#### Cognitive Modes Detectable with Task-Based fMRI:

Review and Pattern-Based Anatomy

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## Introduction on fMRI

Functional magnetic resonance imaging (fMRI) is a non-invasive neuroimaging technique for assessing brain activity primarily utilized to map the spatiotemporal distribution and patterns of neural activity under varying cognitive conditions.

fMRI technology leverages the blood oxygen level-dependent (BOLD) contrast, reflecting the interplay between neural activity, oxygen consumption, and blood flow (Buchbinder, 2016). When neurons in a particular area of the brain are active, they consume more oxygen, which is delivered by an increase in local blood flow (Buchbinder, 2016). The BOLD contrast detects these blood flow changes, thereby allowing real-time visualization of brain activity, particularly when performing tasks that require specific cognitive functions (Buchbinder, 2016; Rossi, Nibali, et al., 2019). fMRI is generally used to understand and locate the specific regions of the brain involved in various cognitive processes such as memory, language, and decision-making (Liberta et al., 2020; Nakajima et al., 2018; Prabhakar & Ali, 2019; Sanford & Woodward, 2021). By providing a detailed map of these active areas during cognitive tasks, fMRI aids researchers and clinicians in studying brain function in both healthy and diseased states (Hillis, 2000).

In addition to cognitive mapping, fMRI has significant clinical implications, particularly in neurosurgery (Prabhakar & Ali, 2019). Preoperative fMRI scans allow neurosurgeons to identify brain areas critical cognitive areas, such as those responsible for language and motor functions, and plan surgical approaches that minimize damage to these critical regions (Helmstaedter et al., 2003; Rossi, Sani, et al., 2019). This approach is especially crucial in surgeries involving brain tumors or epileptic foci, where preservation of neurological function is paramount (Helmstaedter et al., 2003; Rossi, Sani, et al., 2019). Furthermore, post-operative fMRI can be used to assess the efficacy of neurorehabilitation interventions by monitoring changes in brain activity patterns over time (Jenkins et al., 2014; Rossi, Nibali, et al., 2019). By quantifying improvements in neural function following rehabilitation, clinicians can tailor treatment strategies to optimize patient outcomes (Jenkins et al., 2014).

fMRI serves as a versatile tool for both research and clinical applications, offering insights into brain function and aiding in the planning and execution of neurosurgical procedures. Its ability to non-invasively map brain activity has revolutionized our understanding of the human brain and has significantly contributed to advancements in neuroimaging and neuroscience (Nakajima et al., 2018; Rossi, Nibali, et al., 2019).

## The 11 Cognitive Modes

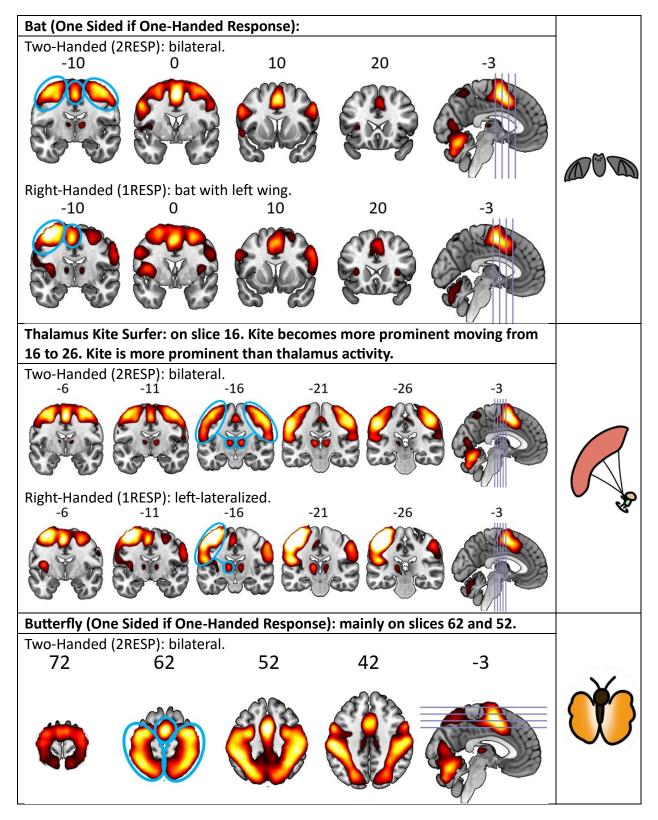
### Response (One-Handed 1RESP & Two-Handed 2RESP)

