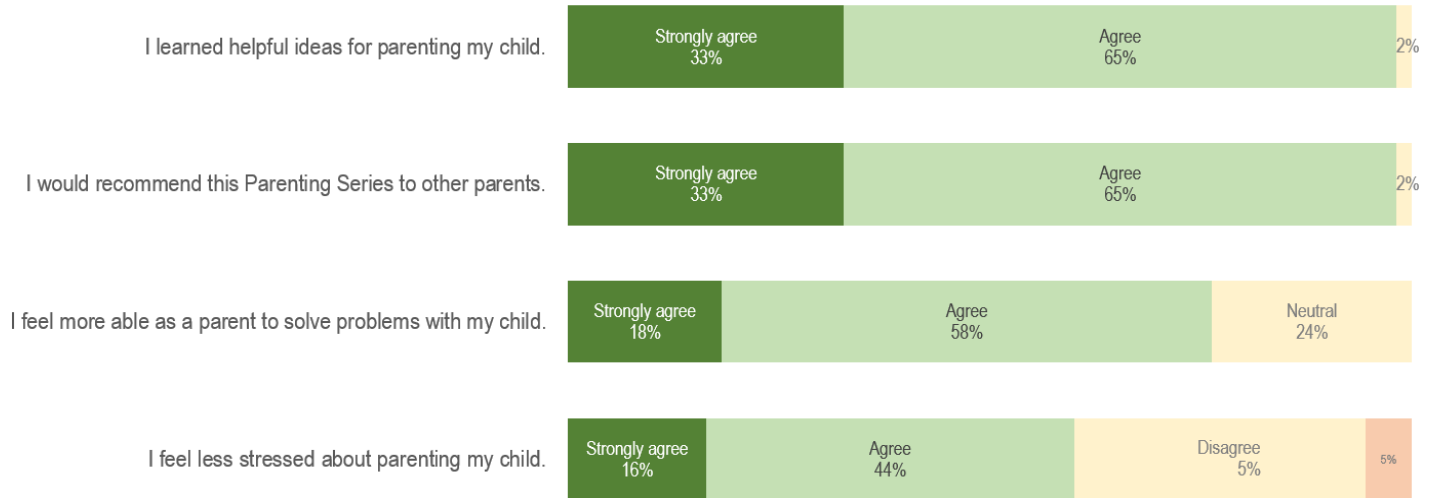


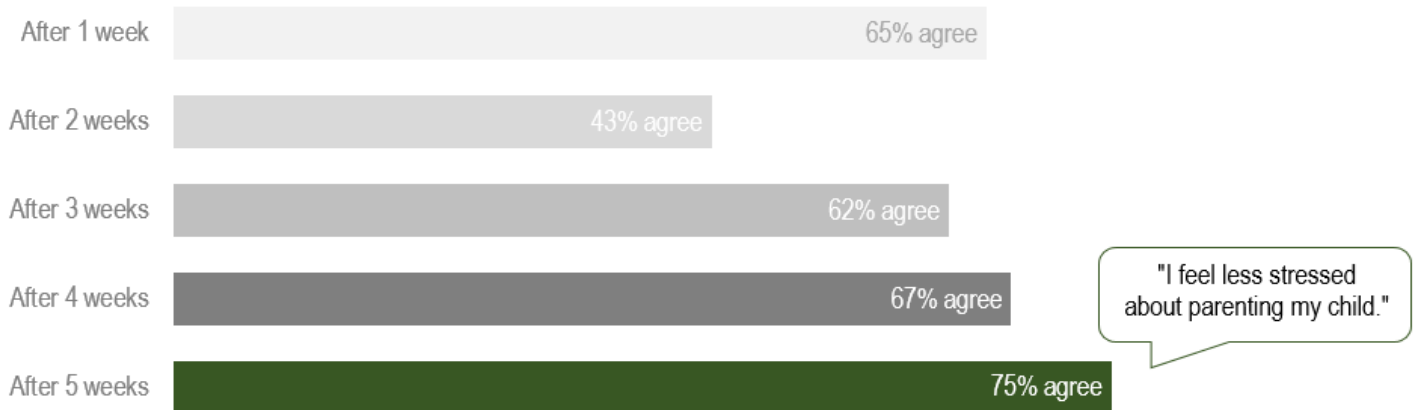
Evaluating the Parenting Seminar Series

Weeks 1-5, March-April 2017 (Final)

Participants overwhelmingly report Parenting Series to be helpful for their families--(probably others too!)
Most parents reported having gained confidence in their parenting skills; 1 in 3 parents reported having less stress about parenting.



The more often they attended, the more likely parents were to report feeling less stressed about parenting.
Compared to those parents who attended only 2 of 5 weekly Seminars, parents who attended every week were 43% more likely to agree they felt less stressed since attending the Parenting series.



Each week, at least 70-93% of parents who attended were able to name one or more specific skills, lessons, or ideas they learned to be meaningful and useful.

