



# HARD BODY, SOFT TOUCH

IN COLLABORATION WITH SPECIAL OLYMPICS

AN ONGOING PROJECT BY RENEE XIE

In collaboration with the Special Olympics, I got to work with two amazing athletes. Bridget (left) and Michael (right) were the center of my inspiration. We spent hours together learning about their needs and developing my plan to better serve them.



Bridget

**Favorite Color:** Blue

**Hobbies:**

Loves Finding Dory

Like swimming

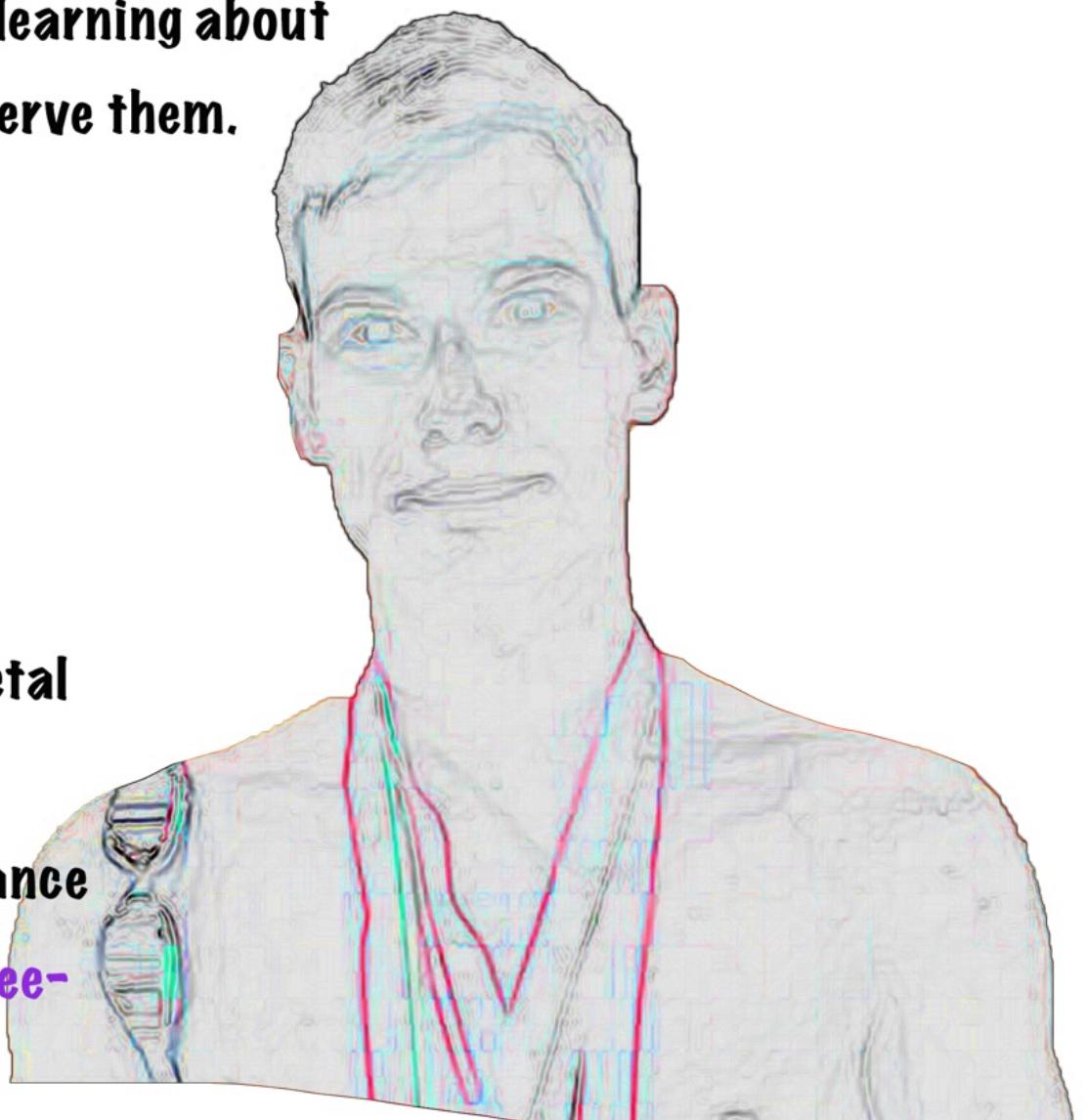
because it feels nice

to be surrounded by

water

Enjoys massages

for muscle recovery



Michael

**Favorite Color:**

Purple, Black

**Hobbies:**

Enjoys heavy metal

and routines

Swims long distance

butterfly and free-

style

Likes drinking pro-

tein shakes and bars

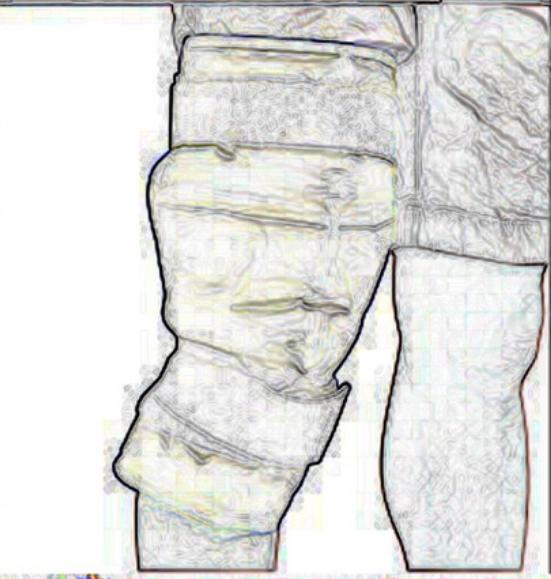
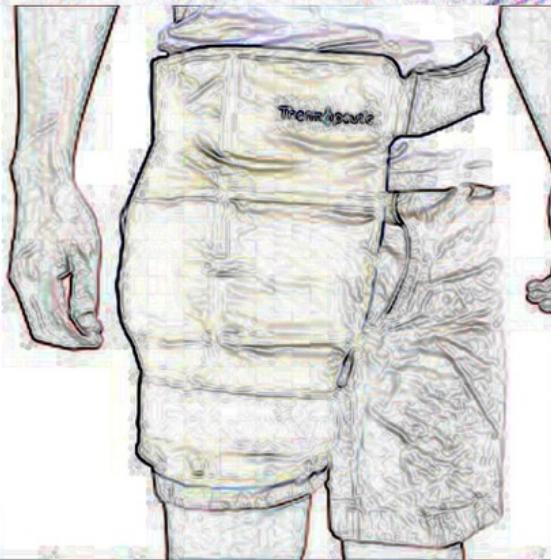
for recovery

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**Special Olympics**



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ALSO INCORPORATING ICE AND HEATING PADS TO COMPRESSION

CURRENT PRODUCTS ON THE MARKET ARE TOO EXPENSIVE, BULKY, UNATTRACTIVE AND LACKS CREATIVITY.

MY GOAL IS TO CREATE A NEW COMPRESSION WEAR LINE THAT IS FIRST OF ALL FUNCTIONAL AND USEFUL TO EVERYONE, BUT ALSO CREATIVE AND VISUALLY APPEALING.



## COMPRESSION RECOVERY

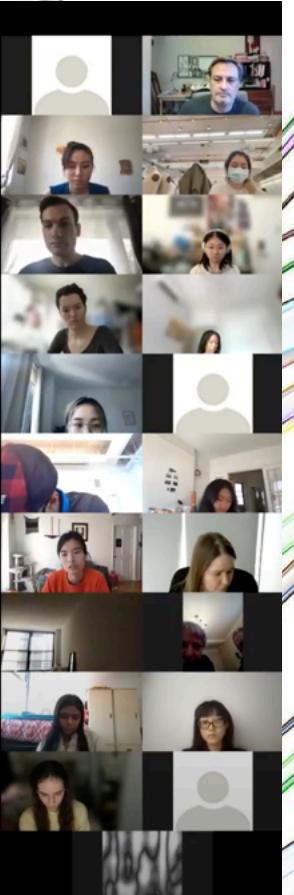
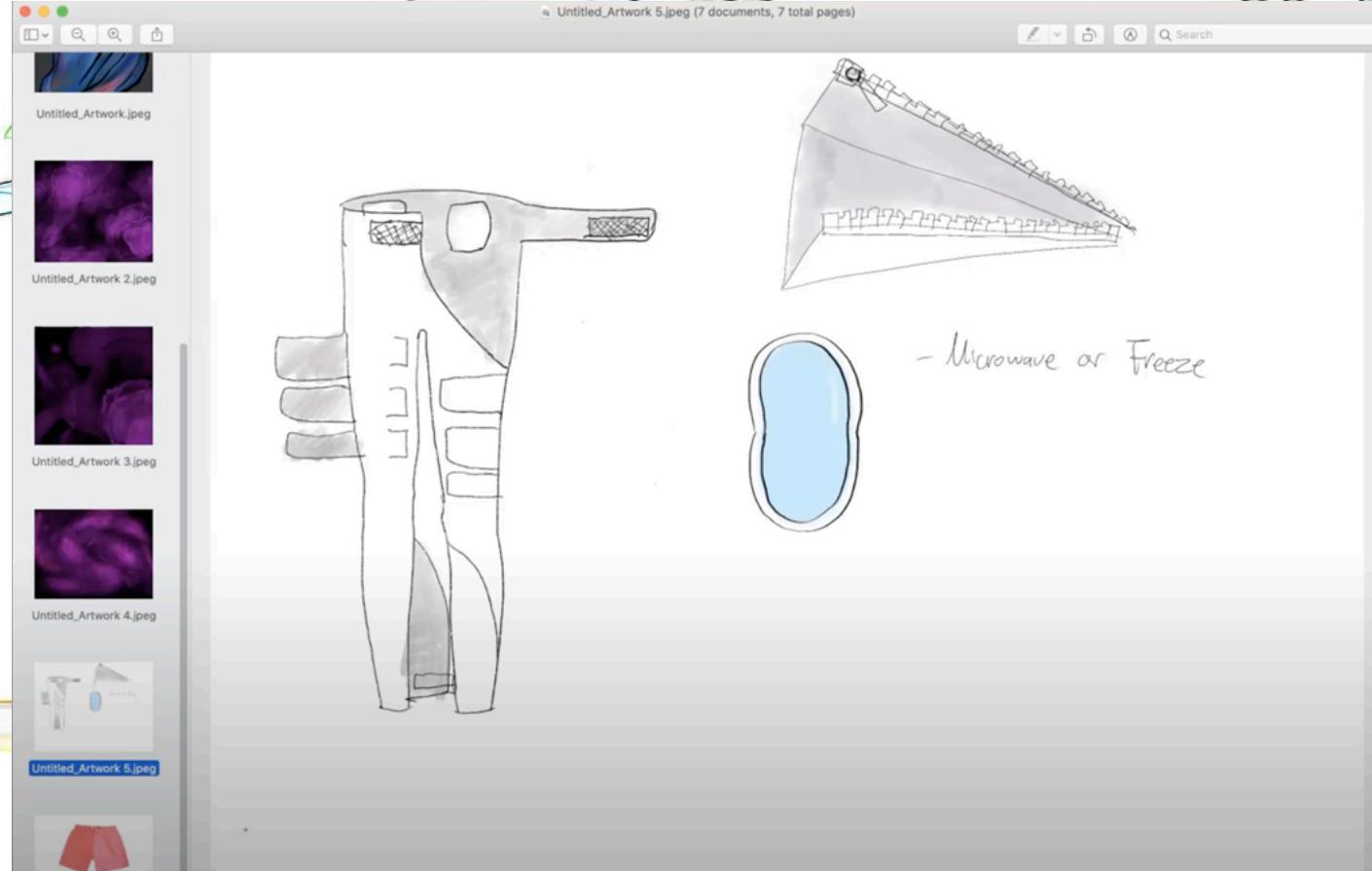
INCREASING BLOODFLOW BY COMPRESSION MUSCLES TO SQUEEZE OUT TOXINS. BY DOING SO SPEEDS UP RECOVERY TIME.

