

Reliant Care Plan Overview

Understanding the details and benefits of the **Reliant Care Health Insurance Plans**

DISCLAIMER

This is a brief description of coverage and is subject to the terms, conditions, limitations, and exclusions of the policy. Please see the policy and certificate for complete details. Coverage may not be available in all states.

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The Reliant Care Plan

- Healthcare solutions through **First Health Network**



- **Physician Services** for primary and specialist care
- **Hospitalization** and telemedicine support
- **Prescription Benefits** through participating pharmacies
- **Advocacy Services** support

Key Features and Benefits

Healthcare Accessibility

Affordability Focus

Broad Coverage (varies by plan)

Telemedicine Services through Kindly Human and Recuro Health

Cost Management Tools

Hospital Bill Reducer (HBR)

Efficient Claims Management System

Support Tools and dashboards

How Hospital Bill Reducer Works

1. Enroll through **First Health Network**
2. Submit hospital bills for review
3. Advocacy team negotiates on your behalf
4. Receive reduced bill statement (**HBR**)
5. Pay reduced amount

Preventive Care and Wellness

- **Annual Physical Exams** Services
- **Wellness Programs** and screenings
- **First Health Network** provides care

Telehealth Services

- **Unlimited Access** to virtual visits
- **No Consult Fee** for telemedicine
- **24/7 Availability** for consultations
- **Convenient Access** to care

Advocacy and Support Services

- **Personalized** healthcare advocacy
- **Hospital Bill Reducer** assistance
- **Claims Management** options
- **Support Tools** for members



Reliant Care Wellness

Reliant Care Wellness

Physician Services

- 1 Wellness Exam/yr
- \$25 Co-pay
- \$150 Max/Visit

Telemedicine

- No Consult Fee
- No Maximum

Prescriptions

- Discount at Participating Pharmacies

Limitations

- 30-day waiting period for sickness benefits
- In-network provider requirement

Physician Services ¹ (Utilizes the First Health Network) ²	Details	
Wellness Exam	Co-pay	Maximum/Visit
	1 Visit/ yr	\$25 \$150
Telemedicine	Details	
Kindly Human	\$0 Consult Fee	No Maximum
RECURO HEALTH	Discount Prescriptions Only	
BestChoiceRX Participating Pharmacies Only	Plan Sponsor	
 		merchants benefit admin Plan Administrator
<small>(1) All sickness benefits are subject to a 30-day waiting period before benefits are payable under the plan. (2) Outpatient physician services and wellness benefits are subject to in-network providers only.</small>		
<small>This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully. This group health plan is limited to covering preventive and wellness services as required by the Patient Protection and Affordable Care Act as well as other benefits noted in the Summary Plan Description, which describes the benefits covered by the Plan and how these benefits are covered, including information on copays, deductibles, and limitations.</small>		



Reliant Care 1

Reliant Care 1 (1/2)

Physician Services

- 3 Primary Care Visits/yr
- \$25 Co-pay
- \$150 Max/Visit

Specialist or Urgent Care

- 1 Primary Care Visits/yr
- \$50 Co-pay
- \$300 Max/Visit

Hospitalization

- 1 Visit/yr
- \$1,000/Day
- \$5,000/Year Max

Telemedicine

- No Consult Fee
- No Maximum

Physician Services ¹ (Utilizes the First Health Network) ²	Details				
Primary Care Office Visit	3 visits/ yr	Co-pay	Maximum/ Visit		
		\$25	\$150		
Specialist or Urgent Care Office Visit	1 visit / yr	Co-pay	Maximum/ Visit		
		\$50	\$300		
In-Patient Hospitalization Benefit	\$1,000 / Day	\$5,000 / Year Maximum	12/12 mo Pre-Ex ³		
Telemedicine	Details				
Kindly Human	\$0 Consult Fee	No Maximum			
RECURO					
BestChoice RX Participating Pharmacies Only	Discount Prescriptions Only				
Advocacy	Details				
MyHealthcare NINJA	Hospital Bill Reducer				



Plan Sponsor



Plan Administrator

(1) All sickness benefits are subject to a 30-day waiting period before benefits are payable under the plan.
(2) Outpatient physician services and wellness benefits are subject to in-network providers only. Inpatient Hospital indemnity benefits are not.
(3) Hospitalization benefits are not payable for a Pre-Existing Condition as defined in Section 2.56 Definitions for the first Twelve [12] Months of coverage.

