Calen Patrick Ryan

Robert N. Butler Aging Center Phone: +1 (708) 417-2146 (USA)

Columbia University Email: cpr2139@cumc.columbia.edu

W. 168th Street, Office 414, 10032 Home: https://cpryan.github.io

New York, New York ORCID iD: orcid.org/0000-0002-0550-7949

Areas of specialization and current research interests

Epigenetics, Reproduction, Health, Aging, Evolutionary Theory, Trade-offs, Social Determinants of Health, Inheritance, Inequality, Computational Statistics, Bioinformatics, Longitudinal Methods

Education

| 2020 | Ph.D., Anthropology | Northwestern University |
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| | Tradeoffs between reproduction and aging | |
| | in the human epigenome | |
| | Advisor: Christopher W. Kuzawa | |
| 2018 | M.A., Anthropology | Northwestern University |
| 2013 | M.Sc., Biological Sciences | Simon Fraser University |
| 2010 | B.Sc.(Hons.), Zoology | University of Manitoba |

Professional Appointments

| 2023- | Associate Research Scientist and Lead Data Scientist Columbia Aging Center | Columbia University Mailman School of Public Health |
|-----------------------|---|--|
| 2022- 2023 | Postdoctoral Research Scientist Advisor: Daniel Belksy | Columbia University Mailman School of Public Health |
| 2021 - 2022 | Postdoctoral Researcher Advisor: Christopher Kuzawa | Northwestern University Department of Anthropology |

Research Funding

Completed Funding

06/2021- Telomere Research Network Pilot Award (NIH/NIEHS)

US\$4,000.00

12/2021 Exploring the links between ovarian aging and somatic aging in humans: A study of leukocyte telomere length across the menopausal transition in a Philippine cohort

Role: Co-PI

03/2018- National Science Foundation (DDIG)

US\$31,205.00

02/2021 Quantifying the costs of human reproduction using the 'Epigenetic Clock'

Role: Co-PI

Publications

Peer-reviewed articles

SubThomas, A., Ryan, C.P., Caspi, A., Moffitt, T.E., Sugden, K., Zhou, J., Belsky, D.W., Gu,
Mitted
Y. Diet, pace of biological aging, and risk of dementia in the Framingham Heart Study. Submitted to Alzheimer's Dementia.

In Bareja, A., Lee, D.E., Ho, T., Waitt, G., McKay, L.H., Hannou, S.A., Orenduff, M.C., Mc-Review Greevy, K.M., Binder, A., Ryan, C.P., Soderblom, E.J., Belsky, D.W., Kraus, V.B., Huebner, J.L, Kraus, W., Huffman, K.M., Baht, G.S., Horvath, S., Parmer, R.J., Miles, L.A., White, J.P.Liver-derived plasminogen mediates muscle stem cell expansion during caloric restriction through the plasminogen receptor, Plg-RKT. *In Review at Cell Reports*.

McDade, T.W., **Ryan, C.P.**, Adair, L.S., Lee, N.R., Carba, D.B., MacIsaac, J.L., Dever, K., Atashzay, P., Kobor, M.S., and Kuzawa, C.W. Association between infectious exposures in infancy and epigenetic age acceleration in young adulthood in metropolitan Cebu, Philippines. *American Journal of Human Biology*. Pending.

Ac- McDade, T.W., Ryan, C.P., Adair, L.S., Lee, N.R., Carba, D.B., MacIsaac, J.L., Dever, K.,
 cepted Atashzay, P., Kobor, M.S., and Kuzawa, C.W. Association between infectious exposures in infancy and epigenetic age acceleration in young adulthood in metropolitan Cebu, Philippines. *American Journal of Human Biology*. Pending.

Waziry, R.[†], **Ryan, C.P.**[†], Corcoran, D.L., Huffman, K.M., Kobor, M.S., Kothari, M., Graf, G.H., Kraus, V.B., Kraus, W.E., Lin, D.T.S., Pieper, C.F., Ramaker, M.E., Bhapkar, M., Das, S.K., Ferrucci, L., Hastings, W.J., Kebbe, M., Parker, D.C., Racette, S.B., Shalev, I., Shilling, B., and Belsky, D.W.. Effect of long-term caloric restriction on DNA methylation measures of biological aging in healthy adults from the CALERIE trial. *Nature Aging*:1–10. doi:10.1038/s43587-022-00357-y.

