

ALEXANDRA ELIZABETH MENDEZ

HOME

ABOUT

HOBBIES





PERSONAL ACHIEVEMENT #1



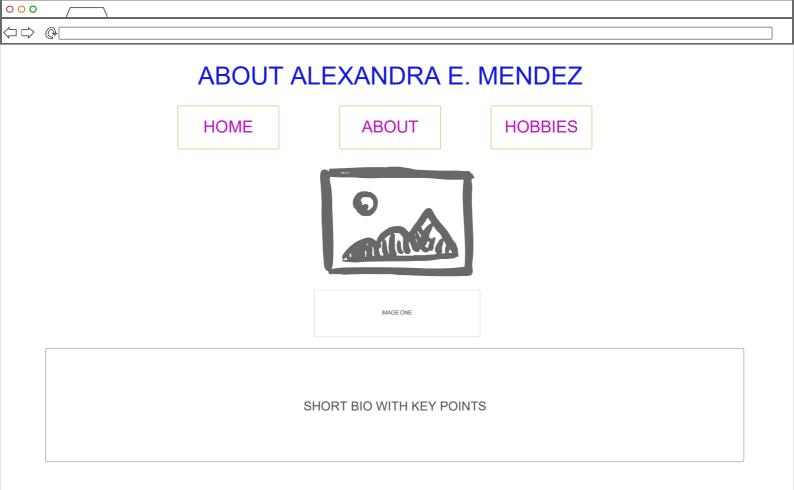


PERSONAL ACHIEVEMENT #2





PERSONAL ACHIEVEMENT #3





ALEXANDRA'S HOBBIES

HOME

ABOUT

HOBBIES



HIKING PHOTO-SHORT DESCRIPTION



HIKING PHOTO-SHORT DESCRIPTION



HIKING PHOTO-SHORT DESCRIPTION

Cameron Mendez 08/30/2025 Module-5

Front-end Style Guide

Primary: #DB4DFF (light purple)
 Secondary: #FF4D6A (pastel red)
 Background: #FC9FE7 (light rose)
 Accent: #FF634D (sunburnt orange)

Interview

- What's your full name and background?
 - Alexandra Mendez born Mehl, my father was a German immigrant who moved to the States when he was in his 20's. He settled in Dallas while working as a photographer and roadie for the rock n' roll bands of the 80's. He soon met my mother and married her a couple of years after their first date. I am the oldest of three children, all girls. We spent the first chapter of our childhood growing up in Garland, Texas. After my parents divorced, we moved to Bedford, where I met you (Cameron) and finished high school. I moved onto TWU in Denton where I got my bachelor's in early childhood education and have been teaching in Keller ISD up until this last year. I am now working as a roofing sales contractor and am enjoying the change in pace.
- What are your hobbies?

I like to garden in the mornings and practice yoga, go hiking with the dogs or my sister and her dogs. We do our bike riding every week. I like going to the inferred sauna as much as I can.

- What motivates you?
 - Making money and having time to spend with myself and the things that I want to do with my time.
- What's an accomplishment you're proud of?
 I am proud of the fact that I finished my degree and went on to teach like my mother did before me. This was especially hard for because of her unexpected death in my final year of college.
- What are your future goals?
 I recently decided to go back to school for my post-grad, I'm still trying to figure out what I want to do specifically. But I know it's something I deeply want.
- Who inspires you the most?

You do, I met you at a very hard time in my life and you helped me like no-one else could at the time. And you have continued to be there for me, willing to help me, even when we weren't dating or even talking. You were still there to help my mother. You

held rigid to your belief system when we were younger and that helped me to mature when I needed to.

• What does a typical day look like?

Well, I always wake up to the smell of coffee that you've got going in the kitchen every morning, you're usually sitting on the couch or at the kitchen island either reading a book or on your computer. You then will start us breakfast, which I always am appreciative of. You are usually off to work around 6:45 these days. I have my morning and get ready for my day. From there, no day is the same with my new schedule. So, I'm either teaching yoga or out doing roofing stuff.

• What challenges have you overcome?

Finishing school while you had just started working for Spectrum, and my mom had just passed your first week. We were in a hard spot financially; covid had just happened. I had to plan her funeral service, which at the time was the hardest thing I've ever had to do.

What do you enjoy learning about?

I enjoy reading about health and wellness, specifically ingredients and supplements that are beneficial to me because I have MTFHR mutation deficiency.

• Where do you see yourself in 5 years?

Hopefully I'm well done with my master's degree, and we moved away from the DFW area. In 5 years, we should be done having kids that's for sure; we probably should start. (This turned into a whole-nother conversation for us lol)

Cameron Mendez 08/31/2025 Module-5.2

Graduation Photo



Hiking with Gator



Cameron Mendez 08/31/2025 Module-5.2

Este Park hike

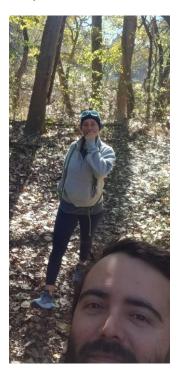


Teaching during covid



Cameron Mendez 08/31/2025 Module-5.2

Grapevine lake hike



Bike rides





Alexandra Mendez (born Mehl) was raised in Texas and is the oldest of three sisters. Her father, a German immigrant who came to the United States in his twenties, built a colorful life in Dallas as a photographer and roadie for rock bands of the 1980s before meeting Alexandra's mother. Growing up in Garland and later Bedford, Alexandra experienced the challenges of her parents' divorce but found strength in family and friendships that shaped her into the resilient person she is today.

After graduating from high school, Alexandra pursued her bachelor's degree in Early Childhood Education at Texas Woman's University in Denton. Inspired by her late mother, a lifelong teacher and later an administrator, Alexandra began her career in Keller ISD, where she taught for several years. Completing her degree was a milestone achievement, especially as she balanced personal loss and financial challenges during that period. Recently, she embraced a new professional chapter as a roofing sales contractor, enjoying the flexibility and variety the role brings.

Alexandra is passionate about health, wellness, and staying active outside of work. She gardens in the mornings, practices yoga, hikes, bikes with family and friends, and frequents the infrared sauna. Her curiosity extends to nutrition and supplements, particularly concerning managing her MTHFR gene mutation.

Looking ahead, Alexandra is preparing to return to school for postgraduate studies, with ambitions of earning her master's degree. In five years, she envisions having completed her studies, starting a family, and moving beyond the DFW area to begin the next chapter of her journey.