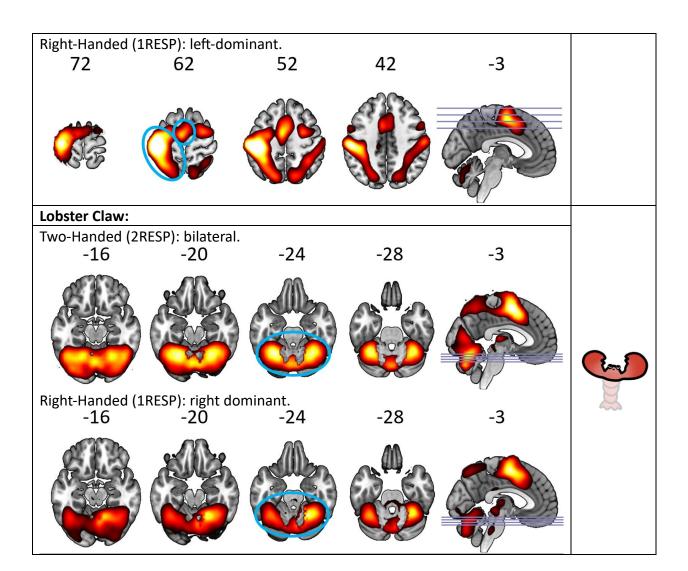
Response (RESP) is a late-peaking mode involved in motor response processes, activating in tasks that require participants to make physical responses (Fouladirad et al., 2022; Sanford et al., 2020; Sanford & Woodward, 2021; Woodward et al., 2013). In terms of timing of task-induced BOLD changes, RESP is observed to be invoked at the onset of the motor response (Fouladirad et al., 2022; Sanford et al., 2020; Sanford & Woodward, 2021; Woodward et al., 2013). It is not load-dependent, such that more difficult task conditions do not generate greater activity (Sanford et al., 2020; Sanford & Woodward, 2021). In tasks where a delay condition exists such that a response is withheld for a brief period, RESP will be suppressed (Passingham & Sakai, 2004; Pasternak & Greenlee, 2005; Sanford et al., 2020; Sanford & Woodward, 2021; Woodward et al., 2013). When a response is not required, RESP is absent (Sanford et al., 2020; Sanford & Woodward, 2021).

Anatomically, RESP involves activity in the medial frontal gyrus, pre-central gyrus, postcentral gyrus, thalamus, superior parietal lobule, cerebellum, and vermis (Percival et al., 2020). These areas of activation form patterns, seen in Table 1, which are: Bat, Thalamus Kite Surfer, Butterfly, and Lobster Claw. For the Bat pattern, we see activation that looks like a bat on coronal slice 10 in the frontal and cingulate; when moving posteriorly through slices 16 to 26, the kite pattern becomes apparent along with the thalamus activity. A butterfly is seen on axial slices 62 and 52 in the postcentral and superior parietal lobule. Continuing inferiorly, on axial slice -24, there is a shape of a lobster with two very large claws on either side in the cerebellum. Two anamotical variations exist based on whether the task design requires a one-handed or two-handed response, and both variations are shown in Table 1. A one-handed response invokes a more prominent activation in the contralateral hemisphere, whereas the two-handed response shows more equal bilateral activation (Percival et al., 2020).

Tasks investigated by our group that activated RESP are working memory (WM) (Sanford, 2019; Sanford et al., 2020; Woodward et al., 2013), visuospatial working memory (Spatial Capacity; SCAP; Sanford, 2019), probabilistic reasoning (Fouladirad et al., 2022), task-switching (Task-Switch Inertia; TSI; Sanford, 2019), and metrical stress (MS) (Besso et al., 2024).

Table 1. Anatomical patterns for the RESP (both two-handed and right-handed).





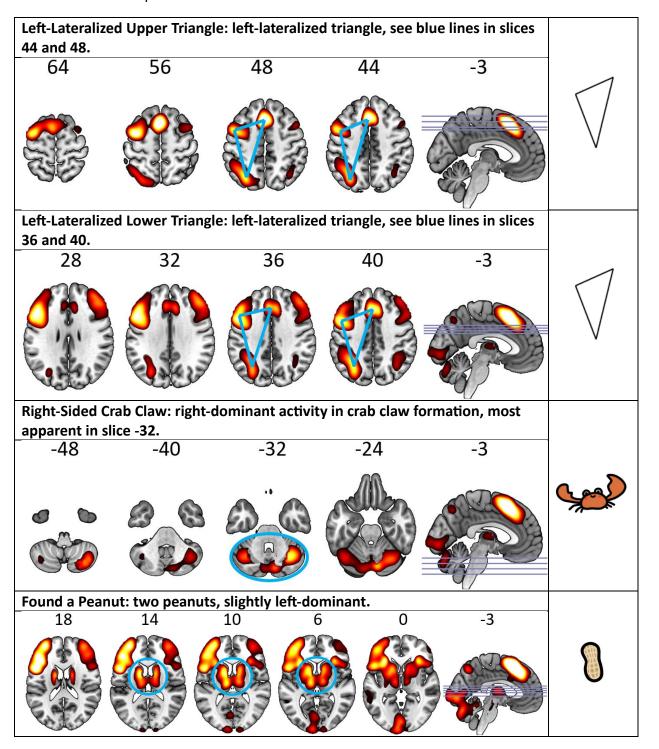
### Maintaining Internal Attention (MAIN)