[†]These authors contributed equally to the manuscript.

Ryan, C.P., Rege, R.J., Lee, N.R., Carba, D.B., Kobor, M.S., MacIsaac, J.L., Lin, D.S., Atashzay, P., and Kuzawa, C.W. Maternal epigenetic clocks measured during pregnancy do

- not predict gestational age at delivery or offspring birth outcomes: a replication study in metropolitan Cebu, Philippines. *Clinical Epigenetics*. 14(1):1-9.
- **Ryan, C.P.**, Jones, M.J., Edgar, R.D., Lee, N.R., Kobor M.S., McDade, T.W., Kuzawa C.W. Immune cell type and DNA methylation vary with reproductive status in women: possible pathways for costs of reproduction. *Evolution, Medicine, and Public Health.* 10(1):47-58.
- **2022** Kuzawa C.W., **Ryan, C.P.**, Adair, L.S., Lee, N.R., Carba, D.B., Kobor, M.S., MacIsaac, J.L., Dever, K., Atashzay, P., McDade, T.W. Birth weight and maternal energy status during pregnancy as predictors of epigenetic age acceleration in young adults from metropolitan Cebu, Philippines. *Epigenetics*. 1-11.
- Johnson, A.P., **Ryan, C.P.**, Wallman, J.F. Climatic and biotic influences on the distributions of *Calliphora augur* and *Calliphora dubia* (Diptera: Calliphoridae). *Austral Entomology*. 61:370-377.
- **Ryan, C.P.** Epigenetic clocks: Theory and application in Human Biology. *American Journal of Human Biology*. e23488
- **2020** Shirazi, T.N., Hastings, W.J., Rosinger, A.Y. **Ryan, C.P.** Parity predicts biological age acceleration in post-menopausal, but not pre-menopausal, women. *Scientific Reports*. 10(1):20522
- **2020 Ryan, C.P.** and Kuzawa, C.K. Germline epigenetic inheritance: Challenges and opportunities for linking human paternal experience with offspring biology and health. *Evolutionary Anthropology*. 1–21.
- 2020 Kuzawa, C.K., Bechayda, S.A., Borja, J.R.B., Carba, D.B., Duazo, P.L., Eisenberg, D.T.A., Georgiev, A.V., Gettler, L.T., Lee, N.R., Quinn, E.A., Rosenbaum, S., Rutherford, J., Ryan, C.P., McDade, T.W. Evolutionary life history theory as an organizing framework for cohort studies: Insights from the Cebu Longitudinal Health and Nutrition Survey. *Annals of Human Biology*.47(2): 94-105.
- **2019 Ryan, C.P.** Tandem Repeat Disorders. *Evolution, Medicine, and Public Health.* 1:17-17.
- **2019** McDade, T.W., **Ryan, C.P.**, Jones M.J., Hoke, M.K., Borja, J., Miller, G.E., Kuzawa C.W., Kobor M.S. Epigenetic signatures of socioeconomic status during development and early adulthood *American Journal of Physical Anthropology*. 169(1):3-11.
- **2018 Ryan, C.P.**, Hayes, M.G., Lee, N.R., McDade, T.W., Jones M.J., Kobor M.S., Kuzawa C.W., Eisenberg D.T.A. Reproduction predicts shorter telomeres and epigenetic age acceleration among young adult women. *Scientific Reports*. 8(1): 11100.
- **2017** Georgiev, A.V., **Ryan, C.P.**, Borja, J.B., Kuzawa, C.W. Does growth during early postnatal "minipuberty" predict adult second-to-fourth digit ratio (2D:4D)? Evidence from Cebu, The Philippines. *American Journal of Human Biology*. 23(7): e23047.
- 2017 McDade, T.W., Ryan, C.P., Jones, M.J., MacIsaac, J.L., Morin, A.M., Meyer, J.M., Borja, J.B., Miller, G.E., Kobor, M.S., Kuzawa, C.W. Social and physical environments early in development predict DNA methylation of inflammatory genes in young adulthood. *Proceedings of the National Academy of Sciences of the United States of America*. 114: 7611-7616.
- **2017** Georgiev, A.V., **Ryan, C.P.**, Gettler, L.T., McDade, T.W., Kuzawa, C.W. Second-to-fourth digit ratio (2D:4D) is unrelated to measures of somatic reproductive effort among young men

