

While on Level 2, Family Support Specialist's responsibilities include activities such as:

- Offer home visits every other week (a phone call, text, note, or email between these visits may be helpful in keeping the family engaged). If family struggles to maintain the level of progress, consideration should be given to returning to Level 1 (weekly visits).
- Observe/discuss and document domains of CHEERS on each visit.
- Continue to foster the growth of secure attachment relationships through use of Reflective Strategies and other activities.
- Continue to use evidence-informed parenting materials during visits with families to 1) cultivate the growth of nurturing parent-child relationships, 2) promote healthy childhood growth and development, and 3) strengthen parenting capacity using anticipatory guidance.
- Continue to share and document information about child development, parenting, and health and safety, including safer sleep practices through 12 months of age.
- Continue to encourage parent(s) to expand a positive support system.
- Continue to encourage parent(s) to develop stress management techniques and self-care.
- Continue to support parent(s) in using nurturing guidance to set limits for children over the age of one.
- During supervision, review the Service Plan. Make adjustments to the plan as appropriate using the FROG Scale and other assessments and observations, as needed. Collaborate on ways to create specific plans for this family. Implement plan with families during home visits to reduce risk factors and build protective factors.
- Update and celebrate family accomplishments related to the Family Goals. Develop new Family Goals as goals are achieved or retired.
- Continue to discuss referrals that might be useful to the family as needed. Identify with the family how the FSS can be helpful, encouraging the parent to take the lead.
- Continue to complete required screening tools including CCI, ASQ-3, ASQ: SE-2, depression screening as needed, and other tools used by the site).

Completion of Level 2 - Items A – K must be met to move to the next level. Items L - M are highly recommended, but not required.

Family Name: _____

Parent(s) Achievements for Transition to Level 3:

**Date Reviewed
In Supervision**

- A. Is emotionally available to baby. Shows ability to respond in a nurturing fashion to baby in 4/6 domains of CHEERS most of the time. _____
- B. There is no current and active CPS investigation involving the focus child. _____
- C. Completes child development activities. During home visits, shares developmental accomplishments for baby that occurred between visits. _____
- D. Displays greater self-reliance (allowing for the use of community services) in providing for the child's wellness and preventive health care including nutrition, and immunizations (unless with allowable exceptions per BPS). _____
- E. Continues to meet basic needs (e.g., housing, food, clothing) either independently or through community resources/public assistance. _____
- F. When baby is dysregulated (sick, hurt, scared, etc.) is able to help baby cope most of the time, and labels baby's feelings appropriately. _____
- G. Uses healthy coping behaviors to manage stress (such as connecting with others, deep breathing, exercising, taking a walk, listening to music, counting to 10, etc.). Can access these when stressed most of the time. _____
- H. Consistently handles normal infant behaviors with a nurturing response and/or sets limits with children over age 1 that are mutually respectful in initiating cooperation rather than interfering in their activity, unless safety is an issue. _____
- I. Has established at least one positive support system beyond the FSS. _____
- J. Remains engaged in services designed to support the development of a child with special needs, as appropriate. If child does not have special needs, write NA in the line provided. _____
- K. If depression screen was elevated when moving to Level 2, parent has now utilized services/treatment and risk is mediated or has re-screened negative, or parent participates in FSS activities or curriculum designed to address depression. If depression screen was negative when moving to Level 2, write NA in the line provided. _____
- L. Actively participates in setting and achieving goals based on the current Family Goals. _____
- M. Demonstrates emerging skills and confidence in advocating for the family and focus child. _____

Date Level Change was discussed in Supervision: _____
 Date transition to Level 3 was discussed with parent(s): _____
 Date of transition to Level 3: _____

_____ Supervisor	_____ Date	_____ Family Support Specialist	_____ Date
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