# Doing

# A (very) short introduction to R

## in the interactive swirl environment

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## 1 Introduction

R is a powerful language and environment for statistical computing and graphics. It is a public domain (a so called "GNU") project which is similar to the commercial S language and environment which was developed at Bell Laboratories (formerly AT&T, now Lucent Technologies) by John Chambers and colleagues. R can be considered as a different implementation of S, and is widely used as an educational language and research tool.

The main advantages of R are the fact that R is freeware and that there is a lot of help available online. It is quite similar to other programming packages such as MatLab (not freeware), but more user-friendly than programming languages such as C++ or Fortran. You can use R as it is, but for educational purposes we prefer to use R in combination with the RStudio interface (also freeware), which has an organized layout and several extra options.

The tutorial "A (very) short introduction to R" (Torfs and Brauer, 2018) contains explanations, examples and exercises, which can also be understood (hopefully) by people without any programming experience. Going through all text and exercises takes about 1 or 2 hours. A list with examples of frequently used commands and error messages on the last two pages of that document can be used as a reference.

Instead of reading the pdf and doing the ToDo exercises, you can also go through the text and exercises in an interactive environment called swirl. Swirl "teaches you R programming and data science interactively, at your own pace, and right in the R console" (Swirlstats, 2017a). Swirl was developed in 2013 by the Biostatistics department of Johns Hopkins School of Public Health. Since then, many others have contributed with new courses.

This document explains how to access the swirl version of "A (very) short introduction to R". The contents are the same (with a few exceptions), so you can open the pdf version alongside to look up how to do something you learned before or browse through the references on the last two pages.

# 2 Getting started

#### 2.1 Install R

To install R on your computer (legally for free!), go to the home website of  $R^1$ :

www.r-project.org

and do the following (assuming you work on a windows computer):

- 1. click download CRAN in the left bar
- 2. choose a download site
- 3. choose Windows as target operation system
- 4. click base
- choose Download R 4.1.1 for Windows<sup>2</sup> and choose default answers for all questions

It is also possible to run R and RStudio from a USB stick instead of installing them. This is useful when you don't have administrator rights on your computer. See our separate note "How to use portable versions of R and RStudio" for help on this topic.

<sup>&</sup>lt;sup>1</sup>On the R-website you can also find an older version of "A (very) short introduction to R": cran.r-project.org/doc/contrib/Torfs+Brauer-Short-R-Intro.pdf. The last version of this document is always published on www.github.com/ClaudiaBrauer/A-very-short-introduction-to-R.

 $<sup>^2</sup>$ At the moment of writing 4.1.1 was the latest version. Choose the most recent one.

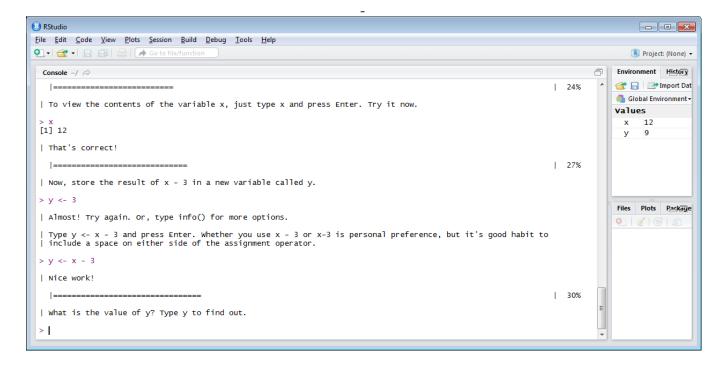


Figure 1: Swirl asks questions and responds to your answer in the command window.

