

Peer-to-Peer Support

Most people with cancer find it helpful to connect with other people who have been affected by cancer. Peer groups can be a place to share your feelings and experiences.

TRY THIS

Join a peer group. It may be helpful to talk with others who have had the same experiences.

CHECK THIS OUT

Visit the Springboard page on Peer-to-Peer Support.

<https://survivorship.cancer.gov/springboard/get-support/peer-to-peersupport>

Find a peer group. <http://goo.gl/MXKIEP>

Learn about the Cancer Survivors Network. <http://goo.gl/3bmbWJ>