Maintaining Internal Attention (MAIN) is involved in generating or retrieving stored information (Allen et al., 2015; Larivière et al., 2017; Momeni et al., 2024; Sanford et al., 2020; Sanford & Woodward, 2021). It usually peaks mid-trial in tasks where instructions are given to generate or reproduce information (Allen et al., 2015; Larivière et al., 2017; Momeni et al., 2024; Sanford et al., 2020; Sanford & Woodward, 2021). MAIN is highly load-dependent, such that more difficult task conditions will result in greater activation (Allen et al., 2015; Larivière et al., 2017; Momeni et al., 2024; Sanford et al., 2020; Sanford & Woodward, 2021).

Anatomically, the areas of activation include superior frontal gyrus, middle frontal gyrus, medial frontal gyrus, superior parietal lobule, posterior lobule, caudate, lentiform nucleus, sublobar regions, and thalamus (Percival et al., 2020). Using pattern-based classification as pictured in Table 2, MAIN activation patterns include a Left-Lateralized Upper Triangle, Left-Lateralized Lower Triangle, Right-Sided Crab Claw, and Found a Peanut. On axial slices 48, 44, 40, and 36, three prominent regions of activation in the cingulate, frontal, and parietal regions form a triangular shape in the left hemisphere. Moving inferiorly, we see two peanut shapes close to and on either side of the midline posterior to the body of the lateral ventricle, which is slightly left dominant and seen between axial slices 6 to 14. Further inferior to that, there is a right-dominant activity in a crab claw shape apparent in axial slice -32 in the cerebellum.

Tasks published by our group that activated these patterns include the WM task (Sanford, 2019; Sanford et al., 2020), semantic association task (SAT; Eickhoff, 2021; Woodward et al., 2015), autobiographic event simulation (AES) tasks (Momeni et al., 2024), and delusions of reference (DOR) task (Larivière et al., 2017).

Table 2. Anatomical patterns for MAIN.



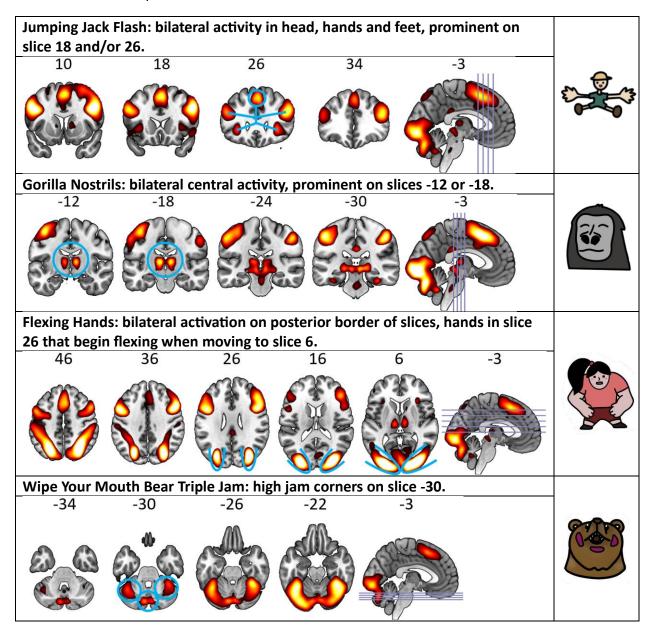
### Multiple Demand (MD)

Multiple Demand (MD) is mid-trial peaking hypothesized to be involved in maintaining and directing attention to relevant environmental stimuli, particularly during tasks requiring attention to visual stimuli (Fortenbaugh et al., 2017; Lavigne, Metzak, et al., 2015; Lavigne et al., 2020; Sarter et al., 2001, p. 2020). MD is cognitive load dependent whereby increased levels of cognitive demand or more difficult tasks requiring greater levels of sustained visual attention invoke greater activation (Lavigne et al., 2020).

Anatomically, MD is characterized by activation in the anterior cingulate cortex, bilateral insula, and various sensorimotor regions (Lavigne et al., 2020). Pattern-based classification patterns for MDN are presented in Table 3, and are Jumping Jack Flash, Gorilla Nostrils, Flexing Hands, and Wipe Your Mouth Bear Triple Jam. In Jumping Jack Flash, bilateral activity in the shape of a stick figure involving five prominent regions of activation is seen on coronal slices 18 and/or 26. Moving posteriorly, there is bilateral central activity in the thalamus. Looking at axial slices, we see a Flexing Hands pattern involving bilateral activation in the posterior of the brain, which look like flexing arms on slices 6 to 26. In the cerebellum, there is a pattern resembling jam on the chin and around the side corners of the mouth of a bear, with high jam corners on axial slice -30.