This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully.
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Reliant Care 1

Physician Services ¹ (Utilizes the First Health Network) ²				Details	
Primary Care Office Visit	3 visits/ yr	Co-pay	Maximum/ Visit		
		\$25	\$150		
Specialist or Urgent Care Office Visit	1 visit / yr	Co-pay	Maximum/ Visit		
		\$50	\$300		
In-Patient Hospitalization Benefit	\$1,000 / Day	\$5,000 / Year Maximum	12/12 mo Pre-Ex ³		
Telemedicine	Details				
Kindly Human	\$0 Consult Fee		No Maximum		
RECURO					
BestChoiceRX Participating Pharmacies Only	Discount Prescriptions Only				
Advocacy		Details			
MyHealthcare NINJA	Hospital Bill Reducer				



Plan Sponsor



Plan Administrator



Plan Administrator

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Reliant Care 2

Reliant Care 2 (1/2)

Physician Services

- 4 Primary Care Visits/yr
- \$25 Co-pay
- \$150 Max/Visit

Specialist or Urgent Care

- 2 Primary Care Visits/yr
- \$50 Co-pay
- \$300 Max/Visit

Hospitalization

- \$1,000/Day
- \$10,000/Year Max

Telemedicine

- No Consult Fee
- No Maximum

Physician Services ¹ (Utilizes The First Health Network) ²	Details				
Primary Care Office Visit	4 visits/ yr	Co-pay	Maximum/ Visit		
		\$25	\$150		
Specialist or Urgent Care Office Visit	2 visits/ yr	Co-pay	Maximum/ Visit		
		\$50	\$300		
In-Patient Hospitalization Benefit	\$1,000 / Day	\$10,000 / Year Maximum	12/12 mo Pre-Ex ³		
Telemedicine	Details				
Kindly Human [®]	\$0 Consult Fee	No Maximum			
RECURO [®] HEALTH					
BestChoiceRX [®] Participating Pharmacies Only	Details				
Preventative & Acute Prescriptions – (Subject to Formulary – Not subject to a monthly maximum)					
Pharmacy Retail – up to a 30-day supply (Acute & Preventive Generic)	Member Pays		Generic - \$0 Copay		
Pharmacy Retail up to a 30-day supply or Mail-Order up to a 90-day Supply (200 Generic Maintenance Drugs)	Member Pays		Preferred Generic - \$5 Copay		
Rx Plan includes discounts when the prescription is on the formulary. Specialty drugs are not covered but the RX provider offers a Prescription Assistance Program. Member must qualify for PAP according to income guidelines. Mail order is optional for generic and brand drugs.					
Advocacy	Details				
MyHealthcare NINJA [®]	Hospital Bill Reducer				
The Vitaminpatch [™] Plan Sponsor	First Health Network				
mbo [®] merchants benefit admin Plan Administrator					
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Reliant Care 2

Reliant Care 2 (2/2)

Prescriptions

- Generic \$0 Co-pay
- Preferred Generic \$5 Co-pay
- Non-Preferred Generic: Retail 30-day \$5 & \$10 Co-pay, Mail Order 90-day \$5 & \$20 Co-pay
- Brand (Prior Auth Required): Retail 30-day \$40, Mail Order 90-day \$80

Limitations

- 30-day waiting period for sickness benefits
- In-network provider requirement

Physician Services ¹ (Utilizes the First Health Network) ²			
Details			
Primary Care Office Visit	4 visits/ yr	Co-pay	Maximum/ Visit
		\$25	\$150
Specialist or Urgent Care Office Visit	2 visits/ yr	Co-pay	Maximum/ Visit
		\$50	\$300
In-Patient Hospitalization Benefit	\$1,000 / Day	\$10,000 / Year Maximum	12/12 mo Pre-Ex ³
Telemedicine	Details		
	\$0 Consult Fee	No Maximum	
			
