

# Blue Pulse

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## Issues & Problems

Access to safe water and sanitation remains one of the most pressing global health challenges. As of 2022, **2.2 billion** people lacked safely managed drinking water, and **3.5 billion** lacked access to safe sanitation. These deficiencies are critical contributors to the spread of waterborne diseases such as diarrheal, typhoid, and hepatitis, particularly in regions with underdeveloped infrastructure and fragile public health systems. Despite international efforts, progress toward **Sustainable Development Goal 6 (SDG 6)** — ensuring universal access to clean water and sanitation — has been uneven and insufficient, requiring urgent, data-informed action to address widening global disparities.

### Motivation



This research fills a critical knowledge gap through comprehensive analysis of temporal and regional variations, informing more effective policy interventions and resource allocation strategies.

### Data Source

The project examined datasets from the World Bank's World Development Indicators (WDI) and the Institute for Health Metrics and Evaluation (IHME). The WDI provides data on water, sanitation, and socioeconomic indicators, while IHME contributes disease incidence and mortality data, specifically focusing on waterborne diseases such as Diarrhea, Hepatitis A and Typhoid. The merged dataset covers 140 countries between Year 2006 and Year 2021 and consists of 2,240 observations and 13 variables.

## Approach



#### **Exploratory Data Analysis (EDA)**

- Employed box plots and ggbetweenstats to explore regional disparities and temporal patterns in water infrastructure and health outcomes.
- Focused on visualizing the distribution of indicators by region and year to identify inequality hotspots and outliers.

#### Panel Linear Modeling (PLM):

- Applied five econometric models: Pooled OLS, Fixed Effects, Random Effects, Fixed Effects with Time, and Dynamic Panel Models to evaluate the causal impact of water factors on disease outcomes.
- Used Hausman tests and serial correlation diagnostics to select robust models accounting for country-level and time-specific variation.

#### Confirmatory Data Analysis (CDA):

- Designed animated bubble charts to illustrate dynamic relationships between water indicators and disease rates across regions from 2006 to 2021.
- Developed correlation bar plots to assess the strength and direction of associations between water variables (e.g., sanitation, open defecation) and diseases (e.g., diarrhea, typhoid).
- Enabled interactive filtering by region, year, and indicator type for targeted insights.

## Insight

#### **Determinants of Waterborne Disease Incidence**

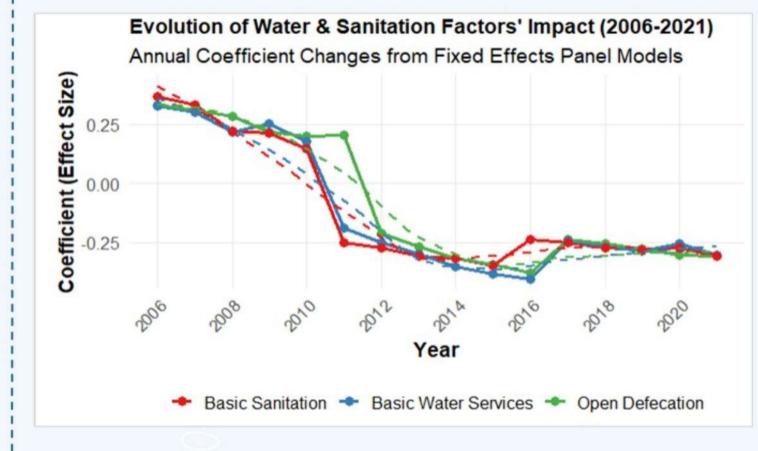
 Open Defecation consistently exhibits strong positive correlation with diarrheal and typhoid incidence, highlighting poor sanitation as a key risk factor.

Water Indicator	Disease	Correlation (r)
open_defecation	diarrhea	0.67
open_defecation	typhoid	0.6



Water Indicator	Disease	Correlation (r)
drinking_water	diarrhea	-0.74
sanitation	diarrhea	-0.81

Access to basic water services (drinking water and sanitation) shows significant negative correlation with disease burden, confirming their protective role.



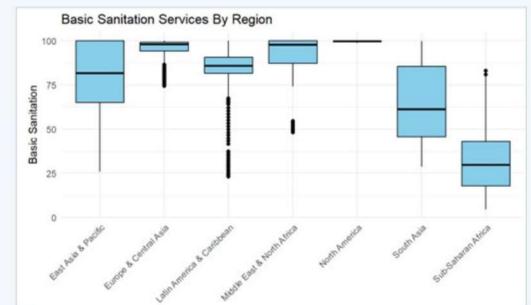
The effectiveness of **Basic Sanitation** and **Basic Water Service** in reducing disease burden evolved over time.

