

## HomePage

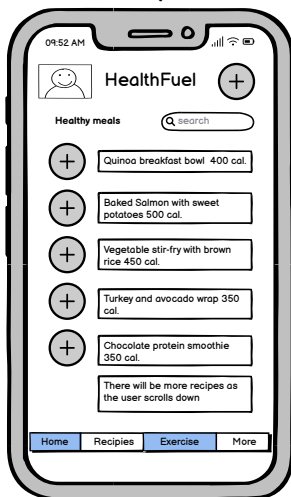


Connections and or Notifications



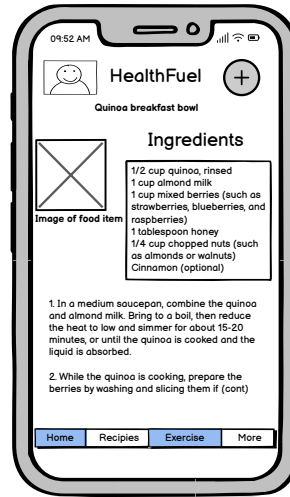
The homepage will be presented to the user upon opening the app, assuming they are already logged in. If not, they are directed to the login page instead. This homepage will allow the user to navigate the many sections of the HealthFuel app. The user will be able to select what they want to access from the homepage or they can select the "More" tab at the bottom of the screen to access what they want directly. The more tab will include options such as "Settings".

## Recipes



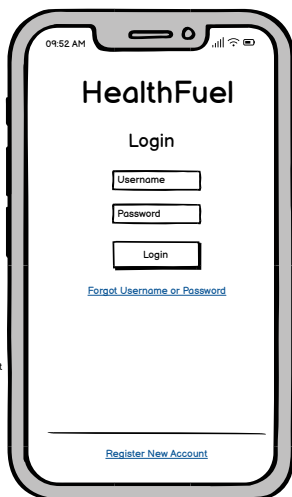
The Recipes page will allow the user to find healthy recipes for breakfast, lunch, dinner, and even healthy dessert options as well. There will be images of the meal item with a brief description of what the meal is. There will be more in depth ingredients included when the user selects the specific item.

## Recipes



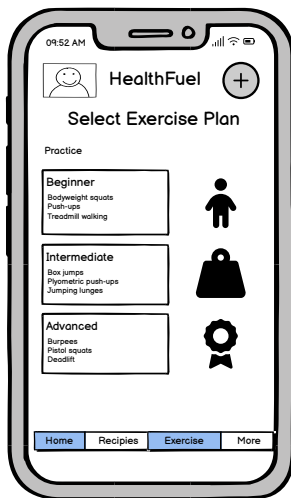
Upon selecting a meal item, the user will be presented with an in depth description of the item including the specific ingredients required to make the item alongside instructions on how to prepare the item.

## Exercise



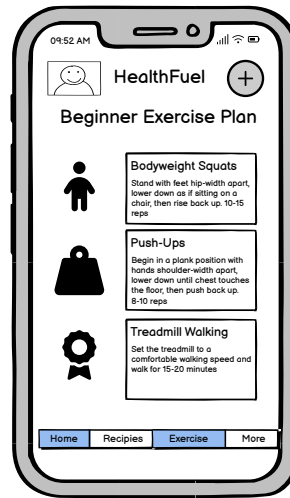
The user will be presented with a Login menu upon their first time opening the app or if they have logged out for any reason. The user will simply input their username and password if they already have an account. If they do not, they will be able to register for a new account with the "Register New Account" option at the bottom of the screen. If the user forget either Username or Password, they will select the "Forgot Username or Password" option.

Some text



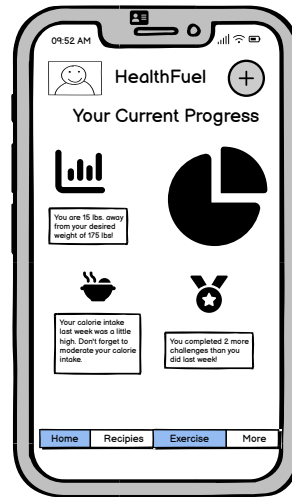
The Exercise tab will provide the user with 3 separate exercise plans depending on which stage of development they are in. There will also be preview images next to each stage showing one of the potential exercises within that plan. The current images are used as placeholders.

## Exercise



The Beginner Exercise Plan will show entry level workout routines for people just starting in their fitness journey. This page will include exercise names along with descriptions on how to perform these exercises. Images will also be included of what these exercises will look like. Current images are being used as placeholders.

## Progress



The Progress tab will show the user how they have progressed throughout their fitness journey. This will include statistics such as their calories intake for the week, Challenges completed and distance from their desired weight. The desired weight can be changed at anytime. The Pie chart will show an overview of the user's progress including which aspects of the app they focus on the most.

## Progress



Clicking on the Pie chart will open a more detailed view of the chart. There will also be a section showing the current desired weight of the user. This number can be changed at anytime by selecting the arrows.