CEBU LONGITUDINAL HEALTH AND NUTRITION STUDY 1998 Follow-up Survey

Index Boys \(\begin{aligned} \text{Questionnaire} \end{aligned} \)

ID1	Type of Survey		
ID2	Current Barangay:		
	(Se	ee BARANGAY CODE LIST)	
ID3	Current Stratum:	1 - Urban 2 - Rural	
ID4	Baseline ID Number:		
	(Copy from 1994 Quest.)	BRGY HHLD	WMAN
	AGAIN IN THE SAME HOUSEHOLD MOTHER OR ONLY INDEX CHILD THE CORRECT LINE UNDER ID5 AN	CHILD LIVED IN DIFFERENT HOUSEHOLDS O IN 1999, ENTER BOTH OF THEIR 1994 IDS IS FOUND IN THE 1999 HOUSEHOLD, ENT ND CODE THE OTHER LINE -9. IF MOTHER O IN 1994 BUT ARE SEPARATED IN 1999, E O OF INDEX CHILD -9.	S IN ID5. IF ONLY TER THE 1994 ID IN AND INDEX CHILD
ID5	1994 ID Number: MOTHER		
	INDEX CH.		
ID6	Exact Address of Respondent(s) in 1994 AND INDEX CHILD (IC) IF THEY LI' AGAIN IN THE SAME HOUSEHOLD	BRGY HHLD I and 1999. (ENTER 1994 ADDRESSES OF BO VED IN DIFFERENT HOUSEHOLDS IN 1994 I VIN 1999.	WMAN TH MOTHER (MOM) BUT ARE UNITED
	1994 (MOM):		
	1994 (IC):		
	1999 (IC):		
ID7	1998 ID Number:		
	(Office assigned)	BRGY HHLD	WMAN
ID8	1998 Child ID Number:		
	(Computer Assigned)		
ID9	Whose household is interviewed in 1999	9?	
	1 - MOM and	d INDEX CHILD 3 - INDEX CHIL	D and Caretaker
ID10	Name of Child		
ID11	Name of Interviewer:		
ID12	Date of Interview Completion:	MONTH D	DAY YEAR

CALL RECORD SESSION. 1

CALL NO	DATE	TIME		RESULTS	APPOINTMENT N	MADE .
CALL NO.	DATE	Started	Finished	(Use codes below)	Date	Time

SESSION. 2

0 -

No

CALL NO	DATE	TIME		RESULTS	APPOINTMENT M	MADE
CALL NO.	DATE	Started	Finished	(Use codes below)	Date	Time

RESULT CODES	1 -	Interview	completed
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- 2 Interview partly completed, new appointment made3 Appointment made for interview later
- 4 Refusal, no interview obtained5 No respondent at home6 Other (SPECIFY)

ID13	Total Number of Sessions Required to Complete Interview	
ID14	Were both interviews completed within two days? 1 - Yes	

BLOCK A. SCHOOLING OF INDEX CHILD

INTE	ERVIEWER: =======	THE POINT C	OF REFEI	RENCE FOR SCHOOL YEAR	IS 1999-2000.
Sex: _				Date of birth:	
Line n	number: (94 survey)	·		(98 survey)	
Are yo	ou currently in scho	ool?			
1 -	Yes	GO TO A6			
0 -	No	CONTINUE			
-8 -	NR/DK (Not sur				
Why a	are you not enrolled	1?			
REAS	SON ———				
-8 -	NR/DK				
-9 -	NA				
What	was the last grade y	ou were enrolled	d in?		
1 -	First Grade		8 -	First Year High School	
2 -	Second Grade		9 -	Second Year High School	
3 -	Third Grade		10 -	Third Year High School	
4 -	Fourth Grade		11 -	Fourth Year High School	
5 -	Fifth Grade		-8 -	NR/DK	
6 -	Sixth Grade		-9 -	NA	
7 -	Seventh Grade				
How 1	many months did yo	ou attend school	in that gra	ade before dropping out?	
IF EN	TIRE GRADE CO	MPLETED, ENT	ΓER 10 M	IONTHS	
-8 -	NR/DK				
-9 -	NA				
In wha	at school were you	enrolled before of	dropping	out?	
RECC	ORD NAME OF SC	CHOOL:			
1 -	private, not coed				
2 -	private, not coed		e.g., Budd	hist)	
3 -	private, coed, Ca		,		
4 -	private, coed, no	ot Catholic (lay)	(e.g., UV))	
5 -	public school				
-8 -	NR/DK				
.9 -	NA				

GO TO A8

-9 - NA

A6	In wha	at grade are you	currently enrolled?	1		
	1 - 2 - 3 - 4 - 5 - 6 - 7 -	First Grade Second Grade Third Grade Fourth Grade Fifth Grade Sixth Grade Seventh Gra	Э	8 - 9 - 10 - 11 - -8 - -9 -	First Year High School Second Year High School Third Year High School Fourth Year High School NR/DK NA	
A7	In wha	at school are yo	u currently enrolled	?		
	RECC	ORD NAME OF	SCHOOL:		_	
	1 - 2 - 3 - 4 - 589 -	private, not o	l, not Catholic (lay)	e.g., Budd	hist)	
A8	Have	you ever repeat	ed a grade since Jun	ie 1994?		
	1 - 0 - -8 -	Yes No NR/DK	CONTINUE GO TO A11			
A9	What	grade did you re	epeat?			
	ENTE	ER REPEATED	GRADE IN BOX			
	-8 - -9 -	NR/DK NA				
A10	What	was the reason	for repeating the gra	nde?		
	REAS	SON:				
	-8 - -9 -	NR/DK NA				
A11	Did yo	ou ever skip a g	rade since June 199	4?		
	1 - 0 - -8 -	Yes No NR/DK	CONTINUE GO TO A13			
A12	What	grade did you s	kip?			
	ENTE	ER SKIPPED G	RADE IN BOX			
	-8 -	NR/DK				

	Since	June 1994 surv	ey, are the	re school	years durin	g which you did no	ot enroll in s	chool?	
	1 - 0 - -8 -	Yes No NR/DK		TINUE TO A16					
A14	Which	h school year(s)	?			First	Seco	ond	Third
	ENTE	ER LAST TWO	DIGITS C	F YEAR((S)				
	-8 - -9 -	NR/DK NA							
A15	_	did you not atte	nd school o	luring tha	t (those) ye	ear(s)?			
	VERI	BATIM:							
	-8 - -9 -	NR/DK NA							
A16	langu	mention a numl age they are in, CCK FOR TYES	and wheth	er you ow	n any of th		whether or n	ot you read	them, wha
	DI	EADING MATI	EDIAI	CHILD	READS	LANGUA		OWN MA	ATERIAL
		LADING MATI	LKIAL	yes	no	specify	· ·	yes	no
				1					
	Book	T.S.							
		azines							
	Maga								
	Maga	azines							
A17	Maga Comi News	nzines ic Books spapers level of educati				you have wanted to	o reach?)		
A17	Maga Comi News What (FOR	azines ic Books spapers level of educati DROPOUTS:	What level		ion would 5 -	some college	o reach?)		
A17	Maga Comi News What (FOR	azines ic Books spapers level of educati	What level ntary graduate chool		ion would	-			
A17	Maga Comi News What (FOR	azines ic Books spapers level of educati DROPOUTS: \(\) some elementary \(g \) some high so	What level ntary graduate chool graduate	of educat	5 - 6 - 7 - -8 -	some college college graduate more than colleg			
	Maga Comi News What (FOR	level of educati DROPOUTS: Some elementary gome high school	What level intary graduate chool graduate in achieve the GOT	of educat	5 - 6 - 7 - -8 -	some college college graduate more than colleg			
	Maga Comi News What (FOR 1 - 2 - 3 - 4 - Do you	level of educati DROPOUTS: V some elementary g some high so high school ou think you car Yes No NR/DK	What level intary graduate chool graduate in achieve the GOT	of educati his aspirati TO A20 TINUE	5 - 6 - 7 - -8 -	some college college graduate more than colleg			
A18	Maga Comi News What (FOR 1 - 2 - 3 - 4 - Do you 1 - 0 - -8 -	level of educati DROPOUTS: V some elementary g some high so high school ou think you car Yes No NR/DK	What level intary graduate chool graduate in achieve the GOT	of educati his aspirati TO A20 TINUE	5 - 6 - 7 - -8 -	some college college graduate more than colleg			
A18	Maga Comi News What (FOR 1 - 2 - 3 - 4 - Do you 1 - 0 - -8 -	spapers level of educati DROPOUTS: Ves No NR/DK	What level intary graduate chool graduate in achieve the GOT	of educati his aspirati TO A20 TINUE	5 - 6 - 7 - -8 -	some college college graduate more than colleg			

IF CHILD IS NOT CURRENTLY IN SCHOOL (SY 1999-2000), GO TO NEXT BLOCK A20 Do you think you ought to attend school everyday? 1 -Yes 0 -No -8 -NR/DK -9 -NA A21 In the past month, how many days have you missed school when school was in session? ENTER NUMBER OF DAYS IN BOX -8 -NR/DK -9 -NA IF 0, GO TO A23 A22 Why did you miss school? VERBATIM: NR/DK -8 --9 -NA A23 How much do you pay every school day for: ENTER FULL PESOS **EXPENSE** PESOS Transportation to and from school Food purchased in school or around school NR/DK -8 --9 -NA A24 Do you usually do your homework? Yes CONTINUE GO TO NEXT BLOCK 0 -No -8 -NR/DK -9 -NA A25 Who usually helps you with your homework? (MULTIPLE ANSWERS ALLOWED) 0 -7 other relative no one 1 mother 8 tutor

