



5 easy ways to reduce your risk of catching Coronavirus



1
Wash your hands frequently with soap and water



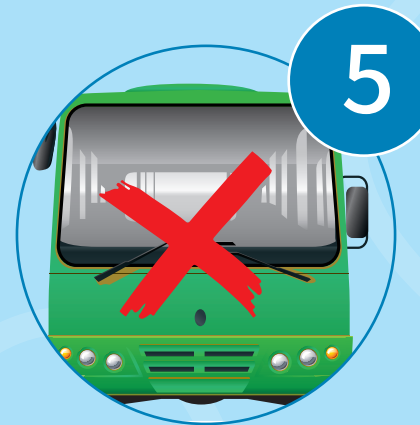
2
Cover your nose and mouth when coughing or sneezing and throw out the tissue afterwards



3
When you do not have a tissue, use your elbow rather than your hand to cover your mouth - This will help prevent the infection of those around you



4
Stay home when you feel unwell, and do not send sick children to their daily frameworks



5
When unwell, do not take public transportation