

TDK Plan Overview

Understanding the details and benefits of the **Transforming Data Through Knowledge** plan.

Plan Overview

- Provided by **America's Choice Health Care**
- Administration by **Detego Health**
- **Accessibility** for Individuals and Families
- **Emphasizes** Personal impact
- **Ensures** Vital services within reach

Core Plan Elements

Coverage

- Physician Services and Hospitalization
- Virtual Visits and Prescriptions
- Wellness and Advocacy Services
- Tailored Healthcare options

Plan Structure

- Tiered plan options
- Specific Co-pays per service
- Visit Allowances
- Maximum coverage limits

Eligibility

- Individual and family coverage
- Emphasis on affordability
- Access to health services
- Flexible coverage options

Common Service Features

First Health Network

- Wide range of providers and facilities
- Nationwide access to healthcare
- Healthcare provider network

Claims Management

- Efficient processing through Detego Health
- Smooth handling of claims
- Quick reimbursements

Support Services

- Personal health dashboard
- Wellness support tools
- NaviClaim advocacy
- Hospital bill reduction help



TDK 1

TDK 1 Health Plan (1/2)

Physician Services

- Primary Care: **\$25 co-pay, \$150 max/visit, 3 visits/year**
- Specialist/Urgent Care: **\$50 co-pay, \$300 max/visit, 1 visit/year**

Hospitalization

- **\$1,000/day, \$5,000 annual max**

Virtual Visits

- Telemedicine: **\$0 consult fee, unlimited visits, 4 mental health visits/year**

Physician Services ¹ (Utilizes the First Health Network) ²		Details						
Primary Care Office Visit 3 visits / yr		Co-Pay \$25	Maximum / Visit \$150					
Specialist Care Office Visit 1 visit / yr		Co-Pay \$50	Maximum / Visit \$300					
Urgent Care Office Visit 1 visit / yr		Co-Pay \$50	Maximum / Visit \$300					
In-Patient Hospitalization Benefit	Per Day \$1,000	Year Maximum \$5,000	12/12 month Pre-Existing ³					
Virtual Visits		Details						
 MyLiveDoc Your health, your time	Telemedicine							
Virtual Care	\$0 Consult Fee		No Maximum					
Prescriptions	70+ Free Prescriptions. Discount with Prescription Card.							
Wellness		Details						
 PERSONAL HEALTH DASHBOARD	Personal Health Dashboard							
Advocacy		Details						
 Navi Claim	Hospital Bill Reducer							
 Healthcare Data Analytics Transforming Data to Knowledge								
 First Health Network								
 DetegoHealth Discover A Better Plan								
<small>(1) All sickness benefits are subject to a 30-day waiting period before benefits are payable under the plan. (2) Outpatient physician services and wellness benefits subject to in-network providers only. Inpatient Hospital indemnity benefits are not. (3) Hospitalization benefits are not payable for a Pre-Existing Condition as defined in Plan Doc for the first Twelve [12] Months of coverage.</small>								
<small>This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully.</small>								
<small>This group health plan is limited to covering preventive and wellness services as required by the Patient Protection and Affordable Care Act as well as other benefits noted in the Summary Plan Description, which describes the benefits covered by the Plan and how these benefits are covered, including information on copays, deductibles, and limitations.</small>								



TDK 1

TDK 1 Health Plan (2/2)

Prescriptions

- 70+ free prescriptions, discount card

Wellness

- Personal Health Dashboard

Advocacy

- NaviClaim (Hospital Bill Reducer)