	Participating Pharmacies Only	Details	
Preventative & Acute Prescriptions – (Subject to Formulary – Not subject to a monthly maximum)			
Pharmacy Retail – up to a 30-day supply (Acute & Preventive Generic)	Member Pays	Generic - \$0 Copay	
Pharmacy Retail up to a 30-day supply or Mail-Order up to a 90-day Supply (200 Generic Maintenance Drugs)	Member Pays	Preferred Generic - \$5 Copay	
Rx Plan includes discounts when the prescription is on the formulary. Specialty drugs are not covered but the RX provider offers a Prescription Assistance Program. Member must qualify for PAP according to income guidelines. Mail order is optional for generic and brand drugs.			
Advocacy	Details		
	Hospital Bill Reducer		
			Plan Administrator
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Reliant Care 3 (1/2)

Physician Services

- 4 Primary Care Visits/yr
- \$25 Co-pay
- \$150 Max/Visit

Specialist or Urgent Care

- 4 Primary Care Visits/yr
- \$50 Co-pay
- \$300 Max/Visit

Hospitalization

- \$1,000/Day
- \$15,000/Year Max

Telemedicine

- No Consult Fee
- No Maximum



Reliant Care 3

Physician Services ¹ (Utilizes the First Health Network) ²						
		Details				
Primary Care Office Visit	4 visits / yr	Co-pay	Maximum/ Visit			
		\$25	\$150			
Specialist or Urgent Care Office Visit	4 visits / yr	Co-pay	Maximum/ Visit			
		\$50	\$300			
In-Patient Hospitalization Benefit	\$1,000 / Day	\$15,000 / Year Maximum	12/12 mo Pre-Ex ³			
Telemedicine	Details					
	\$0 Consult Fee	No Maximum				
BestChoiceRX Participating Pharmacies Only	Details					
Preventative & Acute Prescriptions – (Subject to Formulary – Not subject to a monthly maximum)						
Pharmacy Retail – up to a 30-day supply (Acute & Preventive Generic)	Member Pays		Generic - \$0 Copay			
Pharmacy Retail up to a 30-day supply or Mail-Order up to a 90-day Supply (200 Generic Maintenance Drugs)	Member Pays		Preferred Generic - \$5 Copay			
Non-Preferred Generic	Member Pays		Retail 30-day \$5 & \$10 Copay Mail Order 90-day \$5 & \$20 Copay			
Brand (Prior Authorization Required)	Member Pays		Retail 30-day \$40 Mail Order 90-day \$80			
Prescription Terms and Conditions						
**Non-Preventive Maintenance Prescriptions - (All available generic and brand drugs. Specialty drugs are not covered). For all non-preventive generic & brand name drugs there is \$150 benefit limit per person per month. RX Plan includes discounts when the monthly benefit limit of \$150 per person is exceeded. Specialty drugs are not covered but the RX provider offers a Prescription Assistance Program - Member must qualify for PAP according to income guidelines. Mail order is optional for generic and brand drugs.						
Advocacy	Details					
	Hospital Bill Reducer					
	Plan Sponsor	First Health Network	mba merchants benefit admin			

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Reliant Care 3



Reliant Care 3 (2/2)

Prescriptions

- Generic \$0 Co-pay
- Preferred Generic \$5 Co-pay
- Non-Preferred Generic: Retail 30-day \$5 & \$10 Co-pay,
Mail Order 90-day \$5 & \$20 Co-pay
- Brand (Prior Auth Required): Retail 30-day \$40, Mail Order
90-day \$80

