



**CHRIST**  
(DEEMED TO BE UNIVERSITY)  
NODAL OFFICE, TRIVANDRUM

# 2025

## LET US DREAM ANNUAL COMMUNITY CONFERENCE THIRUVANANTHAPURAM



&

### THEME

#### EMPOWERING LOCAL VOICES: HEALING MINDS AND CO-CREATING RESILIENT FUTURE

📍 **Nodal Office, CHRIST (Deemed to be University)**

Vazhuthacaud, Trivandrum, Kerala, India

➤ **SAT, 29TH NOVEMBER 2025** | **08:30 AM ONWARDS** ➤

**SCAN TO**



**REGISTER**

# Trivandrum Roadmap

**2020**

Nodal Office,  
CHRIST(Deemed  
to be University),  
Vazhuthacaud



**1**

**2**

**2021**

Loyola College of  
Social Sciences  
Sreekariyam



**3**

**2022**

All Saints College  
Trivandrum



**4**

**2024**

Christ Nagar  
College,  
Maranalloor



# LET US DREAM

ANNUAL COMMUNITY  
CONFERENCE-2025

Let Us Dream conference was established to create better networking and collaboration among volunteers, potential volunteers, philanthropists, and community organizations thus empowering them in diverse community improvement programs.

The conference introduces different community service possibilities and intervention models among different generations to promote volunteerism.

The conference also provides opportunities for researchers and practitioners to share their knowledge and experience for the purpose of synergizing, community improvement efforts.

## OBJECTIVES

To offer the participants an opportunity to bridge the knowledge gap through the interaction of researchers and practitioners worldwide.

To make recommendations towards achieving greater global peace and harmony worldwide.

To provide an opportunity to share, learn, and support more community intervention research, theories, and models.

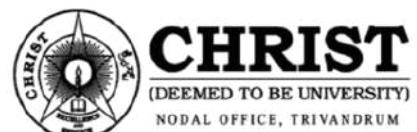
To provide a forum for sharing experiences including the successes and challenges in community organizations and efforts.

To invite individuals with bigger hearts and deeper thoughts for their society to be a support system for the community empowerment initiatives.

[WWW.LETUSDREAM.ORG](http://WWW.LETUSDREAM.ORG)



# HOST -2025



## Nodal Office, Thiruvananthapuram

The **Nodal Office, CHRIST (Deemed to be University)** at Thiruvananthapuram, Kerala is established with the objective of reaching out to academic community and society through Research and Community Oriented activities. Situated in the beautiful ambience of Thiruvananthapuram, the capital city of Kerala, the Nodal Office is under the administration of CHRIST (Deemed to be University), Bangalore.

The Nodal Office is mandated to achieve its objective by undertaking activities that would make a change in academic, social, economic, cultural and environmental fields. These are achieved by organizing conferences, community awareness programmes, seminars, workshops. The Nodal Office further offers Training and Development programmes in building academic and leadership competencies to individuals, organisations and communities.



**SCAN FOR THE LOCATION**



**📍 Nodal Office, CHRIST (Deemed to be University)**

*Vazhuthacaud, Trivandrum, Kerala, India*

# AGENDA



**CHRIST**  
(DEEMED TO BE UNIVERSITY)  
NODAL OFFICE, TRIVANDRUM

08:30 AM -  
09:00 AM

**REGISTRATION**

9:00 AM -  
9:30 AM

**OPENING + KEYNOTE ADDRESS**

Inaugural ritual, welcome speeches, Keynote  
on the conference theme

09:30 AM -  
10:00 AM

**SESSION 1: HEALING MINDS,  
BUILDING RESILIENCE - HEALTH**

Two changemakers share 10-min stories each,  
followed by Q&A

10.00 AM -  
11.00 AM

**PANEL DISCUSSION : HEALTHY  
COMMUNITIES, HEALING MINDS**

Panel Discussion

11.00 AM -  
11.20 AM

**NETWORKING TEA + NGO STALLS**

Informal Networking, Stall Visit & Resource Sharing

11.20 AM -  
11.50 AM

**SESSION 2 : EMPOWERING YOUTH,  
COMMUNITY-LED INITIATIVES -  
EDUCATION**

Two changemakers share 10-min stories each,  
followed by Q&A

11.50 AM -  
1.00 PM

**FIRESIDE CHAT: "EMPOWERING  
THROUGH EDUCATION: LOCAL  
VOICES, RESILIENT COMMUNITIES"**

Engage with changemakers, explore challenges, share  
ideas, and discover practical community learning solutions.