Tasks published by our group that activated MD include MS (Besso et al., 2024), SAT (Eickhoff, 2021; Woodward et al., 2015), probabilistic reasoning (Fouladirad et al., 2022), and behavioral evidence integration (bias against disconfirmatory evidence; BADE; Lavigne et al., 2020).

Table 3. Anatomical patterns for MD.



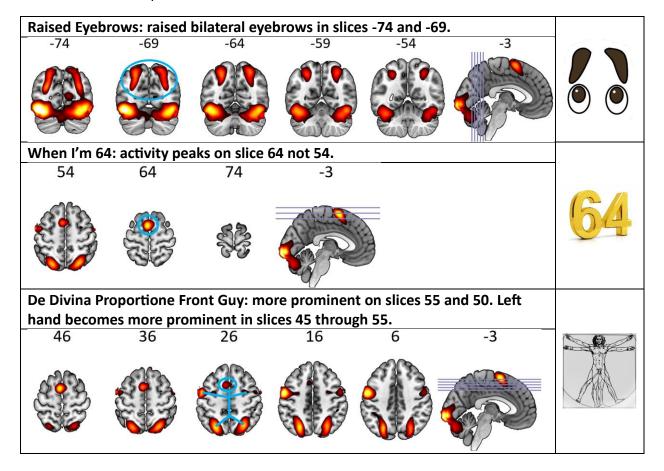
### Initiation (INIT)

Initiation (INIT) is an early-peaking mode involved in visual attention that activates during the initiation of trials in tasks involving a non-continuous task procedure with intra-trial pauses (Fouladirad et al., 2022; Sanford et al., 2020; Sanford & Woodward, 2021; Woodward et al., 2013). It is load-dependent whereby more difficult task conditions result in greater activation (Sanford et al., 2020; Sanford & Woodward, 2021; Woodward et al., 2013).

Anatomically, INIT is characterized by activation in the precuneus cortex, superior parietal lobule, supplementary motor area, precentral gyrus, and hippocampus (Percival et al., 2020). Patterns of activation for INIT are Raised Eyebrows, When I'm 64, and De Divina Proportione Front Guy (see Table 4). In Raised Eyebrows, bilateral eyebrow shaped activity is seen on coronal slices -74 and -69 in the precuneus cortex and superior parietal. In When I'm 64, activity peaks on axial slice 64 in the supplementary motor area. In De Devina Proportione Front Guy, five areas of peak activity are seen with left dominance between axial slices 45 through 55.

Tasks published by our group that activated INIT include WM (Sanford, 2019; Sanford et al., 2020; Woodward et al., 2013), TGT (Lavigne, Rapin, et al., 2015, p. 201; Rapin et al., 2012; Sanford, 2019), TSI (Sanford, 2019; Sanford & Woodward, 2021; Woodward et al., 2016), SCAP (Sanford, 2019; Sanford & Woodward, 2021), and probabilistic reasoning (Fouladirad et al., 2022).

Table 4. Anatomical patterns for INIT.



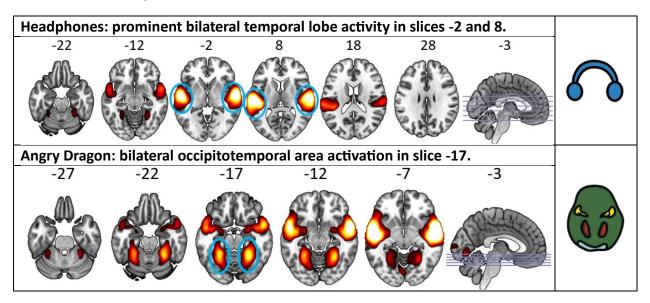
## Auditory Perception (AUD)

Auditory Perception (AUD) is mid-trial peaking and involved in auditory processing of complex sounds, such as speech and music (Leaver & Rauschecker, 2010). The activation of AUD sustains until the cessation of the auditory stimulus (Rapin et al., 2012; Sanford et al., 2020; Sanford & Woodward, 2021).

Anatomically, AUD activation is found in the temporal lobe, primary, secondary, and associative visual cortices, hippocampus, and inferior frontal gyrus (Rapin et al., 2012; Sanford et al., 2020; Sanford & Woodward, 2021). Looking at the anatomical patterns in Table 5, Headphones involves prominent bilateral temporal lobe activity in axial slices -2 and 8, and Angry Dragon involves bilateral occipitotemporal area activation in the dragon nose on axial slice -17.

Tasks published by our group that activated AUD were the TGT (Sanford et al., 2020; Sanford & Woodward, 2021) and Radio Speech Task (Gill et al., 2021).

Table 5. Anatomical patterns for AUD.