THE  
NEW  
SCHOOL

PARSONS

Special Olympics





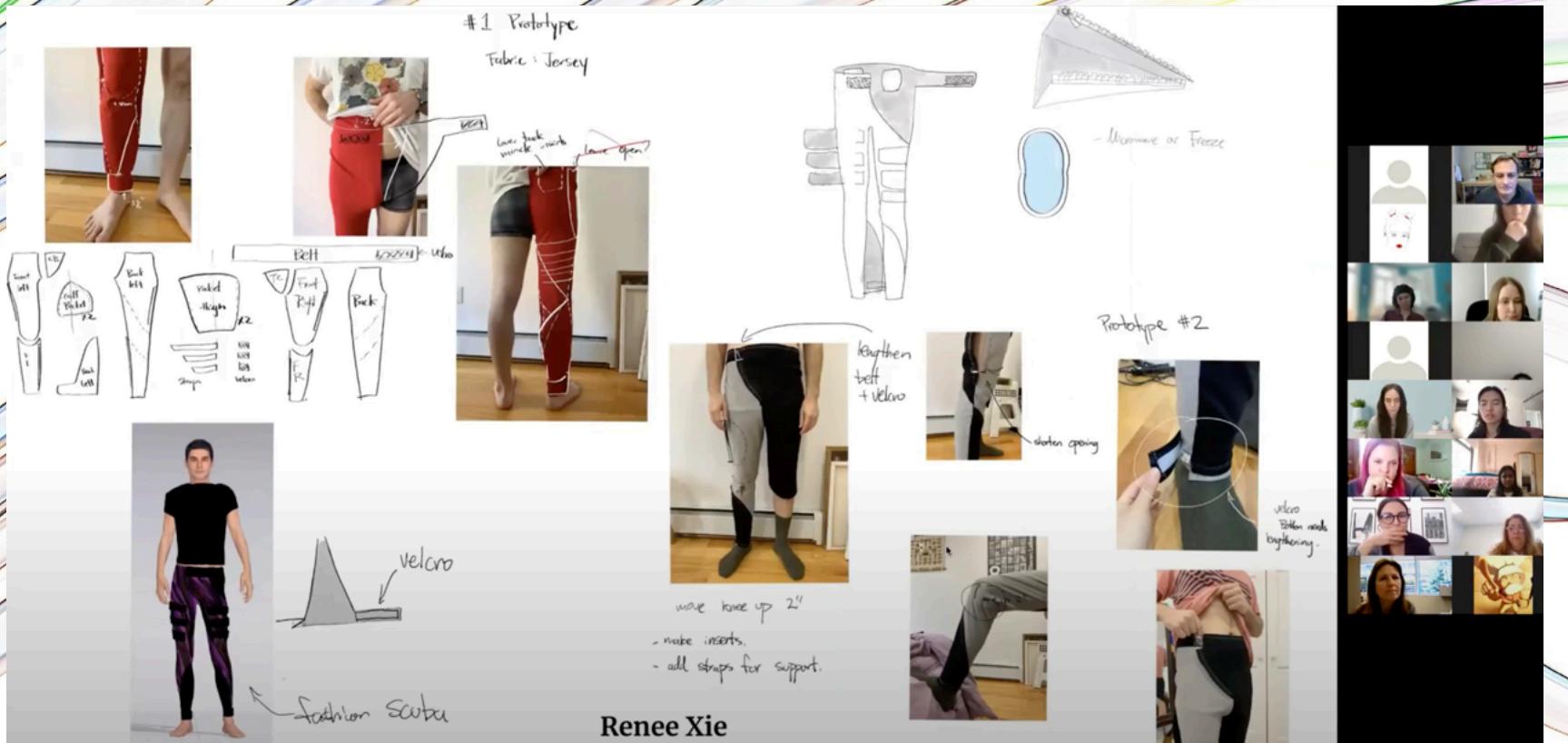
FIRST TIME PRESENTING COMPRESSION RECOVERY IDEA TO THE ATHLETES

MIKE: "I'VE NEVER SEEN ANYTHING LIKE THIS,  
I'M VERY INTERESTED IN TRYING IT."

BRIDGET: "I WOULD LIKE TO TRY IT AS WELL."

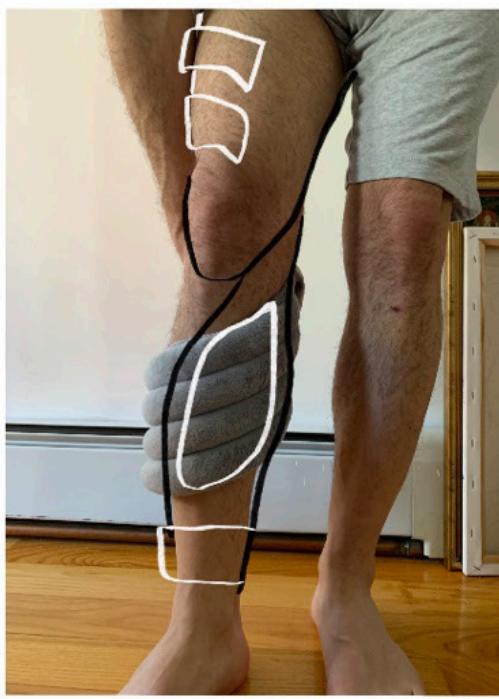
SPECIAL OLYMPICS SWIMMING COACH KARLI: "I THINK THERE IS A STRONG CONNECTION BETWEEN COMPRESSION AND SWIMMERS. SWIMMERS FEEL RELAXED IN THE WATER BECAUSE THEY ARE SURROUNDED BY A BODY OF WATER. THERE'S A THEME OF COMPRESSION AND FEELING COMFORT AND THAT'S WHY THE WATER IS A LOT OF SWIMMER'S SAFE SPACE."

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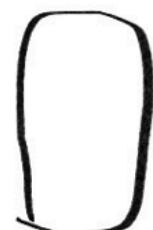
Material  
Fashion Suba



