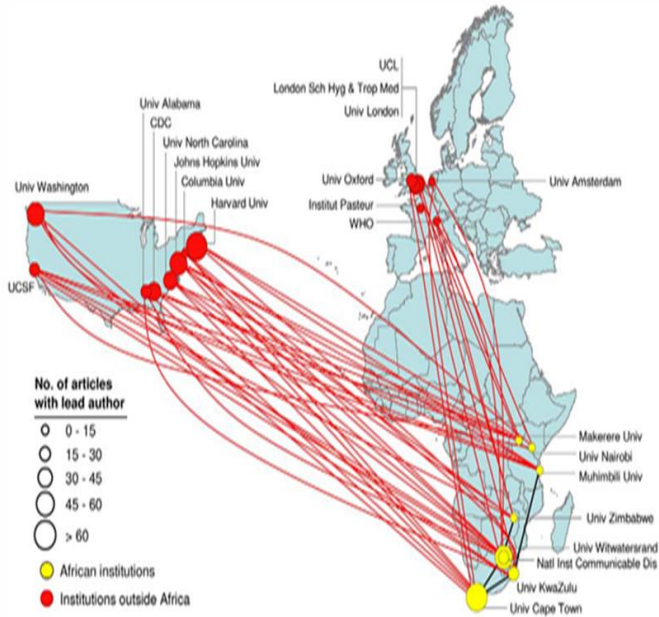
To enhance capacity for using contemporary research approaches, in Africa by African scientists, to understand the genetic and environmental factors that determine disease susceptibility and drug responses in Africans.



A key aspect of H3Africa - Awards are made directly to African Institutes & PIs

Before H3Africa:

Minimum Collaboration Between
African Scientists



RESEARCH CAPACITY

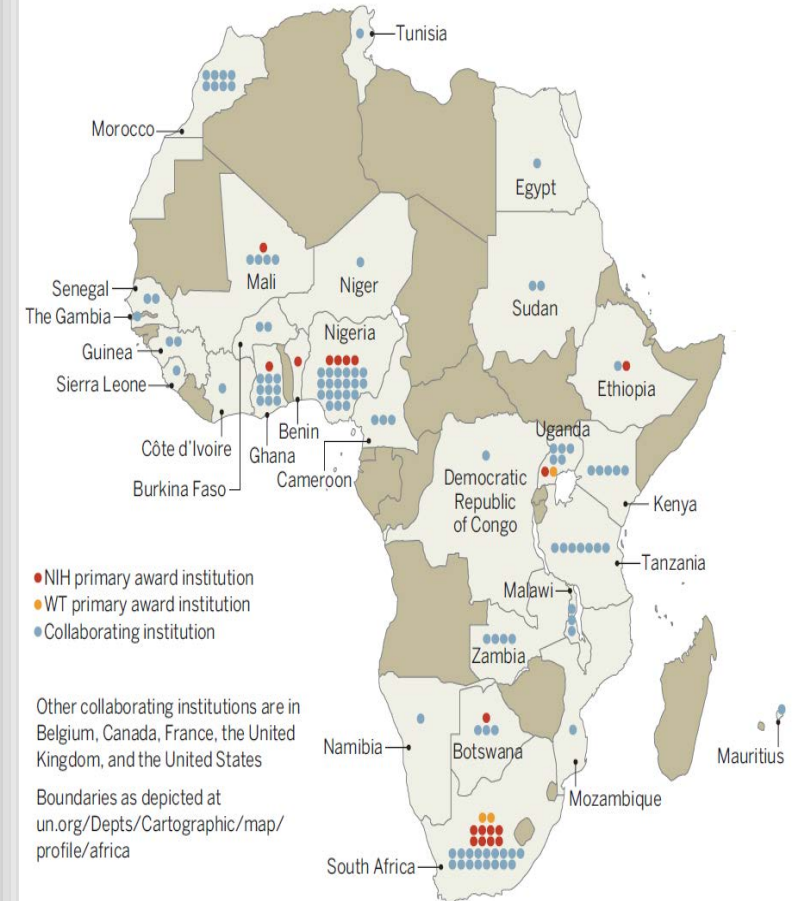
Enabling the genomic revolution in Africa

H3Africa is developing capacity for health-related genomics research in Africa

By The H3Africa Consortium*

Our understanding of genome biology, genomics, and disease, and even human history, has advanced tremendously with the completion of the Human Genome Project. Technological advances coupled with significant cost reductions in genomic research have yielded novel insights into disease etiology, diagnosis, and therapy for some of the world's most intractable and devastating diseases—including malaria, HIV/AIDS, tuberculosis, cancer, and diabetes. Yet, despite the burden of infectious diseases and

National Institutes of Health Wellcome Trust H3Africa Research Network



Rotimi C et al. *Science*. 2014 Jun 20;344(6190):1346-8.

