



CHRIST
(DEEMED TO BE UNIVERSITY)
NODAL OFFICE, TRIVANDRUM

2025

LET US DREAM ANNUAL COMMUNITY CONFERENCE THIRUVANANTHAPURAM



&

THEME

EMPOWERING LOCAL VOICES: HEALING MINDS AND CO-CREATING RESILIENT FUTURE

📍 Nodal Office, CHRIST (Deemed to be University)

Vazhuthacaud, Trivandrum, Kerala, India

➤ SAT, 29TH NOVEMBER 2025 | 08:30 AM ONWARDS

SCAN TO



REGISTER

Trivandrum Roadmap

2020

Nodal Office,
CHRIST(Deemed
to be University),
Vazhuthacaud



1

2

2021

Loyola College of
Social Sciences
Sreekariyam



3

2022

All Saints College
Trivandrum



4

2024

Christ Nagar
College,
Maranalloor



LET US DREAM

ANNUAL COMMUNITY
CONFERENCE-2025

Let Us Dream conference was established to create better networking and collaboration among volunteers, potential volunteers, philanthropists, and community organizations thus empowering them in diverse community improvement programs.

The conference introduces different community service possibilities and intervention models among different generations to promote volunteerism.

The conference also provides opportunities for researchers and practitioners to share their knowledge and experience for the purpose of synergizing, community improvement efforts.

OBJECTIVES

To offer the participants an opportunity to bridge the knowledge gap through the interaction of researchers and practitioners worldwide.

To make recommendations towards achieving greater global peace and harmony worldwide.

To provide an opportunity to share, learn, and support more community intervention research, theories, and models.

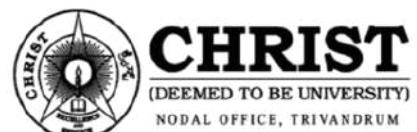
To provide a forum for sharing experiences including the successes and challenges in community organizations and efforts.

To invite individuals with bigger hearts and deeper thoughts for their society to be a support system for the community empowerment initiatives.

WWW.LETUSDREAM.ORG



HOST -2025



Nodal Office, Thiruvananthapuram

The **Nodal Office, CHRIST (Deemed to be University)** at Thiruvananthapuram, Kerala is established with the objective of reaching out to academic community and society through Research and Community Oriented activities. Situated in the beautiful ambience of Thiruvananthapuram, the capital city of Kerala, the Nodal Office is under the administration of CHRIST (Deemed to be University), Bangalore.

The Nodal Office is mandated to achieve its objective by undertaking activities that would make a change in academic, social, economic, cultural and environmental fields. These are achieved by organizing conferences, community awareness programmes, seminars, workshops. The Nodal Office further offers Training and Development programmes in building academic and leadership competencies to individuals, organisations and communities.



SCAN FOR THE LOCATION

[📍 Nodal Office, CHRIST \(Deemed to be University\)](#)

Vazhuthacaud, Trivandrum, Kerala, India

AGENDA



CHRIST
(DEEMED TO BE UNIVERSITY)
NODAL OFFICE, TRIVANDRUM

08:30 AM -
09:00 AM

REGISTRATION

9:00 AM -
9:30 AM

OPENING + KEYNOTE ADDRESS

Inaugural ritual, welcome speeches, Keynote
on the conference theme

09:30 AM -
10:00 AM

**SESSION 1: HEALING MINDS,
BUILDING RESILIENCE - HEALTH**

Two changemakers share 10-min stories each,
followed by Q&A

10.00 AM -
11.00 AM

**PANEL DISCUSSION : HEALTHY
COMMUNITIES, HEALING MINDS**

Panel Discussion

11.00 AM -
11.20 AM

NETWORKING TEA + NGO STALLS

Informal Networking, Stall Visit & Resource Sharing

11.20 AM -
11.50 AM

**SESSION 2 : EMPOWERING YOUTH,
COMMUNITY-LED INITIATIVES -
EDUCATION**

Two changemakers share 10-min stories each,
followed by Q&A

11.50 AM -
1.00 PM

**FIRESIDE CHAT: "EMPOWERING
THROUGH EDUCATION: LOCAL
VOICES, RESILIENT COMMUNITIES"**

Engage with changemakers, explore challenges, share
ideas, and discover practical community learning solutions.

