Human–Computer Interaction

Objective, Behavioral & Physiological Measures

Professor Bilge Mutlu

Questions

To ask questions during class:

» Go to slido.com and use code **#2938904** or direct link or scan QR code

» Anonymous

» I will monitor during class

Today's Agenda

» Topic overview: *Objective, Behavioral, & Physiological Measures*

» Hands-on activity

Recap: *What are different kinds of measurements we can take?*

1. **Objective**: Measurement from participants against an objective standard, e.g., performance in a test 👈 **our focus today**

2. **Behavioral**: Measurement of the actions and behaviors of participants, E.g., how much eye–contact participants maintain with a robot 👈 **our focus today**

3. **Subjective**: Measurement of self–report data on subjective evaluations, e.g., preferences, personality

4. **Physiological**: Measurements taken directly from participants' bodies, e.g., body temperature, GSR, EEG, EMG, fMRI 👈 **our focus today**

Objective Measurements

What are objective measurements?

Definition: Measurements of variables that can be determined objectively through direct observation, a.k.a., *performance* measurements.

Another way to think about it: Measurements of user behaviors/actions contextualized in a domain task.

*What are types of **objective measurements**?[1]*

1. Task success

2. Time-on-task

3. Errors

4. Efficiency

5. Learnability

[1] Albert & Tullis, 2013, Measuring the User Experience

*What is **task success**?*

Definition: Task success measures capture how effectively users are able to complete a given set of tasks.

Task success can be measured as a **binary** variable or as a **level** of success.
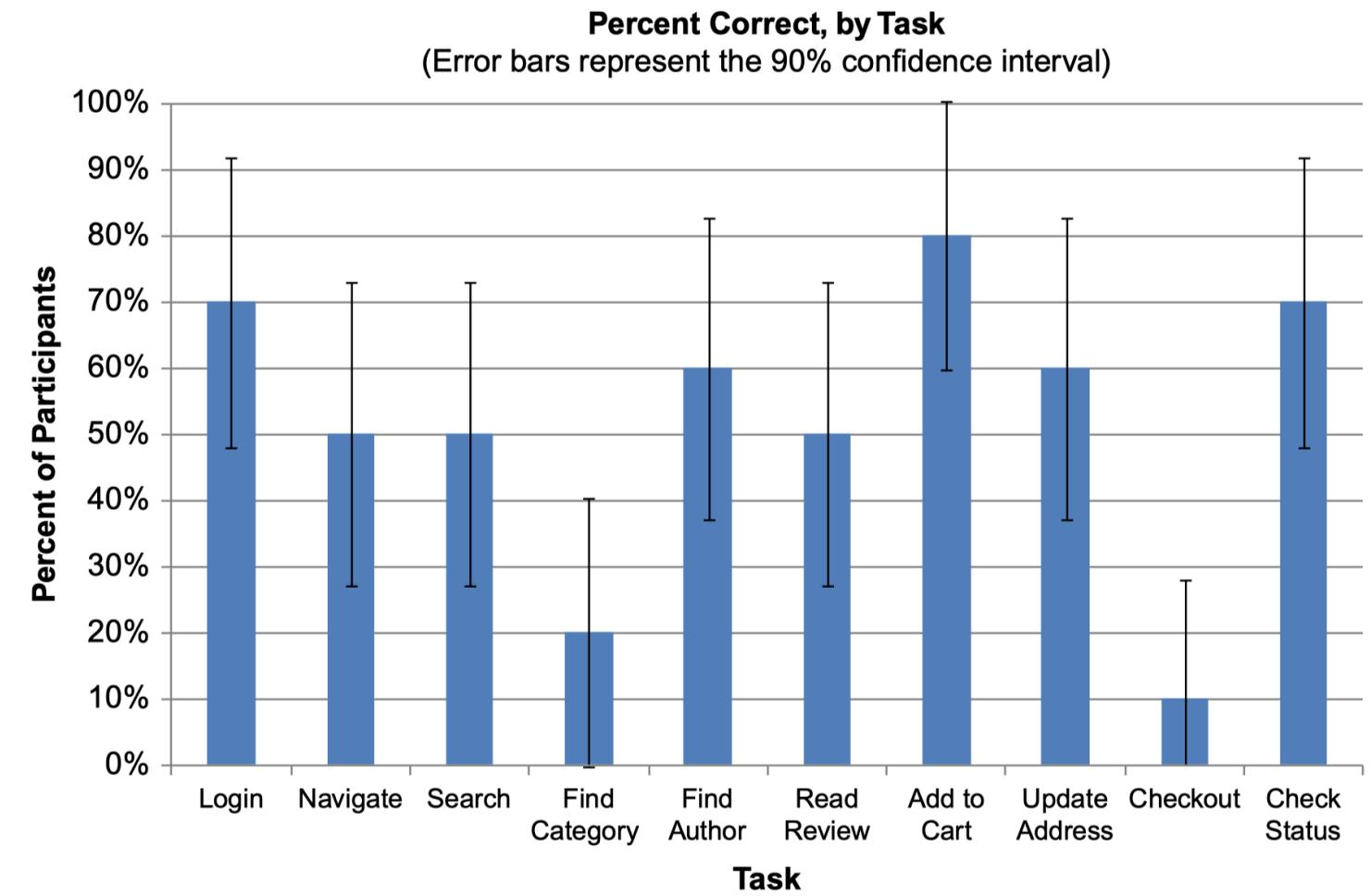
Alternatively, task success can be measured in terms of task **failure**.

