

# ShapeUp Fitness

*By Team 2- Bug Squashers*



# Team 2 (The Bug Squashers)



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# 01

## Introduction



# The Idea

- Most of the users have to use multiple apps to track their fitness activity, do workout, exercises. People loose interest after a while as they find it very cumbersome to use different apps and keep track of it.
- People are becoming more and more health-conscious, but they don't find enough time to go to a gym or even workout at their homes dedicatedly.
- **ShapeUp** is a fitness app that aims to keep you fit and healthy and make your lifestyle healthier by tracking your workout pattern everyday.
- The purpose of this app is to provide the user with instructions and examples of one or more types of exercise, physical activity, or some other fitness topic.



02

# Technologies



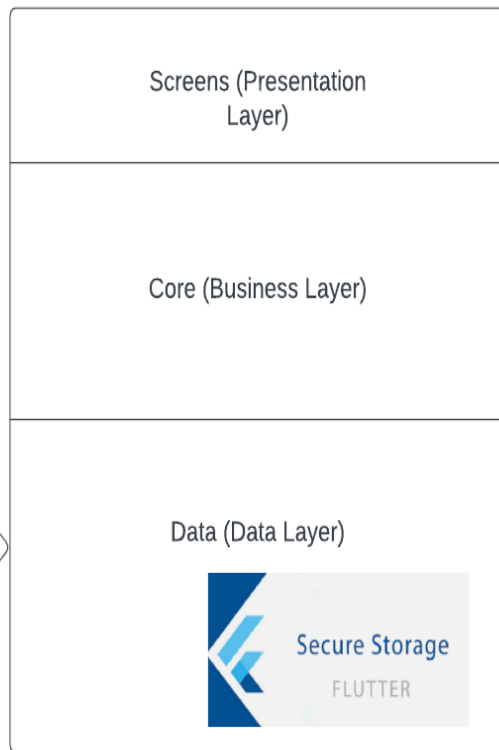


03

# Architecture



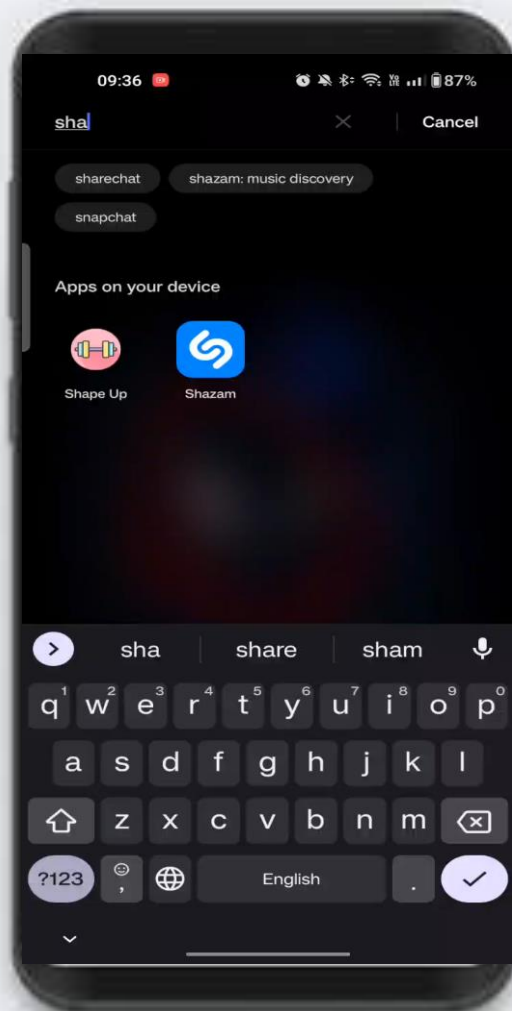




04

Demo





02

# Future Scope



# Learnings

- To structure the code and making it more well documented
- Knowledge on Flutter and Firebase
- Collaboration in Github

## Future Scope

- Diet Plans
- Steps Count
- Integration with Smart Devices
- Integration with Health Care





**Thank  
You**