

Nurturing Father's Program

From Research and Validation Study 1

"Parental Attitudes and Behaviors of Participants in the Nurturing Father's Program"

"Quality fathering programs do have a strong potential to increase the parental attitudes and behaviors of its participants. The Nurturing Father's Programs, which were evaluated in this study, proved successful at increasing the parental attitudes and behaviors of participants in all five constructs and overall score of the AAPI-2. It was evident that the Nurturing Father's Program targeted key parental behaviors and beliefs, and the structure and content helped to evoke positive change in their participants. The program provided an effective model by which other programs may be patterned."

"Results of the analyses conducted indicated that there were significant increases in all five of the AAPI-2 subscales (expectations, empathy, corporal punishment, role-reversal, power and independence) and in the overall AAPI-2 score (see Table 1). This suggested that participants in the Nurturing Father's Program improved in their understanding of the developmental capabilities of children, improved in ability to demonstrate empathy toward the needs of children, improved in the reported use of alternate strategies to corporal punishment, increased understanding and acceptance of the needs of self and children, and increased in the value placed on children feeling empowered. Additionally, the results suggested overall improvement in parental attitudes and behaviors that were known to contribute to child abuse and neglect."

Daire, A.P., Greenidge, W.L., & Johnson, N.M. (Manuscript under review). Parental attitudes and behaviors of participants in the Nurturing Father's Program. *Fathering*.