Binary success

Definition: A measure of whether participants successfully completed the task or failed to complete the task. Progress in the task is not captured in binary success measures.

When multiple tasks are used, we can calculate average task success per task or per participant.

	Task 1	Task 2	Task 3	Task 4	Task 5	Task 6	Task 7	Task 8	Task 9	Task 10	Average
Participant 1	1	1	1	0	1	1	1	1	0	1	80%
Participant 2	1	0	1	0	1	0	1	0	0	1	50%
Participant 3	1	1	0	0	0	0	1	0	0	0	30%
Participant 4	1	0	0	0	1	0	1	1	0	0	40%
Participant 5	0	0	1	0	0	1	0	0	0	0	20%
Participant 6	1	1	1	1	1	0	1	1	1	1	90%
Participant 7	0	1	1	0	0	1	1	1	0	1	60%
Participant 8	0	0	0	0	1	0	0	0	0	1	20%
Participant 9	1	0	0	0	0	1	1	1	0	1	50%
Participant 10	1	1	0	1	1	1	1	1	0	1	80%
Average	70%	50%	50%	20%	60%	50%	80%	60%	10%	70%	52.0%

Percent Correct, by Task
(Error bars represent the 90% confidence interval)

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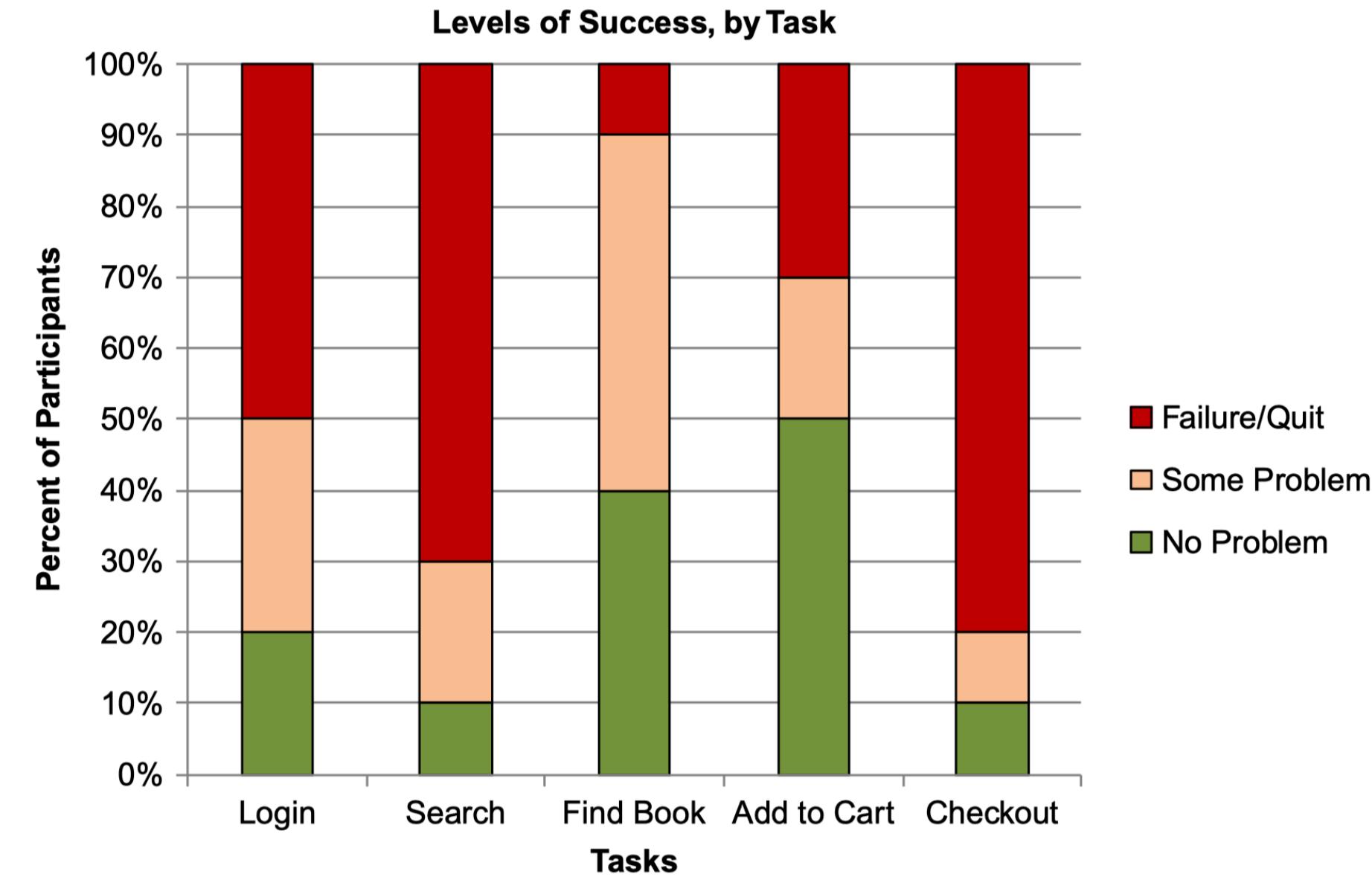
[1] Albert & Tullis, 2013, Measuring the User Experience