END OF BLOCK A

9 -

10 -

-8 -

-9 -

non-relative caretaker

other (specify):

NR/DK

NA

2 -

3 -

4 -

5 -

father

sibling

cousin

grandparent

aunt/uncle

BLOCK B: EMPLOYMENT

B1		or if your fami		hold chores but work for which you as a family business, have you ever be	
	1 -	Yes	CONTINUE		
	0 -	No	GO TO B21		
	-8 -	NR/DK			
D2					
B2	On w	nat days did yo	ou or do you usually work?	<u>'</u>	
	1 -				
	2 -	Weekends:			
	3 -	No regular	work day:		
	4 -	Others, spe	cify:		
	-8 -	NR/DK	-		
	-9 -	NA			
В3	Did y	ou or do you d	o the work while going to	school or did you quit school to do t	he work?
	1 -	Studving w	hile working at the same t	ime	
	2 -		ng in order to work		
	3 -		nly during school breaks (s	sem., summer, Christmas)	
	4 -		out no longer in school	,	
	-8 -	NR/DK	C		
	-9 -	NA			
B4	At wh	nat age did you	start working?		
	ENTE	ER AGE IN YE	EARS		
	-8 -	NR/DK			
	-9 -	NA			
B5	Whos	e idea was it th	nat you started working?		
	1 -	own idea		GO TO B8	
	2 -	father			
	3 -	mother			
	4 -	both parent	S	> CONTINUE	
	5 -		ves, specify		
	6 -		ns, specify	·	
	-8 -	NR/DK	/ I		
	-9 -	NA			
B6	Do yo	ou like the idea	of working?		
	1 -	Yes			
	0 -	No			
	-8 -	NO NR/DK			
	-o - -9 -	NA NA			
	<i>)</i> -	1111			

В7	Why?	
	REASON:	
	-8 - NR/DK -9 - NA	
B8	What kind of work did you or do you do?	
	DESCRIBE, BE SPECIFIC	
	-8 - NR/DK	
В9	-9 - NA Are you currently working for pay, in cash or in kind, or in a family farm or b	ousiness?
Бу	1 - Yes CONTINUE 0 - No GO TO B19 -8 - NR/DK	Justices :
B10	Describe the type of job you currently do:	
	DESCRIBE, BE SPECIFIC.	
		- -
	-8 - NR/DK -9 - NA	
B11	Is your job done sitting or standing in one place? Does it involve lifting and r forms of heavy physical labor?	noving objects or other
	DETERMINE LEVEL OF ACTIVITY IN JOB	
	VERBATIM:	
	-9 - NA	
B12	On what days do you usually work?	
	1 - Weekdays:	
	-8 - NR/DK -9 - NA	

B13	How many hours do you usually work during a week?	
	CODE NUMBER OF HOURS	
	-8 - NR/DK -9 - NA	
B14	Do you usually work the same number of hours each week?	
	1 - Yes 0 - No -8 - NR/DK -9 - NA	
B15	How are you paid in your current job?	
	1 - In cash CONTINUE 2 - In kind GO TO B19 3 - In cash and in kind CONTINUE 4 - Unpaid family worker GO TO B19 -8 - NR/DK -9 - NA	
B16	How much do you usually earn per day? IF PAID PER WEEK OR DAY, CALCULATE DAILY AVERAGE	
	CODE AMOUNT IN PESOS	
	-8 - NR/DK -9 - NA	
B17	What do you do with your earnings?	
	1 - Keep all CONTINUE2 - Keep part CONTINUE	
	 3 - Turn all over to mother and/or father GO TO B19 4 - Turn all over to other relatives . Specify other relative	GO TO B19
B18	If you keep all or part of your earnings, what do you usually spend this money of	on?
	VERBATIM:	
	-8 - NR/DK -9 - NA	
B19	What do you think are the advantages of your working?	
	VERBATIM:	
	-8 - NR/DK -9 - NA	
B20	What do you think are the disadvantages of your working?	
	VERBATIM:	
	-8 - NR/DK -9 - NA	

-8 - NR/DK		
Do you think it is	s possible for you to achieve this aspiration?	
1 - Yes	GO TO B24	
0 - No	CONTINUE	
8 - NR/DK	GO TO NEXT BLOCK	
9 - NA		
	sible for you to achieve this aspiration?	
VERBATIM:	sible for you to achieve this aspiration?	
VERBATIM: -8 - NR/DK	sible for you to achieve this aspiration?	
VERBATIM: -8 - NR/DK -9 - NA		
VERBATIM: -8 - NR/DK -9 - NA GO TO NEXT B What would you		
VERBATIM: -8 - NR/DK -9 - NA GO TO NEXT B What would you	LOCK need to do to achieve this aspiration?	

END OF BLOCK B

BLOCK C: DIET OF CHILD - DAY ONE

INTER	VIEWER:	(a) "kasagaran" means at le(b) Eating "at home" include home.			e.g., relative's
C1	Usually, how ma	any times do you eat in a day	, excluding snacks?		
	CODE NUMBE -8 - NR/DK	ER OF USUAL DAILY MEA	LS		
C2	Usually, how ma	any times do you eat snacks i	n a day?		
	CODE NUMBE -8 - NR/DK	ER OF USUAL DAILY SNAC	CKS		
C3	Usually, how ma	any times do you eat at home	, excluding snacks, in a v	week?	
	CODE NUMBE - 8 - NR/DK	ER OF WEEKLY MEALS PR	REPARED AND EATEN	I AT HOME	
C4	Where do you us	sually eat snacks and lunch?			
	1 - In scho 2 - At hom			Painit/Snacks	
	3 - Elsewh Specify	ere GO TO C6		Lunch	
	-8 - NR/DK	Z			
C5	If you eat in scho	ool, where is the food prepare	ed?		
	1 - Bought	in or around school		Painit/Snacks	
		at from home ed through a feeding program K		Lunch	
	INTERVIEWER	R: DO NOT CODE QUESTIO	ONS C6 THROUGH C9		
C6	Usually, what do	o you eat and drink for breakt	ast?	FOOD/I	DRINK 4 5
	LIST GENERAL	L CATEGORIES OF FOOD	SUCH AS		
	dried fish, pork,	rice, noodles, camote, banan	a, etc.		
	,	,	,		
C7	Usually, what do	o you eat and drink for lunch	?	FOOD/1 1 2 3	DRINK 4 5
	LIST GENERA	L CATEGORIES OF FOOD	SUCH AS		
	dried fish, pork,	rice, noodles, camote, banan-	a, etc.		

C8	Usually, what do you eat and drink for supper?	FOOD/DRINK 1 2 3 4 5
	LIST GENERAL CATEGORIES OF FOOD SUCH AS	
	dried fish, pork, rice, noodles, camote, banana, etc.	
C9	Usually, what do you eat and drink for snacks?	FOOD/DRINK 1 2 3 4 5
	LIST GENERAL TYPES OF SNACKS SUCH AS	
	bread, puto, biko, bodbod, etc.	
C10	Do you regularly take vitamin or mineral supplements?	
	1 - Yes CONTINUE 0 - No GO TO C12 -8 - NR/DK GO TO C12	
C11	What kind? SPECIFY:	
	-8 - NR/DK -9 - NA	
	CHILD[]S 24-HR FOOD RECALL BEFORE	CALTRAC IS WORN
C12	Food Recall:	
	1 - Day 1 2 - Day 2	
C13	Day of the week recalled:	
	 1 - Monday 2 - Tuesday 3 - Wednesday 4 - Thursday 5 - Friday 6 - Saturday 7 - Sunday 	

	CHIL	DŪS 24-HOUR FOOD RECALL	C19	Dish Number		
C14	you went to bed, including snach			WITH # 1. IF A DISI	PART OF A MEAL ARE NUMBERE H CONSISTS OF MORE THAN ONE AVE THE SAME DISH NUMBER	ED CONSECUTIVELY, STARTING ITEM, EACH ITEM BELONGING TO
	START WITH FIRST 1 0 - Before-breakfast sna 1 - Breakfast		C20	What were the specifi	ics of these food items?	
	2 - Morning snack 3 - Lunch	5 - Supper 6 - Evening snack			ΓΕΜ EATEN CLEARLY AS TO FOR SH, CEREAL, FRUIT, OR PART OF	RM, KIND, COLOR, SIZE, e.g., WHAT IT.
	ENTER CODE IN COL	L. C14 OF TABLE C-1		ENTER AN	SWER IN COL. C20 OF TABLE C-1	
C15	What dishes did you have for broad	eakfast (lunch, supper, snacks)?	C21	Food Code (TO BE	ACCOMPLISHED BY DIETARY ED	DITORS)
	WRITE NAME OF DISH IN CO	OL. C15 OF TABLE C-1	C22	Amount consumed		
C16	How was the dish prepared?	ENTER CODE IN COL. C16 OF TABLE C-1		ENTER AM	OUNT IN COL. C22 OF TABLE C-1	
	1 - Boiled	6 - Steamed	C23	Unit of Measurement		
	2 - Fried	7 - Baked		1 - cup		atchbox (mbx)
	3 - Sauteed	8 - Processed		2 - tsp	5 - pie	
	4 - Broiled/roasted	9 - Raw		3 - tbsp	6 - pa	ck, bottle
	5 - Scrambled	-8 - NR/DK		CDELL OUT	T IN COL. C23 OF TABLE C-1	
C17	Where was the dish prepared?			SPELL OUT	IN COL. C23 OF TABLE C-1	
CIT		home setting or home extension like a relative s home)	C24	Was the food you ate	yesterday your usual food intake?	
	3 - Feeding program	ira, careceria)		0 - No	CONTINUE	
	4 - Ambulant food vend	lor, street foods		1 - Yes	GO TO NEXT BLOCK	
	5 - Store (sari-sari, groo			1 100	0010112111220011	
	-8 - NR/DK		C25	If not, why?		
	-9 - NA			VERBATIM		
	ENTER CODE IN COI	L. C17 OF TABLE C-1				
C18	What were the ingredients (food	items) composing the dish that you have eaten?		-8 - NR/DK	-9 - N	[A
ENTE	R ALL FOOD ITEMS EATEN IN	COL. C18. USE A SEPARATE LINE FOR EACH INDIVIDUAL		SPECIFY R	EASON ONLY, DO NOT CODE	

FOOD ITEM EATEN. IF THE SAME DISH WAS EATEN AT DIFFERENT MEALS, DO NOT WRITE

□SAME□ BUT SPELL OUT ITEM EACH TIME!

