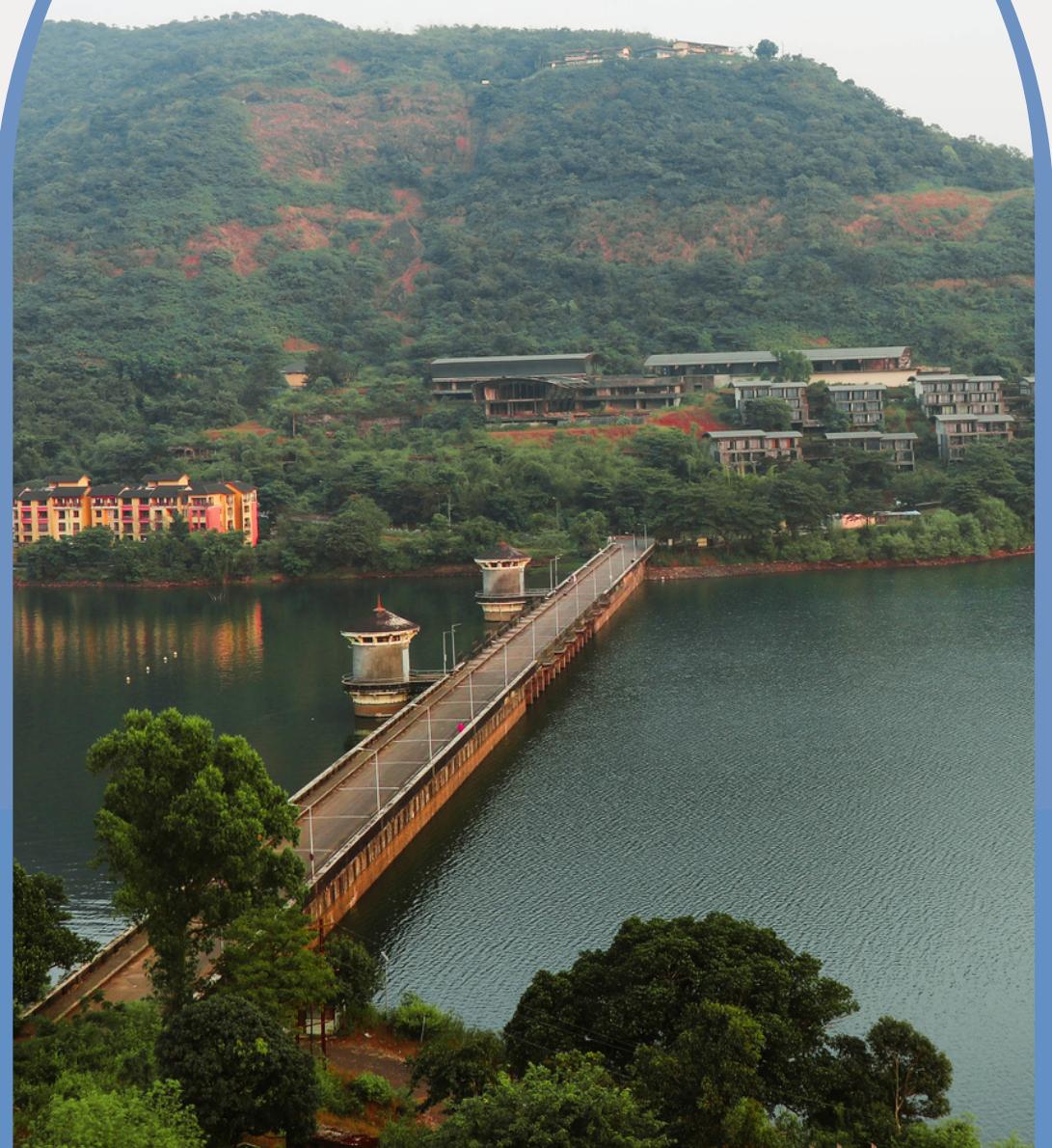


# kSitiJa

H.O.R.I.Z.O.N

**Harnessing Our Resources, Inspiring Zeal, Opening New Doors**



Immerse yourself in an exclusive **Executive Wellness Retreat** meticulously curated amidst the breathtaking embrace of nature's bounty, nestled within lush green valleys and mountain vistas. Get ready to unlock the future!