Physician Services ¹ (Utilizes the First Health Network) ²			Details					
Primary Care Office Visit 3 visits / yr	Co-Pay \$25	Maximum / Visit	\$150					
Specialist Care Office Visit 1 visit / yr	Co-Pay \$50	Maximum / Visit	\$300					
Urgent Care Office Visit 1 visit / yr	Co-Pay \$50	Maximum / Visit	\$300					
In-Patient Hospitalization Benefit	Per Day \$1,000	Year Maximum	\$5,000	12/12 month	Pre-Existing ³			
Virtual Visits			Details					
 MyLiveDoc Your health, your time	Telemedicine							
Virtual Care	\$0 Consult Fee		No Maximum					
Prescriptions	70+ Free Prescriptions. Discount with Prescription Card.							
Wellness			Details					
 PERSONAL HEALTH DASHBOARD	Personal Health Dashboard							
Advocacy			Details					
 Navi Claim	Hospital Bill Reducer							
 Healthcare Data Analytics Transforming Data to Knowledge								
 First Health Network								
 DetegoHealth Simplifying a Better Plan								
<p>(1) All sickness benefits are subject to a 30-day waiting period before benefits are payable under the plan. (2) Outpatient physician services and wellness benefits subject to in-network providers only. Inpatient Hospital indemnity benefits are not covered. (3) Hospitalization benefits are not payable for a Pre-Existing Condition as defined in Plan Doc for the first Twelve [12] Months of coverage.</p> <p>This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully.</p> <p>This group health plan is limited to covering preventive and wellness services as required by the Patient Protection and Affordable Care Act as well as other benefits noted in the Summary Plan Description, which describes the benefits covered by the Plan and how these benefits are covered, including information on copays, deductibles, and limitations.</p>								



TDK 2

TDK 2 Health Plan (1/2)

Physician Services

- Primary Care: **\$25 co-pay, \$150 max/visit, 4 visits/year**
- Specialist/Urgent Care: **\$50 co-pay, \$300 max/visit, 2 visits/year**

Hospitalization

- **\$1,000/day, \$10,000 annual max**

Virtual Visits

- Telemedicine: **\$0 consult fee, unlimited visits, 4 mental health visits/year**

Physician Services ¹ (Utilizes the First Health Network) ²			Details										
Primary Care Office Visit 4 visits / yr	Co-Pay \$25	Maximum / Visit \$150											
Specialist Care Office Visit 2 visit / yr	Co-Pay \$50	Maximum / Visit \$300											
Urgent Care Office Visit 2 visit / yr	Co-Pay \$50	Maximum / Visit \$300											
In-Patient Hospitalization Benefit	Per Day \$1,000	Year Maximum \$10,000	12/12 month Pre-Existing ³										
Virtual Visits			Details										
 MyLiveDoc Your health, your time	Telemedicine												
Virtual Care	\$0 Consult Fee		No Maximum										
Prescriptions	1,000+ Free Prescriptions. Discount with Prescription Card.												
Wellness			Details										
 PERSONAL HEALTH DASHBOARD	Personal Health Dashboard												
Advocacy			Details										
 Navi Claim	Hospital Bill Reducer												
 Healthcare Data Analytics Transforming Data to Knowledge													
 First Health Network													
 DetegoHealth Advanced Better Plan													
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TDK 2

TDK 2 Health Plan (2/2)

Prescriptions

- 1,000+ free prescriptions, discount card
- Mail-Order: Generic medications only

Wellness

- Personal Health Dashboard

Advocacy

- **NaviClaim** (Hospital Bill Reducer)

Physician Services ¹ (Utilizes the First Health Network) ²			Details										
Primary Care Office Visit 4 visits / yr	Co-Pay \$25		Maximum / Visit \$150										
Specialist Care Office Visit 2 visit / yr	Co-Pay \$50		Maximum / Visit \$300										
Urgent Care Office Visit 2 visit / yr	Co-Pay \$50		Maximum / Visit \$300										
In-Patient Hospitalization Benefit	Per Day \$1,000	Year Maximum \$10,000	12/12 month Pre-Existing ³										
Virtual Visits			Details										
 MyLiveDoc Your health, your time	Telemedicine												
Virtual Care	\$0 Consult Fee		No Maximum										
Prescriptions	1,000+ Free Prescriptions. Discount with Prescription Card.												
Wellness			Details										
 PERSONAL HEALTH DASHBOARD	Personal Health Dashboard												
Advocacy			Details										
 Navi Claim	Hospital Bill Reducer												
 Healthcare Data Analytics Transforming Data to Knowledge	 First Health Network												
 DetegoHealth Advanced Better Plan													
<small>(1) All sickness benefits are subject to a 30-day waiting period before benefits are payable under the plan. (2) Outpatient physician services and wellness benefits are subject to in-network providers only. Inpatient Hospital indemnity benefits are not. (3) Hospitalization benefits are not payable for a Pre-Existing Condition as defined in the Plan Doc for the first Twelve [12] Months of coverage.</small>													
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TDK 3

