

Instructional Objectives:

A. Cognitive - After participating in this lesson on tobacco, the students should be able to demonstrate knowledge of the material covered by answering a worksheet.

Materials or Equipment:

- A. Lesson Plan
- B. PowerPoint
- C. Worksheet
- D. Colouring Sheet

Procedure:

A. Introduction:

- Today we are going to talk about why people start smoking and third party supply of tobacco/cigarettes.
- B. Vocabulary

Minor - Anyone under 19 years old

Supply – To give someone something

Third Party Supply – When someone gives you cigarettes but no money is exchanged.

Examples: cigarettes from friends, parents, sister/brother or even strangers

Tobacco – A plant used to make cigarettes, cigars, chewing tobacco and other items

Smoke Free Ontario Act – The law that covers tobacco sale and use in Ontario

C. Content:

We all know that smoking is bad for you, right?

What are some of the reasons smoking is bad?

Can give you cancer

What is cancer? A disease where abnormal ('bad') cells grow and can spread through your body. Smoking is the most common cause of death from cancer.



Bad for your lungs (increased risk of lung cancer and other respiratory disease)

Makes your skin wrinkled

Makes your fingers and teeth yellow

If we know that smoking does all these bad things to you then why do people start smoking?

Parents smoke

Friends smoke (Peer Pressure)

Think it helps with stress

Think it helps keep you skinny

How old are people when they start smoking?

Teenagers

The Smoke Free Ontario Act is the law that protects teenagers from hurting their lungs with tobacco.

The law says that it is illegal to give anyone tobacco who is under 19 years old.

If you were to give someone tobacco who was under 19 you could get a ticket for \$365 even if you are another teenager.

D. Teaching Strategy:

Everyone in class will receive a worksheet before the presentation

Students will answer the questions as the presentation continues (Refer to the Slide Notes in this Plan)

PowerPoint: 42 slides

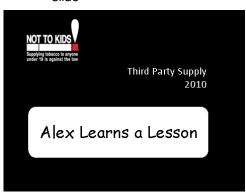
Read slides to class

After the presentation review the questions on the worksheet and hand out colouring sheet to take home



Slide Notes

Note: Prompt students to answer questions as they come up, before going to the next slide













Ask the class: What does Alex see?

Answer: Cigarettes







Should the brother give Alex cigarettes? Ask the class to answer this question. (Encourage them to answer loudly and in unison)

Answer: Noooooo



Ask the class: What is the brother thinking?

Answer: He might get a ticket for \$365 for giving tobacco to a minor



Giving tobacco to anyone under 19 is against the law!













Ask the class: What do you think Alex's new plan will be?

Answer: Get cigarettes from Mom.





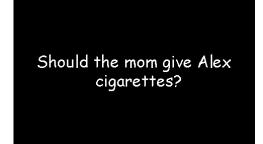


Ask the class: What is Alex doing?

Answer: Reaching for the cigarettes in the mom's purse.







Ask the class to answer this question. (Encourage them to answer loudly and in unison)

Answer: Noooooo



Ask the class: What is the mother thinking?

Answer: She might get a ticket for \$365 for giving tobacco to a minor







Ask the class: What do you think Alex might like?

Answer: (Let the class give suggestions on what they think Alex might like instead of cigarettes)











Should the man give Alex cigarettes?

Ask the class to answer this question. (Encourage them to answer loudly and in unison)

Answer: Noooooo





Ask the class: What is the man thinking?

Answer: He might get a ticket for \$365 for giving tobacco to a minor



Alex has one last hope...

Review with the class where Alex has tried to get cigarettes (brother, mother, stranger)

Ask the class: What do you think Alex's last hope is?

Answer: Getting cigarettes from a friend







Should the friend give Alex cigarettes?

Ask the class to answer this question. (Encourage them to answer loudly and in unison)

Answer: Noooooo





Ask the class: What is the friend thinking?

Answer: She might get a ticket for \$365 for giving tobacco to a minor





Ask the class: does Alex want to smoke and why not?

Answer: (allow the class to make guesses. If necessary, prompt them with all the bad things we know about cigarettes from the lesson plan):

- Cancer
- Bad for your lungs
- Wrinkly skin
- Gross yellow teeth







What lesson did Alex learn?

Ask the class: What did Alex learn?

Answer: (allow them to suggest what they think Alex learned. The answer is on the next slide)



What lesson did Alex learn?

You don't need cigarettes to be cool!