HORIZON develops a collective partnership with fellow participants and expert facilitators to co-create growth-oriented story-points.

This immersive program has been devised in active consultation with industry stalwarts and is designed to provoke credible conversations and transform theory into creative action.

#### What You Can Expect From This Program

Examine your current leadership influence in actualising change

Explore and leverage the psychological mechanics of leading agile teams

Practise the yoga of 'Futures Thinking' through reflexive action

Reimagining empathetic sustainability for profitable enterprise

#### Methodology & Structure

Discussions facilitated by Industry Stalwarts & Subject Specialists

Contemplative and reflexive exercises in concept clarification and development

Participatory Action Learning

Learning by engaging directly with nature

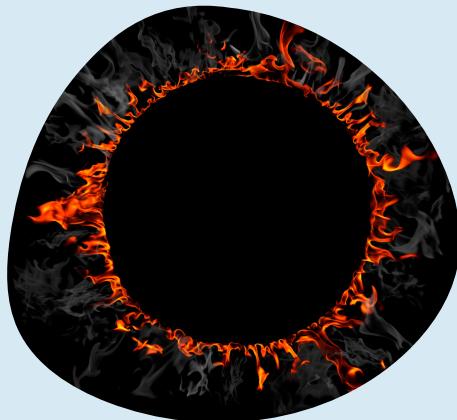
Co-discovery and creation of a tool-kit for enterprise application



## Program Inspirational Themes

### Vayu

Drawing on the concept of 'breath', this introductory module explores the creation of a deeper appreciation for our 'feeling' and 'listening' approaches to our inner and outer realities. It introduces us to the practise of unlearning. We also examine how to disambiguate personal narratives and reestablish purposeful alignment.



### Agni

'Fire', the energising principle, provides us with a starting point to examine the practise of Agility and the mindset which enables this creative principle to come alive. We mindfully reexamine our neural pathways which empowers us to apply a design oriented approach to the Art of Agility in enterprise and social transformation.

### Bhoomi

We use the 'mother' principle to examine the concept of time and how we emerge from our history to the present and fertilise the architecture of our future. Moving away from a reactive and predictable scenario we learn what it means to reimagine and co-create excellence through service.



A leadership journey is never complete. Setting periodic reflection and affirmation points in one's personal journey is a healthy way to review and nourish personal and professional advancement.

**CHRIST Experiential Learning Centre, Lavasa**

Explore, Experience, Learn

## About CHRIST Experiential Learning Centre, Lavasa Campus

### The Campus

The Lavasa campus is nestled within the Sahyadri mountains. In its quiet seclusion, the campus offers an ideal environment in the midst of a most pristine natural setting. CHRIST, Lavasa promotes a culture that embodies the philosophy of 'excellence and service' with state-of-the-art infrastructure, quality faculty and a platform where learners can spread their wings and discover their true potential. Modelled after Italy's Portofino, Lavasa is unique in many ways. The promenade and the various eateries and outlets it has to offer provide the students with a chance to indulge in a distinct experience that is far removed from the crowd and buzz of city life.



### CHRIST Experiential Centre, Lavasa

It is the contemplative nature of being immersed in "Doing" which sometimes leads to great insights. It is said that Art is the biggest Hope and Art is Experiential. Anything related to experiential or expressive arts is therapeutic and it contributes to building resilience too.

At CHRIST (Deemed To Be University), Lavasa, Pune, where we always strive for excellence in a holistic manner, having a Centre whose prime objective is to provide an environment to experience and learn through a platform for self-expression only adds more value.