#### 2.2 Install RStudio

After finishing this setup, you should see an "R" icon on you desktop. Clicking on this would start up the standard interface. We recommend, however, to use the RStudio interface.<sup>3</sup> To install RStudio, go to:

www.rstudio.com

and do the following:

- 1. under Download RStudio, click Download
- 2. below RStudio Desktop (free), click Download
- 3. click the version for your operating system
- 4. download the .exe file and run it (choose default answers for all questions)

#### 2.3 Install swirl

On the swirl website www.swirlstats.com, on the tab "Learn", you'll find the steps you'll have to take to get swirl. You have already installed R and RStudio, so you can skip the first steps and:

- 1. Open RStudio.
- 2. Install the swirl package by typing install.packages("swirl") in the panel on the left (called Console).
- Load the package by typing library(swirl)

#### 2.4 Install the course

To get the swirl version of "A (very) short introduction to R":

- Go to www.github.com/ClaudiaBrauer/ A-very-short-introduction-to-R, click documents, download A\_(very)\_short\_ introduction\_to\_R.swc (right-click > save link as...). Save it in a logical place on your computer.
- 2. In RStudio, go to the top bar, click Session > Set working directory > Choose directory... and move to the folder where you saved the .swc file. (We will explain what this means in the course.)
- 3. Type: install\_course("A-(very)-shortintroduction-to-R")
- 4. Start swirl by typing swirl()
- 5. After entering swirl(), the program will ask you (interactively) which course you want. A (very) short introduction to R should appear in the list. If it doesn't, please check for typos and check if you the folder you selected is indeed the folder with the .swc file.

"A (very) short introduction" is divided into 3 swirl modules, corresponding to Sections 2–3, 5–7 and 8–11 in the pdf version.

<sup>&</sup>lt;sup>3</sup>There are many other (freeware) interfaces, such as Tinn-R.

## 2.5 Using swirl

Swirl will explain things and ask you questions in the command window (bottom left). Using swirl is quite straightforward: just do what it tells you (Fig. 1). Swirl gives feedback, both after correct and wrong answers. Of course there are many wrong answers possible, so sometimes the feedback is not very specific. Swirl also shows your progress through the module.

# 3 Follow-up courses

In the (very) short introduction to R, you learn the very basics of programming in R. That document is useful for the very first beginning and as a reference, when you forgot how to install a package or get a column from a matrix. However, to really master the programming language, you'll have to practice more. There are many interactive (using swirl or something else) and non-interactive tutorials to practice (google e.g. "R tutorial").

#### 3.1 Other swirl courses

When swirl asks you which course you want, you can choose either "A (very) short introduction to R" or "Take me to the swirl course repository!". Choosing the second opens the GitHub site with the list of swirl courses in a browser (Swirlstats, 2017b). You can look at the options, for example:

- 1. R Programming
- 2. Data Analysis
- 3. Open Intro (statistics, data visualisation)
- 4. Getting and Cleaning Data
- 5. ...

Once you've found a nice course, you can install it by typing install\_from\_swirl("R Programming") in the command window. When you open swirl (by typing swirl()), this course is added to the list.

## 3.2 R Programming

The swirl course "R Programming" is a good start because it is the same level as the (very) short introduction to R. It contains the following modules:

- 1. Basic Building Blocks
- 2. Workspace and Files
- 3. Sequences of Numbers
- 4. Vectors

- 5. Missing Values
- 6. Subsetting Vectors
- 7. Matrices and Data Frames
- 8. Logic
- 9. Functions
- 10. lapply and sapply
- 11. vapply and tapply
- 12. Looking at Data
- 13. Simulation
- 14. Dates and Times
- 15. Base Graphics

These modules are ordered logically, but you can change the order or skip modules if you want to learn something specific.

#### 3.3 Final remarks

Different programmers have different styles. For example, in the (very) short introduction, we use = to assign variables (e.g. x=3), while in "R programming" swirl really wants you to use <-. This may be annoying at first, but it may turn out to be helpful, because it makes it easier for you to read other people's code in the future.

# **Acknowledgements**

We thank the developers of swirl and swirlstats for their time and effort to make this interactive environment which makes learning easier and more fun. Apart from "A (very) short introduction to R", we didn't design and program any swirl courses (such as R Programming) ourselves – we only recommend them. All credit goes to the people who contributed to those swirl projects.

#### References

Swirlstats, 2017a. The official swirl website.

URL swirlstats.com

Swirlstats, 2017b. Swirl courses on GitHub.

URL github.com/swirldev/swirl\_courses

Torfs, P. J. J. F., Brauer, C. C., 2018. A (very) short introduction to R.

URL www.github.com/ClaudiaBrauer/A-very-short-introduction-to-R