The tidyverse:

"...an opinionated <u>collection of R packages</u> designed for data science. All packages share an underlying design philosophy, grammar, and data structures."

This will not (cannot) be a comprehensive introduction to the tidyverse.

We'll use the tidyverse to deal with familiar problems, which should give you an idea of the general philosophy/approach.

for more, see https://r4ds.had.co.nz/