Limitations

- 30-day waiting period for sickness benefits
- In-network provider requirement

Physician Services ¹ (Utilizes the First Health Network) ²					
		Details			
Primary Care Office Visit	4 visits / yr	Co-pay	Maximum/ Visit		
		\$25	\$150		
Specialist or Urgent Care Office Visit	4 visits / yr	Co-pay	Maximum/ Visit		
		\$50	\$300		
In-Patient Hospitalization Benefit	\$1,000 / Day	\$15,000 / Year Maximum	12/12 mo Pre-Ex ³		
Telemedicine	Details				
Kindly Human⁺	\$0 Consult Fee		No Maximum		
RECURO					
BestChoiceRX Participating Pharmacies Only	Details				
Preventative & Acute Prescriptions – (Subject to Formulary – Not subject to a monthly maximum)					
Pharmacy Retail – up to a 30-day supply (Acute & Preventive Generic)	Member Pays		Generic - \$0 Copay		
Pharmacy Retail up to a 30-day supply or Mail-Order up to a 90-day Supply (200 Generic Maintenance Drugs)	Member Pays		Preferred Generic - \$5 Copay		
Non-Preferred Generic	Member Pays		Retail 30-day \$5 & \$10 Copay Mail Order 90-day \$5 & \$20 Copay		
Brand (Prior Authorization Required)	Member Pays		Retail 30-day \$40 Mail Order 90-day \$80		
Prescription Terms and Conditions					
*Non-Preventive Maintenance Prescriptions - (All available generic and brand drugs. Specialty drugs are not covered). For all non-preventive generic & brand name drugs there is \$150 benefit limit per person per month. RX Plan includes discounts when the monthly benefit limit of \$150 per person is exceeded. Specialty drugs are not covered but the RX provider offers a Prescription Assistance Program - Member must qualify for PAP according to income guidelines. Mail order is optional for generic and brand drugs.					
Advocacy	Details				
MyHealthcare NINJA	Hospital Bill Reducer				
Vitamin Catch⁺ Plan Sponsor					
First Health Network					
mbo merchants benefit admin	Plan Administrator				

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Reliant Care 4 (1/2)

Physician Services

- 1 Wellness Exam/yr (\$25 Co-pay, \$150 Max/Visit)
- 4 Primary Care Visits/yr (\$50 Co-pay, \$150 Max/Visit)
- 4 Specialist or Urgent Care Visits/yr (\$75 Co-pay, \$300 Max/Visit)

Hospitalization

- \$1,000/Day, \$10,000/Year Max, 12/12 mo Pre-Ex

In/Outpatient Surgery

- \$1,000/Year, \$2,000/Year Max, 12/12 mo Pre-Ex

Emergency Room (if admitted)

- \$1,000/Per Incident, 12/12 mo Pre-Ex

Ambulance Benefit (if admitted)

- \$500/Per Incident, 12/12 mo Pre-Ex

Telemedicine

- No Consult Fee, No Maximum



Reliant Care 4

Physician Services ¹ (Utilizes the First Health Network) ²	Details					
	Co-pay	Maximum/ Visit				
Wellness Exam	1 Visit / yr	\$25	\$150			
Primary Care Office Visit	4 visits / yr	Co-pay \$50	Maximum/ Visit \$150			
Specialist or Urgent Care Office Visit	4 visits / yr	Co-pay \$75	Maximum/ Visit \$300			
In-Patient Hospitalization Benefit	\$1,000 / Day	\$10,000 / Year Maximum	12/12 mo Pre-Ex ³			
In/Outpatient Surgery	\$1,000 / Year	\$2,000 / Year Maximum	12/12 mo Pre-Ex ³			
Emergency Room (if admitted)		\$1,000/Per Incident	12/12 mo Pre-Ex ³			
Ambulance Benefit (if admitted)		\$500/Per Incident	12/12 mo Pre-Ex ³			
Telemedicine	Details					
Kindly Human	\$0 Consult Fee	No Maximum				
RECURO						
BestChoiceRX Participating Pharmacies Only	Details					
Preventative & Acute Prescriptions – (Subject to Formulary – Not subject to a monthly maximum)						
Pharmacy Retail – up to a 30-day supply (Acute & Preventive Generic)	Member Pays	Generic - \$0 Copay				
Pharmacy Retail up to a 30-day supply or Mailorder up to a 90-day Supply (200 Generic Maintenance Drugs)	Member Pays	Preferred Generic - \$5 Copay				
Non-Preferred Generic	Member Pays	Retail 30-day \$5 & \$10 Copay Mail Order 90-day \$5 & \$20 Copay				
Brand (Prior Authorization Required)	Member Pays	Retail 30-day \$40 Mail Order 90-day \$80				
Prescription Terms and Conditions						
Non-Preventive Maintenance Prescriptions – (All non-generic and brand drugs. Specialty drugs are not covered). For all non-preventive generic & brand name drugs, there is \$150 benefit limit per person per month. RX Plan includes discounts when the monthly benefit limit of \$150 per person is exceeded. Specialty drugs are not covered but the RX provider offers a Prescription Assistance Program – Member must qualify for PAP according to income guidelines. Mail order is optional for generic and brand drugs.						
Advocacy	Details					
MyHealthcare NINJA	Hospital Bill Reducer					
The Vitamin PatchTM Plan Sponsor	First Health Network					
mba merchants benefit admin			Plan Administrator			
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Reliant Care 4

