

Title of Study: 2009 CLHNS Female Index Tracking Survey

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Survey objective: To track down the Cebu Longitudinal Health and Nutrition Survey (CLHNS) female index children (IC) and obtain updates on SES, schooling, work status, reproductive health data, and selected assessments.

Survey period: March 1-August 31, 2009 (6 months)

Sample area coverage: include in survey if living within the Metro Cebu area (bordered by Compostella in the north and Naga in the south)

Sampling pool includes: Female ICs interviewed in 2005 (n=904) plus the 33 ICs interviewed in 2007 (n=848) who were not in 2005 survey. Total female ICs in sampling pool: 937

Data collection protocol:

Data collection will be done at the respondent's home. If the respondent requests to be interviewed at her place of work or some other place, we will make sure that the interview is conducted in a private setting.

The session begins with the interviewer reading the consent form (verbal consent process). If the respondent consents to the interview, the interviewer signs the form indicating that consent was obtained.

A structured questionnaire (translated in Cebuano) is then administered (sections listed below), followed by the weight and waist circumference measurements, and the blood pressure readings. Three readings of each of these measures will be taken.

Structured questionnaire sections:

Block X	ID and Screening
Block A	Household Roster (includes IC marital status and religion)
Block B	Environmental Information (includes interviewer assessment of respondent's environment)
Block C	Abbreviated household assets section and IC cell phone usage
Block Z	Modified household income section
Block D	IC Work status
Block F	Reproduction (includes sexual behavior, family planning, pregnancy history, cohabitation/marriage)
Block K	Morbidity (includes drug/alcohol use, smoking, perceived stress scale)
Block M	Anthropometry (weight, waist) and Blood pressure

Note: In tracking surveys, questionnaire blocks that are assigned different letters (than what is found in the standard full survey questionnaire) indicate new or modified blocks.

Referrals for ICs with above normal blood pressure readings:

ICs will be provided copies of their blood pressure readings and weight measurements for that day along with a fact sheet on hypertension and blood pressure (modified from the Department of Health fact sheet). Respondents with systolic BP of 140 or greater OR a diastolic BP of 90 or greater will be provided referral letters for their local health clinics for further assessment.

We approve of this work plan, and we have read and approve of the female index tracking questionnaire.

Signed:

Date: **March 10, 2009**



Christopher Kuzawa, PhD
Principal Investigator
Northwestern University



Signed:

Date: **March 10, 2009**

Michelle J. Hindin, PhD
Principal Investigator
Johns Hopkins University

Noted by:

Date: **March 11, 2009**



Alan B. Feranil, Ph.D.
Principal Investigator
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