



$$AB = G$$

$$V$$

$$Z_k A_i^k B_k^j = C_i^j$$

$$AB = G$$

$$\downarrow$$

$$(Z)A_i^k B_k^j = C_i^j$$

$$AB = G$$

$$A_{i}B_{k} = G_{i}$$

$$A_{i}B_{k} = G_{i}$$



hpg -> hp



compact!
$$H_e = h_p^q a_q^p + \frac{1}{4} \overline{g}_{pq}^{rs} a_r^{pq}$$

agas

$$a_q^p a_s^r = a_{qs}^{pr} + \delta_q^r a_s^p$$

$$a_9^p a_s^r = a_{9s}^p + \delta_9^r a_s^p$$

$$a_{rs}^{pq} a_u^t$$

$$a_{9}^{p}a_{s}^{r} = a_{9s}^{pr} + \delta_{9}^{r}a_{s}^{p}$$

$$a_{rs}^{pq}a_{u}^{t} = a_{rsu}^{pq+} + \delta_{r}^{t}a_{us}^{pq} + \delta_{s}^{t}a_{ru}^{pq}$$

$$a_{9}^{p}a_{s}^{r} = a_{9s}^{pr} + \delta_{9}^{r}a_{s}^{p}$$

$$a_{rs}^{pq}a_{u}^{+} = a_{rsu}^{pq+} + \delta_{r}^{+}a_{us}^{pq} + \delta_{s}^{+}a_{ru}^{pq}$$

simple rule:

$$a_{9}^{p}a_{s}^{r} = a_{9s}^{pr} + \delta_{9}^{r}a_{s}^{p}$$

$$a_{rs}^{pq}a_{u}^{t} = a_{rsu}^{pq+} + \delta_{r}^{t}a_{us}^{pq} + \delta_{s}^{t}a_{ru}^{pq}$$

simple rule: "pair up un contracted partners"

$$\tilde{a}_{q}^{\rho} \equiv :a^{\rho}a_{1}:$$

$$\begin{array}{l}
\alpha_{q}^{r} \equiv : \alpha^{r} \alpha_{q}: \\
\alpha_{rs}^{rq} \equiv : \alpha^{r} \alpha_{q}^{q} \alpha_{s} \alpha_{r}: \\
\gamma_{q}^{r} \equiv (\cancel{\pm} | \alpha^{r} \alpha_{q} | \cancel{\pm})
\end{array}$$

$$\alpha_{q}^{\rho} \equiv : \alpha^{\rho} \alpha_{q}^{\rho}:$$

$$\alpha_{rs}^{\rho q} \equiv : \alpha^{\rho} \alpha_{q}^{\rho} \alpha_{rs}^{\rho}:$$

$$\gamma_{q}^{\rho} \equiv (4 | \alpha_{q}^{\rho} \alpha_{q}^{\rho} | E)$$

$$\eta_{p}^{1} \equiv (4 | \alpha_{p}^{\rho} \alpha_{q}^{\rho} | E)$$

$$\begin{array}{l}
\alpha_{q}^{\rho} \equiv : \alpha^{\rho} \alpha_{q}: \\
\alpha_{rs}^{\rho q} \equiv : \alpha^{\rho} \alpha_{q}^{\rho} \alpha_{s} \alpha_{r}: \\
\gamma_{q}^{\rho} \equiv \langle \Phi | \alpha_{r}^{\rho} \alpha_{q}^{\rho} | \Phi \rangle \\
\gamma_{q}^{\rho} \equiv \langle \Phi | \alpha_{r}^{\rho} \alpha_{q}^{\rho} | \Phi \rangle
\end{array}$$



$$a_p \cdot a^q = \overline{a_p a^q}$$

$$a_p \cdot a^q \equiv a_p a^q$$

$$a_p^o = a_q a_q$$

$$a_p \cdot a^q = a_p a^q$$

$$a_p^o = a_q a_q$$

particle contraction

$$a_{p} \cdot a^{q} = a_{p} a^{q}$$

$$a_{p} \cdot a_{q} = a_{p} a_{q}$$

particle contraction

hole confraction

$$a_p \cdot a^q \equiv a_p a^q$$

$$a_p^o = a_q a_q$$

$$a^{q}a_{p} \equiv -a_{p}a^{q}$$

$$a_p \cdot a^q \equiv a_p a^q$$

$$a_p^o a_q^o \equiv a_q^o a_q$$

$$a^{9}a_{p} = -a_{p}a^{9}$$

$$a_{9}a_{p} = -a_{p}a_{9}$$

$$a_p \cdot a^q \equiv a_p a^q$$

$$a^p \circ a_q \circ \equiv a^p a_q$$

particle contraction hole confraction

$$a^{9}a_{p} = -a_{p}a^{9}$$

$$a_{q} \circ \alpha^{p} = -a^{p} a_{q}$$

$$\implies a_q^p = -\eta_q^p$$

$$a_p \cdot a^q = a_p a^q$$

$$a_p^o = a^p a_q$$

particle contraction

hole confraction

$$a^{9}a_{p} = -a_{p}a^{9}$$

$$a_{q} \circ \alpha^{p} = -a^{p} a_{q}$$

$$\implies a_q^{p^{\bullet}} = -\eta_q^{p} \qquad a_q^{p^{\bullet}} = \gamma_q^{p}$$

afas

$$\tilde{a}_{1}^{\rho}\tilde{a}_{s}^{\prime}=\tilde{a}_{qs}^{\rho r}+\tilde{a}_{q}^{\rho r}$$

$$\tilde{a}_{q}^{\rho} \tilde{a}_{s}^{\sigma} = \tilde{a}_{qs}^{\rho r} + \tilde{a}_{q}^{\rho r} + \tilde{a}_{q}^{\rho r} + \tilde{a}_{q}^{\rho r}$$

