Evaluation Metrics

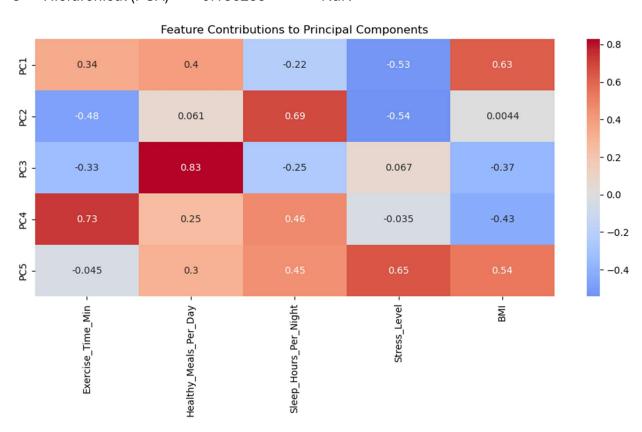
Model Silhouette Score WCSS (KMeans only)

0 KMeans (Original) 0.151616 740.466268

1 KMeans (PCA) 0.151616 740.466268

2 Hierarchical (Original) 0.136285 NaN

3 Hierarchical (PCA) 0.136285 NaN



Dataset Summary

Exercise_Time_Min Healthy_Meals_Per_Day Sleep_Hours_Per_Night \

count	200.000000	200.000000	200.000000	
mean	29.592290	2.875000	6.933582	
std	9.310039	1.815449	1.422471	
min	3.802549	0.000000	1.778787	
25%	22.948723	2.000000	5.967243	

50%	29.958081	3.000000	6.972331
75%	35.008525	4.000000	7.886509
max	57.201692	9.000000	10.708419

Stress_Level BMI KMeans_Cluster Hierarchical_Cluster \ count 200.000000 200.000000 200.000000 200.000000 4.995000 25.150008 1.150000 0.745000 mean std 2.605556 5.070778 0.755216 0.801992 min 1.000000 12.502971 0.000000 0.00000025% 3.000000 21.458196 1.000000 0.000000 50% 5.000000 25.155662 1.000000 1.000000 75% 7.000000 28.011155 2.000000 1.000000 9.000000 37.898547 2.000000 2.000000 max

KMeans_PCA_Cluster Hierarchical_PCA_Cluster

count	200.000000	200.000000
mean	1.150000	0.745000
std	0.755216	0.801992
min	0.000000	0.000000
25%	1.000000	0.000000
50%	1.000000	1.000000
75%	2.000000	1.000000
max	2.000000	2.000000