Reliant Care 4 (2/2)

Prescriptions

- Generic \$0 Co-pay
- Preferred Generic \$5 Co-pay
- Non-Preferred Generic: Retail 30-day \$5 & \$10 Co-pay, Mail Order 90-day \$5 & \$20 Co-pay
- Brand (Prior Auth Required): Retail 30-day \$40, Mail Order 90-day \$80

Limitations

- 30-day waiting period for sickness benefits
- In-network provider requirement

Physician Services ¹ (Utilizes the First Health Network) ²		Details			
Wellness Exam	1 Visit / yr	Co-pay \$25	Maximum/ Visit \$150		
Primary Care Office Visit	4 visits/ yr	Co-pay \$50	Maximum/ Visit \$150		
Specialist or Urgent Care Office Visit	4 visits / yr	Co-pay \$75	Maximum/ Visit \$300		
In-Patient Hospitalization Benefit	\$1,000 / Day	\$10,000 / Year Maximum	12/12 mo Pre-Ex ³		
In/Outpatient Surgery	\$1,000 / Year	\$2,000 / Year Maximum	12/12 mo Pre-Ex ³		
Emergency Room (if admitted)		\$1,000/Per Incident	12/12 mo Pre-Ex ³		
Ambulance Benefit (if admitted)		\$500/Per Incident	12/12 mo Pre-Ex ³		
Telemedicine	Details				
Kindly Human	\$0 Consult Fee		No Maximum		
RECURO					
BestChoiceRX Participating Pharmacies Only	Details				
Preventative & Acute Prescriptions – (Subject to Formulary – Not subject to a monthly maximum)					
Pharmacy Retail – up to a 30-day supply (Acute & Preventive Generic)	Member Pays		Generic - \$0 Copay		
Pharmacy Retail up to a 30-day supply or Mailorder up to a 90-day Supply (200 Generic Maintenance Drugs)	Member Pays		Preferred Generic - \$5 Copay		
Non-Preferred Generic	Member Pays		Retail 30-day \$5 & \$10 Copay Mail Order 90-day \$5 & \$20 Copay		
Brand (Prior Authorization Required)	Member Pays		Retail 30-day \$40 Mail Order 90-day \$80		
Prescription Terms and Conditions					
Non-Preventive Maintenance Prescriptions – (All generic and brand drugs. Specialty drugs are not covered). For all non-preventive generic & brand name drugs, there is \$150 benefit limit per person per month. RX Plan includes discounts when the monthly benefit limit of \$150 per person is exceeded. Specialty drugs are not covered but the RX provider offers a Prescription Assistance Program – Member must qualify for PAP according to income guidelines. Mail order is optional for generic and brand drugs.					
Advocacy	Details				
MyHealthcare NINJA	Hospital Bill Reducer				
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Reliant Care 5 (1/2)

Physician Services

- 1 Wellness Exam/yr (\$25 Co-pay, \$150 Max/Visit)
- 5 Primary Care Visits/yr (\$50 Co-pay, \$150 Max/Visit)
- 5 Specialist or Urgent Care Visits/yr (\$75 Co-pay, \$300 Max/Visit)

