(Noun Phrase Cape/NNP Carnival/NNP)   Contiguous Noun Chunks

[('A', 'DT'), ('trip', 'NN'), ('to', 'TO'), ('Cape', 'NNP'), ('Carnival', 'NNP'),
(',', ','), ('FL', 'NNP'), (',', ','), ('takes', 'VBZ'), ('10', 'CD'), ('hours', 'NNS'),
('.', '.'), ('The', 'DT'), ('distance', 'NN'), ('is', 'VBZ'), ('816', 'CD'), ('km', 'NN'),
('.', '.'), ('Calculate', 'VB'), ('the', 'DT'), ('average', 'JJ'), ('speed', 'NN')]

Non-contiguous Noun Chunks
[('Mary', 'JJ'), ('switches', 'NNS'), ('her', 'PRP$'), ('table', 'JJ'), ('lamp', 'NN'), ('off', 'IN')]