- from Cebu, The Philippines. *American Journal of Physical Anthropology*. 163(3):437–445.
- **2017 Ryan, C.P.**, Georgiev, A.V., Bechayda, S.A., McDade, T.W., Gettler, L.T., Eisenberg, D.T.A., Rzhetskaya, M., Hayes, M.G., Kuzawa, C.W. Androgen receptor polyglutamine repeat length (AR-CAGn) modulates the effect of testosterone on androgen- dependent somatic traits in Filipino young adult men. *American Journal of Physical Anthropology*. 163(2): 317–327.
- 2017 Bairos-Novak, K.R., Ryan, C.P., Freeman, A.R., Anderson, W.G., Hare, J.F. Like mother, like daughter: heritability of female Richardson's ground squirrel (*Urocitellus richardsonii*) cortisol stress responses. *Current Zoology*. zox014. doi: 10.1093/cz/zox014
- **2017** Gettler, L.T., **Ryan, C.P.**, Eisenberg, D.T.A., Rzhetskaya, M., Hayes, M.G., Feranil AB, Bechayda SA, Kuzawa, C.W. The role of testosterone in coordinating male life history strategies: The moderating effects of the androgen receptor CAG repeat polymorphism. *Hormones and Behavior*. 87: 164-175.
- **Ryan, C.P.**, McDade, T.W., Gettler, L.T., Eisenberg, D.T.A., Rzhetskaya, M., Hayes, M.G., Kuzawa, C.W. Androgen receptor CAG repeat polymorphism and hypothalamic-pituitary-gonadal function in Filipino young adult males. *American Journal of Human Biology*. 29(1): e22897
- **2016 Ryan, C.P.**, Brownlie, J.C., and Whyard, S. Hsp90 and physiological stress are linked to autonomous transposon mobility in nematodes. *Genome Biology and Evolution*. 8 (12): 3794:3805. DOI: 10.1093/gbe/evw284
- **2015 Ryan, C.P.**, Dawson, A.S., Sharp, P.J. and Williams, T.D. Uncoupling clutch size, prolactin, and luteinizing hormone using experimental egg removal. *General and Comparative Endocrinology*. 213: 1-8.
- **Ryan, C.P.**, Anderson, W.G., and Hare, J.F. Maternal gestational cortisol and testosterone are associated with trade offs in offspring sex and number in a free-living rodent (*Urocitellus richardsonii*). *PLoS One.* 9 (10): e111052.
- 2014 Clary, D., Skyner, L.J., Ryan, C.P., Gardiner, L.E., Anderson, W.G., and Hare, J.F. Shyness boldness, but not exploration, predicts glucocorticoid stress response in Richardson's ground squirrels (*Urocitellus richardsonii*). *Ethology*. 120: 1101-1109.
- Hare, J.F., **Ryan, C.P.**, Enright, C., Gardiner, L.E., Skyner, L.J., and Anderson, W.G., Validation of a radioimmunoassay-based fecal corticosteroid assay for Richardson's ground squirrels (*Urocitellus richardsonii*) and behavioural correlates of stress. *Current Zoology*. 60 (5): 591–601
- **2014 Ryan, C.P.**, Dawson, A.S., Sharp, P.J. and Williams, T.D. Circulating breeding and prebreeding prolactin and LH are not associated clutch size in the Zebra Finch (*Taeniopygia guttata*) *General and Comparative Endocrinology*. 202: 26-34.
- **2013 Ryan, C.P.**, and Crespi, B.J. Androgen receptor polyglutamine repeat tract length: models of selection and disease susceptibility. *Evolutionary Applications*. 6:180-196.
- **2013** Singh, A.D., Wong, S., **Ryan, C.P.**, Whyard, S. Oral delivery of double-stranded RNA in larvae of the yellow fever mosquito, *Aedes aegypti*; implications for pest mosquito control. *Journal of Insect Science*. 13.69.

