

## National Service Scheme (NSS) – Special Camp Day 4

Date: - 6th January 2024

**Time**: - 06:00 AM to 10:30 PM

Place: - Tandulwadi Village, Saphale

**Platform**: - Offline

January 6th, 2024, Saphale.

The National Service Scheme (NSS) Council of Fr. Conceicao Rodrigues College of Engineering productively organized the fourth day of our NSS camp. The day started with energy at 6.00 AM, we indulged ourselves in a peaceful session of yoga and Surya Namaskar from 6:30 AM to 7:00 AM. We engaged in a variety of exercises aimed at loosening our muscles and rejuvenating our bodies.

After an energizing yoga session, we freshened up and had breakfast and tea in the kitchen area. A group of volunteers, who were allotted as the kitchen team, assisted in the preparation and serving of breakfast. Another group of volunteers took on the responsibility of cleaning the kitchen and lodging area after breakfast.

After a wonderful breakfast, everyone got ready and met near the seminal hall wearing their NSS jerseys and lanyards. Program Officer Gauree Jagushte and our President gave a brief instruction about Compost making activity. Volunteers gathered the necessary equipment, and everyone headed to a nearby area at the campsite to start making the compost. The volunteers divided the tasks among themselves. Some filled the compost material into plastic tubs, others passed the filled tubs one by one, and a few poured the compost material into a specific rectangular area. After pouring one layer of compost material, we added an evenly spread layer of dry grass.

Then, we repeated the process by pouring another layer of compost material, finishing with a final layer of dry grass. This activity highlighted the genuine unity among the volunteers and demonstrated that with proper planning and everyone dedicatedly doing their assigned tasks, any task can be accomplished efficiently and in less time. After this exhausting activity, everybody headed to the kitchen area to have lunch.

In the evening, volunteers were briefed about the upcoming event scheduled for the next day, which was the Ayushmaan Card Registration. Volunteers were briefed on the Ayushmaan Yojana, its benefits, and the step-by-step process of registration.

After dinner, a group of volunteers organized the campfire, which commenced with a report-writing session. Program officers conducted a brief session where volunteers shared their experiences, feedback, and daily reports. Following this, council members organized a Housie game for the volunteers, and small prizes were awarded to the winners. It was a fun activity. Following this activity, everyone danced heartily to the beat of the music. After the exhilarating dance session, everyone retired for the night and went to sleep.

Day 4 of the NSS camp was filled with exciting activities that not only kept us engaged but also imparted valuable lessons on the significance of unity and teamwork.

A Report by Shreya Ghorpade, Junior Webmaster.

## An Insight into the Program:





