

## 2023 Consumer Directed Healthcare (CDH) Preventive Medications - Standard Plus Generics Only

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; but many examples of medications in each category are listed.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every strength or dosage form of a listed medication.

### ASTHMA/COPD

arformoterol  
albuterol HFA  
albuterol nebulizer solution  
albuterol oral  
budesonide oral inhalation  
cromolyn nebulizer solution  
ipratropium/albuterol  
nebulizer solution  
ipratropium nebulizer solution  
fluticasone/salmeterol  
formoterol  
levabuterol nebulizer solution  
metaproterenol  
montelukast  
terbutaline oral  
theophylline  
wixela inhub  
zafirlukast  
zileuton er

### BONE DISEASE AND FRACTURES

alendronate  
ibandronate oral  
raloxifene  
risedronate  
risedronate dr  
zoledronic acid 5mg

### CAVITIES

periomed  
sodium fluoride rinse, gel, cream,  
paste, tabs and drops

### COLONOSCOPY PREPARATION\*

gavilyte-c  
gavilyte-g  
gavilyte-n  
polyethylene glycol

### DEPRESSION

citalopram  
escitalopram  
fluoxetine  
fluoxetine dr  
fluvoxamine  
fluvoxamine er  
paroxetine  
paroxetine er  
sertraline

### DIABETES

acarbose  
generic syringes, lancets and  
needles  
glimepiride  
glipizide  
glipizide er  
glipizide/metformin  
glyburide  
glyburide micronized  
glyburide/metformin  
metformin  
metformin er  
miglitol  
nateglinide  
pioglitazone  
pioglitazone/glimepiride  
pioglitazone/metformin  
repaglinide  
repaglinide/metformin

### HEART DISEASE AND STROKE

#### BLOOD THINNERS

aspirin, 81 mg & 325 mg\*  
aspirin-dipyridamole er  
clopidogrel  
dabigatran  
dipyridamole  
jantoven  
prasugrel  
warfarin

#### CHOLESTEROL LOWERING

#### HMG-COA REDUCTASE INHIBITORS\*

atorvastatin  
fluvastatin  
fluvastatin er  
lovastatin  
pravastatin  
rosuvastatin  
simvastatin

#### OTHER CHOLESTEROL LOWERING AGENTS

amlodipine/atorvastatin  
cholestyramine  
cholestyramine light  
colesevelam  
colestipol  
ezetimibe  
ezetimibe/simvastatin  
fenofibrate  
fenofibric acid  
fenofibric acid dr  
gemfibrozil  
icosapent ethyl  
niacin  
niacin er  
prevalite

(over, please)

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## HIGH BLOOD PRESSURE

### ACE INHIBITORS

benazepril  
captopril  
enalapril  
fosinopril  
lisinopril  
moexipril  
perindopril  
quinapril  
ramipril  
trandolapril

### ACE INHIBITORS/DIURETIC COMBINATIONS

benazepril/hctz  
captopril/hctz  
enalapril/hctz  
fosinopril/hctz  
lisinopril/hctz  
quinapril/hctz

### ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

### ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/hctz  
irbesartan/hctz  
losartan/hctz  
olmesartan/hctz  
telmisartan/hctz  
valsartan/hctz

## BETA BLOCKERS

acebutolol  
atenolol  
betaxolol  
bisoprolol  
metoprolol succinate er  
metoprolol tartrate  
nadolol  
nebivolol  
pindolol  
propranolol  
propranolol er  
timolol

### BETA BLOCKER/DIURETIC COMBINATIONS

atenolol/chlorthalidone  
bisoprolol/hctz  
metoprolol/hctz  
nadolol/bendroflumethiazide  
propranolol/hctz

## CALCIUM CHANNEL BLOCKERS

amlodipine  
cartia xt  
diltiazem  
diltiazem cd  
diltiazem er  
dilt xr  
felodipine er  
isradipine  
matzim la  
nicardipine  
nifedipine  
nifedipine er  
nisoldipine er  
tiadylt er  
taztia xt  
verapamil  
verapamil er  
verapamil er pm  
verapamil sr

## DIURETICS

chlorothiazide  
chlorthalidone  
hydrochlorothiazide  
indapamide  
metolazone

### OTHER HIGH BLOOD PRESSURE COMBINATIONS

amlodipine/atorvastatin  
amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/hctz  
amlodipine/telmisartan  
amlodipine/valsartan  
amlodipine/valsartan/hctz  
trandolapril/verapamil er

## MALARIA

atovaquone/proguanil  
chloroquine  
mefloquine  
primaquine

## MISC ANTIVIRALS

emtricitabine/tenofovir disoproxil fumarate (TDF) 200mg/300mg\*

## OBESITY

benzphetamine  
diethylpropion  
diethylpropion er  
phendimetrazine  
phendimetrazine er  
phentermine

## SMOKING-CESSATION\*

bupropion sr 150mg  
nicotine gum, lozenges and patches  
varenicline

## VITAMINS OR MINERALS

folic acid\*  
generic prenatal vitamins  
generic pediatric multivitamins with fluoride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).**

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