Pouches Heat / Ice



calf x2



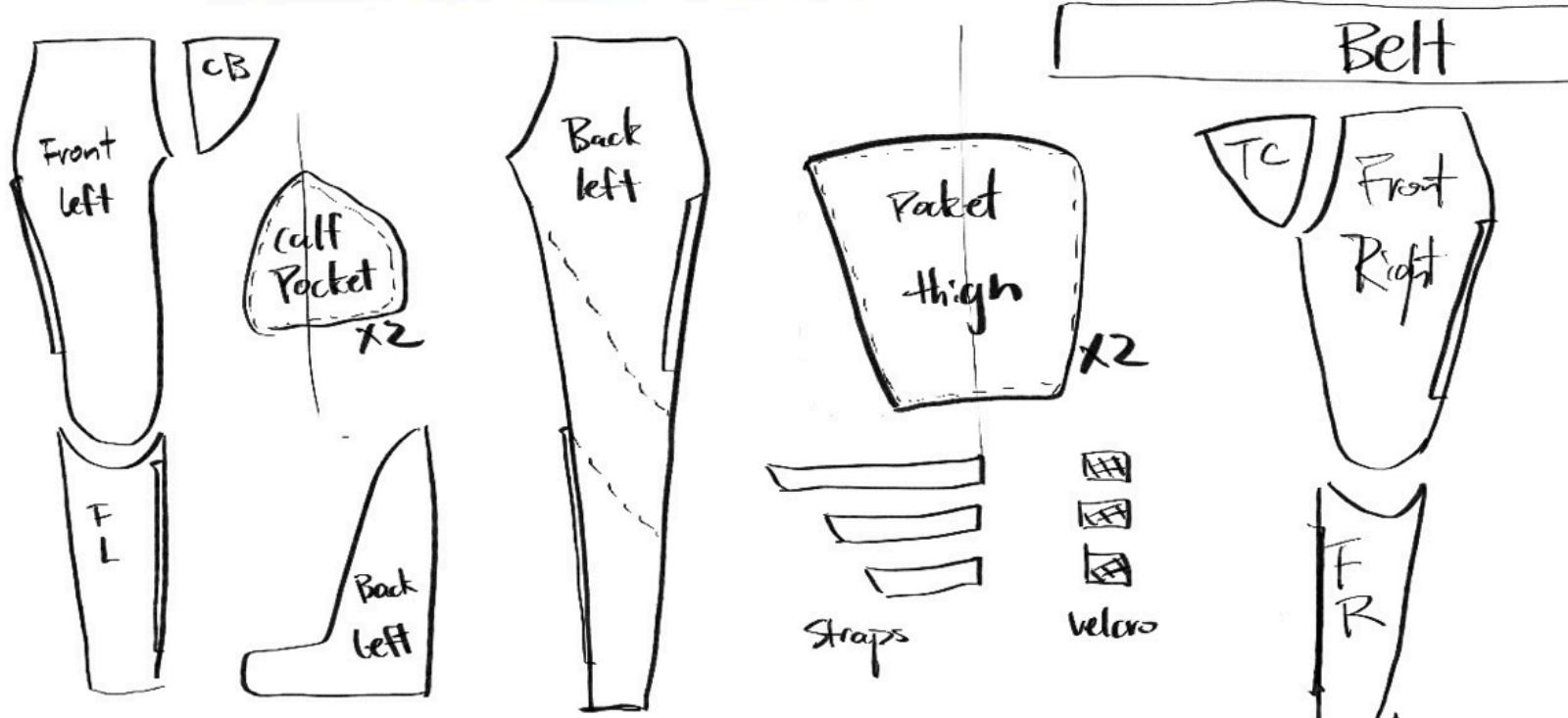
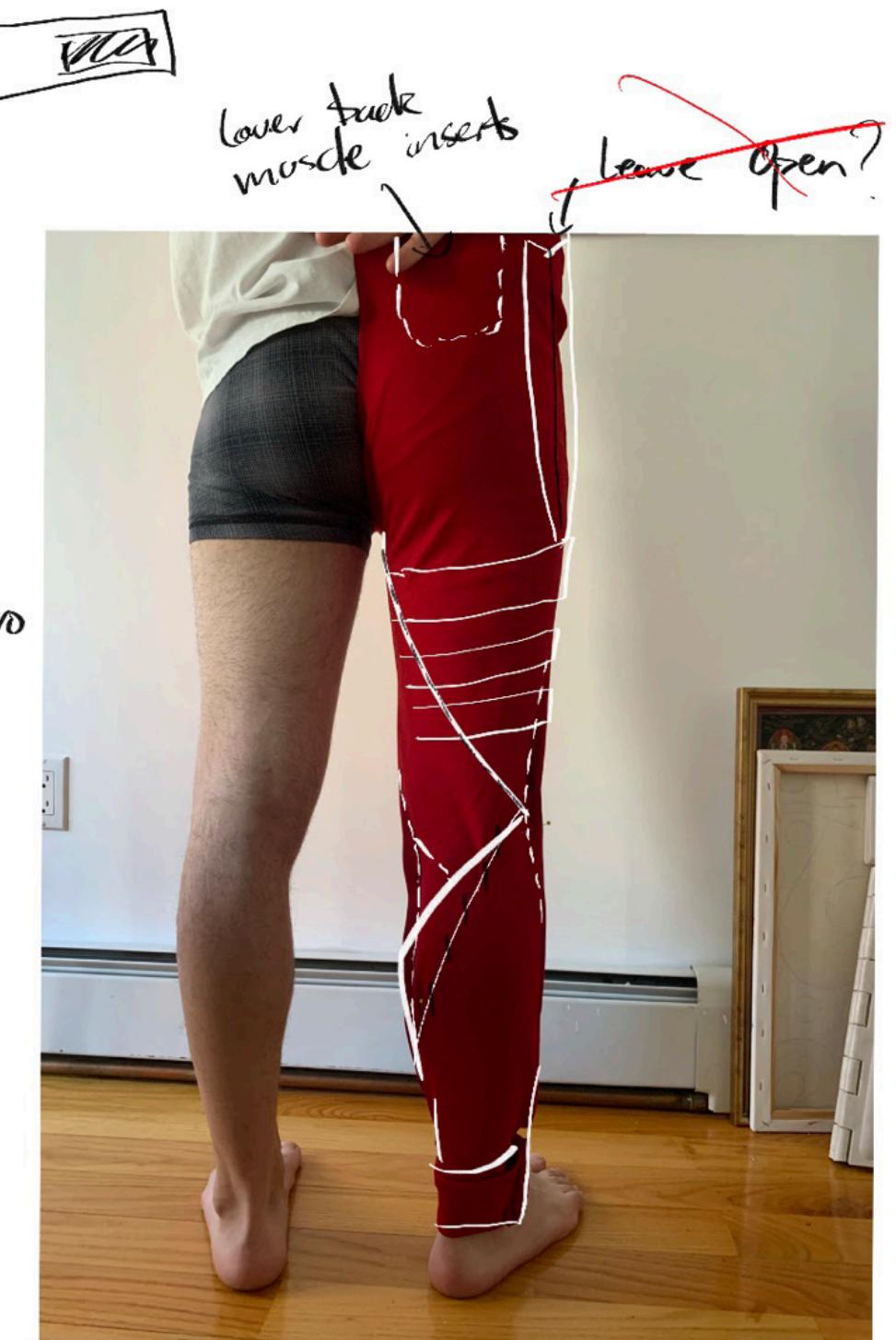
thigh x2



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# #1 Prototype

Fabric : Jersey



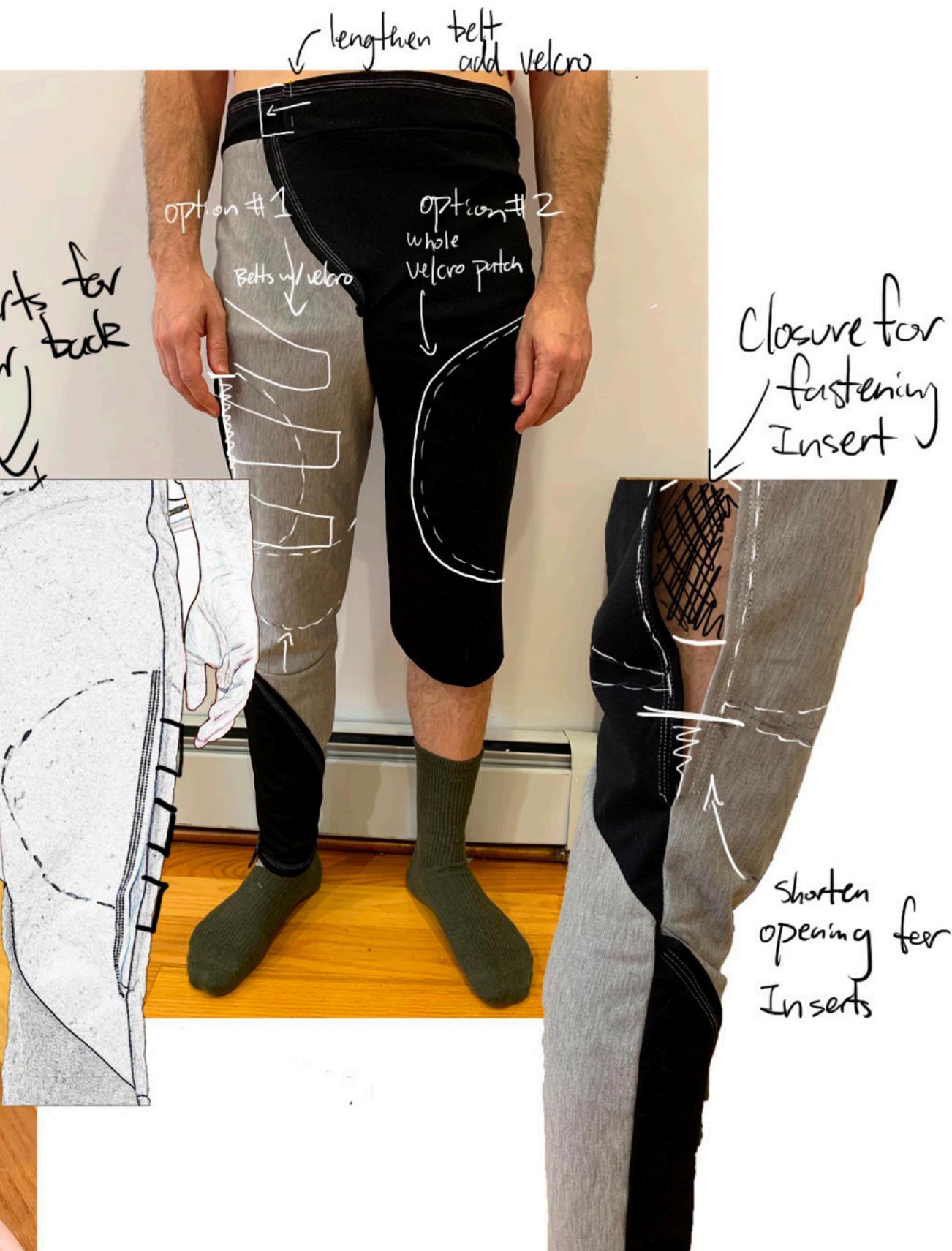
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move knee stretch up  
2"