#### Re-Evaluation (RE-EV)

Re-Evaluation (RE-EV) is late-peaking and is hypothesized to be involved in response evaluation (Lavigne, Metzak, et al., 2015; Lavigne et al., 2020; Sanford, 2019). The peak of activation for RE-EV always occurs after the peak of either RESP in tasks where both RE-EV and RESP are activated, or MDN when RESP is not activated (Lavigne, Metzak, et al., 2015; Lavigne et al., 2020; Sanford, 2019).

Anatomically, RE-EV shows activity in the rostral prefrontal and orbitofrontal cortices, bilateral frontal gyrus, and the superior parietal cortex (Lavigne, Metzak, et al., 2015; Lavigne et al., 2020; Sanford, 2019). In Table 6. using pattern-based classification, bilateral rostral frontal and orbitofrontal activation is seen above the eyeballs in coronal slices 52 and 56. In Bilateral Space Invader Shooters, the activation is seen in the bilateral frontal gyrus at an angle shooting out from the ventricles, prominent in coronal slice 14. In Above the Line (Caudate), there is bilateral activity in the caudate region in coronal slices -6 and 6. For Sad Face Antennae & Flushed Cheeks, there is bilateral activity from the sad mouth (fourth ventricles) that go through eyes (lateral ventricles) and antennae in the parietal cortex on coronal slice -50. The flushed cheeks are in line with the nose (third ventricle) horizontally on coronal slice -38. Lastly, for X Marks the Spot, there is bilateral activation and the X endpoints of axial slices -50 and -46 in the inferior temporal and cerebellum.

Tasks published by our group that activated RE-EV included BADE (Lavigne et al., 2020; Lavigne, Metzak, et al., 2015), TSI (Sanford, 2019), and TGT (Sanford, 2019). The evidence for the proposed cognitive mode for RE-EV involving re-evaluating, re-considering, or regulating mental states is presented in publicly available work (Redway et al., 2024).

Table 6. Anatomical patterns for RE-EV.

Bilateral Eyeball Sitters: bilateral activity just above eyeballs.						
44 48	52	56	60	64	-3	$\mathbf{A}$
						99
Bilateral Space Invader Shooters: the ventricles are shooting bilateral						
activations, or the activations are just above these projections, see blue						
lines in slice 14.					S & 2	
10	14 1	8 2	22	26	-3	ਹ•ੀਤ
				0.0		
Above the Line (Caudate): bilateral activity in caudate region, above the						
blue lines indicated in slice -6 and 6 with blue lines.						
-10	-6 -	2 :	2	6	-3	
Sad Face Antenna	ae & Flushed (	Cheeks: bilat	eral activi	ty from sa	d face	
antennae project	ions that go f	rom the mou	ıth (fourth	ventricle	) through	
the eyes (lateral ventricles), see blue lines in slice -50. Flushed cheeks in						
line with nose (third ventricle) on slice -38.						
-50			38	-34	-3	
X Marks the Spot: bilateral activation at X endpoints, see blue lines in						
slices -50 and -46		20	•			_
-50 -46	-42	-38	-3			×

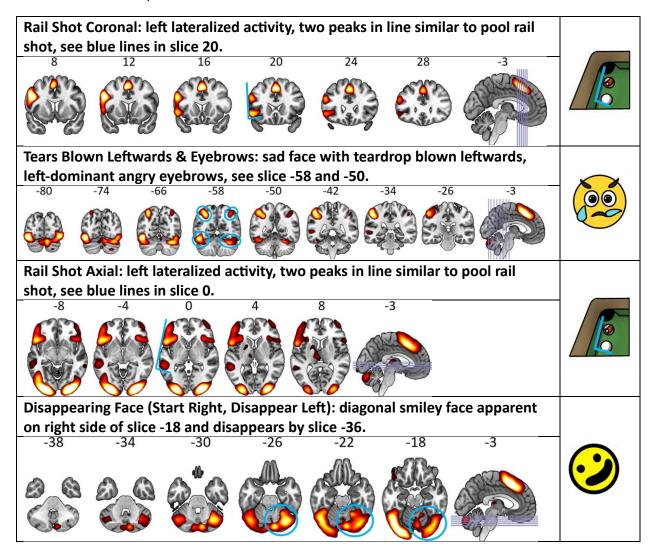
### Language (LAN)

Language (LAN) is mid-trial peaking and is involved in linguistic processes such as controlled retrieval/selection of semantic information, and language perception and comprehension. LAN shows load-dependency whereby increased activation occurs with increased linguistic demand, but also shows decreased activation when linguistic information interferes with the task at hand (Goghari et al., 2017a; Kusi et al., 2022; Wong et al., 2020; Woodward et al., 2015).