TDK 3 Health Plan (1/2)

Physician Services

- Primary Care: **\$25 co-pay, \$150 max/visit, 4 visits/year**
- Specialist: **\$50 co-pay, \$300 max/visit, 4 visits/year**
- Urgent Care: **\$50 co-pay, \$300 max/visit, 4 visits/year**

Hospitalization

- **\$1,000/day, \$15,000 annual max**

Virtual Visits

- Telemedicine: **\$0 consult fee, unlimited visits, 4 mental health visits/year**

Physician Services ¹ (Utilizes the First Health Network) ²		Details	
Primary Care Office Visit 4 visits / yr	Co-Pay \$25	Maximum / Visit \$150	
Specialist Care Office Visit 4 visit / yr	Co-Pay \$50	Maximum / Visit \$300	
Urgent Care Office Visit 4 visit / yr	Co-Pay \$50	Maximum / Visit \$300	
In-Patient Hospitalization Benefit	Per Day \$1,000	Year Maximum \$15,000	12/12 month Pre-Existing ³

Virtual Visits		Details	
MyLiveDoc Your health, your time		Telemedicine	
Virtual Care	\$0 Consult Fee	No Maximum	
Prescriptions		1,000+ Free Prescriptions. Discount with Prescription Card.	
Wellness		Details	
PERSONAL HEALTH DASHBOARD		Personal Health Dashboard	
Advocacy		Details	
Navi Claim		Hospital Bill Reducer	

Healthcare Data Analytics Transforming Data to Knowledge	First Health Network	DetegoHealth Smart Health Solutions
<small>(1) All sickness benefits are subject to a 30-day waiting period before benefits are payable under the plan. (2) Outpatient physician services and wellness benefits are subject to In-network providers only. Inpatient Hospital Indemnity benefits are not. (3) Hospitalization benefits are not payable for a Pre-Existing Condition as defined in the Plan Doc for the first Twelve [12] Months of coverage. This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully. This group health plan is limited to covering preventive and wellness services as required by the Patient Protection and Affordable Care Act as well as other benefits noted in the Summary Plan Description, which describes the benefits covered by the Plan and how these benefits are covered, including information on copays, deductibles, and limitations.</small>		



TDK 3

TDK 3 Health Plan (2/2)

Prescriptions

- 1,000+ free prescriptions, discount card

Wellness

- Personal Health Dashboard

Advocacy

- NaviClaim (Hospital Bill Reducer)

Physician Services ¹ (Utilizes the First Health Network) ²		Details	
Primary Care Office Visit 4 visits / yr		Co-Pay \$25	Maximum / Visit \$150
Specialist Care Office Visit 4 visit / yr		Co-Pay \$50	Maximum / Visit \$300
Urgent Care Office Visit 4 visit / yr		Co-Pay \$50	Maximum / Visit \$300
In-Patient Hospitalization Benefit	Per Day \$1,000	Year Maximum \$15,000	12/12 month Pre-Existing ³

Virtual Visits		Details	
MyLiveDoc Your health, your time		Telemedicine	
Virtual Care	\$0 Consult Fee	No Maximum	
Prescriptions		1,000+ Free Prescriptions. Discount with Prescription Card.	

Wellness		Details	
PERSONAL HEALTH DASHBOARD		Personal Health Dashboard	

Advocacy		Details	
Navi Claim		Hospital Bill Reducer	

Healthcare Data Analytics Transforming Data to Knowledge	First Health Network	DetegoHealth Smart. Better. Affordable.
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(1) All sickness benefits are subject to a 30-day waiting period before benefits are payable under the plan.
(2) Outpatient physician services and wellness benefits are subject to In-network providers only. Inpatient Hospital Indemnity benefits are not.
(3) Hospitalization benefits are not payable for a Pre-Existing Condition as defined in the Plan Doc for the first Twelve [12] Months of coverage.

