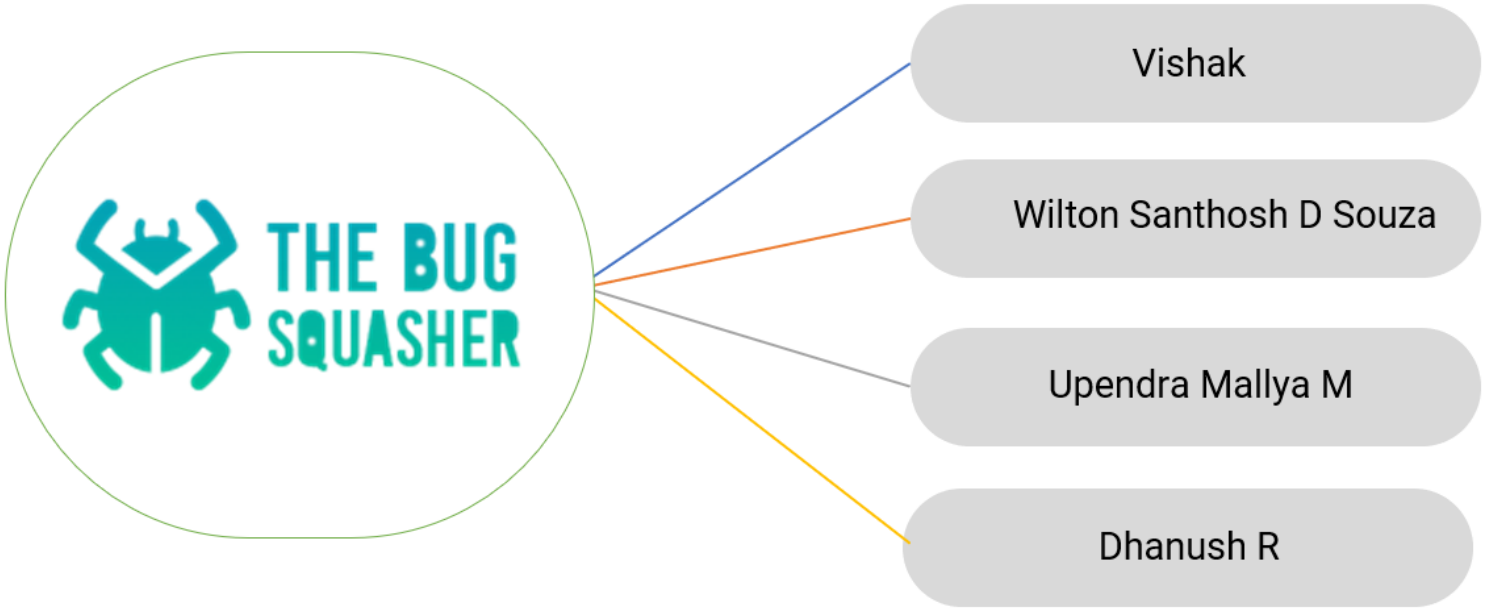
ShapeUp Fitness

By Team 2- Bug Squashers

Team 2 (The Bug Squashers)



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01
Introduction

Introduction

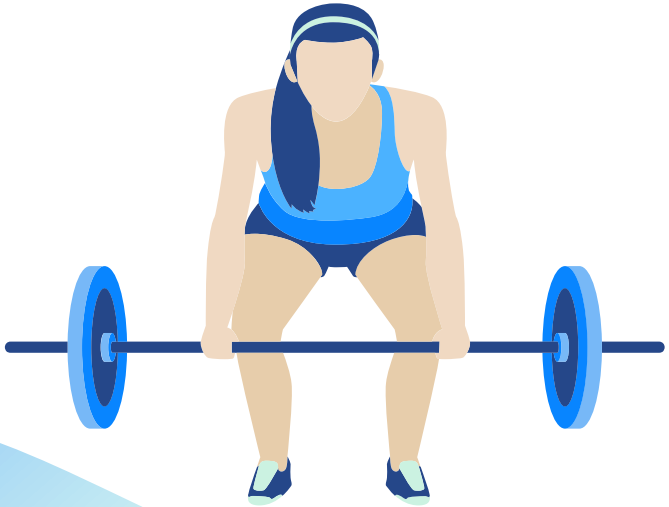
- ShapeUp is a fitness app that aims to keep you fit and healthy and make your lifestyle healthier by tracking your food intake, water intake and workout pattern.

- The purpose of this app is to provide the user with instructions and examples of one or more types of exercise, physical activity, nutritional programs, or some other fitness topic.

- It also has tools to count calories, record statistics on workouts or collect data on walks, runs, and bike rides.

