

BabyTALK Eight Month Activities

Who's that baby!

- Preparation
- Assessment
- Affiliation
- Observation
- Developmental Behaviors
- System of Support
- Baby TALK System of Care
- Reflection - On - Action
- Documentation



Purpose:

Babies naturally like to look at other people and mirror time lets them become familiar with faces and different expressions. You are able to help your baby practice focusing on things and tracking images with his eyes. It's an early step toward his emotional development too because he will begin to notice how he is able to change his own expression.

Materials: Hand held mirror, scarf/blanket

Let's wonder together:

- How does your baby respond to your facial expressions?
- Has your baby had an opportunity to be around other babies? How does he respond to them?
- Have you observed your baby's response to his own image in a mirror? What was this like?

Activity:

Let's see what happens when you and your baby are together in front of the mirror right now. Let's observe.

- Do you see him trying to touch "the baby" in the mirror? Do you see him smiling at his image?
- What will happen if you change your facial expression now? What will he do if you go from a calm expression to a happy, animated one?
- Do you think your baby will respond to peek-a-boo using the mirror?
- Let's see...What happens when you drape a scarf or piece of fabric over the mirror, wonder where the infant has gone, and then pull it away quickly with excitement?

What do you think about this:

- What do you think your baby is thinking when he sees herself in the mirror?
- What do you think he is thinking when he has different expressions?

Illinois Early Learning Guidelines Standard(s):

7-18 months Social & Emotional Development

Self-Concept

Demonstrates interest in looking in mirror