- **Ryan, C.P.**, Anderson, W.G., Gardiner, L.E. and Hare, J.F. Stress-induced sex ratios in ground squirrels: support for a mechanistic hypothesis. *Behavioral Ecology*. 23:160-167
- Anderson, W.G., Dasiewicz, P.J., Liba, S., **Ryan, C.P.**, Taylor, J.R., Grosell, M., and Weihrauch, D. Gastro-intestinal handling of water and solutes in three species of elasmobranch fish, the white-spotted bamboo shark, *Chiloscyllium plagiosum*, little skate, *Leucoraja erinacea*, and the clear-nose skate *Raja eglanteria*. *Comparative Biochemistry and Physiology*. *Part A*, *Molecular and Integrative Physiology*. 155: 493-502.

Book chapters and other publications

- **Ryan, C.P.** and Kuzawa, C.K. Aging: The temporary cost of dominance. *ELife*. 10. e68790. https://doi.org/10.7554/eLife.68790
- **Ryan, C.P.** Simple Sequence Repeats. *In* Vonk, J. and Shackelford, T.K. (eds.) *Encyclopedia of Animal Cognition and Behavior*. Springer International Publishing.

Professional presentations with published abstracts

Podium Presentations

- **Ryan, C.P.**, Lee, N.R., Carba, D.B., MacIsaac, J.L., Lin, D.S., Atashzay, P., Belsky, D.W., Kobor, M.S., McDade, T.W., Kuzawa, C.W. Cross-sectional and longitudinal changes in gravidity are associated with accelerated epigenetic age in young and middle-aged women in the Philippines. 48th Annual Meeting of the Human Biology Association. Reno, Nevada, U.S.A.
- **Ryan, C.P.**, Rej, P.H., Holman, D.J., Lee, N.R., Hayes, M.G., Kuzawa, C.K., Eisenberg, D.T.A. Exploring the links between ovarian aging and somatic aging in humans: A study of leukocyte telomere length across the menopausal transition in a Philippine cohort. Telomere Research Network Annual Meeting, New Orleans, Louisiana, U.S.A.
- **Ryan, C.P.**, Jones, M.J., Borja, J.B., McDade, T.W., Kuzawa, C.W. Testing for costs of reproduction using a new 'epigenetic clock' of all-cause mortality in a cohort of young women in the Philippines. Human Biology Association 45th Annual Meeting, Los Angeles, California, U.S.A. (Conference cancelled due to COVID-19)
- **Ryan, C.P.**, Kuzawa, C.W. Germline epigenetic inheritance: Challenges and opportunities of linking paternal experience with offspring biology and health. American Association of Physical Anthropologists and American Association of Anthropological Genetics, 44nd Annual Meeting, Cleveland, Ohio, U.S.A
- **Ryan, C.P.**, Edgar, R.D., Jones, M.J., Kobor, M.S., Borja, J.B., McDade, T.W., and Kuzawa C.W. Genome-wide DNA-methylation varies with reproductive status and supports costs of reproduction in a cohort of young Filipino women. International Society for Evolution, Medicine, and Public Health, 4th Annual Meeting, Park City, Utah, U.S.A.
- **2018** Kim, A.W., **Ryan, C.P.**, Bechayda, S.A, McDade, T.W., Kuzawa, C.W. Early life social experiences as predictors of depression in Cebu, Philippines: Investigating the mediating

