

ShapeUp Fitness

By Team 2- Bug Squashers



Team 2 (The Bug Squashers)



Vishak

Wilton Santhosh D Souza

Upendra Mallya M

Dhanush R

Table of contents

01

Introduction

02

Technologies

03

Designs

01

Introduction



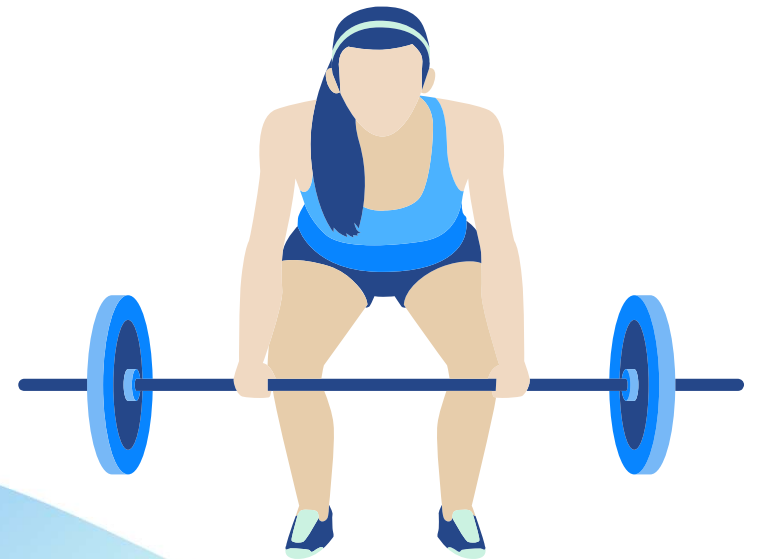
The Idea

- Most of the users have to use multiple apps to track their fitness activity, do workout, exercises. People loose interest after a while as they find it very cumbersome to use different apps and keep track of it.
- People are becoming more and more health-conscious, but they don't find enough time to go to a gym or even workout at their homes dedicatedly.
- **ShapeUp** is a fitness app that aims to keep you fit and healthy and make your lifestyle healthier by tracking your workout pattern everyday.
- The purpose of this app is to provide the user with instructions and examples of one or more types of exercise, physical activity, or some other fitness topic.



Benefits

- Monitor Your Diet Easily
- Monitor Your Progress
- Give Free Health and Fitness Tips
- Track Your Foot Steps
- All In One Health Tool
- Keep You Motivated



02

Technologies





03

Designs




11:25

Sign In

Email

Password

[Forgot password?](#)

Sign In

Do not have an account? [Sign up](#)

Login Page


9:41

Sign up


Username

Email

Password





 

Confirm password

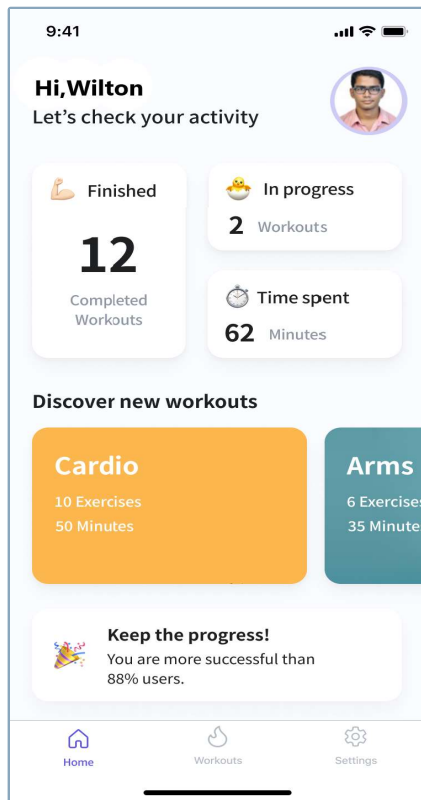
Sign up

or continue with:

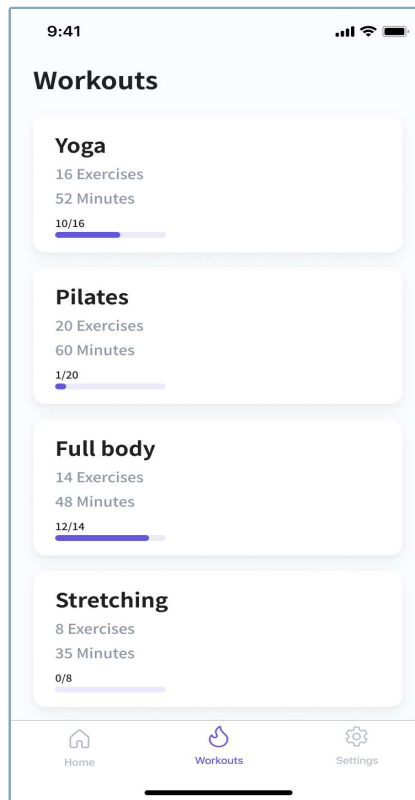
   

Already have an account? [Sign in](#)

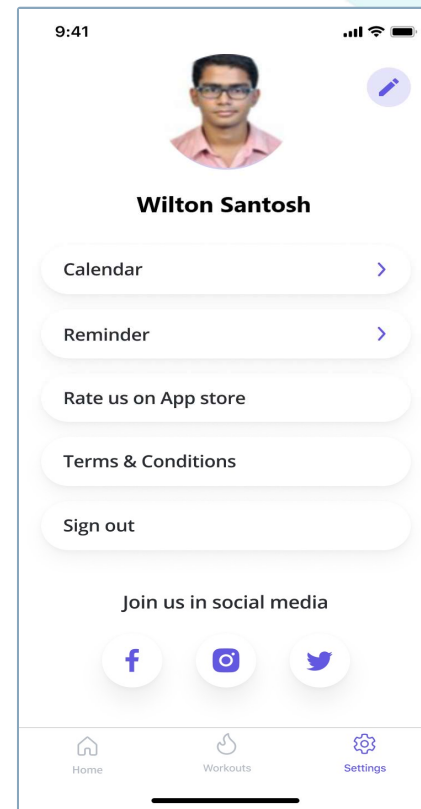
Registration Page



Home Page



Workouts Page



Settings Page

**Thank
You**

