

# *Icebreakers:*

## **A TITANIC OVERVIEW**

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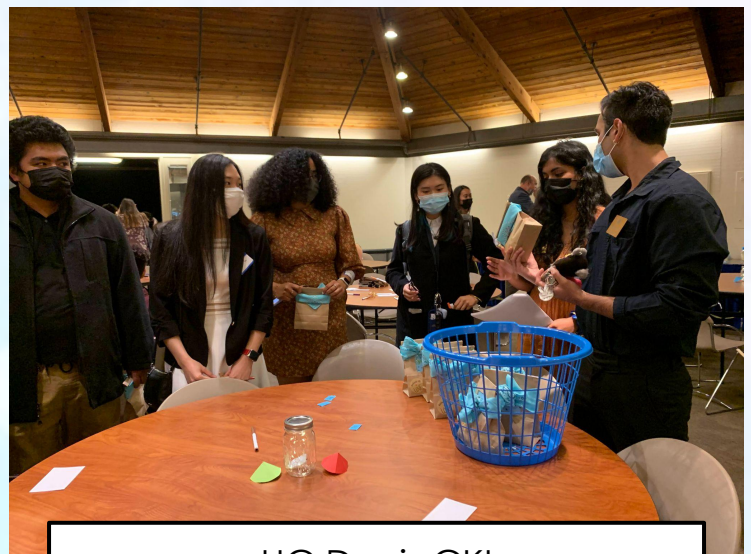
# Before We Set Sail: Why an Icebreaker?

An icebreaker is an interactive activity in which people can get together and learn something new about another person in some creative way!

Icebreakers help everyone, particularly newcomers, feel at ease with everyone around them! A friendly, welcoming, atmosphere can be born of icebreakers and set the tone of the club. It is a great addition to your meeting to ease tension and break awkwardness while getting everyone involved!



California State University,  
Long Beach CKI



UC Davis CKI



# *It's a Chill Opportunity*



Building connections between returning members and new members are imperative. Icebreakers are one of many opportunities which help members get involved and mingle with others before or during a meeting.

**There are many different icebreakers for...**

- ★ **Large groups**
- ★ **Small groups**
- ★ **Partners**

# Ways to Break the Ice: Icebreaker Games

## Around the World

- ❖ **Grab a ball of yarn**
- ❖ Starting person introduces themselves
- ❖ Mention fun fact, hobby, or anything interesting
- ❖ Group members raises hands if they relate to it
- ❖ If an individual can relate to the aforementioned fact about said person, **HOLD** the yarn string! Then toss the yarn to that particular individual.
- ❖ Keep going until all members have spoken to create a **network**!

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## Item Alphabet

- ❖ **Best in two, three, or four teams!**
- ❖ Starting with letter A, pick a common item you would find in someone's backpack or wallet.
- ❖ Whoever has that item gets a point for their team.
- ❖ Keep naming items as you go down the alphabet until there is a winner!

## One-Word Charades (with themes)

- ❖ **Two teams or more, as well as a host**
- ❖ One person is selected by their team and acts out a word.
- ❖ Team must let the host know what the word is before beginning the round.
- ❖ The opposing team must guess what the word is within a reasonable time.
- ❖ If the guesses are not correct and time expires, then the team who chose the word gets a point!
- ❖ Continue until a specified score (depending on time)

## Pictionary

- ❖ **You'll need a drawing utensil and a surface to draw on**
- ❖ One person is chosen.
- ❖ The person is can be given a word by someone else, or they can choose a word and start drawing it!
- ❖ Audience have to try and guess what is being drawn.



UC Berkeley CKI Building  
Spaghetti Towers





## **CKI Kahoot Trivia**

- ❖ **Preferably with a projector or large screen**
- ❖ **Make a Kahoot about CKI or your club to see who knows the most**
  - **Make sure you have reviewed all of the information being tested at a Infosession or General Meeting!**
- ❖ **Can play in teams**
- ❖ **Have the volume on!**



Building Bird Houses at  
Spring Training  
Conference North 2022

## **I Love My Neighbor**

- ❖ **All participants gather in together; preferably in a circle!**
- ❖ **One person says a fun fact about themselves, and one thing they like about someone else!**
- ❖ **That person who is complimented does the same**
- ❖ **Continues until all people have spoken**





2022-2023 District Treasurer Nina Nguyen at Spring Training Conference North 2022

## **Name-Crosswords Puzzle**

- ❖ **Requirements:** at least five people for a decent guessing game.
- ❖ One person gathers everyone's names and generates a crosswords puzzle out of it.
- ❖ Have the audience guess each name based on a brief, funny, or interesting description of the person!

## **Telephone**

- ❖ **Minimum three people**
- ❖ One person whispers to another and keeps the whisper chain down a line or circle
- ❖ Last person must say what they heard
- ❖ Listen carefully or the message may be very twisted and mixed up by the end!
- ❖ Alternative: you could make it action-based instead of whispering and have the last person guess what the action represents.

UN Las Vegas CKI





# Tips for Icebreakers

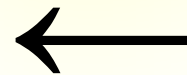
## The Do's



- ★ Humor can be everyone's language—have fun with your icebreaker!
- ★ Make new connections and talk to new members! The more socialization, the better!
- ★ A lot of times, meetings are like breaks from a member's everyday routine; so switch up your icebreakers!
- ★ Be positive. Keep a positive attitude!

- ★ Don't emphasize winning too much. Having a good time is the ultimate goal!
- ★ Don't force anyone to do anything they don't want to do! Avoid putting pressure on them.
- ★ Don't be too loud or rowdy! Since meetings are usually held in school buildings, we should respect the space we share and make sure that the public sees Circle K as a professional organization.

## The Don'ts



# Special Thanks to...

California State University, Long Beach Circle K International

University of California, Berkeley Circle K International

University of California, Davis Circle K International

University of Nevada, Las Vegas Circle K International

2019-2020 District MD&E Committee

Erica Wei, 2019-2020 Communications and Marketing Chair

*for your support and contributions!*





# Contact Information



We hope you all find this manual as useful as we enjoyed making it! Please don't hesitate to reach out to any one of us from the MR&E Committee!

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