>\$76 million of funding 27 African countries

>75,000 research participants >500 investigators 25 research projects

African Center of Excellence for
of Infectious diseases Genomics
Redeemer's University, Nigeria



Christian Happi
Prof Molecular
Biology &
Genomics

Establishing research programs for
African scientists to pursue high-
impact projects

Funded by H3Africa & World Bank

Genomic surveillance elucidates Ebola virus origin and transmission during the 2014 outbreak



“Because we have sophisticated genomics research laboratories at the African Centre of Excellence for Genomics of Infectious Diseases, in Redeemer's University, we were able to quickly diagnose the virus within hours of receiving the sample of the first Ebola index case in Nigeria”

**The most diverse people in the world will
finally get medicine made for them with a
new genetic chip --- Quartz Africa 2016**

A second generation human haplotype map of over 3.1 million SNPs

The International HapMap Consortium*

NATURE|Vol 449|18 October 2007

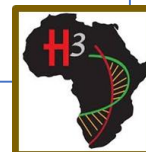
Table 4 | Estimated coverage of commercially available fixed marker arrays

Platform*	YRI		CEU		CHB+JPT	
	$r^2 \geq 0.8$ (%)	Mean maximum r^2	$r^2 \geq 0.8$ (%)	Mean maximum r^2	$r^2 \geq 0.8$ (%)	Mean maximum r^2
Affymetrix GeneChip 500K	46	0.66	68	0.81	67	0.80
Affymetrix SNP Array 6.0	66	0.80	82	0.90	81	0.89
Illumina HumanHap300	33	0.56	77	0.86	63	0.78
Illumina HumanHap550	55	0.73	88	0.92	83	0.89
Illumina HumanHap650Y	66	0.80	89	0.93	84	0.90
Perlegen 600K	47	0.68	92	0.94	84	0.90

* Assuming all SNPs on the product are informative and pass QC; in practice these numbers are overestimates.

H3Africa Pan-African 2.5M Consortium Array

1. Extensive African-enriched reference panel
2. Based on sequencing of thousands of diverse individuals across Africa
3. 8 populations that have not been previously sequenced
4. Substantial improvement in sensitivity for African GWAS
5. H3Africa & Illumina collaboration



Sickle Cell Disease

- The first “molecular” disease
 - Caused by point mutation in the β -globin chain of hemoglobin
 - {VM Ingram 1956 Nature 178:792}

NORMAL β -GLOBIN

DNA.....TGA	GGA	CTC	CTC.....
mRNA.....ACU	CCU	GAG	GAG.....
Amino acid.....	thr	pro	glu

MUTANT β -GLOBIN

DNA.....TGA	GGA	CAC	CTC.....
mRNA.....ACU	CCU	GUG	CTC.....
Amino acid.....	thr	pro	val

“the point mutation in the β -globin chain of hemoglobin, causes the hydrophilic amino acid glutamic acid to be replaced with the hydrophobic amino acid valine at the sixth position



Normal red blood cells



Sickled red blood cells

Epidemiology

- 1 in 5000 Americans, 1 in 500 African Americans
- 1 in 36,000 Hispanic Americans
- Disparity solely due to genetics

Treatment

- 1970s: opioids for pain management
- 1990s: hydroxyurea (increases HbF levels)
- 2017: L-glutamine second FDA-approved drug (“to reduce severe complications”)
- Blood transfusions
- Inactivation of BCL11A reactivates HbF (no therapeutic way to achieve this) {J Xu et al. *Science* 2011}

THE NEW ENGLAND JOURNAL of MEDICINE

BRIEF REPORT

Gene Therapy in a Patient with Sickle Cell Disease

Jean-Antoine Ribeil, M.D., Ph.D., Salima Hacein-Bey-Abina, Pharm.D., Ph.D.,

1st case - gene therapy trial 2017
 No crises or adverse events after 15 months

Whole genome sequence-based haplotypes reveal single origin of the sickle allele during the Holocene Wet Phase