LAN is characterized by activations in left-dominant regions, including left prefrontal regions (Broca's area), left middle temporal gyrus (BA 22; Wernicke's area), and left angular gyrus (Goghari et al., 2017a; Kusi et al., 2022; Wong et al., 2020; Woodward et al., 2015). The pattern-based activations are shown in Table 7, and are Rail Shot Coronal, Tears Blown Leftwards & Eyebrows, Rail Shot Axial, and Disappearing Face. In Rail Shot Coronal, left lateralized activities with two peaks in the temporal lobe are seen in coronal slice 20. In Tears Blown Leftwards & Eyebrows, teardrops are seen in the fusiform gyrus, as well as eyebrows in the parietal lobe on coronal slices -58 and -50. In Rail Shot Axial, left lateralized activity in the temporal and frontal lobes, including Broca's area. The Disappearing Face shows a diagonal smiley face apparent on the right side on axial slice -18, which becomes left lateralized going down to slice -36 in the cerebellum.

Tasks published by our group that activated LAN included MS (Besso et al., 2024), SAT (Woodward et al., 2015), Lexical Decision Task (LDT; Kusi et al., 2022; Wong et al., 2020), and the Facial Emotion Discrimination (FED) task (Goghari et al., 2017b). The evidence for the proposed cognitive mode for LAN over a wide range of cognitive tasks, which includes both activation and suppression, depending on the linguistic information processing required to achieve the task goals, is presented in publicly available work (Zeng et al., 2024).

Table 7. Anatomical patterns for LAN.



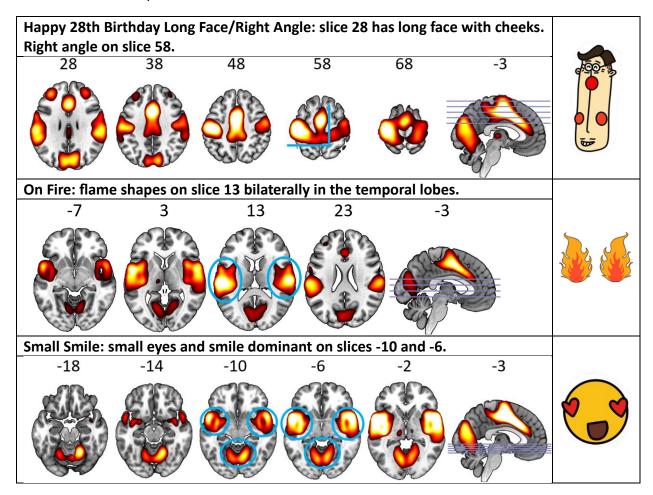
### Auditory Attention for Response (AAR)

Auditory Attention for Response (AAR) is mid-trial peaking, and hypothesized to be involved in attention to auditory sounds when a motor response to the auditory stimulus is expected (Lavigne et al., 2016; Lavigne & Woodward, 2018; Sanford & Woodward, 2021). It shows anatomical overlap with AUD (Sanford et al., 2020). AAR appears to show an inverse relationship between auditory and visual stimuli that is cognitive load dependent, whereby tasks requiring greater visual focus results in greater deactivation of AAR (Lavigne et al., 2016; Lavigne & Woodward, 2018; Sanford, 2019).

AAR is characterized by activation in the bilateral superior temporal gyrus, supplementary motor area, left precentral gyrus, bilateral insula and thalamus (Lavigne et al., 2016; Percival et al., 2020). The pattern-based classification patterns are shown in Table 8, and include Happy 28<sup>th</sup> Birthday Long Face/Right Angle, On Fire, and Small Smile. In Happy 28<sup>th</sup> Birthday Long Face/Right Angle, a face is seen on axial slice 28 involving activations in the frontal lobe (eyes), cingulate (nose), superior temporal gyrus (cheeks), and calcarine gyrus (mouth). A right angle with left lateralized activity near the central gyrus and cingulate is seen on axial slice 58. In On Fire, flame shapes on axial slice 13 is seen bilaterally in the temporal lobes. In Small Smile, small eyes (insula) and smile (lingual gyrus) dominate on axial slices -10 and -6.

Tasks published by our group that activated AAR included the TGT (Lavigne & Woodward, 2018), auditory oddball (Kim et al., 2009; Lavigne et al., 2016), SM (Eickhoff, 2021), and SAT (Eickhoff, 2021).

Table 8. Anatomical patterns for AAR.



