## **Health Care Team**

Cancer treatment typically requires a team of health care professionals, including doctors, nurses, and other staff who help take care of you before, during, and after treatment.

## **TRY THIS**

**Establish good communication.** Take notes and bring someone with you to appointments.

**Build a relationship.** Let your health care team know what you expect from them.

**Be prepared.** Write down questions ahead of appointments.

**Consider a second opinion.** Ask your doctor for a referral and to share your medical records.

## **CHECK THIS OUT**

**Visit** the Springboard page Health Care Team. https://survivorship.cancer.gov/springboard/get-support/health-care-team

Get additional resources to help you. <a href="http://goo.gl/gkj0K3">http://goo.gl/gkj0K3</a>

**Read** this fact sheet on communication in cancer care. http://go.usa.gov/xaKvd