Daniel Shriner, Charles N. Rotimi

1. Five classical designations of sickle haplotypes are based on the presence/absence of restriction sites; named after ethnic groups or geographic origin of patients
2. Two models of the origin of the sickle allele
 - a. **Multicentric** - five independent occurrences of the same mutation
 - b. **Unicentric** - single older occurrence
3. Analyzed Whole Genome Sequence data from 1000 Genomes Project, African Genome Variation Project, and Qatar Genome project
4. Infer a single origin of the sickle allele ~ 7,300 years ago during Holocene Wet Phase or Green Sahara
5. We established a new haplotypic classification based on three clusters
 - a. Central African Republic/Bantu + Cameroon
 - b. Senegal
 - c. Benin + Senegal
6. Senegal designation is substructured into two clusters, one shared with the Benin designation
7. Substructuring of haplotypes potentially confounded previous assessments of clinical phenotype or disease severity

The Medicalization of Race: Scientific Legitimization of a Flawed Social Construct.

Serious negative consequences of a physician's assumptions about a patient's race

8-year-old boy, phenotypically European, presented with acute abdominal pain and anemia (hematocrit, 0.21).

Although his body temperature was only 37.9 °C, surgery was considered. A technician found red corpuscles with hemolytic characteristics on a smear.

Surgery was canceled after the results of a subsequent sickle preparation were found to be positive, and the child was treated for previously undiagnosed sickle cell anemia.

His parents were from Grenada and were of Indian, northern European, and Mediterranean ancestry.

Ritchie Witzig – Ann Int Med 1996;125:675-679

The population genetics of chronic kidney disease: insights from the MYH9-APOL1 locus

APOL1 genetic variants

Hispanic American			
Diabetes-unrelated ESRD (not biopsy-proven)	MYH9 E1	3.7	6.88×10^{-03}
	APOL1 G1	15.5	8.80×10^{-04}

NATURE REVIEWS | NEPHROLOGY | VOLUME 7 | JUNE 2011



http://usa.publiboda.com/hispanic_customs_traditions/social_customs.html

The Era of Precision Medicine

We must all go to the tailor so that our genomic clothing (precision medicine) will fit properly as we use genetics/genomics to understand disease etiology and develop new treatment strategies



Tomorrow's Medicine and Technology may not work for all human populations

Who is Black?



Australian Aboriginals



Maasi, Kenya



Yoruba

Naomi Osaka –
Haitian father and
Japanese mother

Vijay Singh –
Nationality: Fijian

African Diaspora Populations

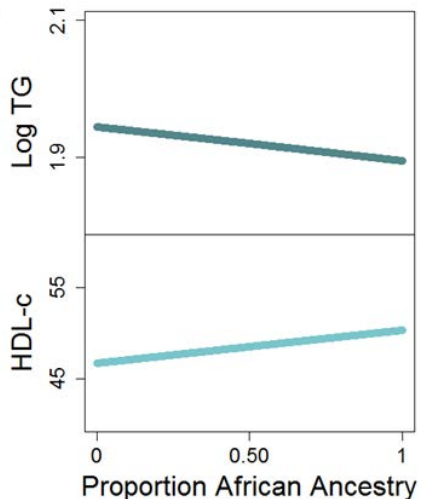
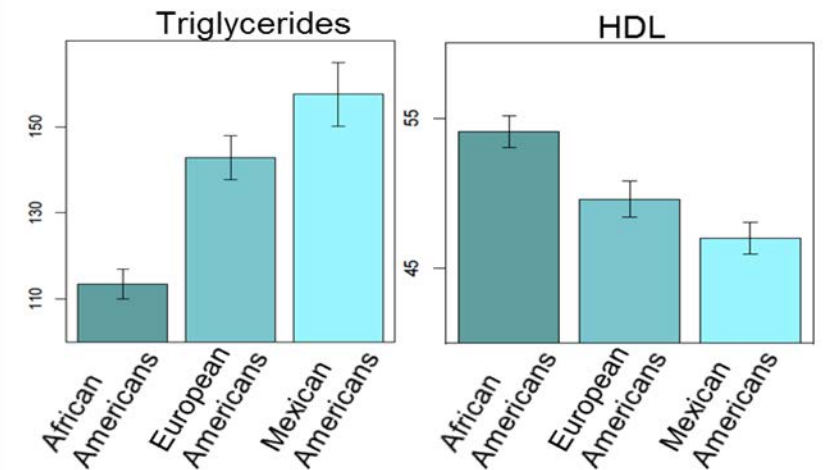
Range of individual African admixture proportion- 0% to 97.8%

Range of Native American ancestry - 0% to 100%

How do we interpret differential drug response by “groups” when “group” definition is imprecise, fluid and time dependent?