AGENDA



CHRIST
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NODAL OFFICE, TRIVANDRUM

1.00 PM -
2.00 PM

**LUNCH + NETWORKING AT
STALLS**

2.00 PM -
2.20 PM

WEBS WE WEAVE : ENERGIZER

Fun, light energy before afternoon sessions.

2.20 PM -
2.50 PM

**SESSION 3 : RESILIENCE THROUGH
INNOVATION AND ACTION - SOCIAL**

Two changemakers share 10-min stories each,
followed by Q&A

2.50 PM -
3.50 PM

COMMUNITY STORY CIRCLE

Social (Group Activity)

3.50 PM -
4.10 PM

**CLOSING KEYNOTE ADDRESS AND
VOTE OF THANKS**

04.10 PM -
04.30 PM

NETWORKING TEA + NGO STALLS

Informal Networking, Stall Visit & Resource Sharing



Empowering Communities



INAUGURAL SESSION



Welcome Address

09:00 AM - 09:05 AM

SRIJA SANTHOSH

Consultant -
ClimateTech/Cleantech

Opening Keynote Address

09:10 AM - 09:25 AM

K. M. CHANDRASEKHAR

Former Cabinet Secretary of
India



Conference Overview

09:05 AM - 09:10 AM

Roseline Florence Gomes

Program Head, DREAMS
Intervention Program (DIP)



Vote of Thanks

09:25 AM - 09:30 AM

AKHILA GOWRI SHANKAR

President, PMI Kerala Chapter

Saturday

**29 November
2025**

08:30 AM *to*
04:30 PM

📍 Nodal Office, CHRIST (Deemed to be University)

Vazhuthacaud, Trivandrum, Kerala , India



Empowering Communities



CHRIST
(DEEMED TO BE UNIVERSITY)
NODAL OFFICE, TRIVANDRUM

HEALTH PANEL

Healing Minds, Building Resilience *on* Voices of Change



Changemaker Session

09:30 AM - 09:40 AM

SULEKHA A K

Founder, Thumbi by Ruwi



Changemaker Session

09:45 AM - 09:55 AM

ROBIN TOMMY

Social Innovator and Entrepreneur

Panelists



ALU KRISHNA

Founder, Femella Foundation

TIME : 10:00 AM - 11:00 AM

**Theme - Healthy Communities,
Healing Minds**

Moderator : Alu Krishna



SANTHA JOSE

Founder Asraya (NGO)



SUDHA GANESH

Music Therapist



DR. PAUL AUGUSTINE

Snehita NGO

Saturday

**29 November
2025**

08:30 AM *to*
04:30 PM

11:00AM - 11:20 AM - Tea Break

EDUCATION PANEL

on **Empowering Through Education: Local Voices, Resilient Communities**



Changemaker Session

11:20 AM - 11:30 AM

HIZAN RAHMAN

DUK Student



Changemaker session

11:35 AM - 11:45 AM

ARDHRA BENNY

Data Analyst at Infosys



Saturday

**29 November
2025**

08:30 AM *to*
04:30 PM

1:00 PM - 2:00 PM - Lunch



Empowering Communities



CHRIST

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NODAL OFFICE, TRIVANDRUM

ENERGIZER



WEBS WE WEAVE

02:00 PM - 02:20 PM

ANNA KOSHY

Sr Manager - Delivery Services

SOCIAL PANEL

on

Resilience through Innovation and action - Voices of Change



Changemaker Session

02:20 PM - 02:30 PM

ASHLA RANI

Trustee, Pallium India



Changemaker session

02:35 PM - 02:45 PM

INDIRA BALLAL

Works independently
for street dogs

Saturday

**29 November
2025**

**08:30 AM *to*
04:30 PM**



Empowering Communities



GROUP ACTIVITY



COMMUNITY STORY CIRCLE

02:50 PM - 03:50 PM

GAUTHAM RAVINDRAN

Co- Founder, Volunteer For India

CLOSING SESSION



Closing Keynote Address

03:50 PM - 04:05 PM

C P JOHN

Indian Politician



Vote of Thanks

04:05 PM - 04:10 PM

PARVATHY

Student, GWC

Saturday

**29 November
2025**

08:30 AM
04:30 PM
to

📍 Nodal Office, CHRIST (Deemed to be University)

