

Daily Workflow - Quick Reference Guide

Version: 1.1 - Simplified
Last Updated: 2025-11-11

Start of Day (10 minutes)

1. Check What Happened Yesterday (3 min)



bash

`cd /path/to/ConstructionPlatform`

`git log --oneline -5`

Read these files:

- `docs/sprints/sprint-01/PROGRESS.md` (last section) → What did I do?
- `docs/sprints/sprint-01/PLAN.md` (today's section) → What's today's plan?

Write down 1-3 goals for today.

2. Log Start Time (2 min)

Open: `docs/time-tracking/2025-11-week*.md`

Add:



markdown

`### Session N`

- `**Start**: HH:MM`
 - `**Planned Work**: [What you're doing today]`
-

During Work

Work in Small Chunks

- Code for 20-30 minutes
- Commit your changes
- Repeat

Commit Often



bash

`git add .`

`git commit -m "feat: what I just did"`

`git push`

If You Hit a Blocker

1. Write it down in `docs/sprints/sprint-01/PROGRESS.md`
2. Try to fix it for 30 minutes
3. If still stuck, document it and move on

If You Make an Important Decision

Write it in `docs/sprints/sprint-01/DECISIONS.md`:



markdown

[Date] What I Decided

Decision: What I chose

Why: Reason for choosing it

🌙 End of Day (10 minutes)

1. Log Your Time (2 min)

Update `docs/time-tracking/2025-11-week*.md`:



markdown

- **End**: HH:MM
- **Duration**: X.X hours
- **Activity**: What I worked on
- **Category**: Planned | Debugging | Unplanned

2. Update What You Did (5 min)

Update docs/sprints/sprint-01/PROGRESS.md:



markdown

Day N: [Date]

Work Completed

- Did this thing
- Fixed this problem
- Started this (not finished)

Blockers

- Problem I ran into: [description]

3. Final Commit (3 min)



bash

```
git add .
```

```
git commit -m "docs: End of day N - [summary]"
```

```
git push
```

Friday Review (30 minutes)

Calculate Your Speed

Look at docs/time-tracking/2025-11-week*.md

- How many hours did you plan?
- How many hours did you actually work?
- Divide: actual ÷ planned = your velocity

Review Problems

Look at `docs/sprints/sprint-01/PROGRESS.md`

- What blockers did you hit?
- Did you solve them?
- What did you learn?

Plan Next Week

Look at `docs/sprints/sprint-01/PLAN.md`

- What's coming up?
- Adjust time estimates based on this week's velocity

The 3 Files You Use Every Day

File	When	What
<code>PLAN.md</code>	Morning	Today's tasks
<code>PROGRESS.md</code>	Evening	What you did
Time Tracking	Start & End	Hours worked

Location: `/path/to/ConstructionPlatform/docs/sprints/sprint-01/`

Emergency Procedures

Session Interrupted?



```
git add .
git commit -m "WIP: Interrupted - [what you were doing]"
git push
```

Forgot to Track Time?



```
# Check your commits to estimate time
git log --since="today" --pretty=format:"%h %ad | %s" --date=format:'%H:%M'
```

Lost Your Place?

1. Read last commit message
 2. Read PROGRESS.md today's section
 3. Check `git diff HEAD~3..HEAD`
-

Time Investment

Daily: 20 minutes total

- Morning: 10 minutes
- Evening: 10 minutes

Weekly: 30 minutes

- Friday review

Benefit: Never lose context, always know what to do next

Simple Checklist

Morning

- Check yesterday's progress (3 min)
- Read today's plan (3 min)
- Log start time (2 min)
- Write 1-3 goals (2 min)

During Day

- Code for 20-30 minutes
- Commit changes
- Repeat

Evening

- Log end time (2 min)
- Update what you did (5 min)
- Final commit and push (3 min)

Friday

- Calculate velocity (5 min)
 - Review blockers (10 min)
 - Plan next week (5 min)
-



Golden Rules

1. **Commit every 20-30 minutes** - Small chunks are easier to track
 2. **Never skip end-of-day** - 10 minutes saves hours later
 3. **Write blockers immediately** - Don't forget what went wrong
 4. **Keep it simple** - If it's too complex, you won't do it
-

🎯 Today's Quick Start

Right now, do this:

1. Open docs/sprints/sprint-01/PROGRESS.md → Check yesterday
2. Open docs/sprints/sprint-01/PLAN.md → Check today's tasks
3. Open docs/time-tracking/2025-11-week*.md → Log start time
4. Write down 1-3 specific goals for today
5. Start coding

That's it. Get to work! 🚀

Remember: The goal is progress, not perfect documentation. Do the minimum to stay organized, then focus on building.

📋 Daily Session Template (Copy This)



DATE: _____ SESSION: _____

START TIME: _____ END TIME: _____

TODAY'S GOALS:

1. _____
2. _____
3. _____

WORK COMPLETED:

- _____
- _____
- _____

BLOCKERS ENCOUNTERED:

DECISIONS MADE:

NEXT SESSION PRIORITIES:

1. _____
2. _____

DURATION: _____ hours

CATEGORY: Planned Debugging Unplanned

Document Locations Reference

Daily Use Documents



ConstructionPlatform/

```
├── docs/
│   ├── sprints/
│   │   └── sprint-01/
│   │       ├── PLAN.md      ← Today's tasks
│   │       ├── PROGRESS.md  ← Work log
│   │       └── DECISIONS.md ← Important choices
│   └── time-tracking/
│       └── 2025-11-week*.md ← Hours tracking
```

Reference Documents



ConstructionPlatform/

```
├── docs/
│   ├── technical-debt/
│   │   └── REGISTER.md      ← Problems to fix
│   ├── validation prompts/
│   │   └── IMPLEMENTATION_VALIDATION_CHECKLIST.md
│   └── CHANGELOG.md        ← Feature completions
```

📞 Quick Commands Cheat Sheet

Morning Startup



bash

```
cd /path/to/ConstructionPlatform
```

```
git status
```

```
git log --oneline -5
```

```
cat docs/sprints/sprint-01/PROGRESS.md | tail -50
```

During Work



bash

```
# Commit frequently  
git add .  
git commit -m "feat: description"  
git push
```

```
# Check if tests pass  
npm test
```

```
# Check TypeScript compilation  
npm run build
```

End of Day



bash

```
# Final commit with summary  
git add .  
git commit -m "docs: End of day N - summary"  
git push
```

Emergency Save



bash

```
git add .  
git commit -m "WIP: Interrupted"  
git push
```

Print this guide and keep it at your desk!

For the full detailed workflow, see: [Daily_Workflow_Full_Version.md](#)