Carer can create Client.
Carer can RUD Client if granted permissions by Admin

Carer can CRUD Client notes if given Client Access by admin
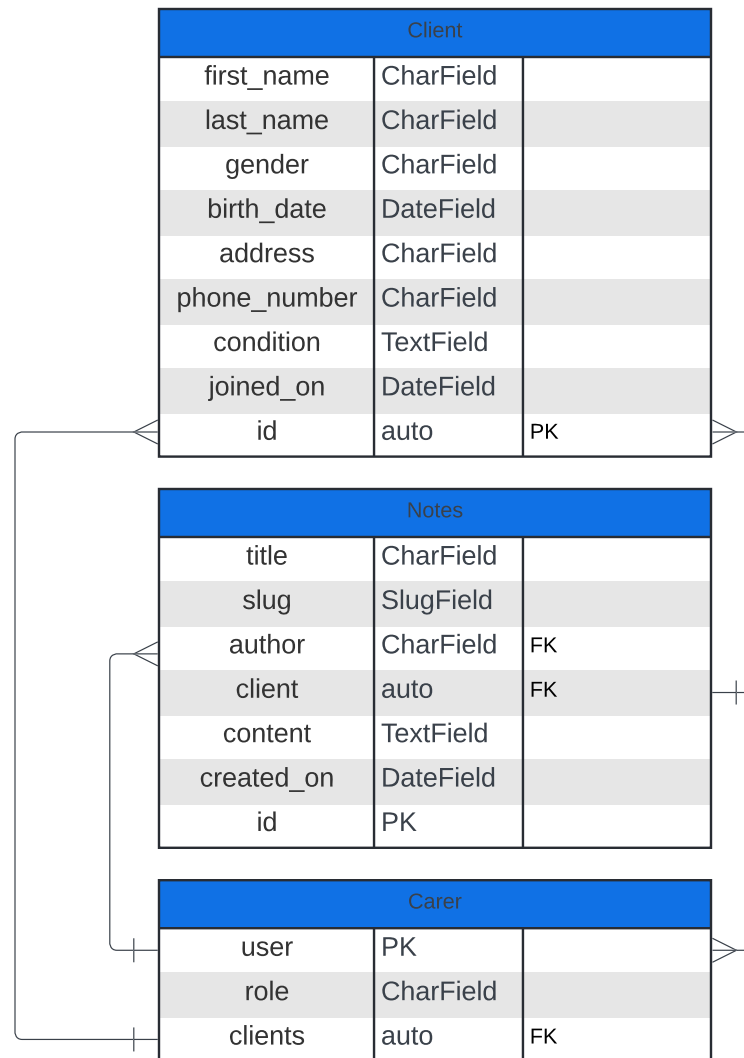
Client

first_name	CharField	
last_name	CharField	
gender	CharField	
birth_date	DateField	
address	CharField	
phone_number	CharField	
condition	TextField	
joined_on	DateField	
id	auto	PK

Notes

title	CharField	
slug	SlugField	
author	CharField	FK
client	auto	FK
content	TextField	
created_on	DateField	
id	PK	

Carer

user	PK	
role	CharField	
clients	auto	FK

Diagram Key

Existing
New

user

username	CharField	
password	CharField	
first_name	CharField	
last_name	CharField	
is_staff	Boolean	
u_id	IntField	PK