La Liga is the highest level of association football competition in Spain. It has existed since its inception in 1929 and is currently contested by 20 teams, with each team playing 34 matches between August and May. La Liga is considered one of the most competitive and entertaining leagues in the world. Its teams include some of the best known clubs in the world, including Real Madrid, Barcelona, and Atlético Madrid. La Liga is governed by the Royal Spanish Football Federation.