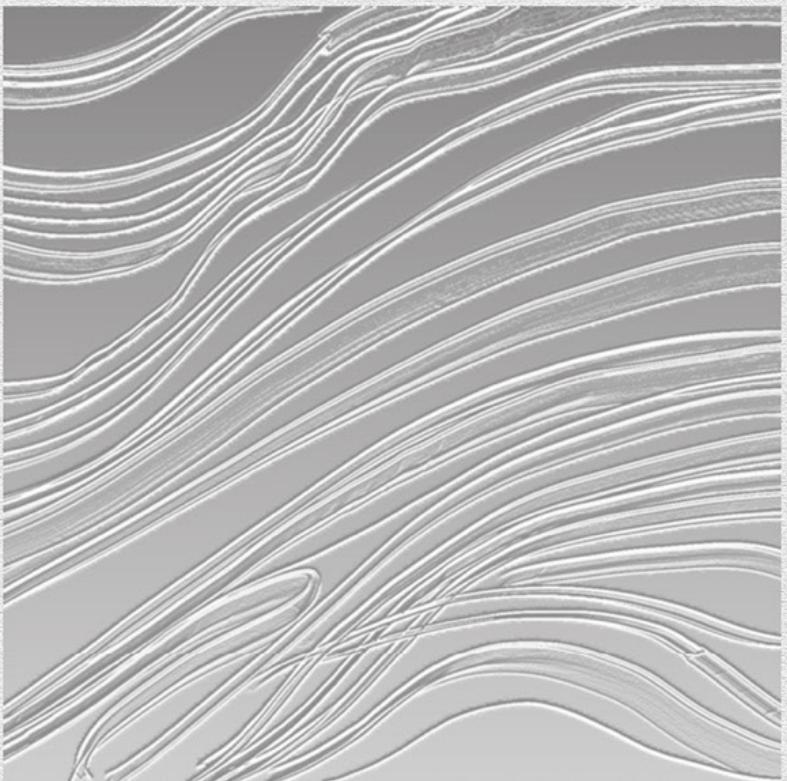


Insert for  
calf muscle

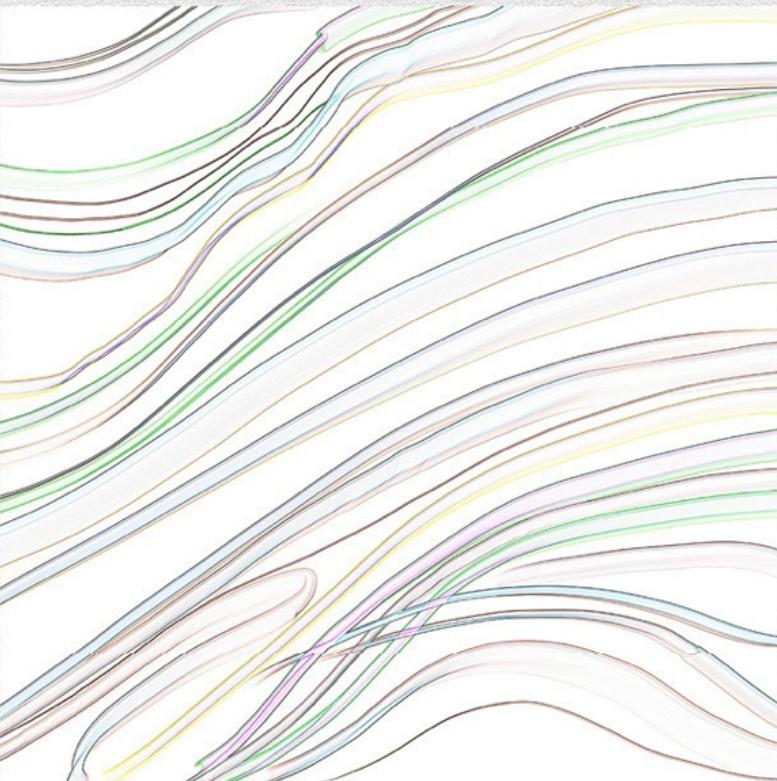


I AM DESIGNING MY GARMENTS FOR THE ATHLETES I'M WORKING WITH. THEREFORE, I'M INCORPORATING THEIR FAVORITE COLORS AND DEVELOPING PRINTS FOR PEOPLE WITH INTELLECTUAL DISABILITY TO MAKE THEM FEEL RELAXED. BUT A GOOD DESIGN BENIFITS EVERYONE, NOT JUST FOR PEOPLE WITH DISABILITIES.

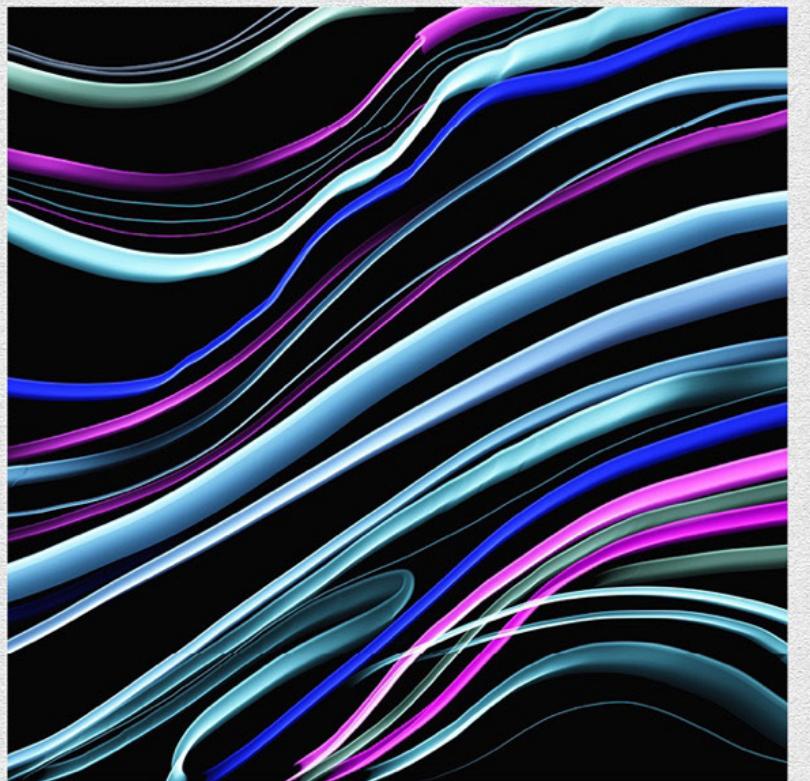
# Print Development



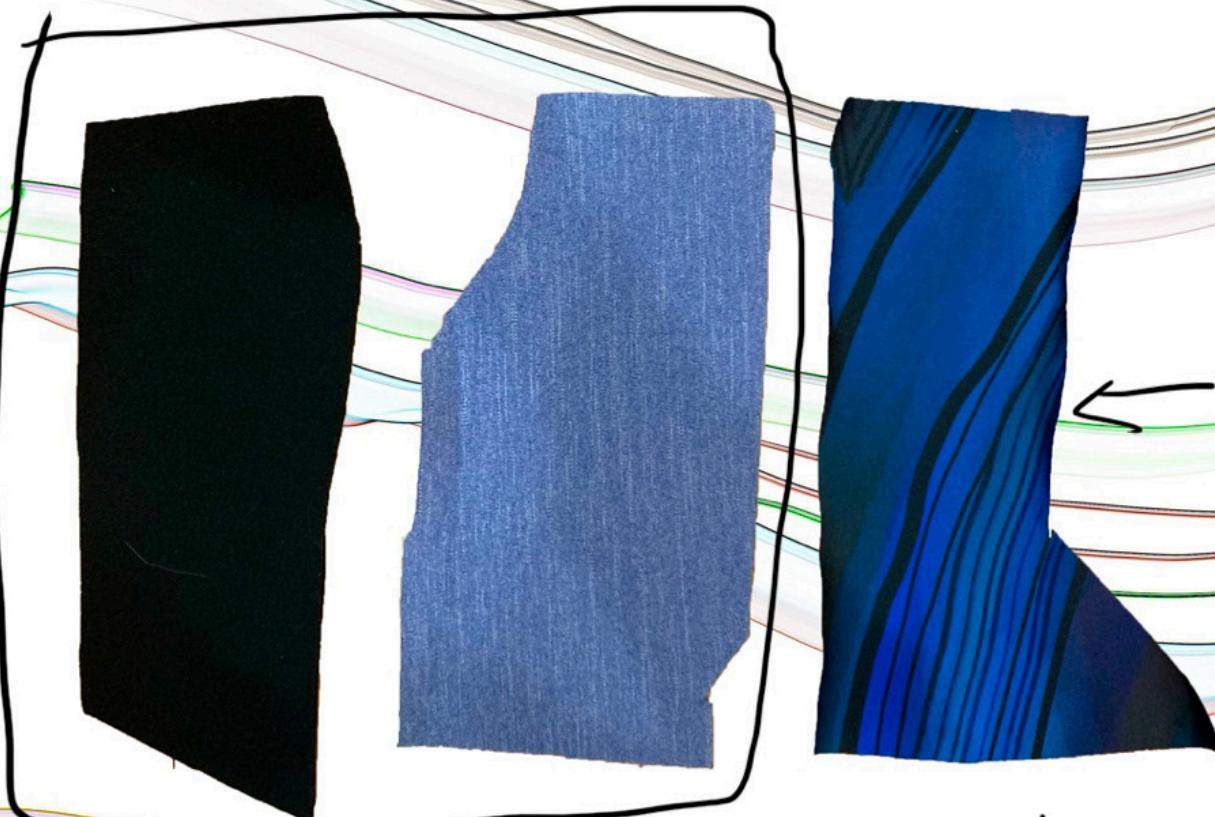
PHASE 1



PHASE 2



PHASE 3



4way stretch  
fast drying  
Sports Lycra  
custom print

Fashion Scuba



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Double fusible to  
combine Two fabrics

