

CLC STRIDERS COMMITTEE MEETING

Thursday 7 April 2022 at 2015 The Tivoli

AGENDA

- 1. Minutes of the Last Meeting
- 2. Actions from the previous meeting (see table below)
- 3. Treasurer's update Eoin
- 4. Membership update Gavin
- 5. Training Amelia / Captains
- 6. Club standards, Inclusion Policy and Welfare Officer training (Matt)
- 7. 2021/22 awards Sophie
- 8. Social events update Tom
 - a. AGM
- 9. Events update Rachel (by exception)
- 10. Kit update Laura (by exception)
- 11. Any other business
 - a. parkun takeover Jon
 - b. Club marathon place/draw Will
- 12. Date and location of next meeting



CLC STRIDERS COMMITTEE MEETING

Thursday 7 April 2022 at 2015 The Tivoli

MINUTES

In attendance

Amelia Mullins
Eoin McQuone
Gavin Jerman
Joel Freeland
Jon Howes (Chair)
Karlien Heyrman
Laura Daubney
Matt Ashman
Rachel Vines
Sophie Longmore

Apologies

Will Pearce

Tom Kabala

1. Minutes of the last meeting

The minutes of the last meeting were agreed and accepted as an accurate record. There were no further comments.

2. Actions from the previous meeting

See table at the end of the minutes for all completed and outstanding actions.

3. Treasurer's update - Eoin

Bank Balances

	Balance	Previous Balance	Movement
Main Account	£8,176.72	£9,422.68	-£1,245.96
Social Account	£0.00	£0.00	£0.00

Notable Transactions since last meeting

Date	Description	Payment	Receipt
7 April 2022	LINC – Staverton 10	£313.45	
7 April 2022	Matt Ashman – CiRF Course	£255.00	
7 April 2022	Rachel Vines – Midland Road Relays	£60.00	
7 April 2022	Membership payments		£580.78
8 March 2022	Jon Howes – POW stadium	£275.00	

8 March 2022	Joel Freeland – Minibus hire for Birmingham League	£188.45
16 Feb 2022	Local Event Medics – Staverton 10	£270.00
10 Feb 2022	Will Pearce – Marshall Refreshments Staverton 10	£162.00
10 Feb 2022	Lush race timing – Staverton 10	£250.00
27 Jan 2022	Will Pearce – water containers – Staverton 10	£59.98
27 Jan 2022	Will Pearce – Up and Running Vouchers – Staverton 10	£392.00

After expenses the Staverton 10 race realised a Net Income of £1,458.28.

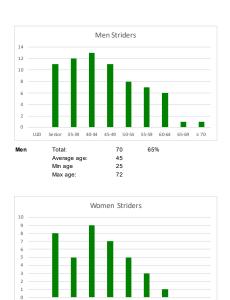
4. Membership update - Gavin

108 athletes are registered with the club, 5 having second claims.

53 members have paid their membership for 2022/23 and are registered with England Athletics until March 2023.

The England Athletics affiliation fee is due to be paid which Eoin will address in due course.

Since the last meeting there has been 1 new member and 3 resignations.



108

5. Training – Amelia

@ 7 Apr '22

Average age:

We've continued to have a good turn-out at training on Mondays and this week have changed to the summer routes. The club's Run Leaders are still helping to sort the groups for a few weeks at a time (thank you from Amelia).

Following the last meeting, we went from one to two groups on the Honeybourne on Wednesdays for a while, to manage the larger numbers. Since the beginning of March, we've seen the addition of track sessions at 2000 to the regular Honeybourne sessions at 1830.

Track hire was paid for by the club and we've not charged members to attend. Mainly taken by Joel, the track sessions have proved very popular, perhaps due to being a different training environment, the later start time, or a combination of factors.

The Honeybourne sessions (taken by Martin/Amelia, with occasional help from Matt) have generally had fewer runners but have provided consistency for those unable or not wanting to go to the track. The current plan is to extend the track sessions to 20th April, after which we might be able to move onto the grass track at the sports centre.