TABLE C-1. CHILD S FOOD RECALL

TABLE C	-1. CHILDUS FOOD REC	CALL	ī			T		1		1
MEAL CODE	NAME OF DISH	COOKING METHOD	WHERE PREPARED	FOOD ITEMS DISHCONTAINS	DISH NUM	FOOD ITEM DESCRIPTION	FOOD CODE	AMOUNT CONSUME D	UNIT OF MEASUR E	
C14	C15	C16	C17	C18	C19	C20	C21	C22	C23	
		<u> </u>								

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								i
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				i e		I		ı

BLOCK D: CHILD'S ANTHROPOMETRY

INTERVIEWER: TAKE THREE MEASUREMENTS

D1	BLOOD PRESSURE (mm Hg)					
		Measurement #1				
			Systolic		Diastol	ic
		Measurement #2				
			Systolic		Diastol	ic
		Measurement #3				
D2	WEIGHT of child (IN KILOGRAM	MS)	Systolic	I	Diastol	ic
	e.g., 30.7					
D3	HEIGHT of child (IN CENTIMET	ERS)				1
	e.g., 130.8					
D4	ARM CIRCUMFERENCE of child	l (IN CENTIMETERS)				
	e.g., 20.3					
D5	TRICEPS SKIN-FOLD THICKNE	ESS				
		Measurement #1				
		Measurement #2				
		Measurement #3				
D6	SUBSCAPULAR SKIN-FOLD TH	IICKNESS				
		Measurement #1				
		Measurement #2				
		Measurement #3				
D7	WAIST CIRCUMFERENCE (cm)					
D8	HIP CIRCUMFERENCE (cm)					ı
	· /					

BLOCK E. CHILDIS PHYSICAL ACTIVITY

INTERVIEWER: IF CHILD IS NOT IN SCHOOL, GO TO E8, OTHERWISE ASK QUESTIONS E1-E7

E1	What a	re your school hours?	
	1 -	Time school starts	
	2 -	Time school is dismissed	
	-9 -	NA	
E2	How d	o you travel to school (bus, jeepney, walk, private car, etc)?	
	1 - 2 - 3 - 4 - 5 - 9 -	Walk Ride bicycle Ride motorized vehicle (car, jeepney, bus, tricycle, etc.) Combination of 1 and 3 Others, specify NA	
E3	How lo	ong does it take you to travel to school?	
	ENTE	R NUMBER OF MINUTES	
	-8 - -9 -	NR/DK NA	
E4	During	school days, do you have any physical activities like sports, games,	gardening, etc.?
	1 - 0 - -9 -	Yes CONTINUE No GO TO E8 NA	
E5	What k	cind of school activities do you participate in during the last month?	
	VERB.	ATIM:	
	1		—— <u> </u>
	2		
	3 ——		
	4		
	Ü		
	-9 -	NA	

E6 How many times per week do you participate in these activities? ASK FOR EACH ACTIVITY MENTIONED 1 -Daily **ACTIVITY 1** 2 -**ACTIVITY 2** Oncea week ACTIVITY 3 3 -Two times a week _____ ACTIVITY 4 4 -Three times a week ACTIVITY 5 5 -Four times a week -8 -NR/DK -9 -NAE7 How long do these activities usually last? ASK FOR EACH ACTIVITY MENTIONED AND ENTER RESPONSE IN MINUTES **ACTIVITY 1 ACTIVITY 2 ACTIVITY 3 ACTIVITY 4 ACTIVITY 5** -8 -NR/DK -9 -NA E8 Do you usually participate in any physical activity after school (or during the week if not in school) or on weekends: like basketball, volleyball, fetching water, doing laundry, etc. FOR NOT IN SCHOOL ASK: Do you have any physical activity like basketball, volleyball, fetching water, doing laundry, etc.? CONTINUE Yes GO TO E12 E9 What kind of activities do you participate in? VERBATIM:

-9 -

NA

E10 How many times per week do you participate in these activities?

1 -	Daily —	ACTIVITY 1	
2 -	Once a week	ACTIVITY 2	
3 -	Two times a week	ACTIVITY 3	
4 -	Three times a week	ACTIVITY 4	
5 -	Four times a week	ACTIVITY 5	
-8 -	NR/DK	ACTIVITY 6	
-9 -	NA	ACTIVITY 7	
How r	nuch time do you usually spend on each	activity?	
ASK I	FOR EACH ACTIVITY MENTIONED	AND ENTER RESPONSE IN MIN	NUTES
		ACTIVITY 1	
		ACTIVITY 2	
		ACTIVITY 3	
		ACTIVITY 4	
		ACTIVITY 5	
		ACTIVITY 6	
		—— ACTIVITY 7	
-8 - -9 -	NR/DK NA	ACTIVITY 7	
-9 -			ere?
-9 - How r	NA		ere?
-9 - How r ENTE 0 -	NA many hours each week do you spend wa R RESPONSE IN HOURS Doesn It watch TV weekly		ere?
-9 - How r ENTE 08 - Do yo	NA many hours each week do you spend wa R RESPONSE IN HOURS	tching TV either at home or elsewh	
-9 - How r ENTE 08 - Do yo	NA nany hours each week do you spend wa R RESPONSE IN HOURS Doesnlt watch TV weekly NR/DK u do other sedentary activities such as w	tching TV either at home or elsewh	
-9 - How r ENTE 08 - Do yo readin 1 - 0 -	NA many hours each week do you spend wa R RESPONSE IN HOURS Doesn t watch TV weekly NR/DK u do other sedentary activities such as v g, studying, playing cards, chess, etc.? Yes CONTINUE	tching TV either at home or elsewh	
-9 - How r ENTE 08 - Do yo readin 1 - 0 -	NA many hours each week do you spend wa R RESPONSE IN HOURS Doesn to watch TV weekly NR/DK u do other sedentary activities such as w g, studying, playing cards, chess, etc.? Yes CONTINUE No GO TO E17	tching TV either at home or elsewh	
How r ENTE 08 - Do yo readin 1 - 0 -	NA many hours each week do you spend wa R RESPONSE IN HOURS Doesn to watch TV weekly NR/DK u do other sedentary activities such as v g, studying, playing cards, chess, etc.? Yes CONTINUE No GO TO E17 specific ones do you do?	tching TV either at home or elsewh	
-9 - How r ENTE 08 - Do yo readin 1 - 0 - What :	NA many hours each week do you spend water RESPONSE IN HOURS Doesn to watch TV weekly NR/DK u do other sedentary activities such as way, studying, playing cards, chess, etc.? Yes CONTINUE No GO TO E17 specific ones do you do? SATIM:	tching TV either at home or elsewh	

-9 - NA

ASK FOR EACH AC			
1 –Daily		ACTIVITY 1	
2 -Once a week		ACTIVITY 2	
3 -Two times a week		ACTIVITY 3	
4 -Three times a weel	·	— ACTIVITY 4	
-8 - NR/DK			
-9 - NA For how long do you	•		
For how long do you	•	ER RESPONSE IN MI	NUTES
For how long do you	•	ER RESPONSE IN MI ACTIVITY 1	NUTES
For how long do you	•		NUTES
For how long do you	•	ACTIVITY 1	NUTES

INTERVIEWER: INSTRUCT CHILD WHO WILL USE THIS CALTRAC TO TAKE NOTE OF HER ACTIVITIES AND THEIR DURATION WHILE WEARING THE CALTRAC

CALTRAC DATA RECORDING FORM

E17	Visit Number:	
	1 - One	
	2 - Two	
E18	Caltrac Number:	
Subject	Data	
INTERV	VIEWER: COPY WEIGHT AND HEIGHT TAKEN IN BLO	CK D FOR E19 AND E20
E19	Weight in kilograms:	
E20	Height in centimeters	
E21	Age in years	
E22	Sex: 1 - Male 2 - Female	
Caltrac	Data	
Starting	Information:	
E23	Date Caltrac programmed:	
E24	Time Caltrac programmed:	
	1 - A.M 2 - P.M.	
Ending	Information:	
E25	Date Caltrac read:	
E26	Time Caltrac read:	
	1 -A.M 2 -P.M.	
E27	NET CALS on the Caltrac Display:	
CALS U	USED [[ACTM[] appears above the number on the CALT	RAC display]
Parant	and/or Child Information	
1 वा सार	unwor Chiid mitormation	
E28	Datechildwenttosleep:	

ACTIVITY RECORD (For the period when CALTRAC was worn, start with time device was attached and end with time device was removed)

ENTER RESPONSES TO THE FOLLOWING QUESTIONS IN TABLE E-1 BELOW

- E29 When was the activity done?
- E30 What time the activity was done?
- E31 What was your activity?
- E32 Please tell me how much time was spent for each activity. (CODE IN MINUTES)
- E33 Were you wearing CALTRAC at the time of activity?

