

RED PROFILE SUPPORT DOCUMENT

(For those who turn challenges into victories)

1. YOUR CORE ENERGY

Red is the fire that transforms obstacles into opportunities. Your essence: decisive action and the will to conquer.

Key quote: "Audacity is the mother of all successes" - Sophocles

2. WHAT TRULY DRIVES YOU

Your daily fuel:

- Dominating complex challenges
- Succeeding where others fail
- Gaining tangible recognition for your performance
 - Do you recognize yourself?: "If it's difficult, it's interesting. If it's impossible, it's a priority."

3. YOUR SUPERPOWERS... AND YOUR CHALLENGES

Distinctive strengths:

- Lightning-fast decision making
- Natural leadership
- Exceptional resilience

Tendencies to modulate:

- Chronic impatience
- Tendency to control
- Perception of aggressiveness

Concrete examples:

Professions where you excel: Entrepreneur, surgeon, trader, fighter pilot

Winning scenarios: Startup launch, crisis management, tense negotiations

4. YOUR IDEAL ECOSYSTEM

Optimal environment:

- Fast-paced and competitive rhythm
- Decision-making autonomy
- Clear performance indicators

Liberating management:

- Setting ambitious goals
- Public recognition of successes
- No micro-management

5. YOUR NON-NEGOTIABLE NEEDS

Key recognitions:

- Freedom of action ("Let me do it")
- Respect for your field expertise
- Concrete feedback on results

Phrases that propel you:

- "This critical project needs YOUR way of doing things."
- "Your latest success changed the game."

6. USER MANUAL FOR YOUR MANAGER

Winning actions:

- 1. Assign "impossible" missions with tight deadlines**

2. Organize recognition rituals (e.g., "Problem Solver Trophy")

3. Allow creative bypassing of processes

Absolute pitfalls:

- Blocking your initiatives with bureaucracy
- Criticizing your methods in front of a team
- Denying your need for control over results

Pitfalls to avoid (by yourself):

Risk: Overwhelming colleagues

→ Solution: Practice active listening for 5 minutes before intervening

Risk: Burn-out from over-commitment

→ Solution: Schedule 1 forced break every 2 hours (mandatory timer)

Risk: Neglecting human aspects

→ Solution: Pair with a "Green" profile on projects

7. MIRROR TESTIMONIAL

- "My life is driven by the determination to achieve my goals. What motivates me? Turning the impossible into the obvious. My behavior is direct and pragmatic: every minute lost is a missed opportunity. My ideal environment? Structured for action, with tools that let me move at 200 km/h. The phrases that recharge me? 'You are the right person for this fight' or 'Your results speak for themselves.'"

8. TO GO FURTHER

Book: Extreme Ownership (Jocko Willink) - Leadership strategies in extreme contexts

Video: Mastering Your Red Energy (Know-Futures®) - Managing impatience without losing efficiency

Tool: Eisenhower Matrix - Prioritize your battles without getting scattered