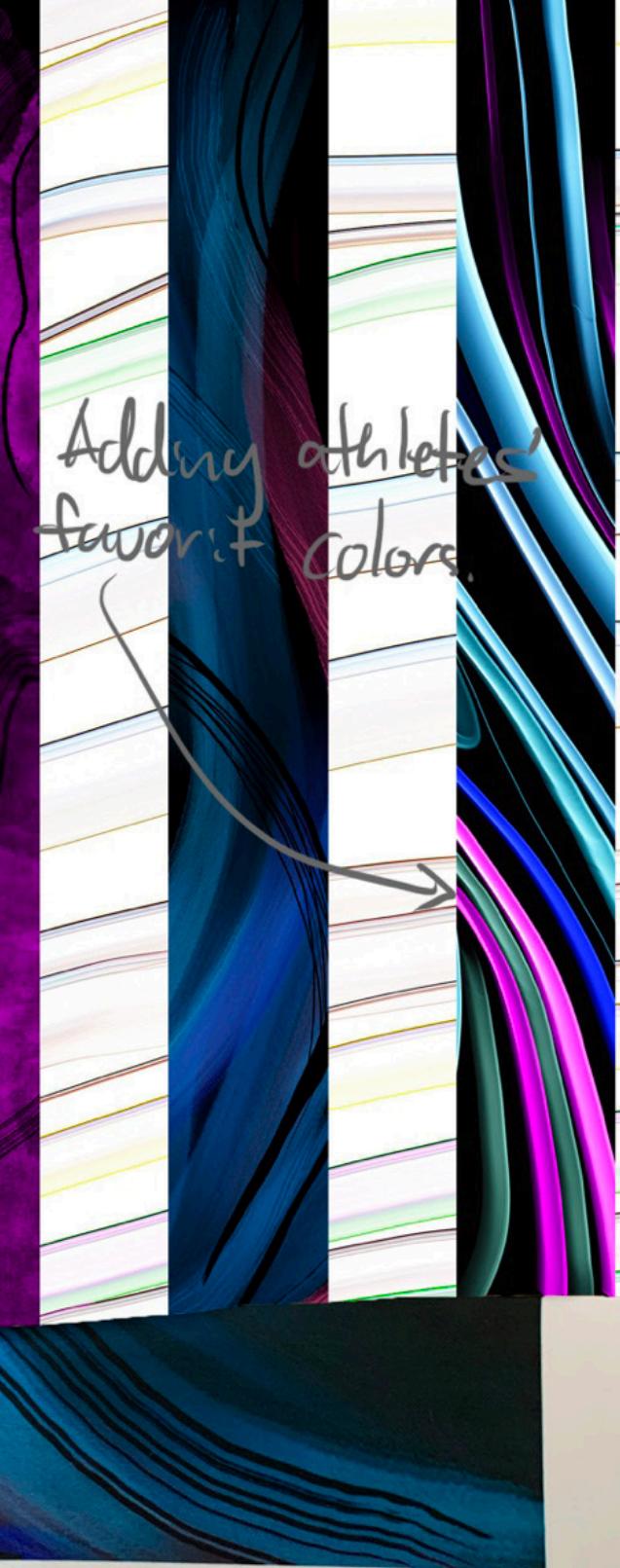
Print Development



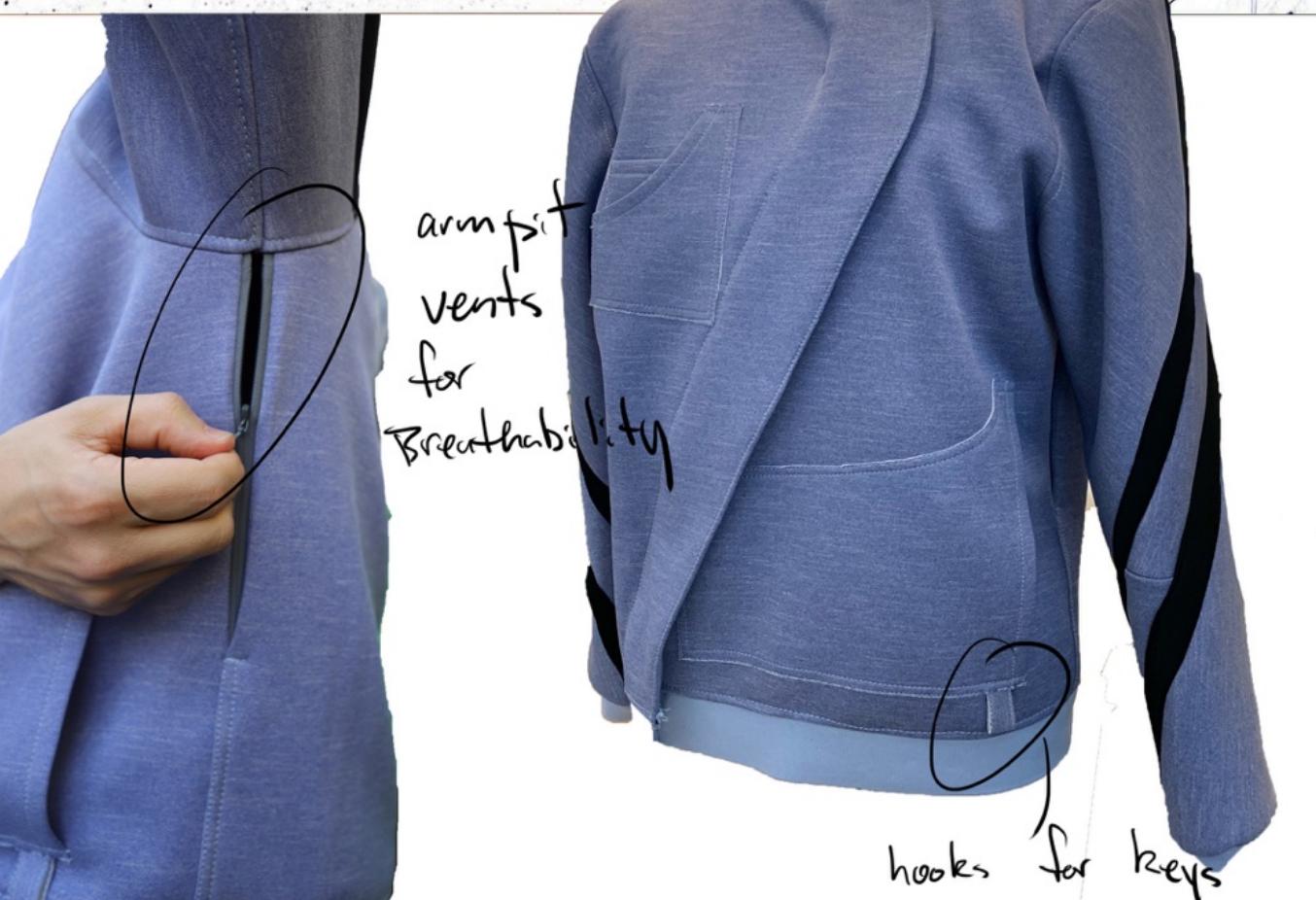
John Franzen  
"One Breath  
One Line"

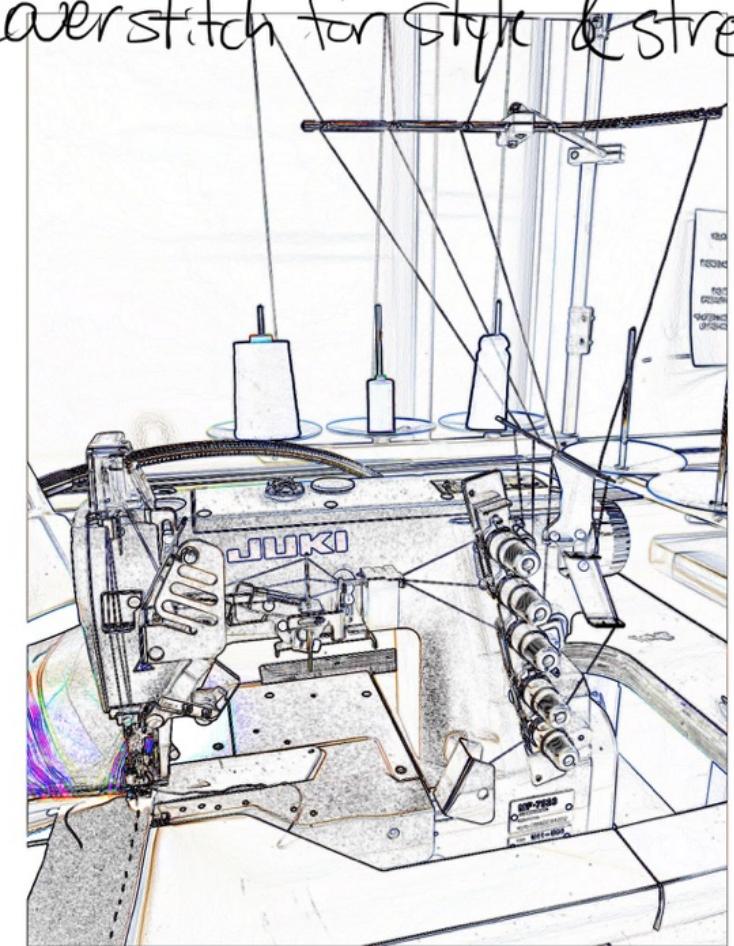
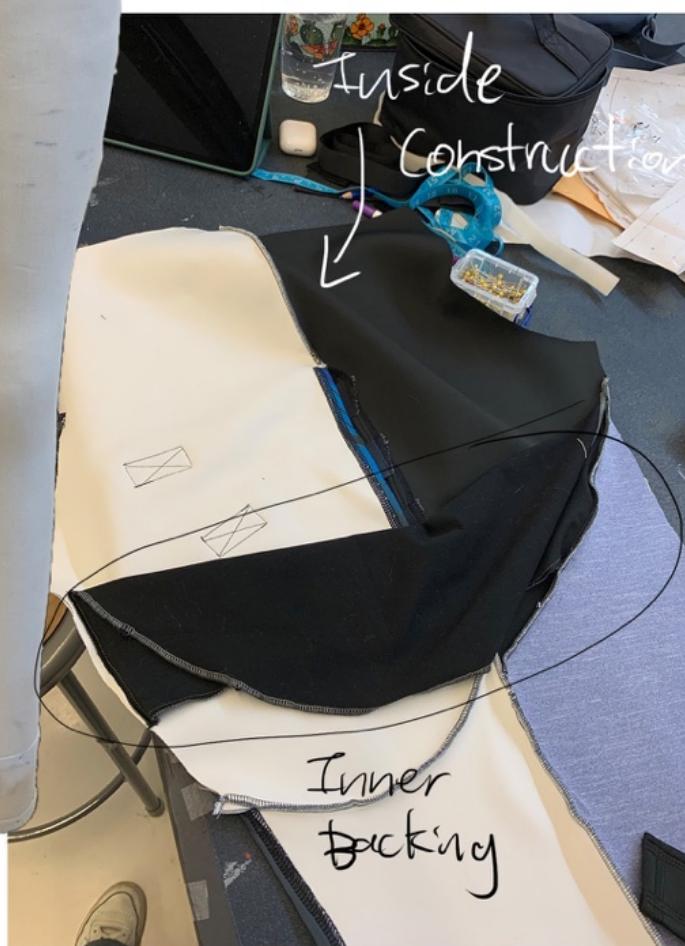
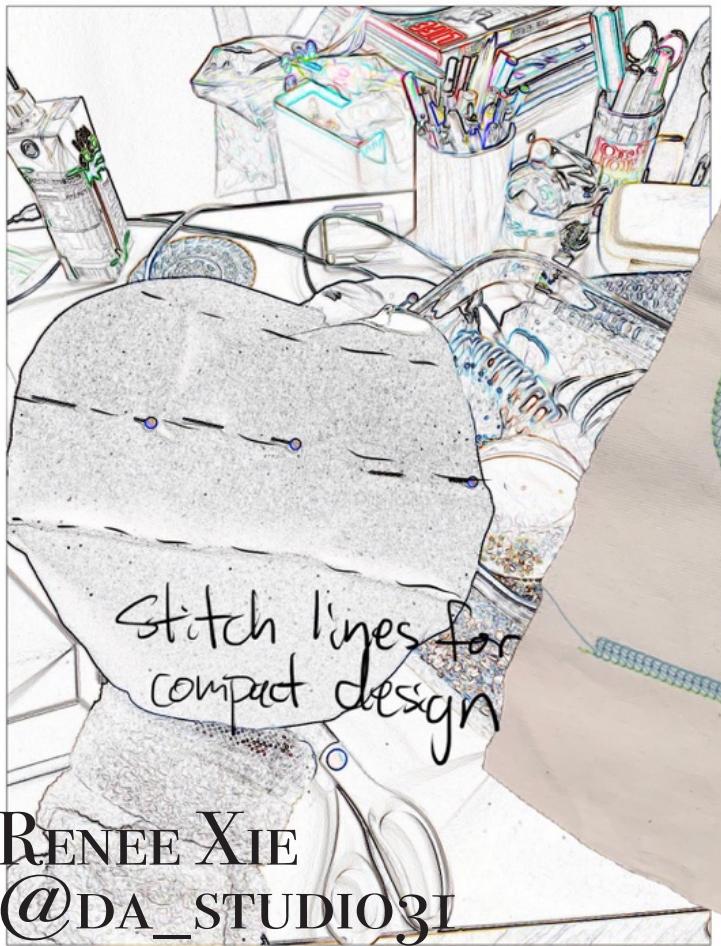
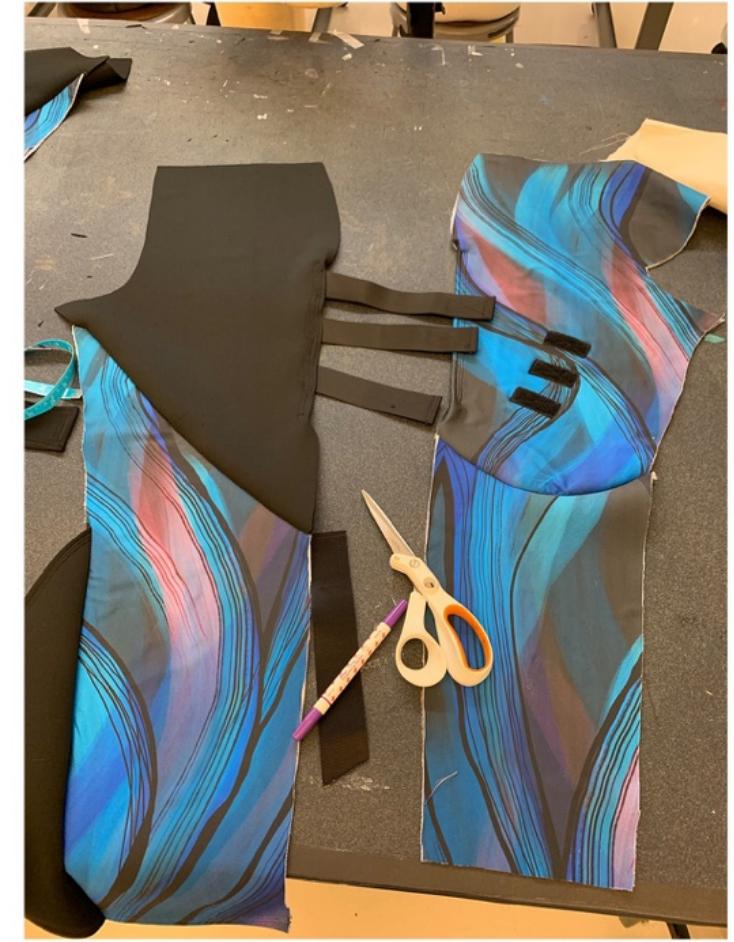
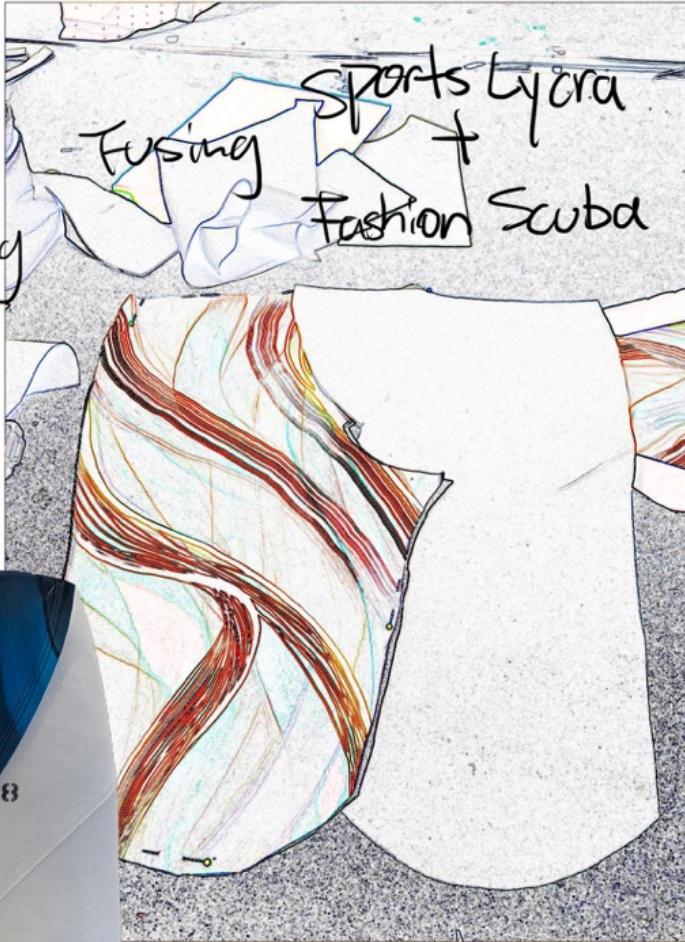
Designed by:  
denina0131  
Custom printed on  
Sport Lycra - 1 of 2  
Job: 10704193\_003 - Design: 12839209 - ly  
Order: 84350475 Item: 41531309