Table E-1 ACTIVITY RECORD

Tabl	le E-1.	ACTIVITY RECORD		
DATE	TIME OF DAY	ACTIVITY	MINUTES SPENT	WEARING CALTRAC? (1=Yes; 0=No)
(E29)	(E30)	(E31)	(E32)	(E33)
		CALTRAC attached		

Table E-1. ACTIVITY RECORD (contŪd.)

DATE TIME OF DAY ACTIVITY SPENT CALTRA (1=Yes; 0=CALTRAC attached) CALTRAC attached CALTRAC attached	C? =No)
(E29) (E30) (E31) (E32) (E33)	1.0)
CALTRAC attached	

4	Was y	esterday a typical	day for you?	
	1 - 0 -	Yes No	GO TO NEXT BLOCK CONTINUE	
5	Were	you more active o	r less active yesterday than you usually are?	
	1 - 2 -	More active Less active	GO TO E38 CONTINUE	
66	Were	you sick or injure	d when you were wearing the CALTRAC and less able to move?	
	1 - 0 -	Yes No	CONTINUE GO TO E38	
7	How o	did the injury/dise	ase change your activities or movements?	
	VERE	BATIM:		
	-8 - -9 -	NR/DK NA		
		GO TO NEXT	BLOCK	
3			pecial physical activity, such as a sport event or special class or training per or decreased your normal activity?	rogram
	1 - 0 -	Yes No	CONTINUE GO TO NEXT BLOCK	
9	What	was this special a	etivity?	
	VERE	BATIM:		
	-8 -	NR/DK		
	-9 -	NA		

END OF BLOCK E

BLOCK F: CHILD[]S 24-HR FOOD RECALL AFTER CALTRAC HAD BEEN WORN (DAY TWO)

F1	Food	Recall:	
	1 - 2 -	Day 1 Day 2	
	2 -	Day 2	
F2	Day o	of the week recalled:	
	1	Man Jan	
	1 -	Monday	
	2 -	Tuesday	
	3 -	Wednesday	
	4 -	Thursday	
	5 -	Friday	
	6 -	Saturday	
	7 -	Sunday	

	CHILD[]S 24-HOUR FOOD RECALL		F8	Dish Number			
F3	F3 I would like you to tell me all about what you are yesterday that is, from the time you woke up until you went to bed, including snacks.			# 1. IF A DISH CONS	ART OF A MEAL ARE NUM SISTS OF MORE THAN ON THE SAME DISH NUMBER		
	START WITH FIRST MEAL OR SNACK OF THE DA	AY		DISH WOST HAVE I	THE SAME DISTI NUMBER		
		- Afternoon snack	F9	What were the specific	s of these food items?		
		- Supper		···			
		- Evening snack		DESCRIBE FOOD IT	EM EATEN CLEARLY AS T	TO FORM, KIND, COLOR, S	SIZE,
	3 - Lunch	<u> </u>			MEAT, FISH, CEREAL, FR		
	ENTER CODE IN COL. F3 OF TABLE F-1			ENTER ANS	WER IN COL. F9 OF TABL	E F-1	
F4	What dishes did you have for breakfast (lunch, supper, snacks)?		F10	Food Code (TO BE A	CCOMPLISHED BY DIETA	ARY FDITORS)	
• •	what dishes are you have for steakings (runen, suppor, shacks).		110	1000 2000 (10 001)	iccomi Eigneb bi bien	inti EBITORS)	
	WRITE NAME OF DISH IN COL. F4 OF TABLE F-1		F11	Amount consumed			
F5	How was the dish prepared? ENTER CODE IN COL. F5			ENTER AMO	OUNT IN COL. F11 OF TAB	LE F-1	
	1 - Boiled 6 - Steamer	d					
	2 - Fried 7 - Baked		F12	Unit of Measurement			
	3 - Sauteed 8 - Process	sed		1 - cup		4 - matchbox (mbx)	
	4 - Broiled/roasted 9 - Raw	,		2 - tsp		5 - piece	
	5 - Scrambled -8 - NR/DK	•		3 - tbsp		6 - pack, bottle	
F6	Where was the dish prepared?			SPELL OUT	IN COL. F12 OF TABLE F-1		
	1 - Home (includes any home setting or home extension	like a relative⊔s home)	F13	W 41 - 6 - 4		lan O	
	2 - Restaurant (carenderia, cafeteria)3 - Feeding program		Г13	was the food you are y	resterday your usual food inta	Ke!	
	4 - Ambulant food vendor, street foods			0 - No	CONTINUE		
	5 - Store (sari-sari, grocery, bakery, etc.)			1 - Yes	GO TO NEXT BLOCK		
	-8 - NR/DK						
	-9 - NA		F14	If not, why?			
	ENTER CODE IN COL. F6 OF TABLE F-1			VERBATIM			
F7	What were the ingredients (food items) composing the dish that y	you have eaten?		-			
ENTE	R ALL FOOD ITEMS EATEN IN COL. F7. USE A SEPARATE LIN	JE FOR EACH INDIVIDUAL FOOD		-8 - NR/DK		-9 - NA	
	EATEN. IF THE SAME DISH WAS EATEN AT DIFFERENT M						

SPECIFY REASON ONLY, DO NOT CODE

BUT SPELL OUT ITEM EACH TIME!

TABLE F-1. CHILD S FOOD RECALL

TABLE F	-1. CHILDUS FOOD REC					T				
MEAL CODE	NAME OF DISH	COOKING METHOD	WHERE PREPARED	FOOD ITEMS DISH CONTAINS	DISH NUM		FOOD CODE	AMOUNT CONSUME D	UNIT OF MEASUR E	
F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	
					1					
							<u> </u>			
		•				1			I.	L

=	_		_				

BLOCK G: MORBIDITY OF CHILD

Have you	ever been sic	ek since our last visit in 1994?	
1 –Yes 0 –No		CONTINUE GO TO G4	
8 -NR/DI	ζ.	GOTOG4	
What were	you sick of	?	
1			
2			
3			
-8 -NR/D] -9 -NA	K		
Were you	hospitalized	because of this illness/any of these illness	ses?
		ify which illness(es)	
0 - N 8 - N	lo IR/DK		
9 - N	ÍΑ		
Do you ha	ve a chronic	illness/disability?	
	es	CONTINUE	
	lo IR/DK	GO TO G7	
		lness/disability?	
VERBATI		,	
-8 - N	IR/DK		
9 - N	ÍΑ		
Does this i	llness/disabi	lity limit your ability to attend school?	
	es		
	fo TR/DK		
9 - N	ÍΑ		
Since 1994	l, have you r	eceived any immunization?	
	es	CONTINUE	
	o R/DK	GO TO G9	
What type	of immuniza	ation was it?	
I IST WAC	CINATION	S, DO NOT CODE	
LIST VAC			

PLACE ANSWERS TO G9 THROUGH G17 IN TABLE G-1

- I will mention a list of symptoms and illnesses. Please tell me if you have experienced any of these in G9 the last 12 months.
 - 1 -Yes
 - 0 -No

ENTER CODE IN COL. G9 OF TABLE G-1

IF RESPONDENT HAS NOT EXPERIENCED ANY SYMPTOMS/ILLNESSES, GO TO G18, OTHERWISE ASK G10

- G10 Did you consult anyone for any of these symptoms/illnesses?
 - GO TO G12 1 -Yes CONTINUE 0 -No
 - NA

ENTER CODE IN COL. G10 OF TABLE G-1

Why not?

VERBATIM:

- NR/DK
- NA

ENTER ANSWER IN COL. G11 OF TABLE G-1 AND GO TO G22

G12 Who did you consult?

> GET THE NAME OF PRACTITIONER AND ADDRESS OF CLINIC. RECORD ANSWERS IN COL. G12 OF TABLE G-1

> IF RESPONDENT DOESN T KNOW NAME AND/OR ADDRESS AND HER RESPONSE TO G14 IS 0, DO NOT GET ADDRESS FROM MOTHER. VERIFY INFORMATION AT OPS OR FROM SUPERVISOR.