The Centre since it's inception in November 2022, has organized learning programs through workshops, trainings and expert talks.

## Program Itinerary

### February 02 - February 04, 2024

#### Day 1 : Friday, February 02, 2024

##### Welcome briefing on the Program

05.00 pm - 06.00 pm

##### Bonfire Bonding - Unfolding the Visionary Voyage

07.30 pm - 08.30 pm

**Dr Jibrael Jos**

Assoc. Professor - Data Science & Head - HR Development Cell

**Dinner** : 08.30 pm - 09.30 pm

#### Day 2 : Saturday, February 03, 2024

**Breakfast** : 06.30 am - 08.45 am

##### The Journey Begins

09.00 am - 09.15 am

**Organising Team**

##### Inaugural Address

09.15 am - 09.30 am

**Dr (Fr) Lijo Thomas**

Dean & Campus Director

##### Leading the Future

09.30 am - 11.30 am

**Address by Chief Guest - Mr R Gopalakrishnan**

##### Leadership Design for Enterprise Agility

11.45 am - 01.00 pm

**Dr Anil D'Souza**

Assoc. Professor - School of Business & Management

**Lunch** : 01.00 pm - 02.00 pm

##### Leading through Positive Psychology

02.00 pm - 04.00 pm

**Mr Aman Zaidi**

Founder - Fortius; Partner - OD Alternatives, Co-founder - Wake Up Speak Up

## Program Itinerary

### February 02 - February 04, 2024



#### Day 2 (contd.) : Saturday, February 03, 2024

**Networking & Personal Time** : 04.00 pm - 06.30 pm

**The Survivor's Fireless Cook-Out**  
06.30 pm - 07.30 pm

**Ms Anamika V**  
Head - CHRIST Consulting & Business  
Psychologist

#### Day 3 : Sunday, February 04, 2024

**Morning Trail Trek / Meditation**  
06.00 am - 07.30 am

**Dr Maaz Khan**  
Asst. Professor - School of Business &  
Management & Adventure Enthusiast

**Creativity at the Workplace**  
09.25 am - 11.30 am

**Mr Sam Rufus**  
Founder Director - EPIC  
Seasoned Adman (J. Walter Thompson, Saatchi)

**Human-Centered Value Creation through Art  
Therapy**  
11.45 am - 01.15 pm

**Ms Arpita Ghosh**  
Head - Counselling & Health Services & Head -  
Experiential Learning, CHRIST, Lavasa

**Closing Ceremony and wrap-up**  
01.15 pm - 01.30 pm

**Lunch and adieu**

## Key Speaker Profiles

**Dr (Fr) Lijo Thomas**, Director and Dean at Christ University, Pune, Lavasa, is a distinguished teaching and research faculty member. He is a teaching and research faculty member in the College of Education at Louisiana Tech University, USA and the School of Social Sciences at Christ University, India. He founded the neurodiversity lab at the central campus, Bangalore, enhancing inclusive education. He is the Founder/Director of DREAMS: A community-university collaborative service-learning project established in the USA, Germany and India.



**Mr R Gopalakrishnan** has served as Chairman of Unilever Arabia, as MD of Brooke Bond Lipton and Vice Chairman of Hindustan Lever, as director of Tata Sons and several Tata companies and also as an independent director of Press Trust of India (PTI). An author of 17 books, he serves as non – executive chairman of Castrol India. An alumni of IIT Kharagpur, he has attended the Advanced Management Program at Harvard Business School. He has been a professional manager since 1967. He is actively engaged in both instructional and inspirational speaking.

**Mr Sam Rufus**, a seasoned leadership and creativity coach, has 3 decades of experience in Advertising. His case study on 'Repositioning of Milk Maid' finds pride of place in 'Brands & Brand Repositioning'. A visiting faculty at IIM, C and IMI, Delhi, Sam developed his program 'Growing from Good to Great' which won the 2023 Top Award for Training awarded by the Ministry of Labour, Govt. of Saudi Arabia. Sam travels widely 'Enriching People In Creativity' in fulfilling the acronym EPIC, a leadership training initiative which he founded.