Level of success

Definition: A measure of to the extent to which participants performed the task successfully and independently.

Different ways to formulate:

» *Discrete levels of success:* complete success, partial success, failure

» *Discrete levels of failure:* no problem, minor problem, major problem, failure/gave up

» *Subtask success:* The number of steps/subtasks completed successfully

» *Success with/without assistance:* complete success (with/without assistance), partial success (with/without assistance), failure (user thought it was complete, but it wasn't/ user gave up)

Levels of Success, by Task

[1] Albert & Tullis, 2013, Measuring the User Experience

Task failure

Definition: Measures of the rate at which users fail to successfully complete the task.

Different forms of failure:

» User gives up

» Experimenter ends the session, e.g., because the user is stuck/clearly not making progress

» User takes longer than the allotted time for the task

» Incorrect outcome where the user thought that the task was successful, but it wasn't

What is time on task?
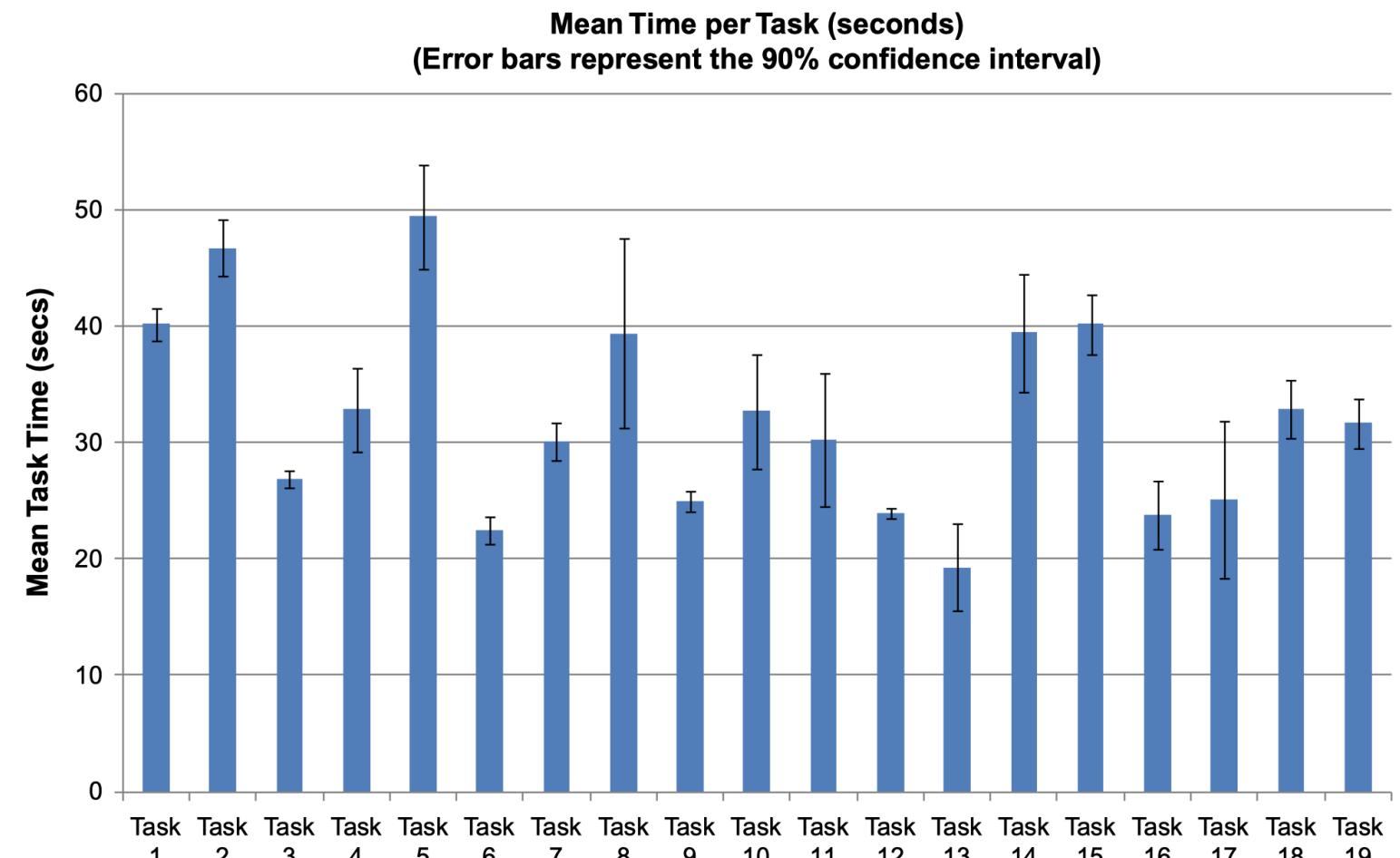
Definition: Time on task measures how much time is needed by users to perform the experimental task.