Hospitalization

- \$1,500/Day, \$15,000/Year Maximum, 12/12 mo Pre-Ex

In/Outpatient Surgery

- \$1,500/Year, \$4,500/Year Maximum, 12/12 mo Pre-Ex

Emergency Room (if admitted)

- \$1,000/Per Incident, 12/12 mo Pre-Ex

Ambulance Benefit (if admitted)

- \$500/Per Incident, 12/12 mo Pre-Ex

Telemedicine (Kindly Human & RECURO HEALTH)

- \$0 Consult Fee, No Maximum



Reliant Care 5

Physician Services ¹ (Utilizes the First Health Network) ²	Details					
	Co-pay	Maximum/ Visit				
Wellness Exam	1 Visit / yr	\$25	\$150			
Primary Care Office Visit	5 visits / yr	Co-pay \$50	Maximum/ Visit \$150			
Specialist or Urgent Care Office Visit	5 visits / yr	Co-pay \$75	Maximum/ Visit \$300			
In-Patient Hospitalization Benefit	\$1,500 / Day	\$15,000 / Year Maximum	12/12 mo Pre-Ex ³			
In/Outpatient Surgery	\$1,500 / Year	\$4,500 / Year Maximum	12/12 mo Pre-Ex ³			
Emergency Room (if admitted)		\$1,000/Per Incident	12/12 mo Pre-Ex ³			
Ambulance Benefit (if admitted)		\$500/Per Incident	12/12 mo Pre-Ex ³			
Telemedicine	Details					
Kindly Human	\$0 Consult Fee	No Maximum				
RECURO HEALTH						
BestChoiceRX Participating Pharmacies Only	Details					
Preventative & Acute Prescriptions – (Subject to Formulary – Not subject to a monthly maximum)						
Pharmacy Retail – up to a 30-day supply (Acute & Preventive Generic)	Member Pays	Generic - \$0 Copay				
Pharmacy Retail up to a 30-day supply or Mailorder up to a 90-day Supply (200 Generic Maintenance Drugs)	Member Pays	Preferred Generic - \$5 Copay				
Non-Preferred Generic	Member Pays	Retail 30-day \$5 & \$10 Copay Mail Order 90-day \$5 & \$20 Copay				
Brand (Prior Authorization Required)	Member Pays	Retail 30-day \$40 Mail Order 90-day \$80				
Prescription Terms and Conditions						
Non-Preventive Maintenance Prescriptions – (All generic and brand drugs. Specialty drugs are not covered). For all non-preventive generic & brand name drugs there is \$150 benefit limit per person per month. RX Plan includes discounts when the monthly benefit limit of \$150 per person is exceeded. Specialty drugs are not covered but the RX provider offers a Prescription Assistance Program – Member must qualify for PAP according to income guidelines. Mail order is optional for generic and brand drugs.						
Advocacy	Details					
MyHealthcare NINJA	Hospital Bill Reducer					
The Vitamin Patch Plan Sponsor						
First Health Network						
mba merchants benefit admin	Plan Administrator					

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Reliant Care 5

Reliant Care 5 (2/2)

Prescriptions

- Generic \$0 Co-pay
- Preferred Generic \$5 Co-pay
- Non-Preferred Generic: Retail 30-day \$5 & \$10 Co-pay, Mail Order 90-day \$5 & \$20 Co-pay
- Brand (Prior Auth Required): Retail 30-day \$40, Mail Order 90-day \$80