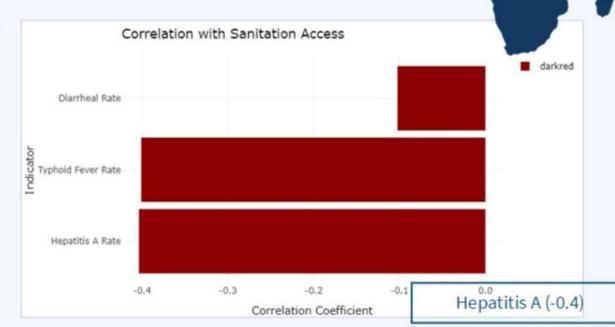
Basic sanitation and water services initially had limited impact but became significantly protective after 2010.

**Open defecation** consistently showed a strong negative effect, highlighting its risk.

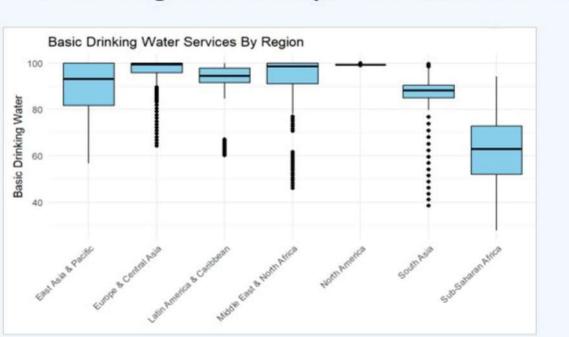
### Regional Disparities in Water Infrastructure

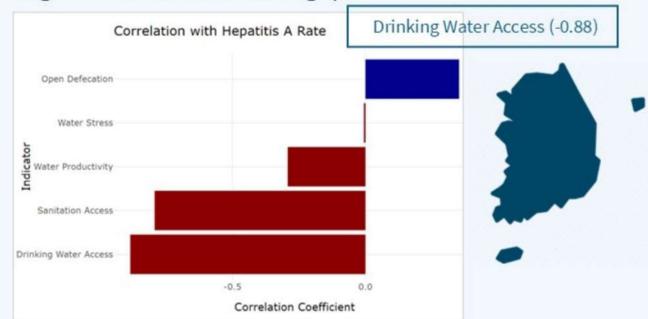
 Sub-Saharan Africa reports the lowest access to sanitation, aligning with high disease rates and strong correlation strength in regression models.



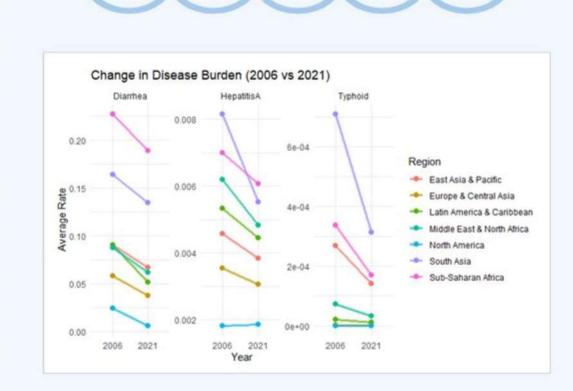


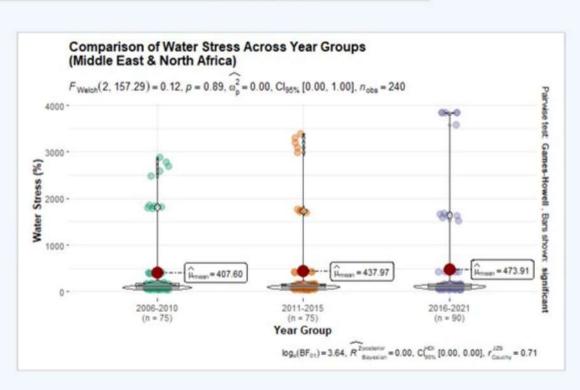
 South Asia demonstrates the highest coefficient magnitudes, particularly in relation to drinking water and open defecation, indicating critical infrastructure gaps.





Regional Disparities in Water Infrastructure
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Global health has shown remarkable progress from 2006 to 2021, with most regions experiencing significant reductions in waterborne disease rates, particularly in diarrheal diseases. The visualization reveals persistent regional disparities, with Sub-Saharan Africa and South Asia continuing to face higher disease burdens compared to North America and Europe & Central Asia due to disparities in Water Infrastructure.

## Future Work

This project confirms that poor water and sanitation access is strongly linked to higher waterborne disease rates. Through EDA, CDA, and PLM, we reveal key health impacts and provide a Shiny app for interactive insights. Future work may explore disease forecasting using time-series models, climate integration (e.g., drought, rainfall), and equity-focused analyses to uncover disparities across urban–rural and socioeconomic groups.





