```html
<!DOCTYPE html>
<html lang="en">
<head>
<meta charset="UTF-8">
<meta name="viewport" content="width=device-width, initial-scale=1.0">
<title>VetPrep Pro – FFA Vet Science</title>
<link rel="stylesheet" href="style.css">
<link rel="manifest" href="manifest.json">
</head>
<body>
<header>VetPrep Pro – FFA Vet Science</header>
<nav>
<button onclick="showSection('home')">Home</button>
<button onclick="showSection('flashcards')">Flashcards</button>
<button onclick="showSection('quiz')">Quiz</button>
<button onclick="showSection('pet')">Pet</button>
<button onclick="toggleTheme()">Toggle Theme</button>
</nav>

<div id="home" class="section active">
<h2>Dashboard</h2>
<p>Coins: <span id="coins">0</span></p>
<p>XP: <span id="xp">0</span></p>
</div>

<div id="flashcards" class="section">
<h2>Flashcards</h2>
<div class="card">
<div id="flashcardContent"></div>
<button onclick="flipCard()">Flip</button>
<button onclick="nextCard()">Next</button>
</div>
</div>

<div id="quiz" class="section">
<h2>Quiz</h2>
<div class="card">
<p id="question"></p>
<div id="answers"></div>
<p id="feedback"></p>
</div>
</div>

<div id="pet" class="section"></div>
```

```html
<script src="script.js"></script>
<script>
if('serviceWorker' in navigator){
  navigator.serviceWorker.register('sw.js').then(()=>console.log('Service Worker Registered'));
}
</script>
</body>
</html>
```