Gene-Based Sequencing Identifies Lipid-Influencing Variants with Ethnicity-Specific Effects in African Americans

Amy R. Bentley^{1*}, Guanjie Chen¹, Daniel Shriner¹, Ayo P. Doumatey¹, Jie Zhou¹, Hanxia Huang¹, James C. Mullikin², Robert W. Blakesley², Nancy F. Hansen³, Gerard G. Bouffard², Praveen F. Cherukuri⁴, Baishali Maskeri², Alice C. Young², Adebowale Adeyemo¹, Charles N. Rotimi^{1*}

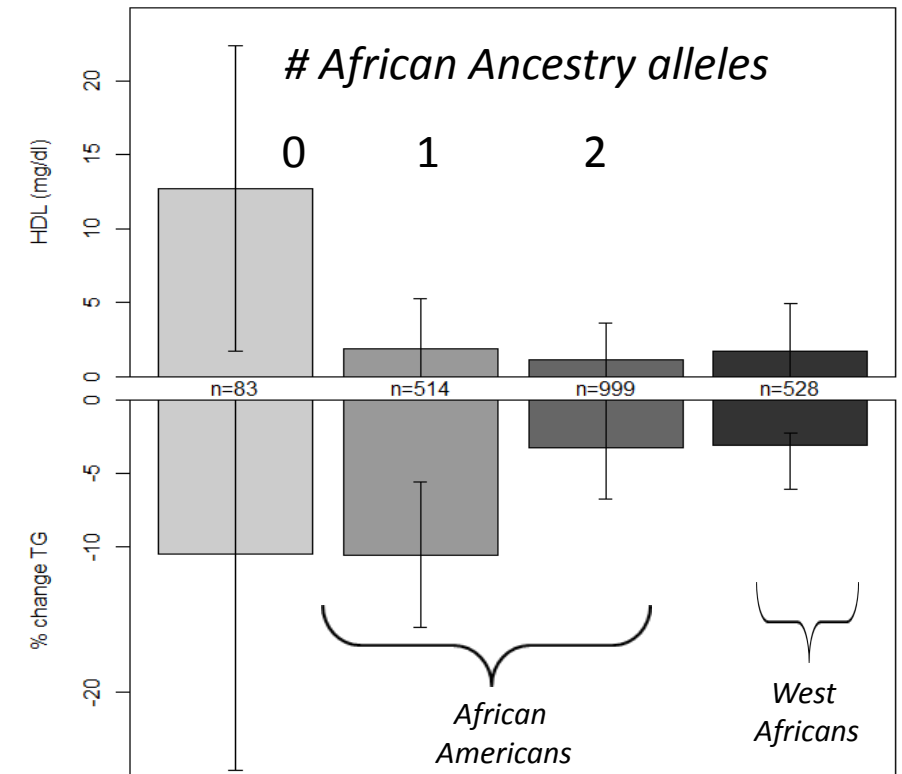


Am J Cardiovasc Genet, 2011

Association of *LPL* variants (rs328) depended on ancestry at that locus.

Sequenced 5 genes (*ABCA1*, *LCAT*, *LPL*, *PON1*, and *SERPINE1*) for variant discovery in African Americans with extreme lipids.

