

Edit page

title

reason

common

type

date to start

waht day occur

- ☐ Sunday
- ☒ Monday
- ☐ Tuesday
- ☐ wednesday
- ☒ Thursday
- ☐ Friday
- ☐ Saturday

Save to personal habit
list back to habit list

Delete this habit from
habit list ,and back to
habit list

Choose of day of the
week