Different summary statistics, e.g., geometric mean,[*] might be more appropriate for time on task measures.[2]

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[*] $AM = (a + b)/2, GM = \sqrt{(a \times b)}, HM = (2 \times a \times b)/(a + b)$

[2] McNichol, 2018, On Average, You're Using the Wrong Average

	Task 1	Task 2	Task 3	Task 4	Task 5
Participant 1	259	112	135	58	8
Participant 2	253	64	278	160	22
Participant 3	42	51	60	57	26
Participant 4	38	108	115	146	26
Participant 5	33	142	66	47	38
Participant 6	33	54	261	26	42
Participant 7	36	152	53	22	44
Participant 8	112	65	171	133	46
Participant 9	29	92	147	56	56
Participant 10	158	113	136	83	64
Participant 11	24	69	119	25	68
Participant 12	108	50	145	15	75
Participant 13	110	128	97	97	78
Participant 14	37	66	105	83	80
Participant 15	116	78	40	163	100
Participant 16	129	152	67	168	109
Participant 17	31	51	51	119	116
Participant 18	33	97	44	81	127
Participant 19	75	124	286	103	236
Participant 20	76	62	108	185	245
Mean	86.6	91.5	124.2	91.4	80.3
Median	58.5	85.0	111.5	83.0	66.0
Geometric mean	65.2	85.2	105.0	73.2	60.3
90% confidence interval	31.1	15.4	33.1	23.6	28.0
Lower bound	55.5	76.1	91.1	67.7	52.3
Upper bound	117.7	106.9	157.3	115.0	108.3

Mean Time per Task (seconds)
(Error bars represent the 90% confidence interval)
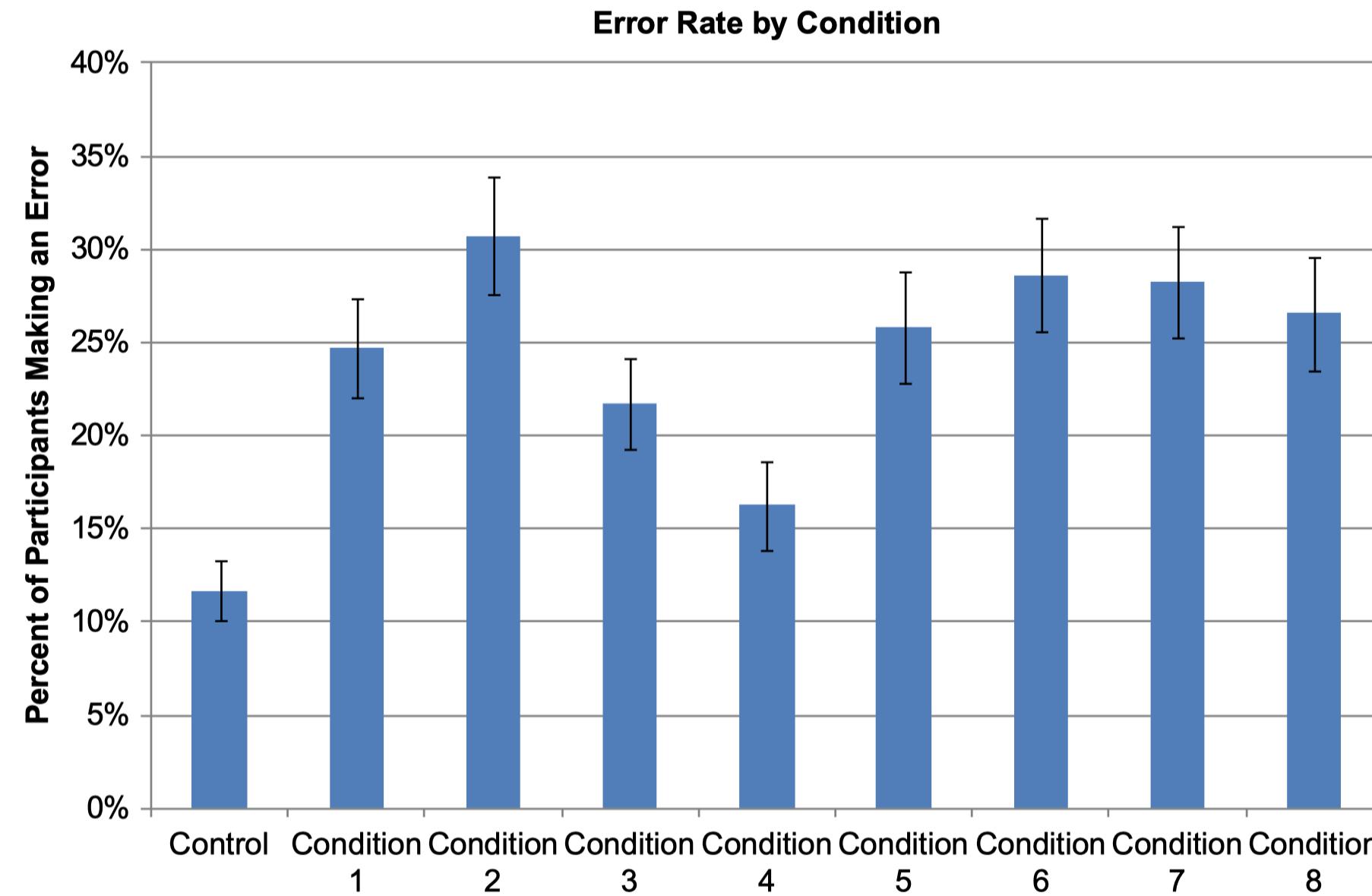
[1] Albert & Tullis, 2013, Measuring the User Experience

