

Task 2

$$m = 3 \text{ kg}$$

$$k = 85 \text{ N/m}^2$$

$$h = 0.75 \text{ m}$$

a.

$$E_k = \frac{1}{2} m v^2 = \frac{1}{2} \times 3 \times 4^2 = 24 \text{ J}$$

$$24 = \frac{1}{2} \times 85 \times x^2$$

$$x = 0.75 \text{ m}$$

$$b. mgh = 3 \times 9.81 \times 0.75 = 22.07 \text{ J}$$

$$c. 3 \times 9.81 \times 0.75 = \frac{1}{2} \times 3 \times v^2$$

$$v = 3.84 \text{ ms}^{-1}$$

Task 5

$$m = 1.8 \text{ kg}$$

$$k = 1750 \text{ N.m}^{-1}$$

$$x = 0.15 \text{ m}$$

$$\text{friction} = 0.15 \text{ N}$$

a.



$$f = 0.15 \text{ N}$$

$$kx = 1750 \times 0.15 = 262.5 \text{ N}$$

$$mg = 1.8 \times 9.81 = 17.658 \text{ N}$$

$$\begin{aligned}
 b. F_{\text{net}} &= kx - mg - f \\
 &= 1750x - 17.658 - 0.15 \\
 &= 1750x - 17.808
 \end{aligned}$$

$$F_{\text{net}} = ma$$

$$\therefore a = \frac{F_{\text{net}}}{m} = \frac{1750x - 17.808}{1.8} \text{ ms}^{-2}$$

$$c. E_{\text{tot}} = \frac{1}{2} kx^2 = \frac{1}{2} \times 1750 \times 0.15^2 = 19.6875 \text{ J}$$

$$E_{\text{loss}} = F \Delta x = 0.15 \times 0.15 = 0.0225 \text{ J}$$

$$E_r = 19.6875 - 0.0225 = 19.665$$

$$v = \sqrt{\frac{2 \times E}{m}} = \sqrt{\frac{2 \times 19.665}{1.8}} = 4.67 \text{ ms}^{-1}$$

$$d. E_p = E_r - E_{\text{loss}} = mgh = mg(x + h_1)$$

$$1.8 \times 9.81 \times (0.15 + h_1) = 19.6875 - 0.15$$

$$\therefore h_1 = 0.955 \text{ m} \quad (0.15 + h_1)$$