This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully.
This group health plan is limited to covering preventive and wellness services as required by the Patient Protection and Affordable Care Act as well as other benefits noted in the Summary Plan Description, which describes the benefits covered by the Plan and how these benefits are covered, including information on copays, deductibles, and limitations.



TDK 4

TDK 4 Health Plan (1/2)

Physician Services

- Wellness Exam: **\$0 co-pay, \$150 max, 1 visit/year**
- Primary Care: **\$50 co-pay, \$150 max/visit, 4 visits/year**
- Specialist: **\$75 co-pay, \$300 max/visit, 4 visits/year**
- Urgent Care: **\$75 co-pay, \$300 max/visit, 4 visits/year**

Hospitalization and Surgery

- In-Patient: **\$1,000/day, \$10,000 annual max**
- Outpatient Surgery: **\$1,000/day, \$2,000 annual max**

Emergency Services

- Emergency Room: **\$1,000 per incident (if admitted)**
- Ambulance: **\$500 per incident (if admitted)**

Physician Services ¹ (Utilizes the First Health Network) ²			Details					
Wellness Exam 1 visit / yr	Co-Pay \$0	Maximum / Visit \$150						
Primary Care Office Visit 4 visits / yr	Co-Pay \$50	Maximum / Visit \$150						
Specialist Care Office Visit 4 visit / yr	Co-Pay \$75	Maximum / Visit \$300						
Urgent Care Office Visit 4 visit / yr	Co-Pay \$75	Maximum / Visit \$300						
In-Patient Hospitalization Benefit	Per Day \$1,000	Year Maximum \$10,000	12/12 month Pre-Existing ³					
Out-Patient Surgery	Per Day \$1,000	Year Maximum \$2,000	12/12 month Pre-Existing ³					
Emergency Room (if admitted)	Per Incident \$1,000		12/12 month Pre-Existing ³					
Ambulance Benefit (if admitted)	Per Incident \$500		12/12 month Pre-Existing ³					
Virtual Visits			Details					
 MyLiveDoc Your health, your time	Telemedicine							
Virtual Care	\$0 Consult Fee		No Maximum					
Prescriptions	1,000+ Free Prescriptions. Discount with Prescription Card.							
Wellness			Details					
 PERSONAL HEALTH DASHBOARD	<ul style="list-style-type: none"> • Track your medical records, fitness, sleep, hydration and other items. • Access to discount lab and DNA testing. • A wide array of additional benefits. 							
Advocacy	Details							
 Navi Claim	Hospital Bill Reducer							
 Healthcare Data Analytics Transforming Data to Knowledge	 First Health Network							
<small> (1) All in-network benefits are subject to a 30-day waiting period before benefits are payable under the plan. (2) Outpatient physician services and wellness benefits are subject to in-network providers only. Inpatient hospital indemnity benefits are not. (3) Hospital benefits are not payable for a Pre-Existing Condition as defined in the Plan Document for the first Twelve (12) Months of coverage. This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully. This group health plan is limited to covering preventive and wellness services as required by the Patient Protection and Affordable Care Act as well as other benefits noted in the Summary Plan Description, which describes the benefits covered by the Plan and how these benefits are covered, including information on copays, deductibles, and limitations. </small>								



DetegoHealth

MAKING A BETTER PLAN



TDK 4

TDK 4 Health Plan (2/2)

Virtual Visits

- Telemedicine: **\$0 consult fee, unlimited visits, 4 mental health visits/year**