EDITOR: ASSIGN A UNIQUE CLINIC CODE FOR EACH CLINIC MENTIONED

- 0 -No clinic, practices at home
- No clinic, does home visits 1 -

Holy Family Clinic (example) Camputhaw Health Center (example) NR/DK

- NA

G13 Is this person a:

> 1 - private doctor 9 - mananambal 2 - private nurse 10 - mother 11 - father 3 - private midwife 4 - government doctor 12 - caretaker 13 – others, specify_ -8 - NR/DK 5 - government nurse 6 - government midwife 7 - school doctor -9 - NA

8 - school nurse

ENTER CODE IN COL. G13 OF TABLE G-1

- G14 Were your parents/caretaker aware of this consultation?
 - Yes
 - 0 -No
 - NA

ENTER CODE IN COL. G14 OF TABLE G-1

- How many times have you visited this person in the past 12 months? G15
 - -8 -NR/DK
 - NA

ENTER NUMBER OF TIMES IN COL. G15 OF TABLE G-1

- Would you consult this person again should you have similar problems in the future?
 - Yes
 - 0 -No
 - NR/DK -8 -
 - NA

ENTER CODE IN COL. G16 OF TABLE G-1

- G17 How much do you usually pay this person per visit?
 - NR/DK
 - NA

ENTER AMOUNT (IN PESOS) IN COL. G17 OF TABLE G-1

AFTER LAST PRACTITIONER, GO TO G22

TABLE G-1. GENERAL HEALTH PROBLEMS

Symptoms/Illnesses	Experienced?	Consult someone	Reason for not consulting	Who did you consult?	Is this person a:	Parents know?	No. of visits	Will consult again?	Cost per visit
	G9	G10	G11	G12	G13	G14	G15	G16	G17
1. Extreme loss of weight									
2. Severe headache									
3. Severe nausea/vomiting or dizziness									
4. Allergy									
5. Constant fatigue									
6. Persistent cough, asthma, other severe respiratory problems									
7. Severe diarrhea									
8. Other severe stomach or intestinal problems									
9. Other severe symptoms/ illnesses not mentioned which you have experienced the past 12 months (Specify)									

JI8	ımagıı	ne you were r	naving any of the illnesses I ju	ist mentioned, would you consult someone?	
	1 -	Yes	GO TO G20		
	0 -	No	CONTINUE		

-8 - NR/DK GO TO G22

VERB	ATIM:
-8 - -9 -	NR/DK NA
GO TO	
	would you consult? Do you have a specific person or clinic in mind?
RECO	ATIM: PRD NAME , ADDRESS AND TYPE OF PRACTITIONER FOR EACH P
MENT	TIONED
-8 -	NR/DK
-9 -	NA
	SPONDENT CANNOT NAME A SPECIFIC PERSON, ASK TYPE OF PRACTITUMINIC (e.g., private doctor, government midwife, etc.)
	DRS: ASSIGN TWO CODES FOR EACH PERSON MENTIONED
LDIIC	
	1) CLINIC CODE - TO LINK CLINIC WITH INDEX CHILDREN-PATIENT
	0 - no clinic, practices at home1 - no clinic, does home visits
	:
	8 - Holy Family Clinic (example)9 - Camputhaw Health Center (example)
	-8 - NR/DK -9 - NA
	2) TYPE OF PRACTITIONER
	1 - private doctor2 - private nurse
	3 - private midwife
	4 - government doctor
	5 - government nurse 6 - government midwife
	6 - government midwife 7 - school doctor
	8 - school nurse
	9 - mananambal
	10 - mother 11 - father
	11 - Tatner 12 - caretaker
	13 - others, specify
	-8 - NR/DK
	-9 - NA
How n	nany times do you usually take a bath in one week?
	NUMBER OF TIMES
-8 -	NR
Do you	u use soap when taking a bath?
0	No
0 - 1 -	No Rarely
0 - 1 - 2 -	No Rarely Sometimes

BLOCK H: ADOLESCENT SEXUALITY

PHYSICAL CHARACTERISTICS:

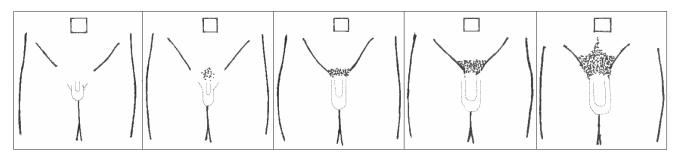
H1	How o	old are you now? (AGE AT LAST BIRTHDAY)					
	ENTE	R AGE IN YEARS					
H2	How d	lo you describe your body in terms of your weight?					
	1 - 2 - 3 - -8 -	Slender Average Chubby NR/DK					
НЗ	With y	our present weight, do you want to:					
	1 - 2 - 3 - 4 - -8 -	Be thinner Be heavier Maintain present weight Doesn t care NR/DK					
H4	What a	are you doing to achieve the weight you wish to have?					
	VERB	ATIM:					
	-8 -	NR/DK					
Н5	INTER	RVIEWER ONLY! How do you assess the boy s physical development?					
	1 - 2 - 3 - -8 -	Younger than most boys his age The same as boys his age Older than most boys his age NR/DK					
Н6	TO IN	TERVIEWER: Observe how much hair is around the boy s mouth:					
	0 - 1 - 2 -	None at all Very little A lot of hair					
Н7	INSTRUCTIONS ON THE SELF-ADMINISTERED QUESTIONNAIRE:						
	INTERVIEWER:						
	NOTE	: THE BASELINE ID SHOULD BE WRITTEN ON BOTH THE ENVELOPE AND TI QUESTIONNAIRE	HE				

I would like you to answer the questions on this page (referring to the one-page sexual maturity assessment questionnaire. As a teenager, your body is in the process of changing. These questions will tell us how much your body has changed. Please check or mark the boxes which matches your answers. After answering, please fold the page, place it inside the envelope and seal it.

Baseline ID#			
Н8	Has yo	ur voice changed in the past few years ?	
		No Yes	
Н9	If your old?	voice has changed, how different is your voice now than when you were	10 years
		Has changed a bit Has changed a lot	
H10		o you compare your body with that of other boys your age?	
	2 -	Younger The same as other boys More mature	
H11	Have y	ou started shaving the hair on your face?	
		Not yet Yes	
H12.	How th	nick is the hair under your arms?	
	2-	there is no hair just a little very thick	

The drawings found below show the different stages of male pubic hair development. As a boy grows older, the hair around the penis thickens.

Please look at the drawings and read what is written underneath each box. Choose which drawing matches the thickness of your hair and mark the corresponding box with an X. Remember to focus on the pubic hair and not the penis.



There is no hair yet	There are a few which are fine, long and not so dark. Most of the hair is around the base of the penis and is either curly or straight.	The hair is darker and curlier. It has spread out and thinly covers a bigger area.	The hair is really dark as that of an older man but still not a lot. The hair has not spread out to the legs.	The hair has spread out to the legs. There is more hair as that of an older man.
----------------------	---	--	---	--

FAMILY INFLUENCE:

Where you can go with your friends

Helping with household chores

Seeking health care

H14	Do you confide in any one in your household when you have problems?							
	1 - 0 - -8 -	Yes No NR/DK	CONTINU GO TO H1					
H15	Who do	you usually con	fide in?					
	1 - 2 - 3 - 4 - 5 - 6 - 7 - 889 -			ecify				
H16	Do you	ever quarrel with	other househ	nold members?			Г	
	1 - 0 - -8 -	Yes No NR/DK	CONTINU GO TO H1 GO TO H1	8				
H17	How of	ten have you qua	rreled with ot	her household m	nembers in the p	east 12 months?		
	1 - 2 - 3 - -8 - -9 -	Once a month of More than once Almost every da NR/DK NA	a month					
H18	Do you	r parents ever qua	arrel?					
	1 - 0 - -8 - -9 -	Yes No NR/DK NA (For single,	CONTINU GO TO H2 GO TO H2 widowed, sep	00	or if index child	living with caret	taker)	
H19	How of	ten have your par	ents quarreled	d with each othe	r in the past 12	months?	_	
	1 - Once a month or less 2 - More than once a month 3 - Almost every day -7 - Both parents not in household the past 12 months -8 - NR/DK -9 - NA (if living with caretaker)							
H20		akes the followin For index childre				caretaker, whate	ever applies	
CHEC	K APPRO	PRIATE RESPO	ONSE	<u> </u>		<u> </u>		7
	A	ACTIVITY		Decision not made in household	Can decide on my own	Must ask permission from parents	Parents alone	
Choosing	clothes y	ou wear						
Friends to	o hang out	with						
	go to bed							_
When you need a haircut								

H21	-	a allowed to go to discos or dances	?						
	1 - 0 -	Yes No							
	-8 -	NR/DK							
H22	What ti	me are you expected to be home in	the evenings?	Г					
	On scho	ooldays:							
	On wee								
	-8 -NR	/DK							
H23		think your mother is strict? (Refere	s to biological	mother)					
	1 - 0 -	Yes No							
	-8 -	NR/DK							
	-9 -	NA (if living with caretaker)							
H24		think your father is strict? (Refers	to biological fa	nther)					
	1 - 0 -	Yes No							
	-8 -	NR/DK							
H25	-9 - I will re	NA ead to you a list of activities.							
H26	Is this a	activity done in your household?							
		GO TO NEXT ACTIVITY. IF THE	HEY ARE, TEI	LL ME IF:					
H27	You are	e allowed to do this activity on your	r own						
H28									
	You are allowed to do this activity with friends								
H29	Inis ac	tivity must be done only with the fa	amily						
		ACTIVITY	NOT DONE IN HHOLD	ALLOWED TO DO ALONE	ALLOWED TO DO WITH	MUST BE DONE WITH			
		(H25)	(H26)	(H27)	FRIENDS (H28)	FAMILY (H29)			
	Go to	church							
	Go to	the movies							
	30 10	the movies							
	Go to	the mall (e.g., Ayala, SM, etc.)							
	Go to	picnic							
	Visit	relatives							
		activities,							
H30	How cl	ose do you think you are to your m	other (biologic	al mother)?					
	1 -	Close	, 0	·					
	2 -	Not close							
	-8 - -9 -	NR/DK NA							
H31		ose do you think you are to your fa	ther (biologica	I father)?					
	1 - 2 -	Close Not close							
	2 - Not close -8 - NR/DK -9 - NA								

