

MedFirst 1 Plan Overview

Understand the details and benefits of the MedFirst 1 Plan.

Agenda

- 1. Introduction: MedFirst 1 Plan Overview
- 2. Physician Services: Key Benefits and Coverage
- 3. In-Patient and Telemedicine: Hospitalization and Remote Care
- 4. **RX Benefits**: Prescription Coverage Options
- 5. Preventive Health Services: Essential Preventive Benefits
- 6. **Immunizations**: Age-Based Coverage
- 7. **Exclusions**: Key Limitations

Introduction to MedFirst 1 Plan

Overview of MedFirst 1 Plan

Setting the Stage

- An essential guide to understanding
 MedFirst 1 benefits.
- Important reminders: Review required verbiage for each benefit listed.

Key Focus Areas

Benefit	Explanation
Primary Care Office Visit	Covers 3 visits per year, \$25 co-payment, max \$150.
Specialist/Urgent Care	1 visit per year, \$50 co- payment, max \$300.
Telemedicine	\$0 consult fee, no max visits through Kindly Human/Recuro Health.
RX Benefits	Group discount program, not a standard prescription drug plan.

Physician Services

Key Focus:

- Primary Care and Specialist Visits.
- Required network: First Health Network.
- Waiting period: 30 days for sickness benefits.



In-Patient Hospitalization Benefit

Coverage Details

Daily Indemnity: \$1,000/day.

Annual Max: \$5,000.

Pre-Existing Conditions: No coverage for

the first 12 months.

Detail	Description
Daily Benefit	\$1,000/day
Maximum	\$5,000 per calendar year
Waiting Period	12 months for pre-existing conditions

Telemedicine

Overview

• **Provider**: Kindly Human via Recuro Health.

■ Consult Fee: \$0.

Unlimited Access: No limit on consults.

Benefit	Detail
Provider	Kindly Human/Recuro Health
Consult Fee	\$0
Maximum	No limit on visits

RX Benefits

RX Benefit Program

Key Points

- Program: Best Choice RX Group Discount Program.
- Clarification: This is a discount program, not a traditional prescription plan.
- Availability: Participating pharmacies only.

RX Benefit	Description
Program Type	Group Discount
Pharmacy Availability	Participating pharmacies only
Important Note	Not a prescription drug plan

Preventive Health Services

Preventive Health Services Summary

Structure

- Interval: Frequency of each service.
- **Requirements**: Age, conditions, or other limitations.

Service	Interval	Requirements
Abdominal Aortic Aneurysm Screening	1 per lifetime	Men 65-75, smokers only
Diabetes Screening	1 per year	Adults 40-70, overweight or obese
Vision Screening	Every 2 years	Children 3-5 years

Immunizations

Immunization Coverage

Age-Based Categories

- Birth 6 years
- 7 18 years
- 19 years and older

Age Group	Immunizations
Birth - 6 years	HepB, DTaP, Hib, IPV, Flu, MMR, VAR, HepA
7 - 18 years	Flu, Tdap, HPV, MenACWY
19+	IIV, Tdap, MMR, VAR, RZV, HPV

Exclusions

Key Exclusions

Important Limitations

- Non-medical related services.
- Routine foot care, cosmetic surgery, weight control treatments.

Exclusion Category	Details
Non-Medical	Services not required for medical care
Cosmetic	Surgery for aesthetic reasons unless medically necessary
Weight Control	Excludes weight reduction or obesity surgeries

Questions and Discussion

Questions on coverage and limitations?

FirstEnroll Support: We're here to guide you through managing the MedFirst 1 Plan effectively.