

Date	Cadence	Power	Distance (km)	Speed (kmph)
September-03-22	0	0.00	0.54	30.39
September-03-22	0	0.00	0.54	30.13
September-03-22	0	0.00	0.55	29.45
September-03-22	0	0.00	0.56	29.10
September-03-22	0	0.00	0.57	27.37
September-03-22	0	0.00	0.58	23.90
September-03-22	0	0.00	0.58	22.75
September-03-22	0	0.00	0.59	22.30
September-03-22	0	0.00	0.59	22.73
September-03-22	0	0.00	0.60	20.92
September-03-22	0	0.00	0.61	21.98
September-03-22	0	0.00	1.06	28.47
September-03-22	0	0.00	1.07	27.12
September-03-22	0	0.00	1.08	27.59
September-03-22	0	0.00	1.35	26.21
September-03-22	0	0.00	1.36	26.05
September-03-22	0	0.00	1.36	26.33
September-03-22	0	0.00	1.37	26.23
September-03-22	0	0.00	1.38	26.80
September-03-22	0	0.00	1.39	27.20
September-03-22	0	0.00	1.39	24.65
September-03-22	0	0.00	1.40	23.01
September-03-22	0	0.00	1.41	21.77
September-03-22	0	0.00	1.41	22.69
September-03-22	0	0.00	1.42	24.24
September-03-22	0	0.00	1.42	24.56
September-03-22	0	0.00	1.44	26.27
September-03-22	0	0.00	1.45	26.92
September-03-22	0	0.00	1.45	28.67
September-03-22	0	0.00	1.48	30.69
September-03-22	0	0.00	1.49	29.99
September-03-22	0	0.00	1.50	29.79
September-03-22	0	0.00	1.50	31.07
September-03-22	0	0.00	1.79	24.74
September-03-22	0	0.00	3.49	38.74
September-03-22	0	0.00	3.50	38.27
September-03-22	0	0.00	3.51	37.96
September-03-22	0	0.00	3.52	38.39
September-03-22	0	0.00	3.53	38.68
September-03-22	0	0.00	4.16	42.94

104
Max Cadence (RPM)

479
Max Power (W)

64.4
Max Speed (km/h)

362.2
Max Altitude (m)

On April 23, 2023, the battery on my bike computer was dead so it only tracked speed and that's why the power is inaccurate

Date	Max Power	Average Power	Max Speed	Average Speed	Max Cadence	Average Cadence
May-06-23	479	154.1	63.3	26.9	104	52.7
April-28-23	471	158.6	61.2	26.6	93	52.6
October-16-22	465	176.8	61.4	26.8	92	56.1
September-30-22	451	168.2	46.3	27.4	88	54.8
September-11-22	450	166.1	58.7	28.2	101	54.0
October-09-22	446	181.4	58.6	26.1	97	59.6
September-15-22	436	147.7	39.9	25.8	93	51.6
May-08-23	434	153.0	57.1	25.4	95	52.1
October-23-22	430	178.2	57.7	28.4	97	56.6
September-14-22	428	165.6	64.4	26.5	91	53.8
September-09-22	419	167.7	59.2	28.3	92	54.5
September-03-22	409	163.0	57.6	28.0	93	55.1
October-30-22	408	180.2	60.3	28.1	94	57.5
September-16-22	403	167.2	53.6	26.9	95	54.3
September-07-22	402	156.3	64.2	27.6	91	52.2
September-24-22	400	178.2	59.5	28.2	96	56.2
May-09-23	398	138.0	37.3	25.5	93	47.9
September-05-22	385	161.9	59.3	27.8	94	52.9
September-08-22	322	135.4	37.1	26.1	82	47.9
April-23-23	10	0.5	51.7	25.5		

Year

All

