

Copyright © 2012 by Sylvie Kim and Nelson Ortiz

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, write to the publisher, addressed "Attention: Permissions Coordinator," at the address below.

Harbor Publishers
1 Harbor Circle
Boston, MA 02916
www.harborpublishers.com

Printed in the United States of America

ISBN 978-0-9000000-0-0

First Edition

14 13 12 11 10 / 10 9 8 7 6 5 4 3 2 1

Scroll down to view the second source

Journal of Public Assistance

So You Want to Volunteer?

By
Seleste Harding

This article uses data from several studies conducted over a multi-year period to explore the impact of volunteerism both on those who volunteer, and on those who are impacted by the services provide by volunteers.



Figure 1. The volunteerism cycle

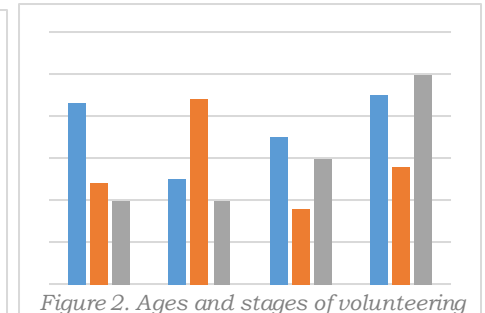


Figure 2. Ages and stages of volunteering

We have all heard general statements about the benefits of volunteering. You meet new people, gain confidence in yourself, develop new skills, are a part of a community, have fun, and gain the satisfaction of “making a difference.” All of these describe benefits to the volunteer, but what is the real impact of volunteering? Who does it affect and how? When does