- roles of the HPA axis and DNA methylation. Developmental Origins of Disease: Biocultural and Evolutionary Insights from Working with Vulnerable Human and Non-Human Populations. 46th Annual Meeting of the Canadian Association for Physical Anthropology. London, Ontario, Canada.
- 2018 Kim, A.W., Ryan, C.P., Borja, J., McDade, T.W., Kuzawa, C.W. Early life social experiences as predictors of depression in Cebu, Philippines: Investigating the mediating roles of the HPA axis and DNA methylation. 43rd Annual Meeting of the Human Biology Association. Austin, Texas, U.S.A.
- **Ryan, C.P.**, Jones, M.J., MacIsaac, J.L., Morin, A., Borja, J.B., Kobor, M.S., Kuzawa, C.W., McDade, T.W. Epigenetic pathways of intergenerational phenotypic inertia in birth weight: Evidence from mothers in Cebu, Philippines. American Association of Physical Anthropologists and American Association of Anthropological Genetics, 42nd Annual Meeting, New Orleans, Louisiana, U.S.A.
- Eisenberg, D.T.A., Hayes, M.G., McDade, T.W., **Ryan, C.P.**, Georgiev, A.V., Jones, M.J., Kobor, M.S., Kuzawa, C.W., Costs of reproduction assessed via telomere length and epigenetic age measures of biological senescence in young adult women from Cebu, the Philippines. American Association of Physical Anthropologists, 86th Annual Meeting, April 22nd, New Orleans, Louisiana, U.S.A.
- **Ryan, C.P.**, Georgiev, A.V., McDade, T.W., Gettler L.T., Eisenberg, D.T.A., Hayes, M.G., Kuzawa, C.W. Variation in the androgen receptor modulates the relationship between testosterone and sexually dimorphic traits in adult males. Human Biology Association, 41st Annual Meeting, April 13-14, Atlanta, Georgia, U.S.A.
- McDade, T.W., **Ryan, C.P.**, Fried, R., Jones M., Kobor, M., Kuzawa, C.K. Early origins of inflammation: Does DNA methylation mediate the association between nutritional and microbial environments in infancy and the regulation of inflammation in young adulthood? Human Biology Association, 41st Annual Meeting, April 13-14, Atlanta, Georgia, U.S.A.
- Georgiev, A.V., **Ryan, C.P.**, Gettler L.T., McDade, T.W., Kuzawa, C.W. Prenatal androgen exposure (2D:4D) and its relationship to early growth and adult reproductive effort in men from Cebu, The Philippines. American Association of Physical Anthropologists, 85st Annual Meeting, April 12-16, Atlanta, Georgia, U.S.A.
- Bairos-Novak, K.R., Anderson, W.G., Freeman, A.R., **Ryan, C.P.**, Hare, J.F. Like mother, like matriline: quantification and inheritance of Richardson's ground squirrel (*Urocitellus richardsonii*) stress responses. Prairie University Biology Symposium, Lethbridge, AB, Canada.
- **Ryan, C.P.**, Dawson, A.S., Sharp, P.J. and Williams, T.D. Hormone-trait relationships for experimentally enlarged clutches continue to challenge the prolactin-based model for clutch-size determination. Society for Integrative and Comparative Biology, Annual meeting and exhibition, Jan. 3-7, San Francisco, California, U.S.A.
- **Ryan, C.P.**, Dawson, A.S., Sharp, P.J. and Williams, T.D. Testing the prolactin-based mechanism for avian clutch-size determination in captive Zebra finches: Individual variability in hormone-trait relationships. North American Ornithological Conference, August 15-18, Vancouver, British-Columbia, Canada

- **Ryan, C.P.**, Dawson, A.S., Sharp, P.J. and Williams, T.D. Experimental evidence for a role of prolactin in modulating avian clutch-size. Society for Integrative and Comparative Biology, Annual meeting and exhibition Jan. 3-7, Charleston, South Carolina, U.S.A.
- **Ryan, C.P.**, Anderson, W.G., and Hare, J.F. Glucocorticoids, litter size optimization and sex allocation in *Urocitellus richardsonii*. Society for Integrative and Comparative Biology, Annual metting and exhibition, Jan. 3-8, Salt Lake City, Utah, U.S.A.
- **Ryan, C.P.**, Anderson, W.G., and Hare, J.F. Struggling mothers, strong sons: optimization and adaptive sex allocation in Richardson's ground squirrels (*Spermophilus richardsonii*). Annual meeting for the Canadian Society of Zoologists, May 17-21, Vancouver, British Columbia, Canada