H32	Who d	lo you consider as the person responsible for your upb	oringing?	
	1 -	Mother		
	2 -	Father		
	3 -	Both parents		
	4 -	Others, specify		
	-8 -	NR/DK		
H33	Do yo	u discuss the following with your mother/caretaker?		
	1 -	Yes, referring to biological mother		
	2 -	Yes, referring to caretaker		
	3 -	No, referring to caretaker		
	0 -	No, referring to biological mother		
	-8 -	NR/DK		
	-9 -	NA		
		O TOPICS LISTED IN TABLE H-1. WRITE 1 IF ONSE. IF NO TOPIC IS EVER DISCUSSED, GO T		R 0 IF NO DEPENDING ON THE
		EACH TOPIC DISCUSSED, ASK QUESTIONS H34 APPROPRIATE COLUMNS IN THE TABLE BELO		5 AND ENTER RESPONSE IN
H34	Who u	isually initiates the discussion about this topic?		
	1 -	Yourself	5 -	Father (if father not caretaker)
	2 -	Mother	6 -	Others, specify
	3 -	Can tremember	-8 -	NR/DK
	4 -	Caretaker initiates discussion (coded 2 in H33)	-9 -	NA
H35	How is	s this topic discussed?		
	1 -	Serious one-on-one talk		
	2 -	Casual conversation		
	3 -	Indirectly (in jest, through a third person)		
	4 -	Others, specify		
	-8 -	NR/DK		
	-9 -	NA		
H36	Whose	e opinion do you value most on this topic?		
	1 -	Your own	7 -	Friends
	2 -	Mother	8 -	Medical Practitioner
	3 -	Father	9 -	School/Teacher
	4 -	Both Parents	10 -	Others, specify
	5 -	Caretaker	-8 -	NR/DK
	6 -	Others relatives	-9 -	NA

TABLE H-1

Topic No.	TOPIC	Is the topic discussed?	Who initiates the discussion?	How is the topic discussed?	Whose opinion do you value most?
		Н33	Н34	H35	Н36
a.	Your friends				
b.	Having crushes				
c.	Having relationships				
d.	Going out on dates				
e.	Marriage				
f.	Sexual relations				

PEER INFLUENCE:

H37	How 1			
	ENTE	ER NUMBER I	N BOXES	
	0 -	No	GO TO H39	
	: 10 -	Ten	CONTINUE	
H38	Are th	ney:		
	1 -	Younger that	an you	
	2 -	Your age		
	3 -	Older than y	/ou	
	-8 - -9 -	NR/DK NA		
H39	How 1	many close boy	friends do you have?	
	ENTE	ER NUMBER I	N BOXES	
	0 - :	No	IF H37 IS ALSO 0, GO TO H45, OTHERWISE, O	GO ТО Н41
	10 -	Ten	CONTINUE	
H40	Are th	ney:		
	1 -	Younger that	an you	
	2 -	Your age		
	3 - -8 -	Older than y NR/DK	/ou	
	-0 - -9 -	NA NA		
H41	How o	often do you us	ually see your close friends in a week?	
	VERE	BATIM		
	-8 -	NR/DK		
	-9 -	NA		
H42	Do an	y of your close	friends (both sexes) have boyfriends/girlfriends?	
	1 -	Yes		
	0 -	No		
	-8 -	NR/DK		
	-9 -	NA		

H43	Do an	y of your close friends					
	smoke	e?	1 –Yes	0 -No	-8 -NR/DK	L	
	drink	alcoholic beverages?	1 –Yes	0-No	-8 -NR/DK	L	
	take drugs?		1 –Yes	0-No	-8 -NR/DK		
	-9 -	NA					
H44	Do you think they have done the following?						
	1 -	Dating	1 – Yes	0 - No	-8 - NR/DK		
	2 -	Holding hands	1 – Yes	0 - No	-8 - NR/DK		
	3	Kissing	1 – Yes	0 - No	-8 - NR/DK		
	4 -	More than kissing,	1 – Yes	0 - No	-8 - NR/DK	Γ	
	Specia	fy:				L	
	-9 -	NA					

ENTER RESPONSES TO THE FOLLOWING QUESTIONS IN THE TABLE BELOW

H45 Have you ever...

- smoked? (IF NO, SKIP TO ALCOHOLIC BEVERAGES)
- drank alcoholic beverages? (IF NO, SKIP TO DRUGS)- taken drugs?

H46 How old were you when you first tried...

- smoking?
- drinking alcoholic beverages?
- taking drugs?

H47 Who initiated you into...

- smoking?- drinking alcoholic beverages?
- taking drugs?

VERBATIM:

H48 Do you still...

- smoke?- drink alcoholic beverages?
- take drugs?

H49 How often do you...

- smoke?
- drink alcoholic beverages?take drugs?

TABLE H-2

ACTIVITY	EVER TRIED (H45)		AGE WHEN 1st TRIED	PERSON WHO INITIATED	STILL DOING NOW HOW OFTEN?	
	1 - Yes	0 - No	-8 - NR	H46	H47	H48/H49
Smoking						1 Yes, often 2 Yes, seldom 3 Did before, but not anymore -8 NR/DK -9 NA
Drinking alcoholic beverages						1 Yes, often 2 Yes, seldom 3 Did before, but not anymore -8 NR/DK -9 NA
Taking drugs (If yes, specify)						1 Yes, often 2 Yes, seldom 3 Did before, but not anymore -8 NR/DK -9 NA

H50	Do you	belong t	o any	club	or	organization?
-----	--------	----------	-------	------	----	---------------

CONTINUE Yes 1 -0 -GO TO H52 No

H51	Of what club or organization are you a member? WRITE NAME OF CLUB OR ORGANIZATION:	
	-8 -NR/DK -9 - NA	— LJ
	EDITORS: CODE WHETHER RELIGIOUS, ACADEMIC, SPORTS-ORIENTED, ETC	C.
<u>RELI</u>	GIOUS AND MEDIA INFLUENCE:	
H52	What is your religion?	
	 1 - Catholic 2 - Protestant (Lutheran, Baptist, etc.) 3 - Protestant (Born again) 4 - Iglesia Ni Cristo 5 - Moslem 6 - Buddhist 7 - Other, specify	
H53	How often do you go to church? 0 - Never 1 - Occasionally only 2 - About once in a month 3 - About once a week 4 - More often than once a week -8 - NR/DK	
H54	Do you consider yourself a religious person?	
	1 - Yes 0 - No -8 - NR/DK	
H55	Do you watch TV every week?	
	1 - Yes CONTINUE 0 - No GO TO H57	
H56	What are your favorite TV shows?	
	WRITE NAME OF SHOWS:	
	-8 - NR/DK -9 - NA	

H57	Do you listen to radio every week?				
	1 - 0 -	Yes No	CONTINUE GO TO H59	L	
H58	What	kind of radio pro	grams do you usually listen to?		
	WRIT	E NAME OF PR	OGRAMS:		
	-8 - -9 -	NR/DK NA			
H59	Do yo	ou read magazines	/pocketbooks/comics/newspapers?	-	
	1 - 2 - 3 -	Yes Never Very seldom	CONTINUE GO TO H61 GO TO H61		
H60	What	magazine/pocket	book/comics/newspaper do you usually	read?	
	WRIT	E NAME OF RE	ADING MATERIALS:	Γ	
	-8 - -9 -	NR/DK NA			
<u>SEXU</u>	AL BEI	HAVIOR:			
H61	Have	you ever had a cr	ush on a girl?		
	1 - 0 - -8 -	Yes No NR	GO TO H63 GO TO H63		
H62	How	old were you whe	n you had your first crush?		
	ENTE	ER AGE IN YEA	RS		
	-8 - -9 -	NR/DK NA			
H63	At wh	at age is it accep	able for a boy to have a crush?		
	ENTE	ER AGE IN YEA	RS		
	-8 - -9 -	NR/DK NA			

H64	H64 Has any girl ever had a crush on you?					
	1 -	Yes		CONTINUE		
	0 -	No ND (D)		GO TO H66		
	-8 -	NR/DK	(GO TO H66		
H65	How o	old were you whe	en girls started	l having crushe	s on you?	
	ENTE	R AGE IN YEAI	RS			
	-8 -	NR/DK				
	-9 -	NA				
H66	Have :	you ever courted	a girl?			
	1 -	Yes	CONTIN			
	0 -	No ND /DK	GO TO H			
	-8 -	NR/DK	GO TO H	108		
H67	How o	old were you whe	n you first co	urted a girl?		
	ENTE	R AGE IN YEAI	RS			
	-8 -	NR/DK				
	-9 -	NA				
H68	At wh	at age is it accept	table for a boy	y to court?		
	ENTE	R AGE IN YEAI	RS			
	-8 -	NR/DK				
H69	Are th	ere times when y	ou are left alo	one at home wit	h a female friend?	
	1 -	Yes				
	0 -	No, never				
	-8 -	NR/DK				
H70	What	do you understan	d by dating?			
	VERB	BATIM:				
						_
	-8 -	NR/DK				
	-9 -	NA				
H71	Have y	you ever gone on	a date?			
	1 -	Yes	CONTIN	UE		
	0 -	No	GO TO H	I76		
	-8 -	NR/DK				
H72	How o	old were you whe	n you first we	ent on a date?		
	ENTE	R AGE IN YEAI	RS			
	-8 -	NR/DK				
	-9 -	NA				
H73	When	you go on a date	, is it usually:			
	1 -	As a group				
	2 -	You and your				
	3 - -8 -	Just you and y NR/DK	our date with	out a chaperon	2)	