Martin is currently undertaking an EA officiating course. Matt has booked onto a CiRF course starting this weekend (Tim to be confirmed).

Amelia asked the committee for consideration of running further track sessions over the summer/autumn, and if so what day/time and should members be asked for payment?

It was agreed to do a short survey to members to ascertain if there would be a preference to do track training on a more regular basis of 6 week blocks.

Action: Survey to be undertaken with members re potential for more track training. Joel

Thanks were offered to the Club Captains / Sub Captains for the huge amount of work that has gone into organising cross country and other events throughout the year.

6. Club standards, Inclusion Policy and Welfare Officer training – Matt

There is a requirement from England Athletics to update the Club Standards for CLC, this includes the need to draft an Inclusion Policy, Health and Safety policy and for the Welfare Officers to undertake training.

Action: Commence work on the policies needed for Club Standards. Matt

7. **2021/22 Awards – Sophie**

The Committee reviewed the nominations for each of the awards, these will be presented at the AGM on 20 May.

8. Social events update – Tom

No social events planned in the near future apart from the AGM (below)

a. AGM

AGM confirmed for 20 May which will include the awards presentation.

The Committee agreed that due to the Covid-19 pandemic, the 2 year term for serving committee members would be slightly extended to run from November 2020 through to the Club AGM in 2023. This extends each committee members tenure by 6 months.

Action: MA to email committee members to ascertain if any wish to step down at the 2022 AGM

9. Events update – Rachel

Consideration to be given to targeting some race events over the summer.

10. Kit update – Laura

New hoodies have been sourced via Gloucester Sports. The committee agreed to proceed with launching them to members at the AGM.

Action: ask Gloucester Sports to provide some sample hoodies for presenting to members at the AGM. **Laura**

11. Any other business

a. parkrun takeover – Jon

KGV takeover is fully organised, lots of members involved and assisting. **Action**: organise Pittville parkrun takeover. **Matt**

b. Club marathon place/draw - Will

Agreed that the marathon draw will go into the club ballot to be drawn at the AGM.

c. Multi terrain records - Gavin

Gavin has been working to bring together records for multi-terrain events. Consideration being to the events to be included within club records.

12. Date and location of next meeting

Friday 20 May (AGM) Thursday 8 September Thursday 10 November

ACTIONS

Date raised	Action	Assigned to	Updates
2021-07-15	Events to be added to the website once Rachel has completed the list	Rachel	In progress
2022-01-20	Chat to Hamish at KGV parkrun re parkrun takeover	Jon	Closed
2022-01-20	Determine who should have admin responsibility for the Stripe account	Gavin/Eoin	Closed
2022-01-20	Hire the POW track for 4 weeks during March for use on Wednesday evenings. Agreed that the club would fund this	Jon	Closed
2022-01-20	Remind attendees at Wednesday speed training of 'etiquette' when using the Honeybourne	Coaches	Closed
2022-01-20	Agreed to return to 2 groups for Wednesday speed training	Amelia	Closed
2022-01-20	Purchase water butts for use at the event		Closed
2022-01-20	Meet to discuss course setup and etc. for Staverton 10		Closed
2022-01-20	Email members re proposals for awards so votes can be collected before the next committee meeting on 7 April	Sophie	Closed
2022-01-20	Email members re new location to meet for Monday and Wednesday training	Amelia	Closed
2022-04-07	Survey to be undertaken with members re potential for more track training, timing of speed training on a Wednesday and track training on a Friday	Joel	
2022-04-07	Commence work on the policies needed for Club Standards	Matt	
2022-04-07	MA to email committee members to ascertain if any wish to step down at the 2022 AGM	Matt	
2022-04-07	Ask Gloucester Sports to provide some sample hoodies for presenting to members at the AGM	Laura	
2022-04-07	Organise Pittville parkrun takeover	Matt	