Limitations

- 30-day waiting period for sickness benefits
- In-network provider requirement

Physician Services ¹ (Utilizes the First Health Network) ²		Details				
Wellness Exam	1 Visit / yr	Co-pay \$25	Maximum/ Visit \$150			
Primary Care Office Visit	5 visits/ yr	Co-pay \$50	Maximum/ Visit \$150			
Specialist or Urgent Care Office Visit	5 visits / yr	Co-pay \$75	Maximum/ Visit \$300			
In-Patient Hospitalization Benefit	\$1,500 / Day	\$15,000 / Year Maximum	12/12 mo Pre-Ex ³			
In/Outpatient Surgery	\$1,500 / Year	\$4,500 / Year Maximum	12/12 mo Pre-Ex ³			
Emergency Room (if admitted)		\$1,000/Per Incident	12/12 mo Pre-Ex ³			
Ambulance Benefit (if admitted)		\$500/Per Incident	12/12 mo Pre-Ex ³			
Telemedicine		Details				
Kindly Human	\$0 Consult Fee	No Maximum				
RECURO						
BestChoiceRX Participating Pharmacies Only		Details				
Preventative & Acute Prescriptions – (Subject to Formulary – Not subject to a monthly maximum)						
Pharmacy Retail – up to a 30-day supply (Acute & Preventive Generic)	Member Pays	Generic - \$0 Copay				
Pharmacy Retail up to a 30-day supply or Mailorder up to a 90-day Supply (200 Generic Maintenance Drugs)						
Non-Preferred Generic	Member Pays	Retail 30-day \$5 & \$10 Copay Mail Order 90-day \$5 & \$20 Copay				
Brand (Prior Authorization Required)						
Prescription Terms and Conditions						
Non-Preventive Maintenance Prescriptions – (All generic and brand drugs. Specialty drugs are not covered). For all non-preventive generic & brand name drugs there is \$150 benefit limit per person per month. RX Plan includes discounts when the monthly benefit limit of \$150 per person is exceeded. Specialty drugs are not covered but the RX provider offers a Prescription Assistance Program – Member must qualify for PAP according to income guidelines. Mail order is optional for generic and brand drugs.						
Advocacy		Details				
MyHealthcare NINJA		Hospital Bill Reducer				
The Vitamin Patch						
Plan Sponsor	First Health Network					
		mba merchants benefit admin Plan Administrator				
<small>(1) All sickness benefits are subject to a 30-day waiting period before benefits are payable under the plan. (2) Outpatient physician services and wellness benefits are subject to In-network providers only. Inpatient Hospital indemnity benefits are not. (3) Hospitalization benefits are not payable for a Pre-Existing Condition as defined in Section 2.56 Definitions for the first Twelve [12] Months of coverage.</small>						
<small>This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully. This group health plan is limited to covering preventive and wellness services as required by the Patient Protection and Affordable Care Act as well as other benefits noted in the Summary Plan Description, which describes the benefits covered by the Plan and how these benefits are covered, including information on copays, deductibles, and limitations.</small>						

Comparing the Plans

Feature	Wellness	Care 1	Care 2	Care 3	Care 4	Care 5
Wellness Exam/yr	1	-	-	-	1	1
Primary Care Visits/yr	-	3	4	4	4	5
Specialist Visits/yr	-	1	2	4	4	5
Hospitalization/Day	-	\$1,000	\$1,000	\$1,000	\$1,000	\$1,500
Yearly Hospital Max	-	\$5,000	\$10,000	\$15,000	\$10,000	\$15,000
Surgery/Year	-	-	-	-	\$1,000	\$1,500
Surgery Max/Year	-	-	-	-	\$2,000	\$4,500
Emergency Room	-	-	-	-	\$1,000	\$1,000
Ambulance	-	-	-	-	\$500	\$500
Telemedicine	Yes	Yes	Yes	Yes	Yes	Yes
Generic Rx	Discount	Discount	\$0	\$0	\$0	\$0
Preferred Generic Rx	-	-	\$5	\$5	\$5	\$5
Non-Preferred Generic Rx	-	-	\$5-\$10	\$5-\$10	\$5-\$10	\$5-\$10
Brand Rx	-	-	\$40	\$40	\$40	\$40



MEC/Preventative Health Services Summary of Benefits

11. Any claim arising from service received outside of the United States, except for the reasonable cost of claims billed by the Veterans Administration or Department of Defense for benefits covered under this Plan and not incurred during or from service in the Armed Forces of the United States

12. Claims for which a participant is not legally required to pay or claims which would not have been made if this Plan had not existed 13. Claims for services which are not medically necessary as determined by this Plan or the excess of any claim above reasonable and customary rates when a PPO network has not been contracted.

