

Positive Behaviour Support Plan (PBSP)
Summary Document

We envision that the user interface will contain six separate pages. Below is a description of each page and the text boxes we propose to be included.

PAGE 1 – About the Person with Disability

- *This page contains the relevant information about the person with disability who is the focus of the PBSP. This information only needs to be entered once by the user.*

NOTE: We will need to develop checklist items to assess the content in this section. This section will mainly be looking for the absence of content (i.e., information is not provided).

<i>Provide a short summary about the person with disability who is the focus of the PBSP</i>

PAGE 2 – Assessments and Data Gathering

- *This page contains the relevant information regarding the assessments undertaken, and the data gathered to inform PBSP development. This information only needs to be entered once by the user.*

NOTE: We will need to develop checklist items to assess the content in this section. This section will mainly be looking for the absence of content (i.e., information is not provided).

<i>Persons consulted to prepare this PBSP (add/remove rows as required)</i>	
Who are they?	How were they consulted?
<i>Outline the behavioural assessment approaches implemented to develop this PBSP</i>	
<i>Additional non-behavioural assessments undertaken or reviewed to inform the development of this PBSP</i>	

PAGE 3 – Functional Behavioural Assessment

- We envision that this page will start with a drop-down menu that allows the user to choose one of the five functions of behaviour:
 - Avoidance/escape
 - Communication
 - Physical/sensory need
 - Seeking an object/activity
 - Other – please specify
- Once they choose a function, the text boxes below would come up for the user to input information.
- Following this, the user will be asked if they want to include another function of behaviour.
 - If YES, the drop-down menu that allows the user to choose one of the five functions behaviour appears again. Once a choice is made, these text boxes appear again.
 - Repeat this process until the user has no more functions to add.

NOTE: The items on the existing BSPA-tool will be used to assess the content in this section. We need to make some additional modifications to the tool to assist in more precise scoring.

Function				
Avoidance/escape	Communication	Physical/sensory need	Seeking an object/activity	Other – please specify

Function – Name of function (either avoidance/escape, communication, physical/sensory need, seeking an object/activity, other – please specify)

<i>Description of behaviours (include frequency, duration and severity) that align with this function</i>		
<i>Setting events, triggers and consequences related to these behaviours (add/remove rows as necessary)</i>		
Setting events	Triggers	Consequences
<i>A summary statement outlining the functional hypothesis</i>		
<i>Proposed alternative or functionally equivalent replacement behaviour(s)</i>		

Page 4 – Positive Behavioural Support Interventions

Goals

<i>Goal(s) specific to the behaviours described</i>
<i>Goals specific to enhancing the person's quality of life</i>

Strategies

<i>Environmental changes to address setting events and triggers (changes to reduce and/or eliminate their influence)</i>
<i>Teaching of the alternative or functionally equivalent replacement behaviour(s) (e.g., description of the teaching strategy and materials needed)</i>
<i>Other strategies (e.g., social, independence, coping, tolerance, etc.)</i>

Reinforcement for Skill Development

<i>Proposed reinforcers</i>
<i>Schedule of reinforcement</i>
<i>How were these reinforcers identified?</i>

De-Escalation - Reactive strategies for challenging behaviours

<i>How to prompt the alternative or functionally replacement behaviour(s)</i>
<i>Strategies to ensure the safety of the person and/or others</i>
<i>Post-incident debriefing with the person with disability and/or parents, support staff, etc.</i>

PAGE 5 – Restrictive Intervention

- We envision that this page will start with a YES/NO item that asks if restrictive interventions are proposed for use.
- Then, a drop-down menu will come up *that allows the user to choose one of five restrictive intervention options:*
 - *Chemical restraint*
 - *Physical restraint*
 - *Mechanical restraint*
 - *Environmental restraint*
 - *Seclusion*
- *Once they choose a restrictive intervention option, the appropriate set of text boxes (see below) would come up for the user to input information.*
- *Following this, the user will be asked if they want to include another restrictive intervention.*
 - *If YES, the drop-down menu that allows the user to choose one of the five restrictive intervention options appears again. Once a choice is made, the appropriate set of text boxes appear again.*
 - *Repeat this process until the user has no more restrictive interventions to add.*

NOTE: We will need to develop checklist items to assess the content in this section. This section will mainly be looking for the absence of content (i.e., information is not provided).

Are you proposed to use restrictive interventions?	
Yes	No

Type of restrictive intervention

Restrictive intervention				
Chemical	Physical	Mechanical	Environmental	Seclusion

Chemical Restraint

Medication(s) that will be used (e.g., name, dosage, frequency, administration, route, prescriber)					
Name	Dosage	Frequency	Administration	Route	Prescriber
Positive behavioural support strategies to be used before the PRN use of the medication					
Circumstance(s) in which the medication(s) will be used					
Procedure for administering the medication(s), including observation and monitoring of side-effects					
How will chemical restraint be gradually reduced as behavioural goals are achieved by the person?					
Why is the use of this medication the least restrictive way of ensuring the safety of the person and/or others?					