Prescriptions

- **1,000+ free prescriptions, discount card**

Wellness

- Personal Health Dashboard

Advocacy

- **NaviClaim (Hospital Bill Reducer)**

Physician Services ¹ (Utilizes the First Health Network) ²			Details					
Wellness Exam 1 visit / yr	\$0		Co-Pay	Maximum / Visit	\$150			
Primary Care Office Visit 4 visits / yr	\$50		Co-Pay	Maximum / Visit	\$150			
Specialist Care Office Visit 4 visit / yr	\$75		Co-Pay	Maximum / Visit	\$300			
Urgent Care Office Visit 4 visit / yr	\$75		Co-Pay	Maximum / Visit	\$300			
In-Patient Hospitalization Benefit	Per Day \$1,000	Year Maximum \$10,000	Per Day	Year Maximum	12/12 month Pre-Existing ³			
Out-Patient Surgery	\$1,000	\$2,000	Per Day	Year Maximum	12/12 month Pre-Existing ³			
Emergency Room (if admitted)		\$1,000	Per Incident		12/12 month Pre-Existing ³			
Ambulance Benefit (if admitted)		\$500	Per Incident		12/12 month Pre-Existing ³			
Virtual Visits			Details					
 MyLiveDoc Your health, your time	Telemedicine							
Virtual Care	\$0 Consult Fee		No Maximum					
Prescriptions	1,000+ Free Prescriptions. Discount with Prescription Card.							
Wellness			Details					
 PERSONAL HEALTH DASHBOARD	<ul style="list-style-type: none"> • Track your medical records, fitness, sleep, hydration and other items. • Access to discount lab and DNA testing. • A wide array of additional benefits. 							
Advocacy			Details					
 Navi Claim	Hospital Bill Reducer							
 Healthcare Data Analytics Transforming Data to Knowledge	 First Health Network							
<small> (1) All in-network benefits are subject to a 30-day waiting period before benefits are payable under the plan. (2) Outpatient physician services and wellness benefits are subject to in-network providers only. Inpatient hospital indemnity benefits are not. (3) Hospitalization benefits are not payable for a Pre-Existing Condition as defined in the Plan Document for the first Twelve (12) Months of coverage. This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully. This group health plan is limited to covering preventive and wellness services as required by the Patient Protection and Affordable Care Act as well as other benefits noted in the Summary Plan Description, which describes the benefits covered by the Plan and how these benefits are covered, including information on copays, deductibles, and limitations. </small>								





TDK 5

TDK 5 Health Plan (1/2)

Physician Services

- Wellness Exam: **\$0 co-pay, \$150 max, 1 visit/year**
- Primary Care: **\$50 co-pay, \$150 max/visit, 5 visits/year**
- Specialist: **\$75 co-pay, \$300 max/visit, 5 visits/year**
- Urgent Care: **\$75 co-pay, \$300 max/visit, 5 visits/year**

Hospitalization and Surgery

- In-Patient: **\$1,000/day, \$15,000 annual max**
- Inpatient & Outpatient Surgery: **\$1,500/day, \$4,500 annual max**

Physician Services ¹ (Utilizes the First Health Network) ²			Details		
Wellness Exam 1 visit / yr	Co-Pay \$0	Maximum / Visit \$150			
Primary Care Office Visit 5 visits / yr	Co-Pay \$50	Maximum / Visit \$150			
Specialist Care Office Visit 5 visit / yr	Co-Pay \$75	Maximum / Visit \$300			
Urgent Care Office Visit 5 visit / yr	Co-Pay \$75	Maximum / Visit \$300			
In-Patient Hospitalization Benefit	Per Day \$1,500	Year Maximum \$15,000	12/12 month Pre-Existing ³		
In/Out-Patient Surgery	Per Day \$1,500	Year Maximum \$4,500	12/12 month Pre-Existing ³		
Emergency Room (if admitted)	Per Incident \$1,000		12/12 month Pre-Existing ³		
Ambulance Benefit (if admitted)	Per Incident \$500		12/12 month Pre-Existing ³		
Virtual Visits			Details		
 MyLiveDoc Your health, your time	Telemedicine				
Virtual Care	\$0 Consult Fee	No Maximum			
Prescriptions	1,000+ Free Prescriptions. Discount with Prescription Card.				
Wellness			Details		
 PERSONAL HEALTH DASHBOARD	<ul style="list-style-type: none"> • Track your medical records, fitness, sleep, hydration and other items. • Access to discount lab and DNA testing. • A wide array of additional benefits. 				
Advocacy			Details		
 NaviClaim	Hospital Bill Reducer				
Healthcare Data Analytics Transforming Data To Knowledge	 First Health Network				
	 DetegeHealth Ensuring a Better Plan				

(1) All office-based benefits are subject to a 30-day waiting period before benefits are payable under the plan.

