

**The Nurturing Father's Program**  
*From Research and Validation Study 2*  
A Cross Cultural Investigation of the Nurturing Father's Program  
Outcomes

"Overall, the findings of this study provide support for cross cultural use of the Nurturing Father's Program, specifically with White, Hispanic, and African-American participants."

"These results suggested that the Nurturing Father's Program, a psychoeducational program for developing attitudes and skills for male nurturance, was effective in changing parental attitudes and behaviors for its participants as measured by the AAPI-2. This was of particular importance since responses to the AAPI-2 provided an index of risk in five specific parenting and child rearing behaviors known to contribute to child abuse and neglect (Bavolek & Keene, 2001). Additionally, Hispanic fathers appeared to get the most out of the program, particularly in appropriate expectations, empathy, and role reversal. A number of practice implications became evident. The Nurturing Father's Program could be a valuable resource for Early Head Start Programs and other programs to assist individuals in bolstering their parenting skills and decrease risks of child maltreatment. Fagan & Iglesias (1999) found that African-American and Hispanic Early Head Start parents with greater parenting skills demonstrated more engagement in the program. Thus, the Nurturing Father's Program also could augment services provided by Early Head Start Programs by increasing the fathers' readiness to participate in these programs. Moreover, certain states with high Hispanic population, such as Florida, Texas, and California, should consider the Nurturing Father's Program in local and statewide intervention programs for fathers, particularly because of the stronger outcomes for Hispanic participants. Additionally, grassroots organizations that serve different populations of fathers might find this an effective approach particularly because a higher education degree was not needed for training to be a facilitator of this program."

Daire, A.P., & Greenidge, W.L. (Manuscript under review). A cross cultural investigation of the Nurturing Father's Program outcomes. *Journal for Multicultural Counseling*.