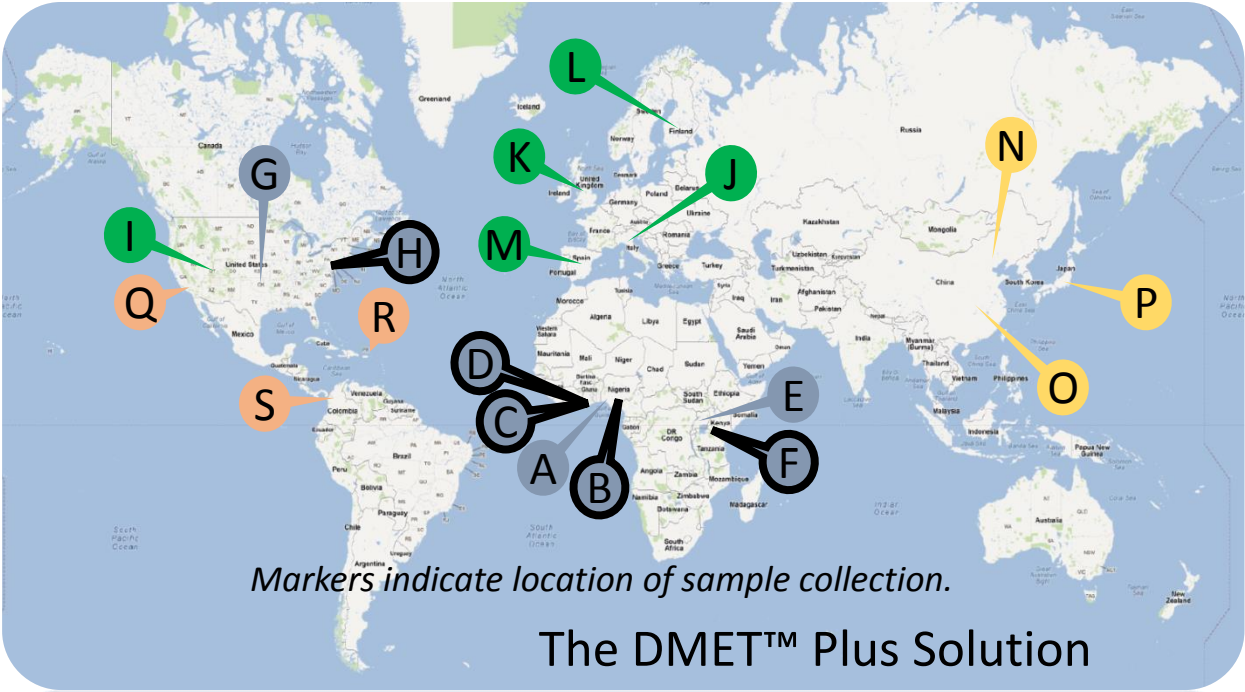
Follow-up in population-based sample of African Americans (n=1694)



Pharmacogenomics, ancestry and clinical decision making for global populations

E Ramos¹, A Doumatey¹, AG Elkahloun², D Shriner¹, H Huang¹, G Chen¹, J Zhou¹, H McLeod³, A Adeyemo¹ and CN Rotimi¹

The Pharmacogenomics Journal (2014) 14, 217–222



Warfarin Dosing		Non-African Ancestry			African Ancestry			
Mean dose	Haplotype	CEU	CHB	JPT	YRI	MKK	LWK	ASW
40.15	TTGGC	0.36	0.05	0.10	0.54	0.51	0.44	0.50
35.24	TCGGC	0.24	--	--	0.34	0.27	0.37	0.32
26.41	TCAAT	0.37	0.11	0.15	0.02	0.16	0.06	0.10
23.86	CCAAT	0.03	0.83	0.75	--	--	--	--
??	TCAGC	--	--	--	0.14	0.07	0.12	0.08

Genetic variation in *IL28B* predicts hepatitis C treatment-induced viral clearance

Dongliang Ge¹, Jacques Fellay¹, Alexander J. Thompson², Jason S. Simon³, Kevin V. Shianna¹, Thomas J. Urban¹, Erin L. Heinzen¹, Ping Qiu³, Arthur H. Bertelsen³, Andrew J. Muir², Mark Sulkowski⁴, John G. McHutchison² & David B. Goldstein¹

Nature. Sept 2009.

Nature – Oct 8, 2009

1. Hepatitis C virus infection affects 170 million people worldwide; leading cause of cirrhosis.
2. Treatment - 48-week course of peginterferon-alpha-2b or -alpha-2a combined with ribavirin
3. Patients of European ancestry have higher probability of being cured compared to patients of African ancestry.
4. **Finding** - SNP rs12979860 near the *IL28B* gene, encoding interferon-lambda-3, is associated with ~2-fold change in response to treatment in patients of European ancestry and African-Americans.