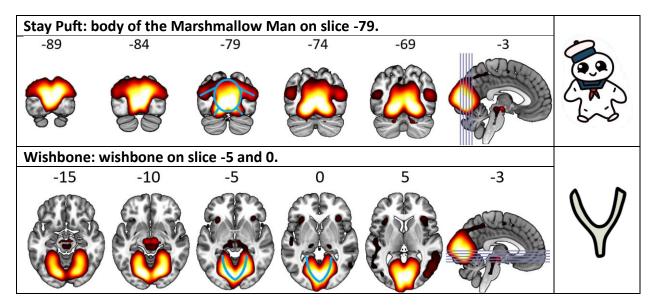
### Focus on Visual Features (FoVF)

Focus on Visual Features (FoVF) is involved in attention to the visual features of complex visual stimuli, and timing of activation corresponds to visual stimuli presentation during the trial (Gill et al., 2021, p. 2; Lavigne, Metzak, et al., 2015; Sanford et al., 2020; Woodward et al., 2013). FoVF may be deactivated in tasks with visual stimuli where the features of the image (for example, type font or word size) are not the focus, possibly to redirect attention to what the image is representing (for example, what the word or letters symbolize) (Sanford et al., 2020; Sanford & Woodward, 2021; Woodward et al., 2013)

AAR is characterized by a reciprocal relationship between activity in the lateral occipital cortex and the medial occipital and parietal cortex, possibly tracing the BOLD fluctuations between the primary and secondary visual cortices (Sanford et al., 2020). The patterns of activation are seen in Table 9, and are Stay Puft and Wishbone. In Stay Puft, occipital cortex activation is seen in the shape of a body of the Marshmallow Man on coronal slice -79. In Wishbone, activations in the fusiform and lingual gyri form a wishbone shape.

Tasks published by our group that activated FoVF included during visual stimuli presentation in TGT (Sanford et al., 2020) and BADE (Lavigne, Metzak, et al., 2015) and deactivated in WM (Sanford et al., 2020; Woodward et al., 2013) and TSI (Sanford, 2019) during presentation of letters/words.

Table 9. Anatomical patterns for FoVF.



### Default Mode A (DMA)

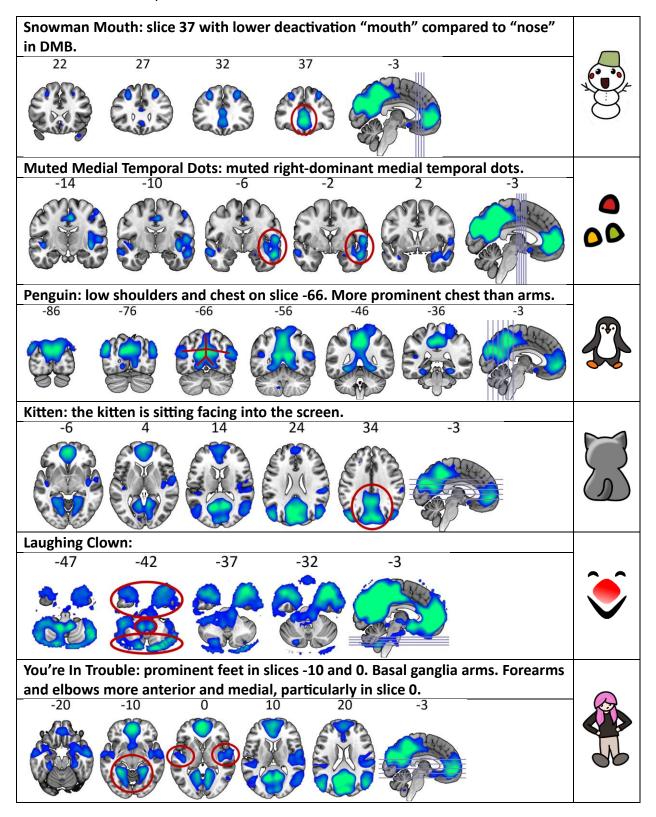
The two default modes anatomically involve discrete cortical areas such as the ventral medial prefrontal cortex, precuneus cortex, angular gyrus, and the superior frontal gyrus (Buckner et al., 2008; Harrison et al., 2008). DM uses increased metabolic activity at rest and decreased activity during goal-oriented tasks, contrasting the other frontal and parietal cortical regions (Fox et al., 2005; Raichle et al., 2001).

The DMA appears to be mid-to-late trial peaking and is cognitive load-dependent, showing more pronounced activation (or more brain deactivation) during more demanding tasks (Enz, 2019). DMA is negatively related to language processing, (LAN) internal attention (MAIN), and re-evaluation (RE-EV), showing decreased activation when these cognitive demands interfere with the task at hand (Du et al., 2023; Enz, 2019).

The DMA is characterized by deactivation in regions such as the posterior parahippocampal cortex (PHC), retrosplenial cortex (RSC), ventral posterior cingulate cortex (PCC), precuneus, cuneal cortex, and lingual gyrus (Du et al., 2023; Percival et al., 2020). Looking at the pattern-based classification patterns in Table 10, DMA shows a Snowman Mouth on coronal slice 37 with lower deactivation compared to DMB (see Table 11 for DMB patterns). In Muted Medial Temporal Dots, the DMA shows muted right-dominant dots of deactivation in the medial temporal lobe on coronal slices -2 and -6, compared to more prominent and bilateral temporal dots in DMB. On coronal slice -66, a penguin figure is seen with low shoulders and chest in the parieto-occipital and temporal lobes and lingual gyrus. On axial slice 34, the Kitten pattern is seen in the parietooccipital lobe deactivation. Inferiorly, on axial slice -42, a Laughing Clown pattern of deactivation is seen in the temporal lobe and cerebellum. Lastly, in You're In Trouble, an unpleased human is seen with fists on their hips with prominent feet in axial slices -10 and 0 from deactivations in the parietooccipital and lingual gyrus, and forearms at the angular gyrus.