-9 - NA

H74 Are your parents (biological or caretakers) usually a			gical or caretakers) usually aware of these dates?	lly aware of these dates?		
	1 - 0 - -8 - -9 -	Yes No NR/DK NA	CONTINUE GO TO H76			
H75	Do you	ır parents approv	e of these dates?			
	1 - 0 - -8 - -9 -	Yes No NR/DK NA				
H76	At wha	at age is it accept	able for a boy to go on a date?			
	ENTE	R AGE IN YEAF	RS			
	-8 -	NR/DK				
H77	Have y	ou ever gone ste	ady with a girl?			
	1 - 0 - -8 -	Yes No NR/DK	CONTINUE GO TO H82			
H78	How o	ld were you when	n you first went steady?			
	ENTE	R AGE IN YEAF	RS			
	-8 - -9 -	NR/DK NA				
H79	Do you	ır parents (biolog	gical or caretakers) know about your having a relationship?			
	1 - 0 - -8 - -9 -	Yes No NR/DK NA	CONTINUE GO TO H81			
H80	Do you	ı think that your	parents approve of your having a relationship?			
	1 - 0 -	Yes No				
	-8 - -9 -	NR/DK NA				
H81	How n	nany girlfriends h	nave you had in all?			
	ENTE	R NUMBER IN	BOXES			
	-8 - -9 -	NR/DK NA				
H82	At wha	at age is it accept	able for a boy to go steady with girls?			
	ENTE	R AGE IN YEAF	RS			
	-8 -	NR/DK				

H82A	Have you ever had a crush on a boy?					
	1 - 0 - -8 -	Yes No NR	GO TO H82C GO TO H82C			
H82B	How of	ld were you wh	en you had your first crush or	n a boy?		
	ENTE	R AGE IN YEA	RS			
H82C	-8 - -9 - Have y	NR/DK NA ou ever gone st	eady with another boy?			
	1 - 0 - -8 -	Yes No NR/DK	CONTINUE GO TO H83			
H82D	How of	ld were you wh	en you first went steady with	another boy?		
	ENTE	R AGE IN YEA	RS			
	-8 - -9 -	NR/DK NA				
H82E	Do you	ir parents (biolo	gical or caretakers) know abo	out your relationship	with boys?	
	1 - 0 - -8 - -9 -	Yes No NR/DK NA	CONTINUE GO TO H82G			
H82F	Do you	think that you	parents (biological or careta	kers) approve of yo	ur relationship w	rith boys?
	1 - 0 - -8 - -9 -	Yes No NR/DK NA				
H82G	How m	nany male partn	ers have you had in all?			
	ENTE	R NUMBER IN	BOXES			
	-8 - -9 -	NR/DK NA				
H83	Have y	ou ever done th	e following :			
CHECK	(APPR	OPRIATE RES	PONSE	1		
		ACT	TIVITY	1- Yes	0 - No	-8 - NR
Holdin	ng hands	.				
Kissin	ng					
More	than kiss	sing				
IF RES	PONDE	NT HAS GONI	E BEYOND KISSING, ASK	H84, OTHERWISE	E, GO TO H85	
H84	Have y	ou ever done th	e following:			
CHECK	K APPRO	OPRIATE RES	PONSE	1		

	ACTIVITY	1- Yes	0 - No	-8 - NR
Petti	ng			
Gone	all the way			
185	When do you think is the right time for a boy t	to have sex for the first time	?	
	VERBATIM:			
	8 - NR/DK			
186	When do you think is the right time for a girl t	to have sex for the first time	?	
	VERBATIM:			
	8 - NR/DK			
H87	When do you think is the right time for a boy t	to get married?		
	VERBATIM:			
	-8 - NR/DK			
188	When do you think is the right time for a girl t	o get married?		
	VERBATIM:			
	-8 - NR/DK			
189	When do you think is the right time for a girl t	to get pregnant?		
	VERBATIM:			
	,			
	-8 - NR/DK			
7 4 3 67	A V. DV. A DV. DV. G. V. NO. W. ED. CE			
490	LY PLANNING KNOWLEDGE: Have you ever heard about family planning?			
170	1 - Yes CONTINUE			
	0 - No GO TO H101			L
1 91	What is family planning for?			
	LET THE CHILD EXPLAIN ABOUT FP. IF	UNABLE TO EXPLAIN G	O TO H101	_
	-8 - NR/DK			
	-9 - NA			
H92	From where did you get your information on fa	amily planning?		
	VERBATIM:			Γ

-8 - NR/DK -9 - NA

H93 Nowadays, there are many family planning methods. What method have you heard of?

LET THE CHILD ENUMERATE ALL METHODS HE KNOWS WITHOUT PROMPTING HIM. WRITE $\boxed{1}$ In the first column for each method mentioned spontaneously; then proceed down the column, read the name of each method not mentioned spontaneously, and write $\boxed{2}$ under second column if child has heard of method, and $\boxed{0}$ if he has not.

		HEARI	O OF
	METHOD	SPONTANEOUS	PROMPTED ANSWER
1	Pill		
2	IUD		
3	Injection (DEPO PROVERA)		
4	Implant (NORPLANT)		
5	Diaphragm		
6	Foam, Jelly (SAMPOON)		
7	Condom		
8	Ligation		
9	Vasectomy		
10	Rhythm, Calendar Method		
11	Rhythm, Temperature, Symptoms		
12	Withdrawal		
13	Breastfeeding		
14	Abstinence		
15	Other (specify)		

	-9 -	Other (specify NA	,	<u>"</u>	
ļ.	Do yo	u know where t	o get family planning sup	plies/services?	
	1 - 0 - -8 - -9 -	Yes No NR/DK NA	CONTINUE GO TO H96		
5	Where	e can you get fa	mily planning supplies/sea	rvices?	
	WRIT	E SOURCE OF	F SUPPLIES OR SERVIC	ES:	
	WRIT	E SOURCE OI	F SUPPLIES OR SERVIC	ES:	

-9 -

NA

H96	Do you think your mother (referring to biological mother) is using family planning?			
	1 -	Yes		
	0 -	No		
	-8 -	NR/DK		
	-9	If index chil	ld living with caretaker	
H97	Do you	ı have a marrie	ed sister or brother?	
	1 -	Yes	CONTINUE	
	0 -	No	GO TO H99	
H98	Do you	ı think they are	e using family planning?	
	1 -	Yes		
	0 -	No		
	-8 -	NR/DK		
	-9 -	NA		
H99	In you	r opinion, do y	ou need to know about family planning at your age?	
	1 -	Yes		
	0 -	No		
	-8 -	NR/DK		
H100	Why?			
	VERB	ATIM:		
	-8 -	NR/DK		
	-9 -	NA		

H101 Please tell me if you agree with the following statements:

READ STATEMENTS LISTED IN TABLE BELOW AND CHECK APPROPRIATE COLUMN

STATEMENT	1 - Yes	0 - No	-8 - Don∏t Know
Only adults 20 and above, even if not married, should have sex			
Only married couples should have sex			
Only women 20 and above, even if not married, should use family planning methods			
Only married women should use family planning methods			
Boys your age or aged 14-16, should not have sex yet			
Girls your age or aged 14-16, should not have sex yet			
Boys your age or aged 14-16, should not marry yet			
Girls your age or aged 14-16, should not marry yet			

H102 What does your mother/caretaker think about the following statements. Do you think she agrees that:

READ STATEMENTS LISTED IN TABLE BELOW AND CHECK APPROPRIATE COLUMN

STATEMENT	1 - Yes (biol. mother) 2 - Yes (caretaker)	0 - No (biol. mother) 3 - No (caretaker)	-8 - DK biol. Mother s opinion -7 - DK Caretaker s opinion
Only adults 20 and above, even if not married, should have sex			
Only married couples should have sex			
Only women 20 and above, even if not married, should use family planning methods			
Only married women should use family planning methods			
Boys your age or aged 14-16, should not have sex yet			
Girls your age or aged 14-16, should not have sex yet			
Boys your age or aged 14-16, should not marry yet			
Girls your age or aged 14-16, should not marry yet			

BLOCK I. ADOLESCENT REPRODUCTIVE HEALTH

- I will mention a list of problems men may experience. Please tell me if you have ever experienced any of these.
 - 1 Yes
 - 0 No

ENTER ANSWER IN COL. I1 OF TABLE I-1

Table I-1. Reproductive Health Problems

		PROBLEM	Experienced? I1
1. F	Painful urination		
2. I	tchiness in genital	area	
3. 0	Genital discharges		
4. (Other related proble	ms, specify	
	IF RESPOND	ENT HAS NOT EXPERIENCED ANY PROBLEM, GO TO	111, OTHERWISE ASK I2
I2	Did you consu	t someone for any of these problems?	
	1 - Yes 0 - No -9 - NA	GO TO I4 CONTINUE	
I3	Why not?		
	VERBATIM:		
	-8 - NR/D	K	