What is task error?

Definition: Task error is a measurement of various errors that users make in performing the task. Task errors are usually incorrectly performed steps within a task, e.g., pressing the wrong button.

Most error measurements involve simple *counts* of the number of errors observed.

Errors can also be rated for *severity* to create a composite error measure.

Error Rate by Condition

[1] Albert & Tullis, 2013, Measuring the User Experience

What is task efficiency?
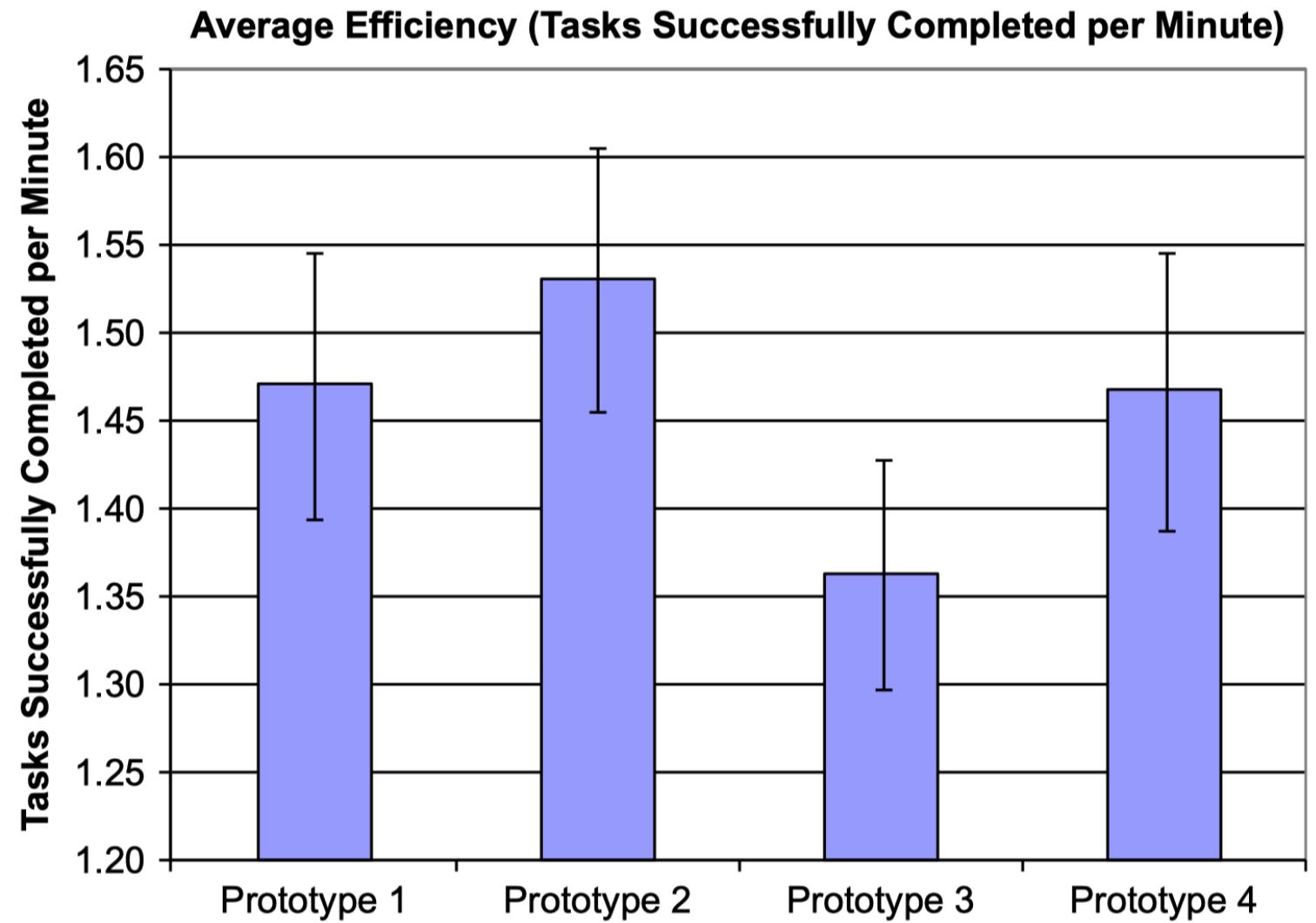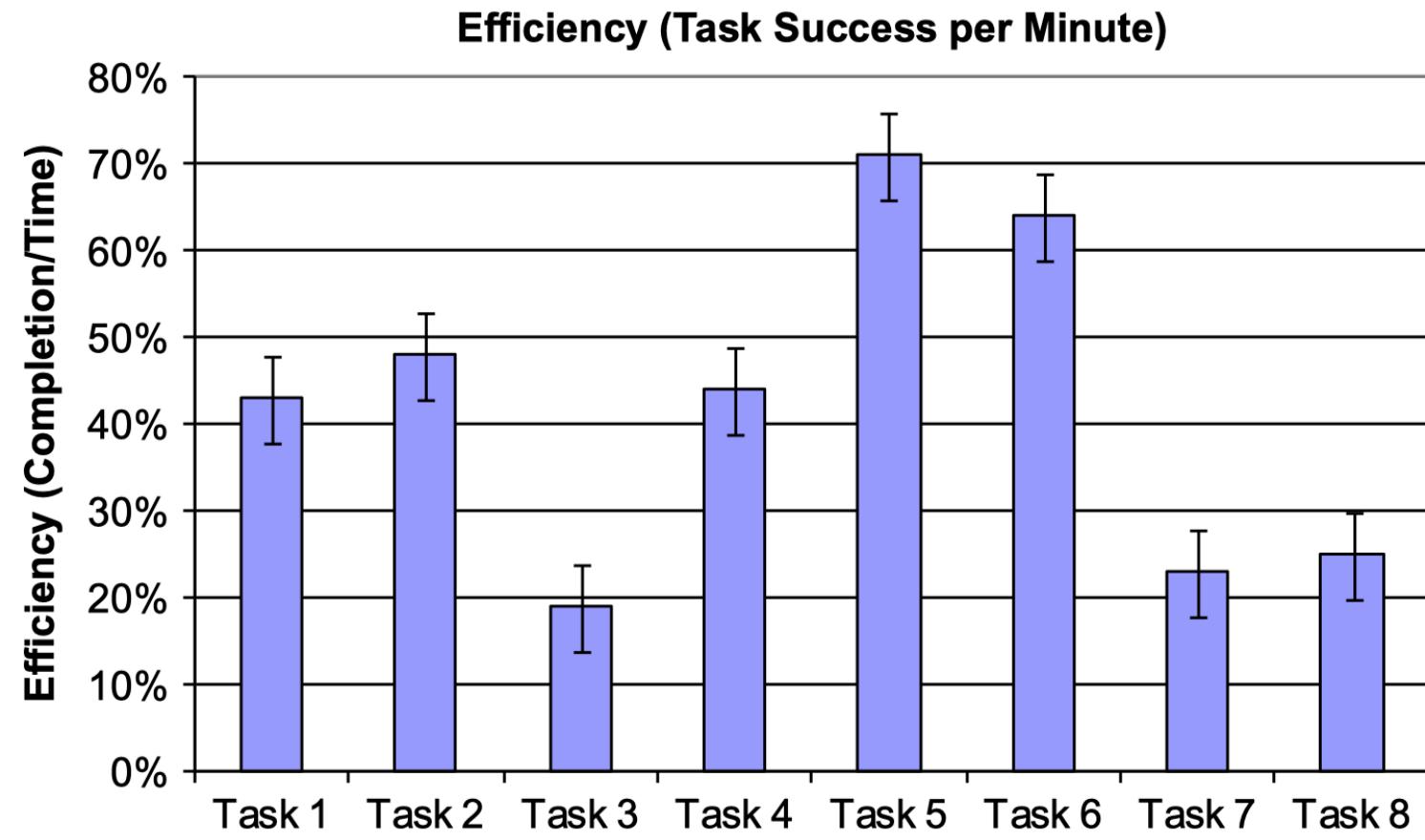
Definition: Task efficiency measures the *effort* that users exert to successfully complete the task.

Can be formulated to capture *cognitive* (e.g., understanding instructions) or *physical* (e.g., performing copy and paste) effort.