Tasks published by our group that activated the DMA include MS and SAT (Enz, 2019).

Table 10. Anatomical patterns for DMA.



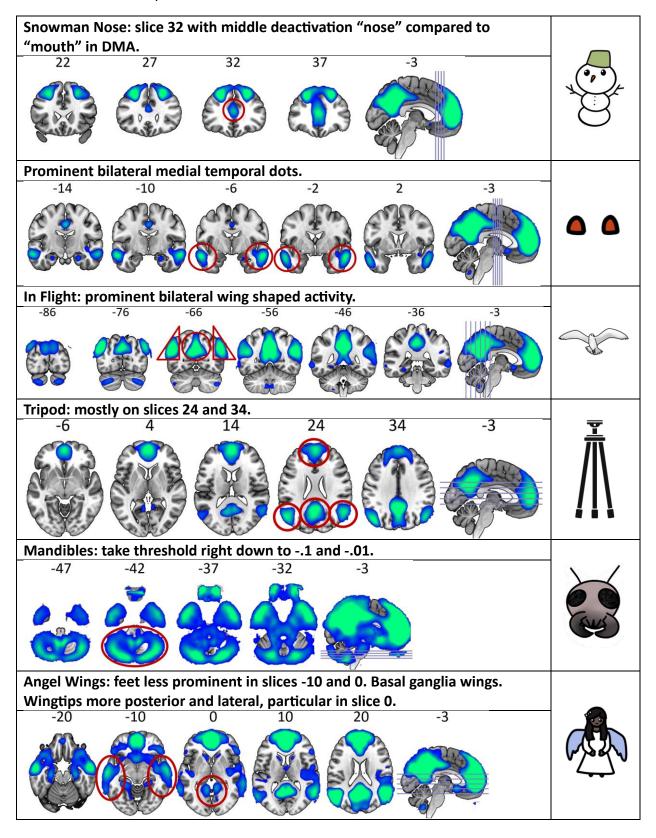
### Default Mode B (DMB)

The Default Mode B (DMB) is typically deactivated during tasks that necessitate external attention and cognitive engagement, illustrating its negative relationship with task-positive modes such as the external attention (EXT) and response (RESP) (Lavigne, Metzak, et al., 2015; Metzak et al., 2011; Sanford, 2019; Sanford et al., 2020; Woodward et al., 2016). Generally, DMB deactivates in response to task engagement and shows significant activity during early-to-mid parts of the trial that is cognitive-load dependent, such that more difficult task conditions elicit greater activation (Lavigne, Metzak, et al., 2015; Metzak et al., 2011; Sanford, 2019; Sanford et al., 2020; Woodward et al., 2016).

Core areas of DMB activity include the superior frontal gyrus and lateral occipital cortex (Du et al., 2023; Percival et al., 2020). Pattern-based classification patterns are depicted in Table 11. In coronal slice 32, deactivation is seen more superiorly in the brain forming a nose shape, compared to a more inferior activation seen in DMA (shown in Table 10). Prominent bilateral medial temporal deactivations are seen in coronal slices -2 and -6. Moving posteriorly, an In Flight bird pattern is seen with prominent wing shaped activity on coronal slice -66 in the temporal lobe; the bird wings are high and in line with the head, which differs from the Penguin pattern in DMA. In the Tripod pattern, deactivations are seen mostly on axial slices 24 and 34 in the frontal, temporal, and precuneus areas. Moving inferiorly, Mandibles are seen in the cerebellum on axial slice -42. Lastly, on axial slices -10 and 0, less prominent feet are seen in the Angel Wings pattern compared to You're In Trouble in DMA. Additionally, the wingtips are more posterior and lateral in the temporal lobes compared to the forearms in You're In Trouble, particularly on axial slice 0.

Tasks published by our group that activated/deactivated the DMB include the BADE (Lavigne & Woodward, 2018), WM (Sanford, 2019; Sanford et al., 2020), SCAP (Sanford, 2019), TSI (Sanford, 2019; Woodward et al., 2016), TGT (Sanford, 2019; Sanford & Woodward, 2021), LDT (Wong et al., 2020), MS (Besso et al., 2024), SAT (Eickhoff, 2021), AES (Momeni et al., 2024), and probabilistic reasoning tasks (Fouladirad et al., 2022).

Table 11. Anatomical patterns for the DMB.



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