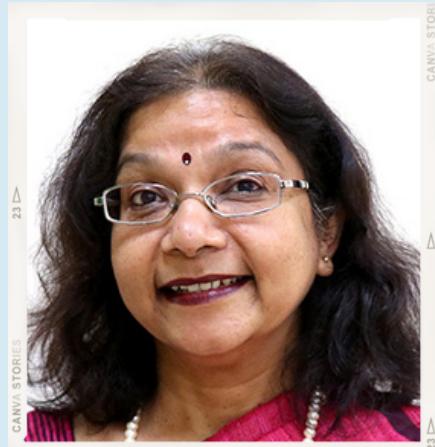


## Key Speaker Profiles



**Mr Aman Zaidi** specialises in the fields of leadership and organisation development, coaching, executive presence, diversity and inclusion, business storytelling and applied positive psychology. Early in his career he headed BPO operations units, where he developed an excellent track record in increasing employee engagement, reducing attrition, improving performance and growing the business. His other interests lie in wellbeing, food, history and archaeology. He regularly writes articles on LinkedIn and has spoken at TEDx.

**Ms Arpita Ghosh** ‘Empowering Individuals, Touching Lives’. She brings over 20 plus years of experience, is a Creative Facilitator using the Expressive Arts in her learning modules. A multi-faceted personality, she is a published author, TEDx speaker and holds a coveted place among 100 most inspiring women in India. She heads the Centre for Counselling & Health Service and is a founder member for the Centre of Experiential Learning at CHRIST, Lavasa Campus.



**Dr Jibrael Jos** is an Academician, Stage Actor, Writer and Playbacker. He has over 25 years of experience in academia and industry (Project Manager with MindTree and CMC Limited). During his IT tenure he has worked abroad for 6 years in UK and US. Dr Jos has a Bachelor's degree from St Stephen's and a Master's from Birkbeck College, London University, UK. He is a PMP (PMI) certified Project Manager and a PhD in Artificial Intelligence and Computer Vision. He has completed more than 300 workshops for corporates, colleges and schools on Leadership and Motivation.

## Key Speaker Profiles

**Ms Anamika Viswanathan**, a dynamic leader with over 25 years of experience in Business Psychology and Advertising, heads CHRIST Consulting. She initially worked in creative roles at top advertising agencies and later earned her Business Psychologist qualification from the University of Westminster, London. With 16 years of experience in the UK, in business and cross-cultural communication, she coaches executives to enhance personal branding, communication skills, and leadership impact.



**Dr Anil D'Souza**, 3 decades of Industry practise in BFSI, Consulting and Education. Areas of engagement include leadership coaching, developing 'enterprise purpose & culture maps', culture diagnostics, branding and designing performance management solutions. Dr. D'Souza holds accreditations in counselling and clinical therapy, leadership coaching, Transactional Analysis, MBTI, Assessment and Development Centres, Design Thinking, Creativity (De Bono), Theatre & Dramaturgy in Education.



## REGISTRATION

**Rs 25,999 + GST** per delegate

(Includes passes to all sessions, full board accommodation including all meals and refreshments)

**Early Bird Offer -**

**Rs 22,999 + GST.**

Book before **10th December, 2023.**

For more details:

<https://executiveretreatlavasa.christuniversity.in/>

Click to register:

<https://executiveretreatlavasa.christuniversity.in/#Registration>

## POWERED BY CHRIST CONSULTING

CHRIST Consulting is a part of CHRIST (Deemed to be University) and is a results-driven business consultancy center. We design and deliver exceptional solutions to achieve organizational objectives. We are a group of subject matter experts who pool in resources from our respective domains to help in problem-solving and successful goal achievement.

## GET IN TOUCH

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