Efficiency is commonly a *composite* measure of *task success* and *task time.*[1]

	Task Completion Rate	Task Time (min)	Efficiency (%)
Task 1	65%	1.5	43
Task 2	67%	1.4	48
Task 3	40%	2.1	19
Task 4	74%	1.7	44
Task 5	85%	1.2	71
Task 6	90%	1.4	64
Task 7	49%	2.1	23
Task 8	33%	1.3	25
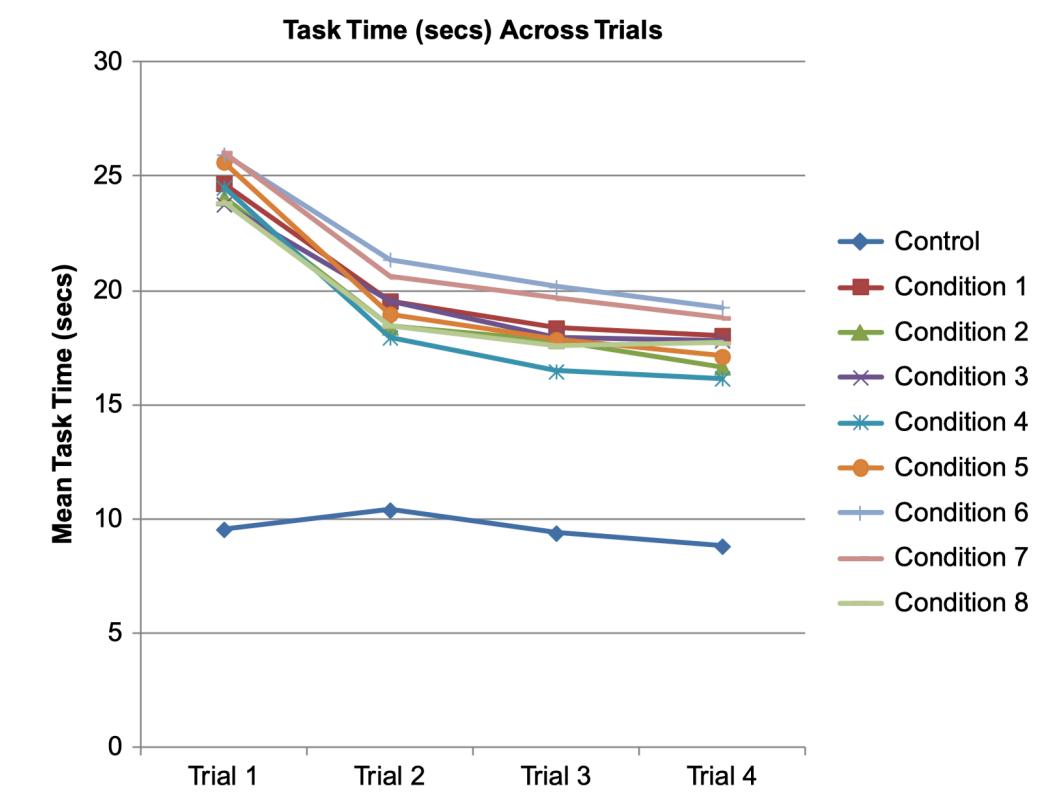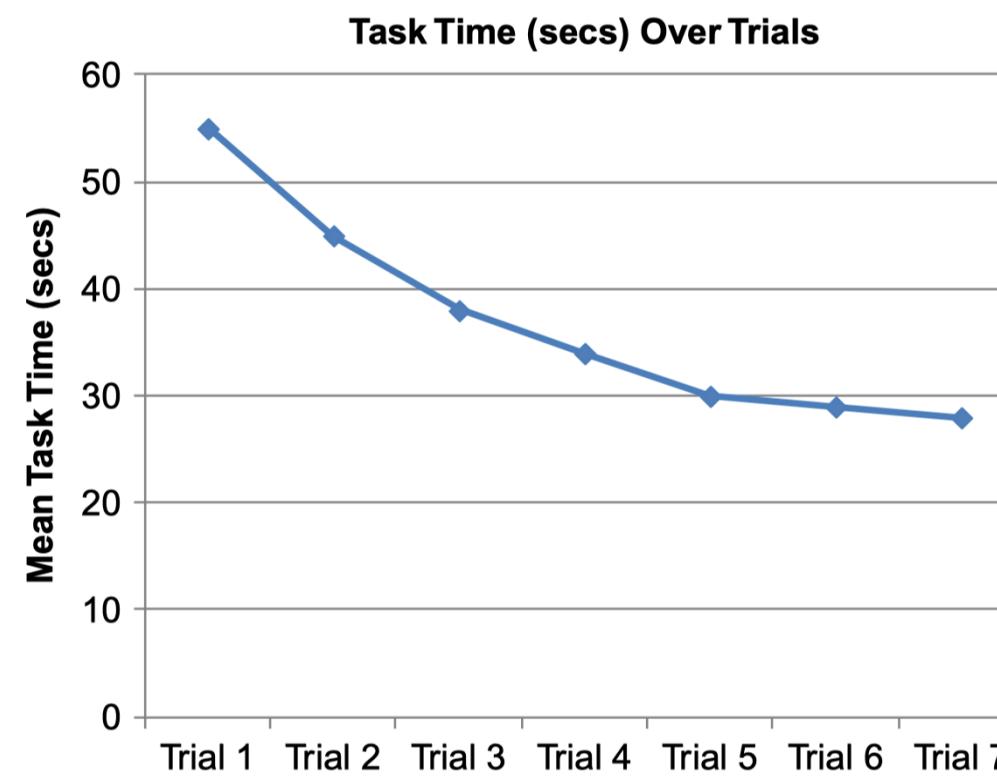
[1] Albert & Tullis, 2013, Measuring the User Experience

Efficiency (Task Success per Minute)

Average Efficiency (Tasks Successfully Completed per Minute)

What is task learnability?[1]

Definition: Task learnability captures how user performance improves (e.g., in task learning) or degrades (e.g., fatigue) over time. Usually measured by repeating measurements across **trials**.