14. Charges which are or could be reimbursed by any public health program irrespective of whether such coverage has been elected by a participant

15. Claims due to an act of war declared or undeclared, not including acts of terrorism

16. Claims for eyeglasses, contacts, hearing aids (or examinations for the fitting thereof) or radial keratotomy 17. Abortion Services

18. Cosmetic, unless specifically provided in the schedule of benefits

19. Custodial care for primarily personal, not medical, needs provided by persons with no special medical training or skill

20. Claims from any provider other than a healthcare provider as defined in the Plan Document unless explicitly permitted in the schedule of benefits

21. Investigatory or experimental treatment, services, or supplies unless specifically covered under Approved Clinical Trials 22. Services or supplies which are primarily educational.

23. Claims due to attempted suicide or intentionally self-inflicted injury while sane or insane, unless the claim results from a medical condition or treatment

24. Claims resulting from, or which arise due to the attempt or commission of, an illegal act. Claims by victims of domestic violence will not be subject to this exclusion.

25. Claims with respect to any treatment or procedure to change one's physical anatomy to those of the opposite sex and any other treatment or study related to sex change

26. Claims from a medical service provider who is related by blood, marriage, or legal adoption to a participant 27. Any claims for fertility or infertility treatment

28. Weight control, weight reduction, or surgical treatment for obesity or morbid obesity, unless explicitly provided in the schedule of benefits

29. Claims for disability resulting from reversal of sterilization

30. Claims for the completion of forms, or failure to keep scheduled appointments 31. Recreational or diversional therapy

32. Personal hygiene or convenience items, including but not limited to air conditioning, humidifiers, hot tubs, whirlpools, or exercise equipment, irrespective of the recommendations or prescriptions of a medical service provider

33. Claims related to participation in a recreational activity, including but not limited to sky-diving, motorcycle or automobile racing, bungee jumping, rock climbing, rappelling or hang gliding

34. Claims that arise primarily due to medical tourism 35. Supportive devices of the foot

36. Treatments for sexual dysfunction 37. Aquatic or massage therapy

38. Biofeedback training 39. Skilled nursing facilities

40. Durable medical equipment and prosthetics

41. Hospice care, private duty nursing, or long-term care

42. Residential training for children in a residential halfway house or home, or any facility which is not a health care institution licensed for the primary purpose of treatment of an illness or injury

43. Claims for temporomandibular joint syndrome 44. Claims for biotech or specialty prescriptions

45. Any claim which is not explicitly covered in the schedule of benefits 46. Genetic testing unless explicitly covered in the schedule of benefits 47. Organ transplants

48. Claims for cosmetic surgery, not related to mastectomy reconstruction to produce a symmetrical appearance or prosthesis, or physical deformities which result from such procedures.

49. Chiropractic care

50. Radiation and chemotherapy 51. Dialysis

52. Acupuncture

53. Alternative medicine/homeopathy 54. Children dental and vision

55. Neonatal intensive care (NICU) 56. Rehabilitative therapies

57. PCP surgery

58. Routine eye care (Adult)

59. Emergency care when traveling outside the U.S.

60. Pregnancy Benefits, including office visits and childbirth/delivery professional and facility services.

61. Routine well-baby care of newborn infant while inpatient.

"The purpose of this list of exclusions is solely to provide additional clarity regarding treatments, procedures, products, services, or any other items which are not covered under this plan. Accordingly, no exclusion shall be interpreted by negative implication, or otherwise, as evidence of the existence of coverage under this plan."

Definitions and Limitations

Exclusions

- Pre-existing Conditions
- Waiting Periods
- Prescription Limitations

Specific Limitations

- Specialty Drugs Excluded
- In-network Provider Requirement

Key Takeaways and Reminders

- **Flexibility** in plan options
- **Cost vs. Coverage** balance
- **Enrollment Support** available
- **In-network Providers** required

Thank You!

Continue to be great!



DISCLAIMER

This is a brief description of coverage and is subject to the terms, conditions, limitations, and exclusions of the policy. Please see the policy and certificate for complete details. Coverage may not be available in all states.

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