Designed by:  
denina0131  
Custom printed on  
Performance Piqu - 2 of 2  
Job: 10703694\_020 - Design: 12839475 - pp  
Order: 84350475 Item: 41531544



Addressing athletes'  
favorit colors.

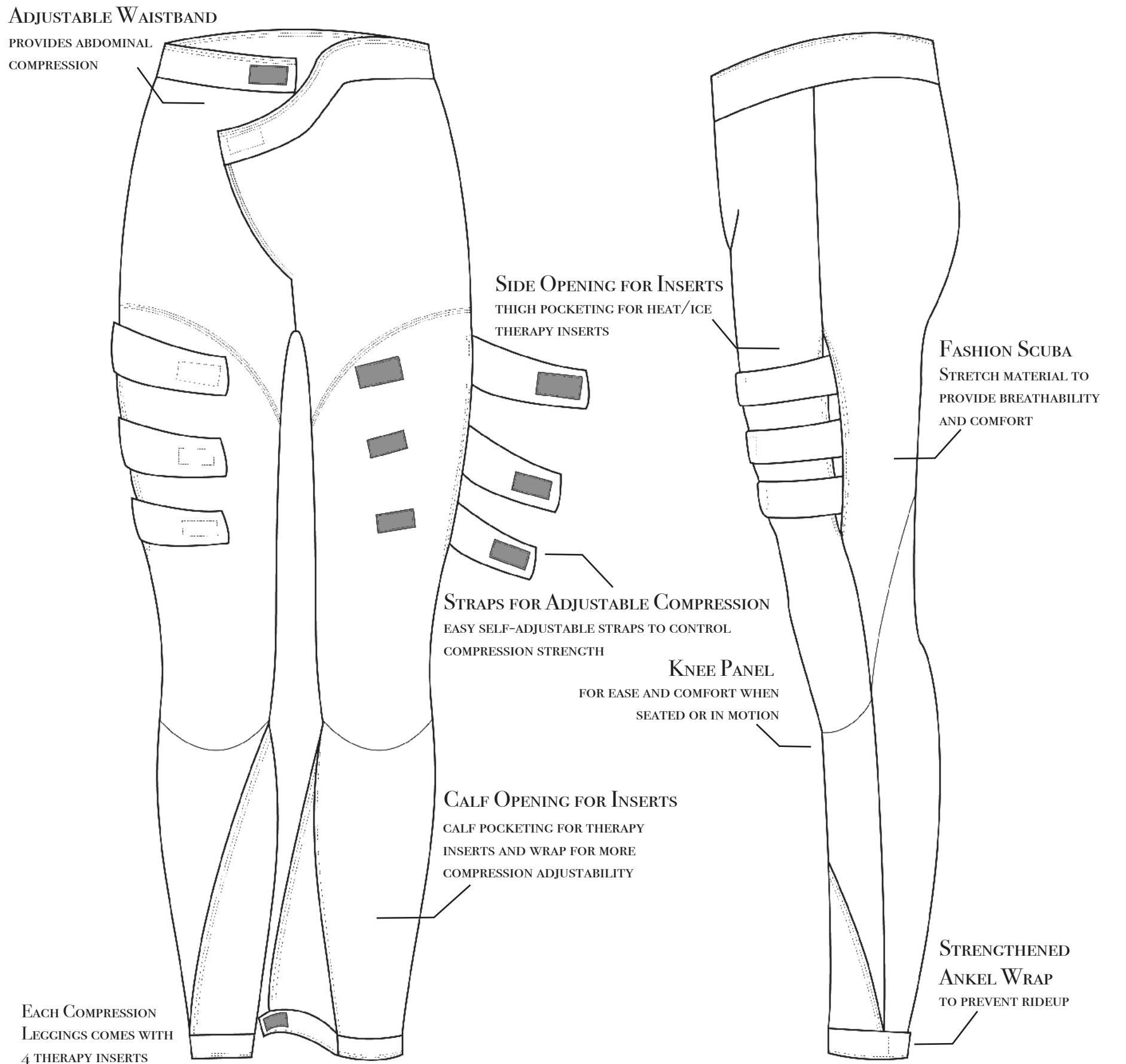






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# COMPRESSION LEGGINGS FEATURE



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EASY FASTENING WITH VELCRO TO ADJUST DESIRED COMPRESSION LEVEL



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INSERTS FOR HEAT/ICE THERAPY

## SIDE OPENING FOR CALF INSERTS



ADJUSTABLE IN SIZE AND TEMPERATURE



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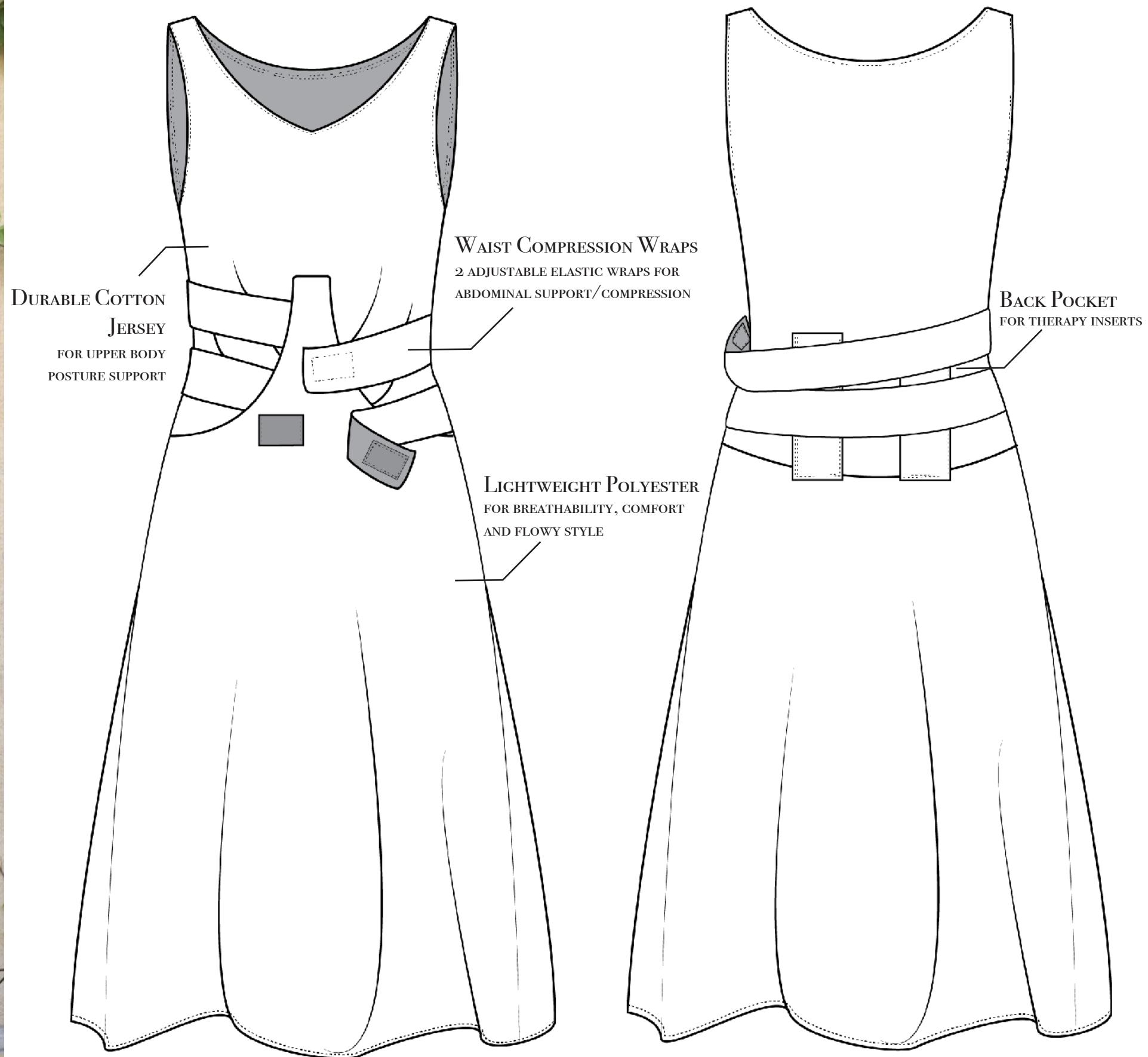