# AGENDA



**CHRIST**  
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NODAL OFFICE, TRIVANDRUM

1.00 PM -  
2.00 PM

**LUNCH + NETWORKING AT  
STALLS**

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2.00 PM -  
2.20 PM

**WEBS WE WEAVE : ENERGIZER**

Fun, light energy before afternoon sessions.

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2.20 PM -  
2.50 PM

**SESSION 3 : RESILIENCE THROUGH  
INNOVATION AND ACTION - SOCIAL**

Two changemakers share 10-min stories each,  
followed by Q&A

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2.50 PM -  
3.50 PM

**COMMUNITY STORY CIRCLE**

Social (Group Activity)

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3.50 PM -  
4.10 PM

**CLOSING KEYNOTE ADDRESS AND  
VOTE OF THANKS**

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04.10 PM -  
04.30 PM

**NETWORKING TEA + NGO STALLS**

Informal Networking, Stall Visit & Resource Sharing



Empowering Communities



## INAUGURAL SESSION



### Welcome Address

09:00 AM - 09:05 AM

**SRIJA SANTHOSH**

Consultant -  
ClimateTech/Cleantech

### Opening Keynote Address

09:10 AM - 09:25 AM

**K. M. CHANDRASEKHAR**

Former Cabinet Secretary of  
India



### Conference Overview

09:05 AM - 09:10 AM

**Roseline Florence Gomes**

Program Head, DREAMS  
Intervention Program (DIP)



### Vote of Thanks

09:25 AM - 09:30 AM

**AKHILA GOWRI SHANKAR**

President, PMI Kerala Chapter

Saturday

**29 November  
2025**

08:30 AM *to*  
04:30 PM

**📍 Nodal Office, CHRIST (Deemed to be University)**

*Vazhuthacaud, Trivandrum, Kerala , India*



Empowering Communities



**CHRIST**  
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## HEALTH PANEL

### Healing Minds, Building Resilience *on* Voices of Change



#### Changemaker Session

09:30 AM - 09:40 AM

**SULEKHA A K**

Founder, Thumbi by Ruwi



#### Changemaker Session

09:45 AM - 09:55 AM

**ROBIN TOMY**

Social Innovator and Entrepreneur

#### Panelists



**ALU KRISHNA**

Founder, Femella Foundation

TIME : 10:00 AM - 11:00 AM

**Theme - Healthy Communities,  
Healing Minds**

Moderator : Alu Krishna



**SANTHA JOSE**

Founder Asraya (NGO)