Population Groups	# individuals (# populations)	Mean Frequency	Frequency Range
Africa	428 (10)	36.2	23.1 – 54.8
Europe	761 (13)	68.35	52.8 – 85.7
East Asia	380 (8)	94.93	90.0 – 100


Because the genotype leading to better response is in substantially greater frequency in European than African populations, this genetic polymorphism also explains approximately half of the difference in response rates between African-Americans and patients of European ancestry

Precision Medicine

More Precise Accounting for Individual Variability

U.S. Department of Health & Human Services National Institutes of Health

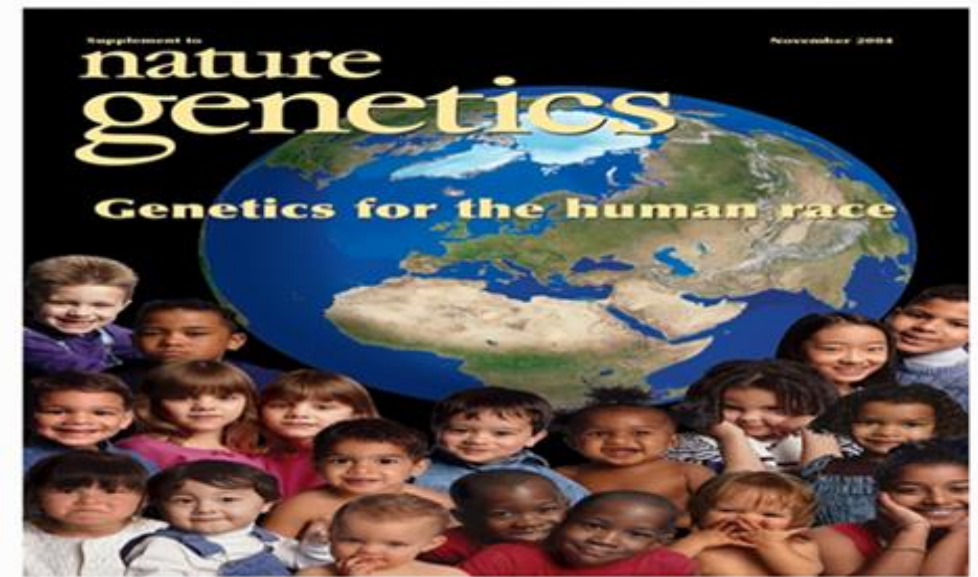
NIH National Institutes of Health All of Us Research Program ABOUT FUNDING NEWS, EVENTS, & MEDIA SUBSCRIBE Search



The future of health begins with All_{of}Us

The *All of Us* Research Program is a historic effort to gather data from one million or more people living in the United States to accelerate research and improve health. By taking into account individual differences in lifestyle, environment, and biology, researchers will uncover paths toward delivering precision medicine.

Most guide against over promise especially in the context of health disparities

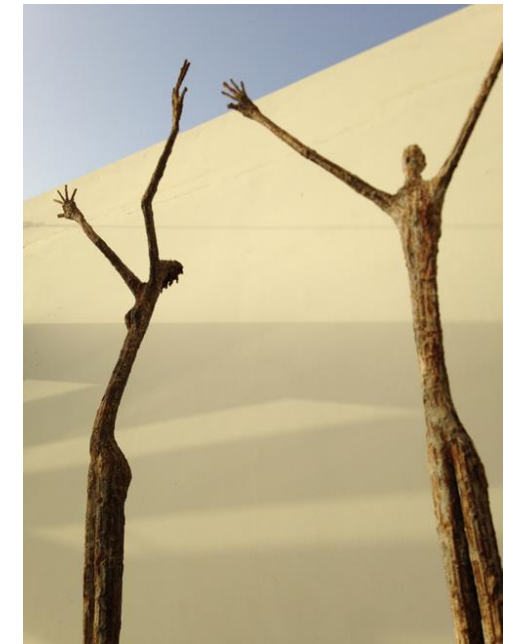


Our Diversity is not an illusion.

We need to study how our genetic backgrounds increase our susceptibility/resistance to disease

This may shed novel insight into Health Disparities

Many persons contributed to this presentation
Special thanks to Daniel Shriner for the sickle cell slides



Thanks
Glad to take questions