

Weekly Planner – School Police

	12 AM–6 AM	6 AM–8 AM	8 AM–4 PM	4 PM–6 PM	6 PM–12 AM
day	Sleep	Prep/DJ	Work	DJ	Rest
day	Sleep	Prep/DJ	Work	DJ	Rest
nesday	Sleep	Prep	Work	Free	Rest
rsday	Sleep	Prep	Work	Free	Rest
ay	Sleep	Prep/DJ	Work	DJ	Rest
rday	Sleep	DJ	Free/DJ	DJ	Free
day	Sleep	DJ	Free/DJ	DJ	Free

Weekly Planner – Sheriff Day Shift

	12 AM–6 AM	6 AM–8 AM	8 AM–4 PM	4 PM–6 PM	6 PM–12 AM
Monday	Sleep	Commute	Work	Work	Rest
Tuesday	Sleep	Commute	Work	Work	Rest
Wednesday	Sleep	Free	Free	Free	Free
Thursday	Sleep	Free	Free	Free	Free
Friday	Sleep	Commute	Work	Work	Rest
Saturday	Sleep	DJ	DJ	DJ	Free
Sunday	Sleep	DJ	DJ	DJ	Free

Weekly Planner – Sheriff Night Shift

	12 AM–6 AM	6 AM–8 AM	8 AM–4 PM	4 PM–6 PM	6 PM–12 AM
Monday	Work	Sleep	Sleep	Prep	Work
Tuesday	Work	Sleep	Sleep	Prep	Work
Wednesday	Work	Sleep	Sleep	Prep	Work
Thursday	Work	Sleep	Sleep	Prep	Work
Friday	Work	Sleep	Sleep	Prep	Work
Saturday	Work	DJ	DJ	Prep	Work
Sunday	Work	DJ	DJ	Prep	Work