Poster Presentations

- †Ryan, C.P., Lee, N.R., Carba, D.B., MacIsaac, J.L., Lin, D.S., Atashzay, P., Belsky, D.w., Kobor, M.S., and Kuzawa, C.W. Cross sectional and longitudinal changes in gravidity are associated with accelerated epigenetic clock age in young and middle-aged women in the Philippines. International Workshop on Statistical Genetics, March 6-10th, Boulder, CO. U.S.A.
 - [†]Awarded Best Poster at the International Workshop on Statistical Genetics, 2023.
- **Ryan, C.P.**, Lee, N.R., Carba, D.B., MacIsaac, J.L., Lin, D.S., Atashzay, P., Belsky, D.w., Kobor, M.S., and Kuzawa, C.W. Cross sectional and longitudinal changes in gravidity are associated with accelerated epigenetic clock age in young and middle-aged women in the Philippines. New York City Epidemiology Forum, New York, NY, U.S.A.
- **Ryan, C.P.**, Lin, D.S., Kobor, M.S., McDade, T.W., Kuzawa, C.W. DNA methylation measurements using dried blood spots on the Illumina EPIC array yield high quality data comparable to whole blood measured using the 450k array. American Association of Physical Anthropologists, 45th Annual Meeting, Los Angeles, California, U.S.A. (Conference cancelled due to COVID-19)
- **Ryan, C.P.**, Edgar, R.D., Jones, M.J., Kobor, M.S., Borja, J.B., McDade, T.W., Kuzawa, C.W. Genome-wide DNA-methylation in pregnancy and breastfeeding mark a 'landscape of adaptive immunity' and novel biological networks. Human Biology Association, 43rd Annual Meeting, Austin, Texas, U.S.A.

Selected Media Coverage

Caloric Restriction and Biological Aging: Time Magazine, Washington Post, CNN, Medium.com Pregnancy and Biological Aging: Washington Post, NBC Healthline, The Sun, Scientias, CBS Chicago, US News and World Report ABC News Socioeconomic Status, Early Life Environments and DNA Methylation: BBC-Russia, Smithsonian Magazine, US News and World Report, European Scientist, Chicago Tribune

Honors and Awards

External

| 2016- 2018 | NSERC Postgraduate Scholarship Natural Sciences and Engineering Research Council of Canad (NSERC) | Northwestern University a |
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| 2016 | Alexander Graham Bell Canada Graduate Scholarship NSERC Declined - ineligible outside Canada | Northwestern University |
| 2011 | Michael Smith Foreign Study Supplement NSERC - Research conducted at The Roslin Institute, University of Edinburgh, Ut | Simon Fraser University |
| 2010- 2011 | Alexander Graham Bell Canada Graduate Scholarship NSERC | Simon Fraser University |
| 2009 | IDP Student Mobility Scholarship IDP Education, Australia | University of Wollongong |
| 2008 | Undergraduate Summer Research Award NSERC | University of Manitoba |
| 2008 | W.B. Scott Scholarship in Ichthyology | Huntsman Marine Science Centre |
| 2007 | Undergraduate Summer Research Award NSERC | University of Manitoba |

Internal

| 2010- 2011 | Provost Prize of Distinction Dean of Graduate Studies | Simon Fraser University |
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| 2010 | Harold E. Welch Award Faculty of Science Awarded for highest academic standing in B.Sc. Honours degree program | University of Manitoba |
| 2010 | David Ian Mackenzie Medal Department of Zoology Awarded for highest academic standing in Zoology degree program | University of Manitoba |
| 2009- 2010 | UMSU Scholarship for Excellence in Academic Achievement University of Manitoba Students Union | University of Manitoba |
| 2006- 2007 | UMSU Scholarship for Excellence in Academic Achievement University of Manitoba Students Union | University of Manitoba |
| 2006- 2007 | Isbister Scholarship Manitoba Scholarship and Bursary Initiative Awarded to 10 University 1 students attaining highest academic standing | University of Manitoba |