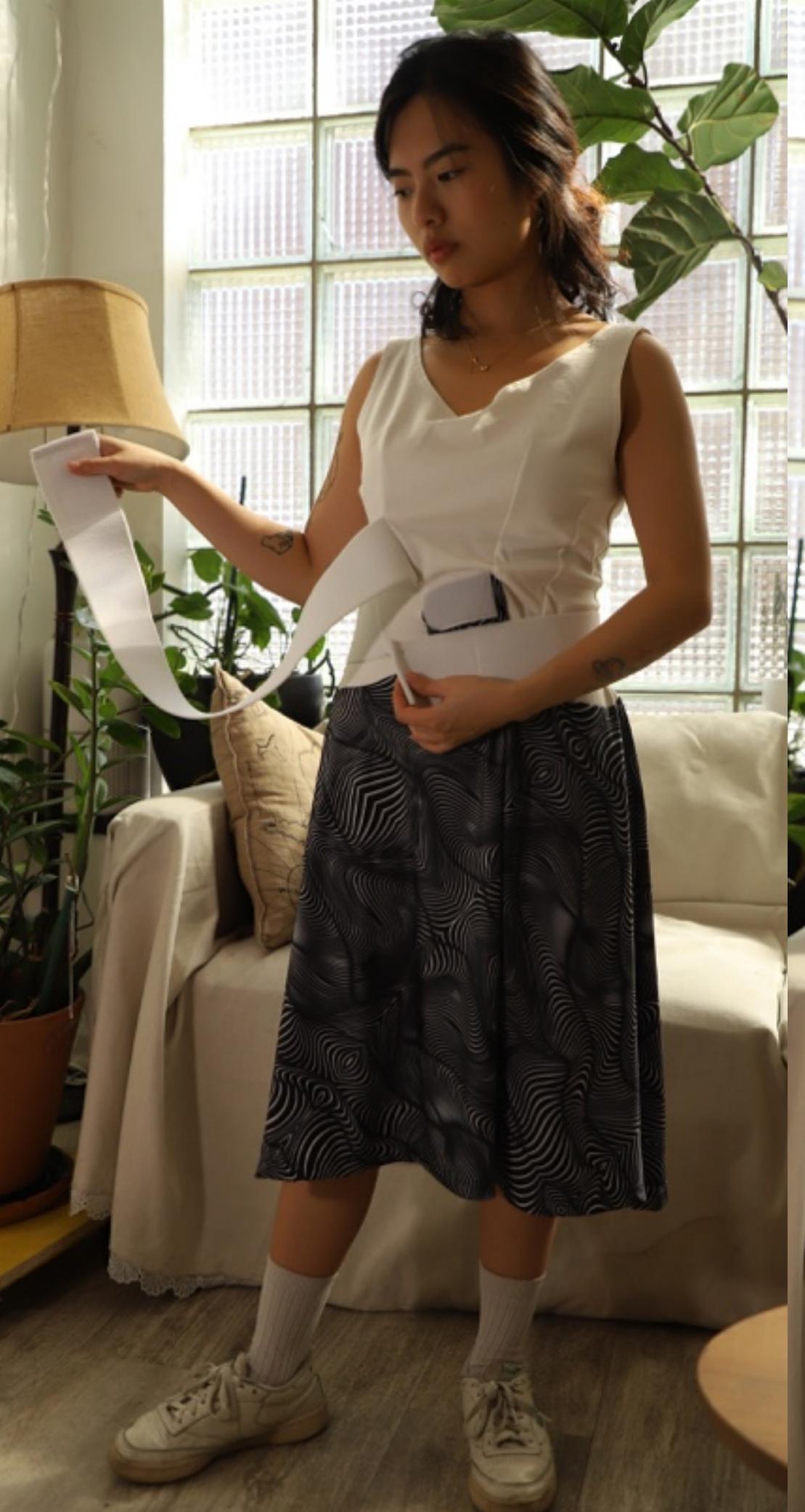


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EACH COMPRESSION DRESS  
COMES WITH 2 BACK  
THERAPY INSERTS

## COMPRESSION DRESS FEATURE





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**COMPRESSION RECOVERY LEGGINGS**  
ADJUSTABLE SIZING AND COMPRESSIONS STRENGTH. EASY  
TO USE AND PACK FOR TRAVELS AND RACES. MADE WITH  
INSERTS FOR HEAT AND ICE THERAPY.  
PROMOTES BLOOD CIRCULATION AND INCREASE MUSCLE  
RECOVERY

**BREATHABLE SCUBA MATERIAL**  
PROVIDES STRETCH AND COMFORT WHILE PREVENTING  
USERS FROM GETTING OVER HEATED.

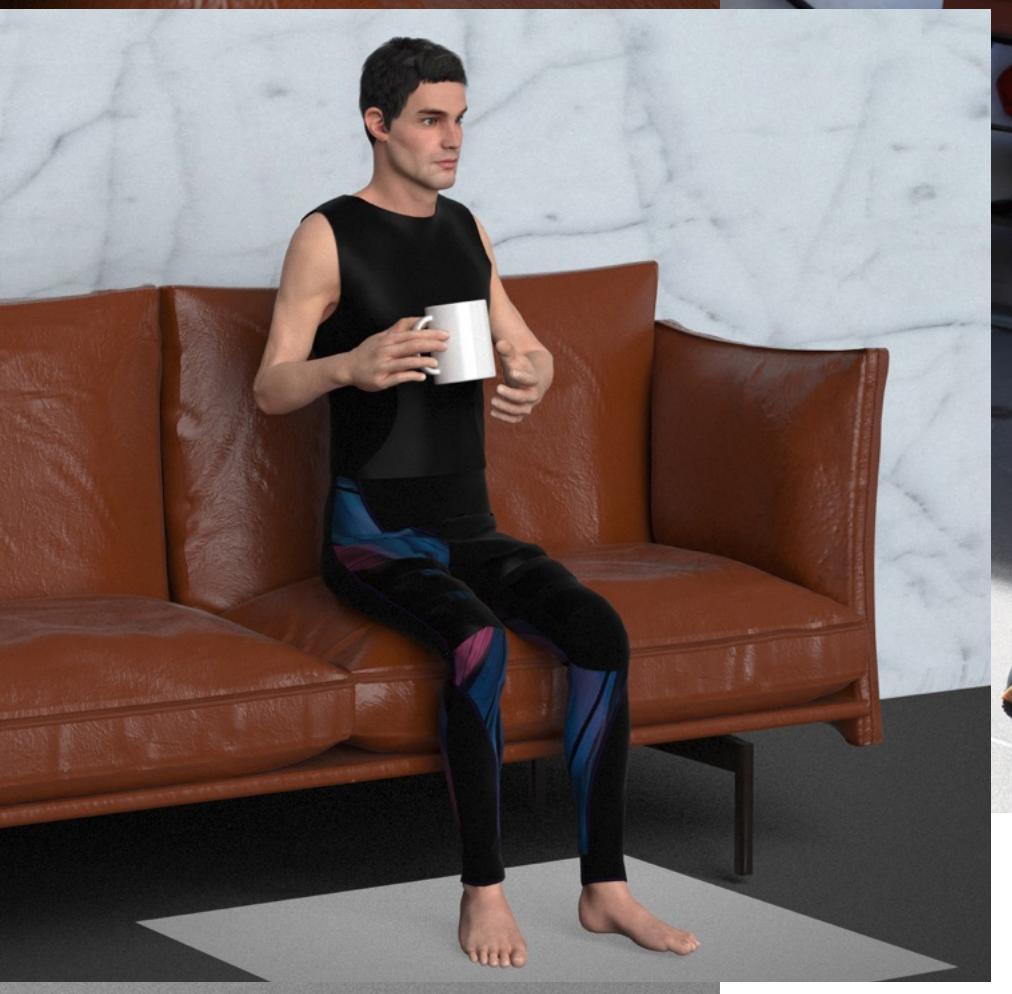
MADE WITH CLO 3D

**FULL RANGE OF MOBILITY**  
LIGHTWEIGHT, FEELS LIKE LEGGINGS. CAN WEAR WITH  
OR WITHOUT INSERTS.

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MADE WITH CLO 3D



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**BREATHABLE & FAST DRYING JACKET**  
MADE WITH BREATHABLE KNIT JERSEY AND LINED WITH  
PERFORMANCE PIQUE. KNIT JERSEY CREATE WARMTH AND  
PERFORMANCE PIQUE DRIES QUICKLY.



