

Hair Loss

Cancer patients tend to lose hair when they receive certain chemotherapy drugs or radiation therapy. You can prepare for and cope with hair loss by following these tips.

TRY THIS

Protect your skin. Use sunscreen or wear a head cover to avoid sun exposure.

Try gentle products. Use shampoos, hairbrushes, and pillowcases that are easy on your scalp and hair.

Keep your hair short. Have your hair cut short to make it look thicker.

CHECK THIS OUT

Visit the Springboard page on Hair Loss.

<https://smokefree.gov/springboard/symptoms/hairloss>

Learn more from the Look Good Feel Better program.

<http://goo.gl/oFzgTT>

Get additional resources about hair loss (alopecia) and hair loss from chemo. <http://go.usa.gov/xxAth>