Benefits

- Monitor Your Diet Easily
- Monitor Your Progress
- Give Free Health and Fitness Tips
- Track Your Foot Steps
- All In One Health Tool
- Keep You Motivated



02

Technologies

Flutter

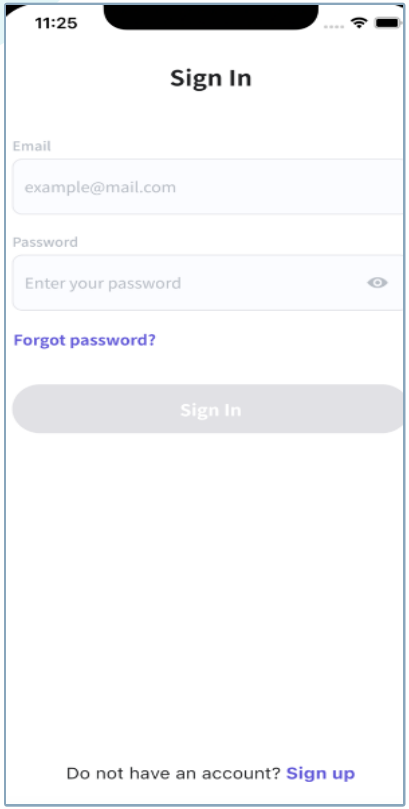
Firebase

Dart

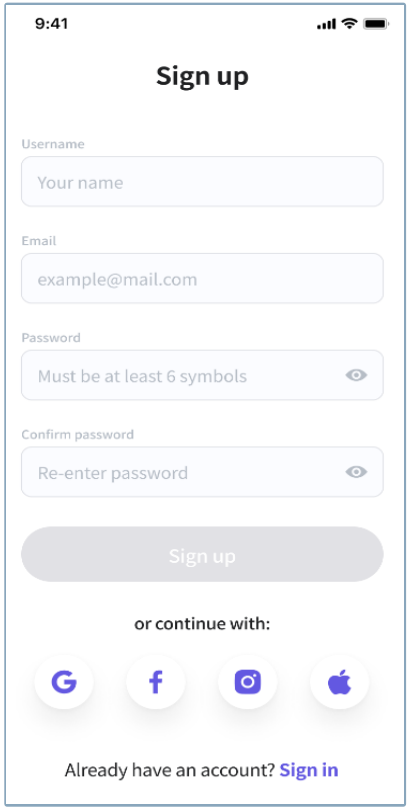
ANDROID

iOS

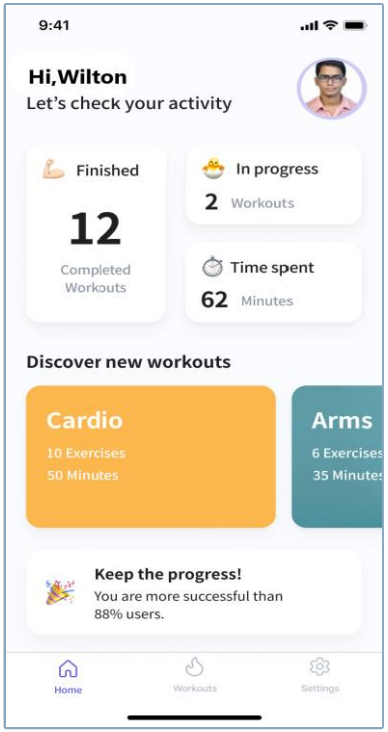
03
Designs



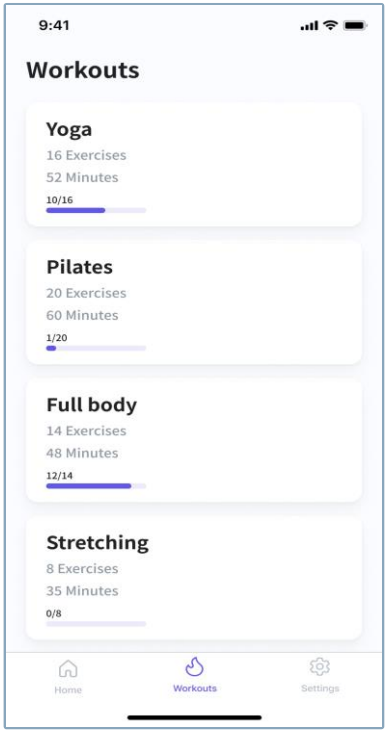
Login Page



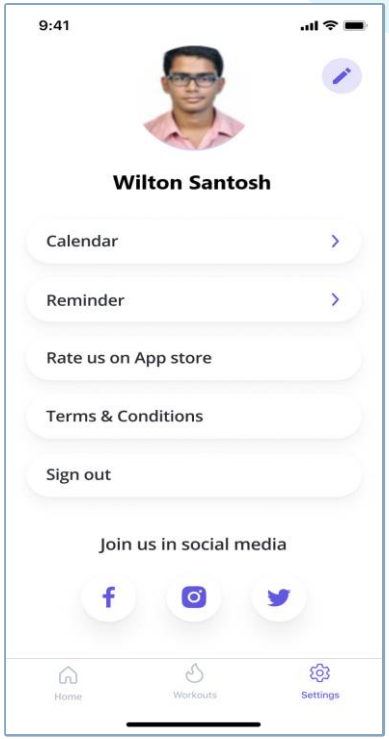
Registration Page



Home Page



Workouts Page



Settings Page

Thank You