<i>Social validity of the restrictive practice</i>	
How did you assess the acceptability of this practice?	Who did you consult with to assess this?
<i>Authorisation for the use of restrictive practice</i>	
Authorising body	Approval period

Physical

<i>Description of the restraint(s) to be used</i>	
<i>Positive behavioural support strategies to be used before the use of the restraint</i>	
<i>Circumstance(s) in which the restraint will be used</i>	
<i>Procedure for using the restraint, including observation, monitoring and maximum time period</i>	
<i>How will the restraint be gradually reduced as behavioural goals are achieved by the person?</i>	
<i>Why is the use of this restraint the least restrictive way of ensuring the safety of the person and/or others?</i>	
<i>Social validity of the restrictive practice</i>	
How did you assess the acceptability of this practice?	Who did you consult with to assess this?
<i>Authorisation for the use of restrictive practice</i>	
Authorising body	Approval period

Mechanical

<i>Description of the restraint(s) to be used</i>	
<i>Frequency of use</i>	
Routine use	As needed
<i>Positive behavioural support strategies to be used before the as needed use of the restraint</i>	
<i>Circumstance(s) in which the restraint will be used</i>	

<i>Procedure for using the restraint, including observation, monitoring and maximum time period</i>	
<i>How do you know this restraint is safe to use?</i>	
<i>How will the restraint be gradually reduced as behavioural goals are achieved by the person?</i>	
<i>Why is the use of this practice the least restrictive way of ensuring the safety of the person and/or others?</i>	
<i>Social validity of the practice</i>	
How did you assess the acceptability of this practice?	Who did you consult with to assess this?
<i>Authorisation for the use of the practices</i>	
Authorising body	Approval period

Environmental

<i>Description of the restraint(s) to be used</i>	
<i>Frequency of use</i>	
Routine use	As needed
<i>Positive behavioural support strategies to be used before the as needed use of the restraint</i>	
<i>Circumstance(s) in which the restraint will be used</i>	
<i>What is the person with disability prevented from accessing?</i>	
<i>Procedure for using the restraint, including observation and monitoring</i>	
<i>Will other people be impacted by the use of this restraint?</i>	
Yes	No
<i>If YES, how will impact on others be minimised?</i>	
<i>How will the restraint be gradually reduced as behavioural goals are achieved by the person?</i>	
<i>Why is the use of this practice the least restrictive way of ensuring the safety of the person and/or others?</i>	

<i>Social validity of the practice</i>	
How did you assess the acceptability of this practice?	Who did you consult with to assess this?
<i>Authorisation for the use of the practices</i>	
Authorising body	Approval period

Seclusion

<i>Frequency of use</i>	
Routine use	As needed
<i>Positive behavioural support strategies to be used before the as needed use of seclusion</i>	
<i>Circumstance(s) in which seclusion will be used</i>	
<i>The maximum frequency of seclusion per day, week and/or month; and for how long (minutes/hours)</i>	
<i>Procedure for using seclusion, including observation and monitoring</i>	
<i>How will seclusion be gradually reduced as behavioural goals are achieved by the person?</i>	
<i>Why is the use seclusion the least restrictive way of ensuring the safety of the person and/or others?</i>	
<i>Social validity of seclusion</i>	
How did you assess the acceptability of this practice?	Who did you consult with to assess this?
<i>Authorisation for the use of restrictive practices</i>	
Authorising body	Approval period

PAGE 6 – PBSP Implementation

- This page contains the relevant information about the PBSP implementation process. This information only needs to be entered once by the user.

NOTE: We will need to develop checklist items to assess the content in this section. This section will mainly be looking for the absence of content (i.e., information is not provided).

Implementation

<i>People involved in the implementation of this PBSP</i>				
<i>How will implementers of this PBSP be trained to implement the proposed interventions?</i>				
Strategy		Person(s) responsible		
<i>Outline the implementation plan</i>				
Action		Person(s) responsible		
<i>How will implementers of this PBSP communicate with one another to discuss implementation?</i>				
Strategy		Person(s) responsible		
<i>How will PBSP implementation and goal achievement be reviewed and monitored?</i>				
Strategy		Person(s) responsible		
<i>Timeframe for plan review</i>				

Social Validity

<i>How did you assess the acceptability of the interventions proposed in this PBSP?</i>
<i>Who did you consult with?</i>