**FLEXIBILITY**  
DUO FUNCTIONALITY FOR LAND  
TRAINING AND RECOVERY

**SNAPS FOR FAST CLOSURE**  
FAST COVERAGE AND CLOSURE AFTER  
GETTING OUT OF THE POOL.

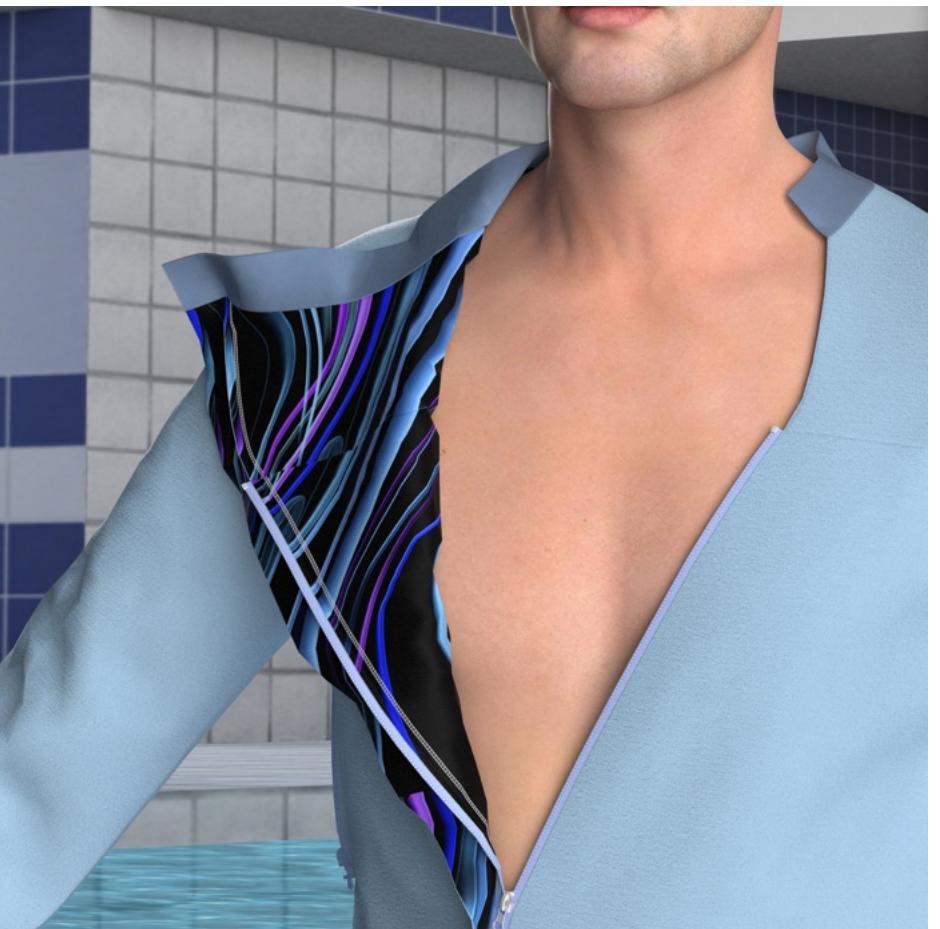
**POCKETS**  
DIFFERENT SIZED POCKETS FOR  
STORAGE.

**SIDE UNDERARM  
OPENING**  
FOR VENTILATION WHEN ATH-  
LETES GET TOO HOT.

**PERFORMANCE PIQUE  
LINING**  
FAST DRYING AND COMFORT.  
WITH PERSONALIZED PRINTS

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MADE WITH CLO 3D





CLO 3D vs. PHYSICAL GARMENT



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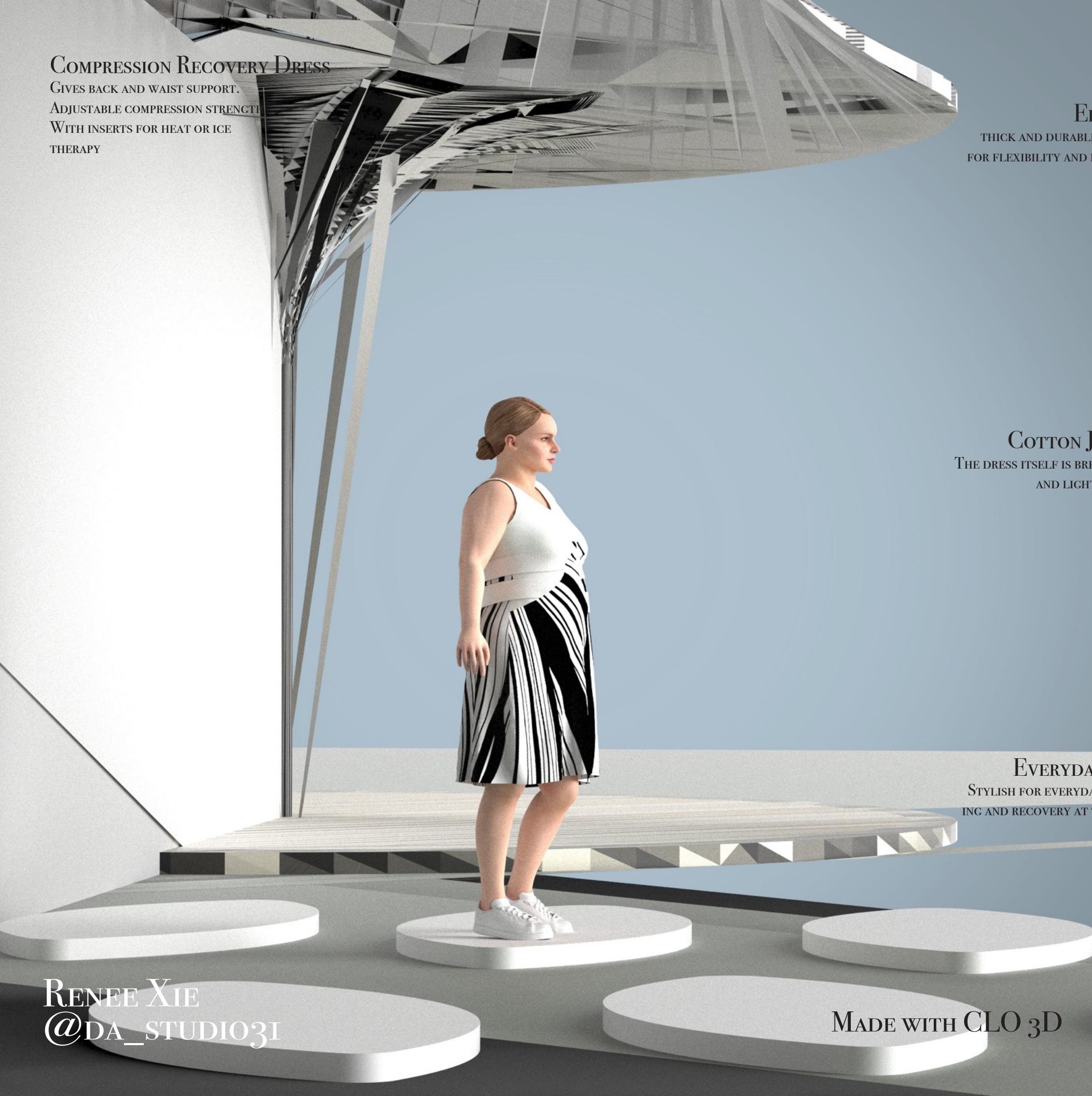
## COMPRESSION RECOVERY DRESS

GIVES BACK AND WAIST SUPPORT.

ADJUSTABLE COMPRESSION STRENGTH

WITH INSERTS FOR HEAT OR ICE

THERAPY



## ELASTIC

THICK AND DURABLE ELASTIC  
FOR FLEXIBILITY AND EASY USE.

## COTTON JERSEY

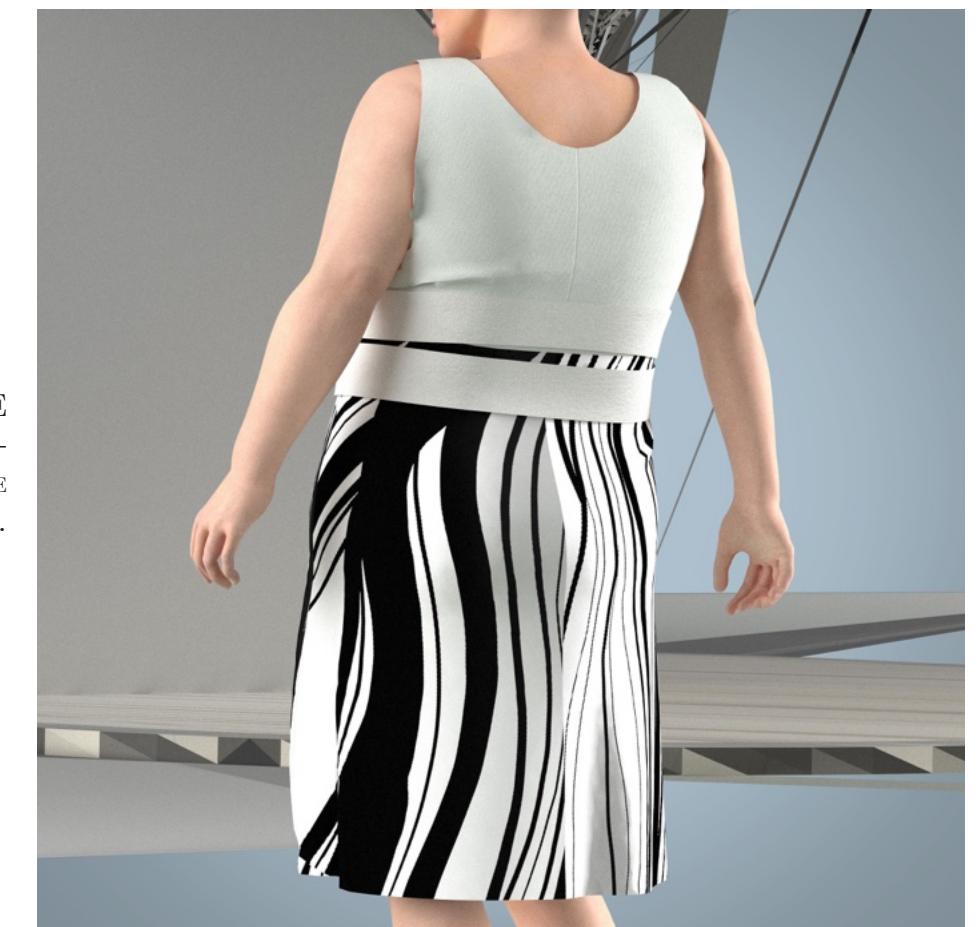
THE DRESS ITSELF IS BREATHABLE  
AND LIGHTWEIGHT.

## EVERYDAY USE

STYLISH FOR EVERYDAY DRESS-  
ING AND RECOVERY AT THE SAME  
TIME.

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PHYSICAL GARMENT vs. CLO 3D