Invited Talks

- Cross sectional and longitudinal changes in gravidity are associated with accelerated epigenetic clock age in young and middle-aged women in the Philippines. National Bureau of Economic Research, Cohort Studies Meeting. Los Angeles, CA, USA. January 19-21, 2023
- 2021 'Epigenetic Clocks' in Primates and Other Species. Primate-omics Journal Club, International Zoom, August 4th, 2021.
- 2021 Départment d'Anthropologie, Université de Montréal. International Zoom, March 19th, 2021.
- **2020** Department of Anthropology, Emory University, Atlanta, Georgia, USA. February 3rd, 2020.
- **2020** Department of Anthropology, University of Minnesota Twin Cities, Minneapolis, Minnesota, USA. January 27th, 2020.
- **2019** Department of Anthropology, Baylor University, Waco, Texas, USA. November 20th, 2019.
- **2019** Evolution in Medicine, Human Reproduction, and Health. 22nd annual Britton C. and Lucille McCabe Lecture, Springfield College, Springfield, Massachusetts, USA. April 11th, 2019.
- Using whole genome DNA methylation to study the costs of reproduction in a cohort of young Filipino women. Department of Biochemistry and Medical Genetics, University of Manitoba, Winnipeg, Manitoba. January 24th, 2019.
- **2013** Evolution and Disease in the Human Androgen Receptor. Department of Biological Sciences Seminar Series, University of Manitoba, Winnipeg, Manitoba. November 29th, 2013.

Research Fellowships and Grants

| 2019 | Data Science Development Grant: Data Scientist Data Science for the Social Sciences Initiative | Northwestern University |
|---------------|---|-------------------------------|
| 2018 | Le Cron Foster and Friends of Anthropology Research Grant | Northwestern university |
| 2018 | Leadership Coaching Program Northwestern Center for Leadership and McCormick School of Eng neering and Applied Science | Northwestern University i- |
| 2018 | Computational Essentials for Social Scientists Data Science for the Social Sciences Initiative | Northwestern University |
| 2018 | Intensive in Computational Evolutionary Medicine Evolutionary Medicine Summer Institute (EMSI) | Duke University |
| 2015- 2016 | Graduate Research Assistant Institute for Policy Research | Northwestern University |
| 2012 | Dean of Graduate Studies Fellowship | Simon Fraser University |
| 2011 | Dean of Graduate Studies Fellowship | Simon Fraser University |

Campus/Departmental Talks

| 2017 | Epigenetic Change as Biological 'Memory': Potential Pathways for Lifecourse Health Determinants in the Philippines. Department of Anthropology Graduate Student Colloquium | Northwestern University |
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| 2011 | Endocrine control of clutch-size determination in <i>Taeniopygia guttata</i> - Linnaeusborg Centre for Life Sciences | Groningen University |
| 2011 | Physiological orchestration of life history traits: Why do mechanisms matter? | Centre for Ecology and Hydrology, U.K. |

Teaching

| 2022 | Guest Lecturer Epigenetics in Epidemiology | Columbia University Mailman School of Public Health |
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| 2021 | Guest Lecturer Evolutionary Medicine | Northwestern University |
| 2020 | Class Podcast Guest Author Early Life Origins of Health and Wellbeing | Department of Anthropology Emory University |
| 2018- 2020 | Virtual Science Mentor Mentor Matching Program | Illinois Science and Technology Institute |
| 2019 | Assistant Lecturer/Teaching Assistant Evolutionary Medicine | Northwestern University |
| 2019 | Workshop Assistant Intro to R, R for Stata Users | Northwestern University Research Computing Services |
| 2018 | Teaching Assistant: Human Population Biology | Northwestern University |
| 2017 | Guest Lecturer: Epigenetic Processes in Health and Evolution Evolution of Life Histories | Northwestern University |
| 2016 | Teaching Assistant/Guest Lecturer: Genomic Imprinting Evolutionary Medicine | Northwestern University |
| 2012 | Guest Lecturer: Endocrine Control of Life History Traits, States, and Trade-offs Endocrinology | Simon Fraser University |
| 2008 | Lab Demonstrator Principles and Themes in Biology | University of Manitoba |
| 2006- 2009 | Tutor Biological Diversity, Function and Interactions Cell Biology | University of Manitoba, Disability Services |