**SUDHA GANESH**

Music Therapist



**DR. PAUL AUGUSTINE**

Snehita NGO

Saturday

**29 November  
2025**

08:30 AM *to*  
04:30 PM

**11:00AM - 11:20 AM - Tea Break**



Empowering Communities



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## EDUCATION PANEL

### *on* **Empowering Through Education: Local Voices, Resilient Communities**



#### Changemaker Session

11:20 AM - 11:30 AM

**HIZAN RAHMAN**

DUK Student



#### Changemaker session

11:35 AM - 11:45 AM

**ARDHRA BENNY**

Data Analyst at Infosys



Saturday

**29 November  
2025**

08:30 AM *to*  
04:30 PM

1:00 PM - 2:00 PM - Lunch



Empowering Communities



**CHRIST**

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NODAL OFFICE, TRIVANDRUM

**ENERGIZER**



# **WEBS WE WEAVE**

02:00 PM - 02:20 PM

**ANNA KOSHY**

Sr Manager - Delivery Services

## **SOCIAL PANEL**

*on*

### **Resilience through Innovation and action - Voices of Change**



**Changemaker Session**

02:20 PM - 02:30 PM

**ASHLA RANI**

Trustee, Pallium India



**Changemaker session**

02:35 PM - 02:45 PM

**INDIRA BALLAL**

Works independently  
for street dogs

**Saturday**

**29 November  
2025**

**08:30 AM *to*  
04:30 PM**



Empowering Communities



## GROUP ACTIVITY



# COMMUNITY STORY CIRCLE

02:50 PM - 03:50 PM

**GOUTHAM RAVINDRAN**

Co- Founder, Volunteer For India

## CLOSING SESSION



### Closing Keynote Address

03:50 PM - 04:05 PM

**C P JOHN**

Indian Politician



### Vote of Thanks

04:05 PM - 04:10 PM

**PARVATHY**

Student, GWC

Saturday

**29 November  
2025**

08:30 AM  
04:30 PM  
*to*

**📍 Nodal Office, CHRIST (Deemed to be University)**

*Vazhuthacaud, Trivandrum, Kerala, India*

04:10 PM - 04:30 PM - Tea

# CONFERENCE CHAIRS & YOUTH LEADS

## LET US DREAM ANNUAL COMMUNITY CONFERENCE 2025



**SRIJA SANTHOSH**   **THOMAS LAWRENCE**

LUD CHAIR



INSTITUTION CHAIR



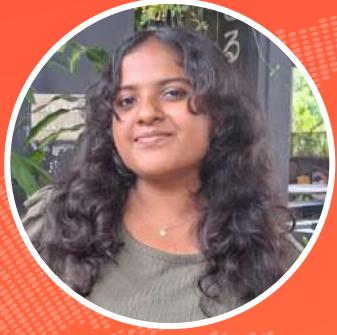
**PRABIN**

NGO CHAIR



**PARVATHY**

STUDENT CHAIR



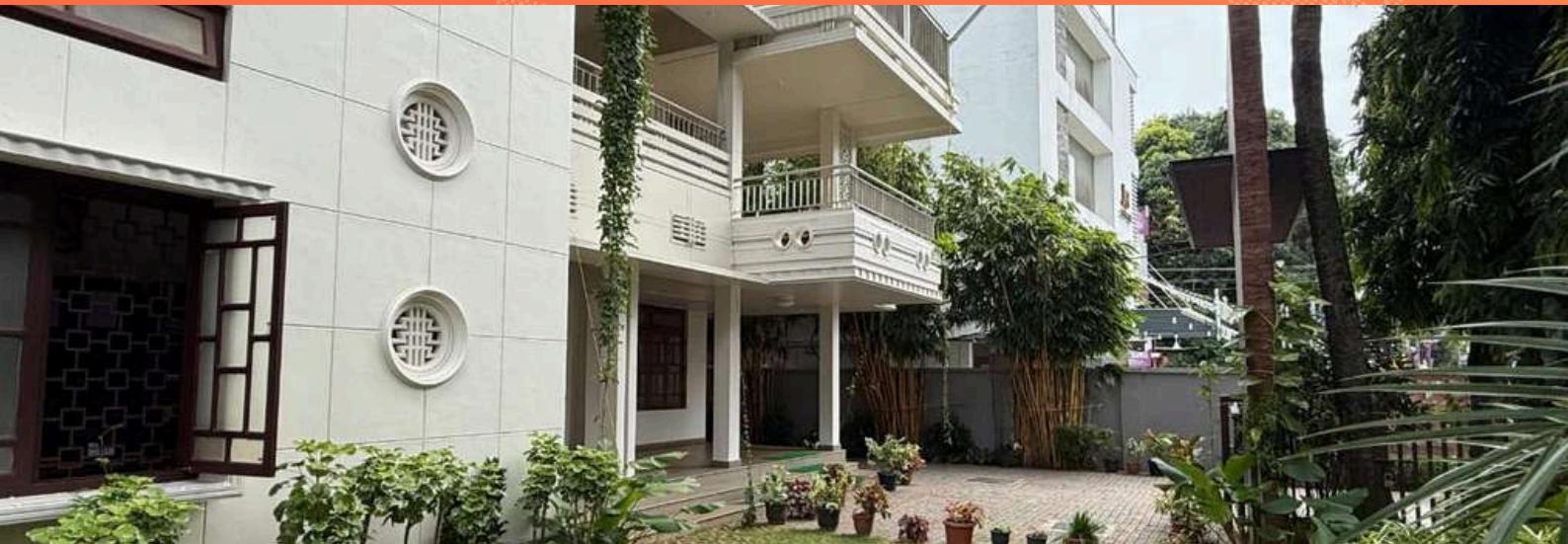
**PARVATI S**  
YOUTH LEAD



**KRISHNASREE**  
YOUTH LEAD



**ADITHYAN S**  
YOUTH LEAD





# CONFERENCE CORE COMMITTEE



**FR. LIJO THOMAS**  
FOUNDER & DIRECTOR  
LET US DREAM



**AKHILA GOWRI SHANKAR**  
PRESIDENT, PMI KERALA  
CHAPTER



**FOUSIYA C K**  
PROJECT ASSOCIATE,  
DIGITAL UNIVERSITY KERALA



**PRAKASH MATTHEW**  
AVP, PMI KERALA CHAPTER



**BINCY BABY**  
FOUNDER, ITZSERENE



**JIMMY MANUEL**  
REGIONAL COUNCIL SECRETARY  
HEMOPHILIA FEDERATION OF INDIA



**GODWIN V P**  
PROGRAMME COORDINATOR  
NODAL OFFICE, CHRIST (DEEMED  
TO BE UNIVERSITY)



