# Time schedule – Masterthesis\_Buß: TMR-Paradigm in REM-Sleep

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| **2025** | **To Do’s** | **Done?** |
| **January**  First Half | * literature research (TMR in REM, TMR decoding) * educating myself about recognizing sleep episodes, TMR Cues etc. in MEG signals * conceptualization experiment: general idea, hypotheses, goal, framework * synopsis 🡪 *DGSM Nachwuchsforscher* * experiment: precise planning + flow chart |  |
| Second Half | * Designing advertisement for study for the recruitment of subjects (non-lucid, lucid) * further literature research * MEG preparation for sleep measurement: transferring theoretical concept to physical MEG measurements – *how comfortable can we make the MEG for people to sleep in it actually*? Extra equipment needed? … |  |
| **February**  First Half | * *programming/designing experiment* * first practice trials * possibly first recruitment of subjects for march (non-lucid) * starting to write introduction, theoretical background, method |  |
| Second Half | * further practice trials * adjustments to setting + paradigm if necessary |  |
| **March**  First Half | * *puffer – final adjustments* |  |
| Second Half | * data collection: first measurements with subjects (non-lucid) |  |
| **April**  First Half | * data collection (non-lucid, lucid) |  |
| Second Half | * data collection (non-lucid, lucid) * first data-analysis |  |
| **May** | * *data-analysis (preprocessing)* * *decoding* (interpreting results) * writing results, discussion section |  |
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| **June** | * Writing results, discussion section |  |