

If you used AI technologies, you must answer the following questions in 1-2 sentences each:

1. Which technologies did you use?

- ChatGPT

2. What was your goal in using these technologies?

- Refining my tones and getting some technical assistance such as encryption, external APIs
- To write the documents and check grammar

3. What are the advantages for using AI technologies for this goal? Describe your positive experiences.

- It was fast tool for for little things we overlooked such as grammar and some technical wording
- Always available
- It explains the topic very intuitive breakdown and make it easy to understand

4. What are the disadvantages for using AI technologies for this goal? Describe your negative experiences.

- Repeats the technical stuff and lacks variety in the answer
- Not getting better at researching things on your own
- Out of context queries lead you to the wrong direction

5. How much did you rely on the technology (0 – 100%)? Please quantify the fraction of your requirements and design spec that was fully generated and/or refined with the assistance of AI technology.

- 35%