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Brush your teeth

Step 1 - Identify the problem

a. The initial request was to “brush your teeth” After review, I have determined the request being asked is, how can I remove the odor from my mouth so I can talk to people without a mask

Step 2 - What do I need to know

- a. Beginning point: Why am I brushing my teeth
- b. I am brushing my teeth because my breath stinks and there is an odor. I can’t talk to people with a mouth odor

Step 3 - Identify things I need to find

- a. Items needed to brush teeth
- b. Length of time
- c. How to brush your teeth

Step 4 - Organize the data

- a. I have evaluated the problem as “how can I remove the odor from my mouth so I can talk to people without a mask.”
- b. In order to solve this problem the necessary data points that need evaluation are what I need to brush my teeth, how long I need to brush my teeth and how do I brush my teeth

Step 5 - Identify Relationships

- a. How long you brush your teeth is related to the odor in your mouth and brushing longer can remove more plaque/dirt. What you need to brush your teeth is related to how you brush your teeth

Step 6 - Find a solution

- a. Work backwards - You want to brush your teeth too remove your mouth odor so you can talk to others without a mask. You need to gather items specifically for tooth cleaning to remove the odor. You need to determine how long to brush your

teeth based off of breath smell and you need to figure out how you want to brush your teeth

Step 7 - Presentation

The question we were initially asked was to “brush your teeth”. After review, I decided the actual question being asked was “how can I remove the odor from my mouth so I can talk to people without a mask.”

To make sure our mouth is properly cleaned and ready for mingling, first we must determine what we need to brush our teeth. The data provided a toothbrush, mouthwash and tongue scraper as the main tools. Next we must assess our breath to figure out how long we need to brush our teeth for. Depending on how frequently you brush your teeth or dirt accumulation you can do it for more/less time. Next we must figure out how to use these tools to brush our teeth. We use the toothbrush in circular motions, next we use the tongue scraper and lastly we use the mouthwash to finish the cleaning process and leave us with fresh breath.