 $\hat{P}_{cp/q}$ \mathcal{F}_{pq}

$$\hat{P}_{(p/q)} + \hat{q}_{pq} = \hat{q}_{pq} - \hat{q}_{qp}$$

$$\hat{P}_{(p/q)} t_{pq} = t_{pq} - t_{qp}$$

$$\hat{P}_{(p/q)} t_{pq} = t_{pq} - t_{qp}$$

$$\hat{P}_{(p/q|r/s)}^{(4/u)} = \hat{P}_{(p/q)}^{(4/u)} \hat{P}_{(p/q)} \hat{P}_{(r/s)}$$

ars

$$a_{rs}^{pq} = \overset{\sim}{a_{rs}}^{pq} + \overset{\sim}{a_{r}^{oq}} + \overset{\sim}{a_{r}^{oq}$$

$$a_{rs}^{pq} = \overset{\sim}{a_{rs}}^{pq} + \overset{\sim}{a_{r}}^{pq} + \overset{\sim}{a_{r}}^{pq$$

=

$$a_{rs}^{pq} = \overset{\sim}{a_{rs}}^{pq} + \overset{\sim}{a_{ros}}^{pq} + \overset{\sim}{a_{ros}}^{$$

$$= \overset{\text{def}}{a} \overset{\text{pg}}{s}$$

$$a_{rs}^{pq} = a_{rs}^{pq} + a_{ros}^{pq} + a_{ros}^{pq}$$

$$= a_{rs}^{pq} + \hat{\rho}_{(r/s)}^{(p/q)} a_{ros}^{pq}$$

$$a_{rs}^{pq} = \overset{\sim}{a_{rs}}^{pq} + \overset{\sim}{a_{r}}^{pq} + \overset{\sim}{a_{r}}^{pq$$

$$a_{rs}^{pq} = \overset{\sim}{a_{rs}}^{pq} + \overset{\sim}{a_{r}^{oq}} + \overset{\sim}{a_{r}^{oq}$$

$$a_{rs}^{pq} = \overset{\sim}{a_{rs}}^{pq} + \overset{\sim}{a_{r}^{oq}} + \overset{\sim}{a_{r}^{oq}$$

$$= \tilde{a} \tilde{s}$$

$$a_{rs}^{pq} = \overset{\sim}{a_{rs}}^{pq} + \overset{\sim}{a_{r}^{oq}} + \overset{\sim}{a_{r}^{oq}$$

$$a_{rs}^{pq} = \overset{\sim}{a_{rs}}^{pq} + \overset{\sim}{a_{r}^{oq}} + \overset{\sim}{a_{r}^{oq}$$

$$a_{rs}^{pq} = \tilde{a}_{rs}^{pq} + \tilde{a}_{r\circ s}^{p\circ q} + \tilde{a}_{r\circ s}^{p\circ q} + \tilde{a}_{r\circ s}^{p\circ q\circ r} + \tilde{a}_{r\circ s\circ r}^{p\circ q\circ r} + \tilde{a$$

$$a_{rs}^{pq} = \overset{\sim}{a_{rs}}^{pq} + \overset{\sim}{a_{r}}^{oq} + \overset{\sim}{a_{r}}^{oq$$

$$a_{rs}^{pq} = a_{rs}^{pq} + a_{ros}^{pq} + a_{ros}^{pq} + a_{ros}^{pq} + a_{rso}^{pq} + a_{ros}^{pq} + a_{ros$$

$$a_{rs}^{pq} = \stackrel{\sim}{a_{rs}}^{pq} + \stackrel{\sim}{a_{r}^{o}}^{eq} + \stackrel{\sim}{a_{r}^{o}}^{eq} + \stackrel{\sim}{a_{r}^{eq}}^{eq} + \stackrel{\sim}{a_{rs}^{eq}}^{eq} + \stackrel{\sim}{a_{rs}^{eq$$

$$a_{rs}^{pq} = \tilde{a}_{rs}^{pq} + \tilde{a}_{r}^{pq} + \tilde{a}_{r}^{pq}$$

$$a_{rs}^{pq} = a_{rs}^{pq} + a_{ros}^{pq} + a_{ros}^{pq} + a_{ros}^{pq} + a_{rs}^{pq} + a_{ros}^{pq} + a_{ros}$$

$$a_{rs}^{pq} = \stackrel{\sim}{a_{rs}}^{pq} + \stackrel{\sim}{a_{r}^{o}s} + \stackrel{\sim}{a_{r}^{o}s} + \stackrel{\sim}{a_{r}^{o}s} + \stackrel{\sim}{a_{r}^{o}s} + \stackrel{\sim}{a_{r}^{o}s^{o}} + \stackrel{$$

> Someone show it on the board!

$$a_{rs}^{pq} = \overset{\sim}{a_{rs}}^{pq} + \overset{\sim}{a_{r}^{oq}} + \overset{\sim}{a_{r}^{oq}$$

→ Use this to derive 1=-normal He

Now try (4:1Helt).

the end.