(2) Outpatient physician services and wellness benefits are subject to in-network providers only. Inpatient Hospital indemnity benefits are not.

(3) Hospital benefits are not payable for a Pre-Existing Condition as defined in the Plan Document for the first Twelve [12] Months of coverage.

This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully.

This group health plan is limited to covering preventive and wellness services as required by the Patient Protection and Affordable Care Act as well as other benefits noted in the Summary Plan Description, which describes the benefits covered by the Plan and how these benefits are covered, including information on copays, deductibles, and limitations.

TDK 5 Health Plan (2/2)

Emergency Services

- Emergency Room: **\$1,000 per incident** (if admitted)
- Ambulance: **\$500 per incident** (if admitted)

Virtual Visits

- Telemedicine: **\$0 consult fee, unlimited visits, 4 mental health visits/year**

Prescriptions

- 1,000+ free prescriptions, discount card**

Wellness

- Personal Health Dashboard

Advocacy

- NaviClaim (Hospital Bill Reducer)**



TDK 5

Physician Services ¹ (Utilizes the First Health Network) ²			Details
Wellness Exam 1 visit / yr	Co-Pay \$0	Maximum / Visit \$150	
Primary Care Office Visit 5 visits / yr	Co-Pay \$50	Maximum / Visit \$150	
Specialist Care Office Visit 5 visit / yr	Co-Pay \$75	Maximum / Visit \$300	
Urgent Care Office Visit 5 visit / yr	Co-Pay \$75	Maximum / Visit \$300	
In-Patient Hospitalization Benefit	Per Day \$1,500	Year Maximum \$15,000	12/12 month Pre-Existing ³
In/Out-Patient Surgery	Per Day \$1,500	Year Maximum \$4,500	12/12 month Pre-Existing ³
Emergency Room (if admitted)	Per Incident \$1,000		12/12 month Pre-Existing ³
Ambulance Benefit (if admitted)	Per Incident \$500		12/12 month Pre-Existing ³
Virtual Visits			Details
MyLiveDoc Your health, your time	Telemedicine		
Virtual Care	\$0 Consult Fee	No Maximum	
Prescriptions	1,000+ Free Prescriptions. Discount with Prescription Card.		
Wellness			Details
PERSONAL HEALTH DASHBOARD	• Track your medical records, fitness, sleep, hydration and other items. • Access to discount lab and DNA testing. • A wide array of additional benefits.		
Advocacy			Details
NaviClaim	Hospital Bill Reducer		
Healthcare Data Analytics Transforming Data To Knowledge	First HealthNetwork Transforming Data To Knowledge		
DetegeHealth Ensuring A Better Plan			

(1) All in-network benefits are subject to a 30-day waiting period before benefits are payable under the plan.

(2) Outpatient physician services and wellness benefits are subject to in-network providers only. Inpatient Hospital indemnity benefits are not.

(3) Hospital benefits are not payable for a Pre-Existing Condition as defined in the Plan Document for the first Twelve [12] Months of coverage.

This Plan does not cover services unless listed in the Schedule of Benefits, so please review that list carefully.

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Limitations and Definitions

Important Limitations

- 30-day waiting period for sickness benefits
 - Pre-existing conditions not covered for first 12 months
 - Prescription Plan is a discount program, not a drug plan
 - Generic acute medications at \$0 cost
 - Brand-name medications available at discount

NaviClaim Services

- Available for hospital bill reduction
 - Assists with indemnity benefits



Key Takeaways

Flexible healthcare options with varying coverage levels

Affordable access through First Health Network

Choose your tier based on needs and budget

Thank You!

Continue to be great!