Training

Computational and Analytic Training

Programming Languages:

R (proficient), Python (basic), UNIX/Linux (basic), Perl (basic), SQL (basic), Git/Github (basic), Lagrange (basic), ETeX, (basic)

Statistical Methods:

Descriptive statistics and data visualization linear regression; linear mixed-effects models; generalized linear and generalized linear mixed-effects models; principle component analysis; power cal-

culations; model diagnostics; Monte Carlo simulations; model selection (information theoretic approaches, lasso, ridge, elastic net regression); other methods for statistical learning.

Bioinformatics:

DNA methylation microarray processing and quality control pipelines (Illumina BeadChip 450k and EPIC arrays); Epigenome-wide association studies (EWAS); Cell-type deconvolution methods; Epigenetic Age estimation methods; ErmineJ (Functional Enrichment); Cytoscape (Network Construction); RNA-Seq (alignment, quantification, and analysis); GWAS (Genomics for Social Scientists Workshop, University of Michigan, June 2021; International Workshop on Statistical Genetics, Boulder, CO, 2023)

Lab Management and Leadership

| 2021 | Academic lab management and leadership symposium | Torrey Pines Training Consortium |
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| 2021 | Maintaining communication and aligning expectations Mentoring up and down: Enacting equity and inclusion Building self-efficacy and developing professionally | Office of Postdoctoral Affairs Northwestern University |

Diversity, Inclusion, Equity, and Accessibility

| 2021 | Hearing One Another | University of Chicago Diversity and Inclusion |
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| 2021 | Social justice: key concepts Principles of inclusive teaching The impact of microaggressions on building inclusive environments | Searle Center for Advancing Learning and Teaching Northwestern University |
| 2020 | Diversity, inclusion, equity and accessibility in science mentorship | Illinois Science and Technology Institute |

Languages

Professional Activities

Ad-hoc Peer-Reviewer

Advances in Geriatric Medicine and Research; Aging; Aging Cell; American Journal of Human Biology; Annals of Human Biology; Behavioral Ecology; Behavioral Ecology and Sociobiol-

ogy; Bioessays; BMC Bioinformatics; The BMJ; Clinical Epigenetics; Current Zoology; Demography; Diabetes Metabolism Research and Reviews; Environmental Research; Epigenetics; Evolution, Medicine, and Public Health; Evolutionary Applications; Frontiers in Genetics; Frontiers in Zoology; Journal of Mammology; Journal of Molecular Evolution; Molecular Biology Reports; National Science Foundation; Oncotarget; Scientific Reports; The Israeli Science Foundation; Women's Health Report

Professional Memberships and Affiliations (Active)

American Association of Anthropological Genetics American Association of Physical Anthropologists Human Biology Association International Society for Evolution, Medicine, and Public Health The Gerontological Society of America

Service and Community Building

| 2023 | Invited Scholar Netherlands Institute for Advanced Study in the Humanities and Social Sciences (NIAS) | Early Health Disparities and Late Life Outcomes Amsterdam, Netherlands |
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| 2022 | Meeting Reporter Canadian Institute for Advanced Research (CIFAR) | Child and Brain Development Vancouver, Canada |
| 2021 | Subcommittee on Aging Telomere Research Network | Tulane University NIA and NIEHS (NIH) |
| 2018- | Virtual Science Project Mentor to Illinois High School Students | Illinois Science and Technology |
| 2021 | Mentor Matching Program | Institute, Illinois |
| 2019- | Meeting Co-organizer | Northwestern University |
| 2020 | Northwestern R User Group | Evanston, Illinois |
| 2015- | Meeting Planner and Timekeeper: | Northwestern University, |
| 2016 | Anthropology Graduate Student Association (AGSA) | Evanston, Illinois |
| 2012- | Biology Tutor: | Native Education Centre |
| 2013 | Introductory Biology | Vancouver, Canada |
| 2005 | Note-Taker Disability Services (now Student Accessibility Services) | University of Manitoba, Winnipeg, Canada |