Vazhuthacaud, Trivandrum, Kerala, India

04:10 PM - 04:30 PM - Tea

CONFERENCE CHAIRS & YOUTH LEADS

LET US DREAM ANNUAL COMMUNITY CONFERENCE 2025



SRIJA SANTHOSH **THOMAS LAWRENCE**

LUD CHAIR



INSTITUTION CHAIR



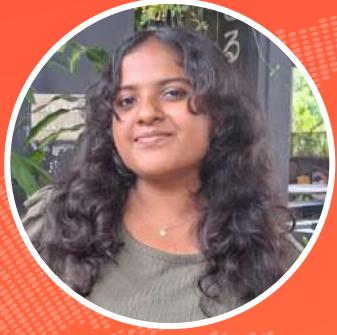
PRABIN

NGO CHAIR



PARVATHY

STUDENT CHAIR



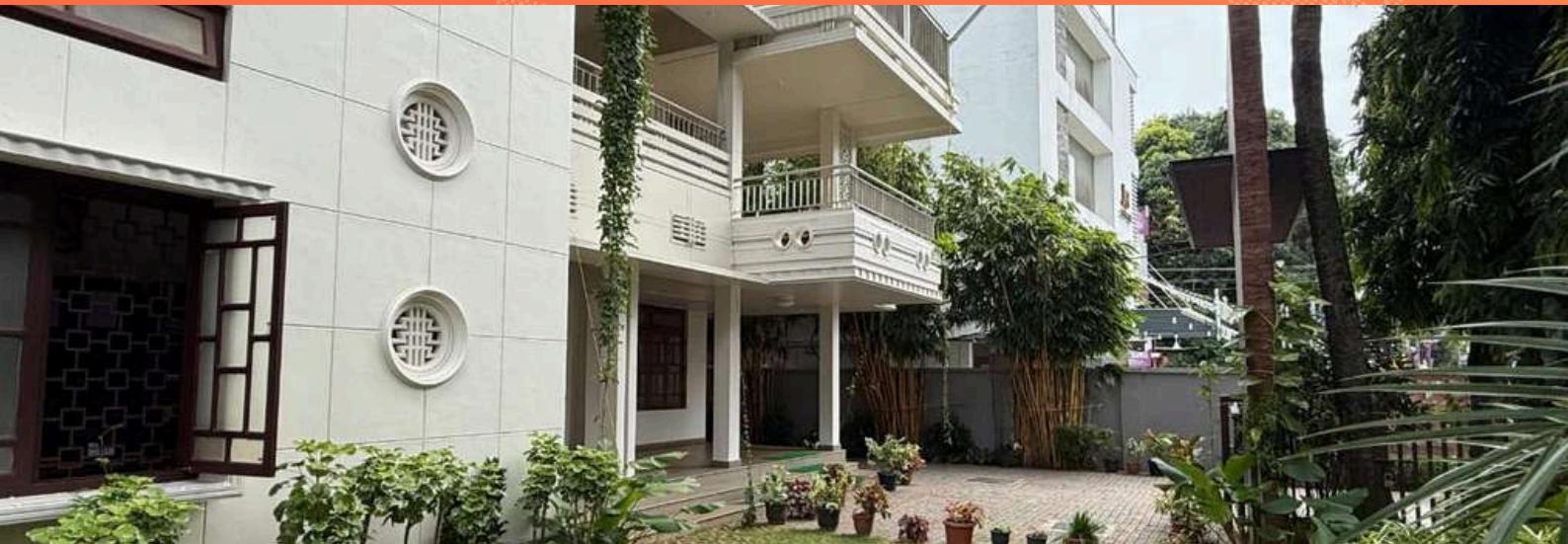
PARVATI S
YOUTH LEAD



KRISHNASREE
YOUTH LEAD



ADITHYAN S
YOUTH LEAD





CONFERENCE CORE COMMITTEE



FR. LIJO THOMAS
FOUNDER & DIRECTOR
LET US DREAM



AKHILA GOWRI SHANKAR
PRESIDENT, PMI KERALA
CHAPTER



FOUSIYA C K
PROJECT ASSOCIATE,
DIGITAL UNIVERSITY KERALA



PRAKASH MATTHEW
AVP, PMI KERALA CHAPTER



BINCY BABY
FOUNDER, ITZSERENE



JIMMY MANUEL
REGIONAL COUNCIL SECRETARY
HEMOPHILIA FEDERATION OF INDIA



GODWIN V P
PROGRAMME COORDINATOR
NODAL OFFICE, CHRIST (DEEMED
TO BE UNIVERSITY)



GOKUL KRISHNA A
COMMUNITY OUTREACH COORDINATOR
NODAL OFFICE, CHRIST (DEEMED TO BE
UNIVERSITY)