-9 - NA

IF ADOLESCENT IS SEXUALLY ACTIVE , ASK I14, OTHERWISE, GO TO I27 $\,$

What was the diagnosis? I6 FILL OUT TABLE I-2 FOR DETAILS REGARDING EACH PRACTITIONER MENTIONED VERBATIM- ENTER KEY PHRASES IN COL. I6 OF TABLE I-2 Who did you consult? (GET NAME OF PRACTITIONER AND ADDRESS OF CLINIC) **I**4 I7 Were your parents informed of this consultation? RECORD ANSWER IN COL. I4 OF TABLE I-2 Yes NR/DK 0 -No -9 -NA IF RESPONDENT DOESNIT KNOW NAME AND/OR ADDRESS AND HER RESPONSE TO 17 IS 0, DO NOT GET ADDRESS FROM MOTHER, VERIFY AT OPS OR FROM SUPERVISOR. ENTER CODE IN COL. 17 OF TABLE I-2 EDITORS: ASSIGN A UNIQUE CLINIC CODE FOR EACH CLINIC MENTIONED I8 How many times have you visited this person? no clinic, practices at home NR/DK 1 -Once -8 -NR/DK no clinic, does home visit -9 -NA 1 -NA -9 -9 -Nine Holy Family Clinic (example) 8 -Camputhaw Health Center (example) 9 -ENTER ANSWER IN COL. 18 OF TABLE I-2 **I**5 Is this person a: Would you consult this person again should you have similar problems in the future? private doctor 9 mananambal Yes -8 -NR/DK 1 -10 -2 private nurse mother No 0 --9 -NA private midwife 11 father 4 government doctor 12 caretaker How much do you usually pay this person per visit? (IN PESOS) I10 5 government nurse 13 -Others, specify --8 -NR/DK -9 -NA government midwife 6 --8 -NR/DK school doctor NA 7 --9 -ENTER ANSWER IN COL. I10 OF TABLE I-2 school nurse AFTER LAST PRACTITIONER, GO TO I14 ENTER ANSWER IN COL. I5 OF TABLE I-2

Table I-2. Practitioners Consulted For Reproductive Health Problems

Name of Practitioner/Clinic Address (I4)	Clinic Code	Type (I5)	Diagnosis (I6)	Parents informed (I7)	Number of visits made (I8)	Will consult again? (I9)	Cost per visit (I10)

Imagine you we	nagine you were having any of the problems I just mentioned, would you cosult someone?							
1 - Yes 0 - No -8 - NR/DI	GO TO I13 CONTINUE K GO TO I14							
-9 - NA								
Why not?								
VERBATIM:								
-8 - NR/DI -9 - NA	K							
IF ADOLESCE	ENT IS SEXUALLY ACTIVE, GO TO 114, OTHERWISE, GO TO 127							
Who would you	u consult? Do you have a specific person or clinic in mind?							
VERBATIM:								
RECORD NAM	ME, ADDRESS AND TYPE OF PRACTITIONER FOR EACH PERSO \sqsubset	ON MEN						
		L						
0 ND/D	v							
-8 - NR/D1 -9 - NA	N.							
EDITORS: AS	sign TWO CODES FOR EACH PERSON MENTIONED							
1) CLINIC CO 0 -	DE - To link clinic with index children-patients no clinic, practices at home							
1 -	no clinic, does home visits							
:								
8 - 9 -	Holy Family Clinic (example) Camputhaw Health Center (example)							
-8 -	NR/DK							
-9 -	NA							
· /	RACTITIONER							
1 -	private doctor							
2 - 3 -	private nurse private midwife							
3 - 4 -	government doctor							
5 -	government nurse							
6 -	government midwife							
7 -	school doctor							
8 -	school nurse							
9 - 10	mananambal							
10 - 11 -	mother father							
11 - 12 -	caretaker							
13 -	others, specify——							
-8 -	NR/DK							
-9 -	NA							

AFTER LAST PRACTITIONER, GO TO I14 $\,$

IF AD	OLESCENT IS SEXUALLY ACTIVE, ASK 114, OTHERWISE, GO TO 127	I18	Is this person a:
T '11			1 - private doctor 9 - mananambal
I Will i	read to you a list of problems men who are having sex may experience.		2 - private nurse 10 - mother
	NAMES OF TAXABLE POLICIAL PROPERTY OF THE PARTY OF THE PA		3 - private midwife 11 - father
	RVIEWER: GO THROUGH EACH SYMPTOM IN TABLE I-3. FOR EACH SYMPTOM, ASK II4	4	4 - government doctor 12 - caretaker
THRU	DUGH I23.		5 - government nurse 13 - others, specify————————————————————————————————————
T1.4	TT		6 - government midwife -8 - NR/DK
I14	Have you ever experienced		7 - school doctor -9 - NA
	1 - Yes		8 - school nurse
	0 - No (IF NO OR NR/DK, MOVE TO NEXT SYMPTOM. IF RESPONSE IS 0 AND/OR	-	ENTED CODE IN COL. 110 OF TABLE 1.2
	8 TO ALL SYMPTOMS, GO TO I24		ENTER CODE IN COL. I18 OF TABLE I-3
	-8 - NR/DK	710	
	ENTER ANSWER IN COL. I14 OF TABLE I-3	I19	What was the diagnosis?
T1.5			VERBATIM- ENTER KEY PHRASES IN COL. 119 OF TABLE I-3
I15	Did you consult someone about this problem?		-8 - NR/DK
	1 - Yes GO TO I17		-9 - NA
	0 - No CONTINUE	120	
T1.6	WI	I20	Were your parents informed of this consultation?
I16	Why not?		1 - Yes 0 - No
	VERBATIM- ENTER KEY PHRASES IN COL. I16 OF TABLE I-3		
	0 ND/DV		-8 - NR/DK
	-8 - NR/DK -9 - NA		-9 - NA ENTER ANSWER IN COL. I20 OF TABLE I-3
	-9 - NA GO TO I27		ENTER ANSWER IN COL. 120 OF TABLE 1-3
	GO 10 127	121	H
117	What it is a second of CET NAME OF DRACTITIONED AND ADDRESS OF CLINICS	I21	How many times have you visited this person? ENTER NUMBER IN COL. I21 OF TABLE I-3
I17	Who did you consult? (GET NAME OF PRACTITIONER AND ADDRESS OF CLINIC)		ENTER NUMBER IN COL. 121 OF TABLE 1-3
	ENTER ANSWERS IN COL. I17 OF TABLE I-3 -8 - NR/DK		-8 - NR/DK
	-8 - NR/DR -9 - NA		-8 - NR/DR -9 - NA
	-9 - NA		-9 - NA
	IF RESPONDENT DOESNIT KNOW NAME AND ADDRESS AND HER RESPONSE TO I20 IS 0	122	Would you consult this person again should you have similar problems in the future?
	DO NOT GET SUCH INFORMATION FROM MOTHER. VERIFY AT OPS OR FROM		1 - Yes
	SUPERVISOR.	1	0 - No
	EDITORS: ASSIGN CLINIC CODE FOR EACH CLINIC MENTIONED		-8 - NR/DK
			-9 - NA
	0 - no clinic, practices at home 1 - no clinic, does home visit		ENTER ANSWER IN COL. I22 OF TABLE I-3
	1 - HO CHING, does nome visit		ENTER ANSWER IN COL. 122 OF TABLE 1-3
	8 - Holy Family Clinic (example)	I23	How much do you usually pay this person per visit? (IN PESOS)
	9 - Camputhaw Health Center (example)	123	ENTER ANSWER IN COL. 123 OF TABLE I-3
	-8 - NR/DK		-8 - NR/DK
	-9 - NA		-9 - NA
	-) - IVA) IMI

AFTER LAST PRACTITIONER, GO TO 127

Table I-3. Practitioners Consulted by Sexually -Active Adolescents

GO TO I27

SYMPTOM	Expe- rienced	Consult someone	Reason for not consulting	Name of Practitioner/Address	Type	Diagnosis	Parents know	Number of visits	Will consult	Cost per visit
	(I14)	(I15)	(I16)	(I17)	(I18)	(I19)	(I20)	made (I21)	again (I22)	(I23)
Penile discharges/irritation										
Painful urination										
Pain during intercourse										
Genital warts/ulcers										
Other related problems, specify										

AFTER	LAST	PRACTITION	ER, GO TO I27			
I24	Imagi	ine you were hav	ring any of these problems, w	ould you consult someone?		
	1 - 0 - -8 - -9 -	Yes No NR/DK NA	GO TO I26 CONTINUE GO TO I27			
I25	Why VERI	not? BATIM:				
	-8 - -9 -	NR/DK NA				

VERBAT	ГІМ:			
				- [][
				- г
	NR/DK NA			L
			AME A SPECIFIC PERSON, ASK TYPE (government midwife, etc.)	OF PRACTIT
EDITOR	S: ASSIGN	TWO COD	ES FOR EACH PERSON MENTIONED	
	1) C	CLINIC CO	DE - To link clinic with index children-pa	atients
		0 -	no clinic, practices at home	
		1 - :	no clinic, does home visit	
		8 -	Holy Family Clinic (example)	
		9 -	Camputhaw Health Center (example)	
		-8 - -9 -	NR/DK NA	
	2).5			
	2)	TYPE OF P 1 -	RACTITIONER private doctor	
		2 -		
		3 -		
		4 -	government doctor	
		5 -	government nurse	
		6 - 7 -	government midwife school doctor	
		8 -	school doctor school nurse	
		9 -	manambal	
		10 -	mother	
		11 -	father	
		12 -	caretaker	
		13 - -8 -	others, specify————NR/DK	
		-9 -	NA	
Do you k	now that the	re are disea	ses one can get by having sex?	
	Yes		TINUE	
	No ND/DV		MINATE INTERVIEW	
-8 -	NR/DK	TERN	IINATE INTERVIEW	
From wh	ere did you le	earn about t	his?	
VERBAT	ΓIM:			

How as	re such diseases called?	
VERB.	ATIM:	
		
-8 - -9 -	NR/DK NA	
What a	are the symptoms?	
VERB.	ATIM:	
-8 - -9 -	NR/DK NA	
What s	should one do if he or she has these symptoms?	
VERB.	ATIM:	
-8 - -9 -	NR/DK NA	
What s	should one do to avoid getting such disease?	
VERB.	ATIM:	
-8 -	NR/DK	
.9 -	NA	

END OF INTERVIEW