**GOKUL KRISHNA A**  
COMMUNITY OUTREACH COORDINATOR  
NODAL OFFICE, CHRIST (DEEMED TO BE  
UNIVERSITY)



# CONFERENCE SUBCOMMITTEE MEMBERS



PARVATHY



ABHISHEK JOHN PHILIP



ALEENA S SANAL



HIZAN RAHMAN



M.AISHWARYA



ATHULYA JOHN S



MANJARI KRISHNAN



KEERTHANA NISHAJ N



SONA RAJU



DEVAPRIYA V S



ANAMIKA A



ASHNA JABIN N K



MEERNA THOMAS



FATIMA SHIAS



SANDRA S DCRUZ



KAMALA S ANAND



RASHA K K



ASNA A S



NANCY BIJU



M RADHIKA

# CONFERENCE SUBCOMMITTEE MEMBERS



VIMAL MUDALAGI



DIVYA P S



SIVANI S



HEAVEN JOSE



ANJANA V S



ANANTHU S



SIVANI L SEKHAR



MAIDHILI D L



SIVAHARI R S



AMAL MADHU



DARSAN K



ADITHYA K NAIR



ANUPRIYA K



ATHIRA A A



AKSHAY PRABHAKARAN



PRETTY SANTI JOSE



NIHAL N



AKHILA A



AKHIL A J



MEERA G

# OUR PARTNERS



Project  
Management  
Institute.  
Kerala



Govt. College for Women  
Thiruvananthapuram



NSS Unit 04A & B



NADI  
FOUNDATION



Nourishing Minds,  
Pouring Happiness.



CHRIST NAGAR COLLEGE  
MARANALLOOR, TRIVANDRUM

A CMI Educational Institution | Affiliated to the University of Kerala





# LET US DREAM ANNUAL COMMUNITY CONFERENCE: GLOBAL LOCATIONS - 2025

## UNIVERSITY OF LOUISIANA MONROE

BAYOU POINTE EVENT CENTRE, UNIVERSITY  
OF LOUISIANA MONROE



30 OCTOBER 2025 | 08.00 AM - 12.00 PM

BUILDING SUSTAINABLE COMMUNITIES  
THROUGH COLLABORATIVE APPROACHES TO  
FOOD SECURITY & NUTRITION

## BINGHAMTON UNIVERSITY, NEW YORK

DOWNTOWN CENTER



07 NOVEMBER 2025 | 09.00 AM - 03.00 PM

COLLABORATIVE IMPACT: THE POWER OF  
SHARED MODELS TO BUILD A STRONGER  
FUTURE

## PRESIDENCY COLLEGE, BENGALURU

KEMPAPURA MAIN RD, HEBBAL KEMPAPURA,  
BENGALURU, KARNATAKA 560024



08 NOVEMBER 2025 | 09.00 AM - 04.30 PM IST

DIGITAL WINGS FOR RURAL DREAM:  
RESILIENT, INCLUSIVE AND TECH-LED RURAL  
COMMUNITIES.

## BVRIT COLLEGE, NIZAMPET CAMPUS, HYDERABAD

NIZAMPET RD, OPPOSITE RAJIV GANDHI  
NAGAR COLONY, HYDERABAD, TELANGANA



15 NOVEMBER 2025 | 09.00 AM - 05.00 PM IST

CHARTING A SUSTAINABLE FUTURE



# LET US DREAM ANNUAL COMMUNITY CONFERENCE: GLOBAL LOCATIONS - 2025

## STELLA MARIS COLLEGE, CHENNAI

CATHEDRAL RD, POES GARDEN,  
GOPALAPURAM, CHENNAI, TAMIL NADU



22 NOVEMBER 2025 | 09.30 AM - 04.00 PM IST

RESILIENT FUTURES, CHENNAI 2025

## HANSRAJ COLLEGE, UNIVERSITY OF DELHI

MAHATMA HANS RAJ MARG, MALKA GANJ,  
NORTH CAMPUS, UNIVERSITY OF DELHI



15 NOVEMBER 2025 | 09.30 AM - 05.00 PM IST

REBUILDING INDIA'S CAPITAL TOGETHER

## REGISTER NOW



Saturday

29 November  
2025

08:30 AM <sup>to</sup>  
04:30 PM

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