| Variable | Value |
| --- | --- |
| Person | R\_2CTJMoQNMKcAs8w |
| Country | United States |
| Age | 23 |
| Gender | Cisgender Woman |
| Sexual Orientation | Heterosexual |
| Race | White/European |
| Minority Statuses | Short |
| Qualitative Data | Although I am a hereto white female, I struggle with anxiety and depression. In the geographical location that I live, there is still a stigma about mental health and getting treated for it. It isnâ€™t talked about or it is almost shamed for trying to talk to a doctor about it in my family because itâ€™s easier to just â€œsuck it upâ€ and not take medicine for it, even though addiction and depression are a very big part of my familyâ€™s history. |