CONFERENCE SUBCOMMITTEE MEMBERS



PARVATHY



ABHISHEK JOHN PHILIP



ALEENA S SANAL



HIZAN RAHMAN



M. AISHWARYA



ATHULYA JOHN S



MANJARI KRISHNAN



KEERTHANA NISHAJ N



SONA RAJU



DEVAPRIYA V S



ANAMIKA A



ASHNA JABIN N K



MEERNA THOMAS



FATIMA SHIAS



SANDRA S DCRUZ



KAMALA S ANAND



RASHA K K



ASNA A S



NANCY BIJU



M RADHIKA

CONFERENCE SUBCOMMITTEE MEMBERS



VIMAL MUDALAGI



DIVYA P S



SIVANI S



HEAVEN JOSE



ANJANA V S



ANANTHU S



SIVANI L SEKHAR



MAIDHILI D L



SIVAHARI R S



AMAL MADHU



DARSAN K



ADITHYA K NAIR



ANUPRIYA K



ATHIRA A A



AKSHAY PRABHAKARAN



PRETTY SANTI JOSE



NIHAL N



AKHILA A



AKHIL A J



MEERA G



CONFERENCE SUBCOMMITTEE MEMBERS



ANAKHA ASOKAN.S



SREYA SINDHU KUMAR



NAVAMI ANIL



ANUPAMA A S



NOUFIYA NS



SOJA SAJEEV



TANVIKA P



ANJANA SAJEEV

OUR PARTNERS



Project
Management
Institute.
Kerala



Govt. College for Women
Thiruvananthapuram



NSS Unit 04A & B



NADI
FOUNDATION



Nourishing Minds,
Pouring Happiness.



CHRIST NAGAR COLLEGE
MARANALLOOR, TRIVANDRUM

A CMI Educational Institution | Affiliated to the University of Kerala





LET US DREAM ANNUAL COMMUNITY CONFERENCE: GLOBAL LOCATIONS - 2025

UNIVERSITY OF LOUISIANA MONROE

BAYOU POINTE EVENT CENTRE, UNIVERSITY
OF LOUISIANA MONROE



30 OCTOBER 2025 | 08.00 AM - 12.00 PM

BUILDING SUSTAINABLE COMMUNITIES
THROUGH COLLABORATIVE APPROACHES TO
FOOD SECURITY & NUTRITION

BINGHAMTON UNIVERSITY, NEW YORK

DOWNTOWN CENTER



07 NOVEMBER 2025 | 09.00 AM - 03.00 PM

COLLABORATIVE IMPACT: THE POWER OF
SHARED MODELS TO BUILD A STRONGER
FUTURE

PRESIDENCY COLLEGE, BENGALURU

KEMPAPURA MAIN RD, HEBBAL KEMPAPURA,
BENGALURU, KARNATAKA 560024



08 NOVEMBER 2025 | 09.00 AM - 04.30 PM IST

DIGITAL WINGS FOR RURAL DREAM:
RESILIENT, INCLUSIVE AND TECH-LED RURAL
COMMUNITIES.

BVRIT COLLEGE, NIZAMPET CAMPUS, HYDERABAD

NIZAMPET RD, OPPOSITE RAJIV GANDHI
NAGAR COLONY, HYDERABAD, TELANGANA



15 NOVEMBER 2025 | 09.00 AM - 05.00 PM IST

CHARTING A SUSTAINABLE FUTURE



LET US DREAM ANNUAL COMMUNITY CONFERENCE: GLOBAL LOCATIONS - 2025

STELLA MARIS COLLEGE, CHENNAI

CATHEDRAL RD, POES GARDEN,
GOPALAPURAM, CHENNAI, TAMIL NADU



22 NOVEMBER 2025 | 09.30 AM - 04.00 PM IST

RESILIENT FUTURES, CHENNAI 2025

HANSRAJ COLLEGE, UNIVERSITY OF DELHI

MAHATMA HANS RAJ MARG, MALKA GANJ,
NORTH CAMPUS, UNIVERSITY OF DELHI



15 NOVEMBER 2025 | 09.30 AM - 05.00 PM IST

REBUILDING INDIA'S CAPITAL TOGETHER

REGISTER NOW



Saturday

29 November
2025

08:30 AM ^{to}
04:30 PM

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Vazhuthacaud, Trivandrum, Kerala , India