

# True Health Plans Review

Understanding the details and benefits of the True Health Plans

#### True Health Plans Overview

- Comprehensive coverage through **True Health**
- **Telemedicine** for convenient access
- Prescription Benefits and support tools
- **Preventive Care** through various programs
- Advocacy Services support

## **Key Features and Benefits**

**Telemedicine Services** 

**Prescription Benefits** 

**Preventive Care** 

**Advocacy Services** (varies by plan)

**Discount Prescription Service** through BestChoice RX



### **Cost Management Tools**

**BestChoiceRX Group Discount Program** (BCRX)

**Opyn Live** System

MyHealthcare Ninja Support

#### How BestChoiceRX Works

- 1. Enroll through **True Health**
- 2. Access participating pharmacies
- 3. Use discount card at checkout
- 4. Receive **BCRX** benefits
- 5. Save on prescriptions
- 6. Lower out-of-pocket costs

#### **Preventive Care and Wellness**

- Screening Services
- Counseling Programs
- Opyn Live provides telehealth services

### **Telehealth Services**

- No consult fee
- Unlimited access
- Convenient scheduling available
- **Direct connection** to care

## **Advocacy and Support Services**

- Personalized healthcare advocacy
- Hospital bill reduction assistance
- Insurance navigation options
- **Healthcare Ninja** support













# **Comparing the Plans**

Feature	True Health 1 (TH1)	True Health 2 (TH2)	True Health 3 (TH3)
Primary Care Visits	3/year	4/year	4/year
Specialist Visits	1/year	2/year	4/year
Hospitalization	\$5,000 max/year	\$10,000 max/year	\$15,000 max/year
Telemedicine	Unlimited	Unlimited	Unlimited
Prescription Benefits	BestChoice RX	Formulary	Non-preferred



## **Key Takeaways and Reminders**

- **Telemedicine** benefits
- Prescription Discounts included
- Preventive Care benefits
- In-network providers required

# Thank You!

Continue to be great!