[1] Albert & Tullis, 2013, Measuring the User Experience

Single, multiple, & composite measures

Single: When a single observable measurement is taken to assess the dependent variable.

Multiple: When multiple measures assess the same high-level concept to understand capture multidimensional phenomenon (speed, error frequency, error amount can be considered different dimensions of **performance**) or tradeoffs (e.g., speed-accuracy tradeoff).

Composite: When multiple measurements are combined into a single measurement (e.g., efficiency is a combination of time and success).

Behavioral Measurements

What are behavioral measurements?

Definition: Measurements of participant task actions or behavior that are observed directly or through instrumentation.

What's the difference between behavioral and objective measures?

Not all behavioral measures are inherently objective. If objectivity can be established (e.g., through inter-coder reliability), then behavioral variables can be used as objective measures.

What are different kinds of behavioral measures?

High-level behaviors, e.g., task/goal-related behaviors

Low-level behaviors, e.g., verbal (e.g., frequency of word use), nonverbal (e.g., frequency of mutual gaze), psychophysical (e.g., heart rate)

How do we measure behaviors?

An example: gaze behavior

» Number of fixations — *overall*

» Gaze % — *proportion of time* — on each area of interest

» Fixation duration mean — *overall*

» Number of fixations on each area of interest

» Gaze duration mean, on each area of interest

» Fixation rate overall — *fixations/s*

» Many others...

Challenges in behavioral measurements

Effort: It is a significant amount of effort

Measurement quality: Difficult to ensure objectivity and reliability

Some good news...[3]

Behavior	1-minute slice	Two 1-minute slices	Three 1-minute slices
Slice(s) contained in 15-minute interaction			
Gaze	.73**	.81**	.91**
Gesture	.95**	.91**	.92**
Nod	.79**	.75**	.69**
Self-touch	.41	.76**	.83**
Smile	.62*	.68*	.76**
Mean *r*	.79	.80	.84
Slice(s) removed from 15-minute interaction			
Gaze	.64*	.72**	.85**
Gesture	.93**	.80**	.77**
Nod	.70**	.60*	.37
Self-touch	.32	.68**	.73**
Smile	.52*	.52*	.56*
Mean *r*	.68	.67	.68

[3] Murphy, 2005, Using thin slices for behavioral coding

Physiological Measurements

What are physiological measurements?

Definition: Measurements taken directly from the participant's body **as an indicator of a physiological state**. Common measures include:

» Eye tracking, pupil dilation

» Galvanic skin response (GSR)

» Muscle movements — Galvanic Skin Response (GSR)

» Muscle activity — Electromyogram (EMG)

» Brain activity — Electroencephalogram (EEG), Functional Magnetic Resonance Imaging (fMRI), Functional Near-infrared Imaging (fNIR)

Data Source	Technique	Signal Type	Possible Locations	Sensors
Electrodermal activity	Galvanic skin response (GSR) (Scheirer et al., 2002; Mandryk and Inkpen, 2004)	Electrical	Fingers, toes	Surface electrodes
Cardiovascular data	Blood-volume pressure (Scheirer et al., 2002)	Light absorption	Finger	Surface electrodes
	Electrocardiography (Mandryk and Inkpen, 2004)	Electrical	Chest, abdomen	Surface electrodes
Respiration	Chest contraction and expansion (Mandryk and Inkpen, 2004)	Physical	Thorax	Stress sensor
Muscular and skeletal positioning	Pressure or position sensing (Brady et al., 2005; Dunne et al., 2006a,b; Dunne and Smyth, 2007)	Physical or electrical	Varied	Pressure sensor, fiber optics, others
Muscle tension	Electromyography (Mandryk and Inkpen, 2004)	Electrical	Jaw, face	Surface electrodes
Brain activity	Electroencephalography (Lee and Tan, 2006)	Electrical	Head	Electrodes in helmet
	Evoked responses (Stern et al., 2001)	Electrical	Head	Surface electrodes

[4] Lazar et al., 2017, Chapter 13

Eye tracking

Definition: The tracking of the position of the eye, which might indicate cognitive processes, using head or desk mounted specialized measurement equipment.

Many specific measures are extracted from the position of the eye:

» **Fixations:** Eyes maintain stable position, where number and duration indicate level of difficulty with the target.

» **Saccades:** Rapid eye movements from one point of interest to another or around a point of interest.

» **Scan paths:** Moving straight to a target with a short fixation at the target is optimal.

Eye-tracking systems

Desk-mounted eye-tracker[5]

Head-mounted eye-tracker[6]

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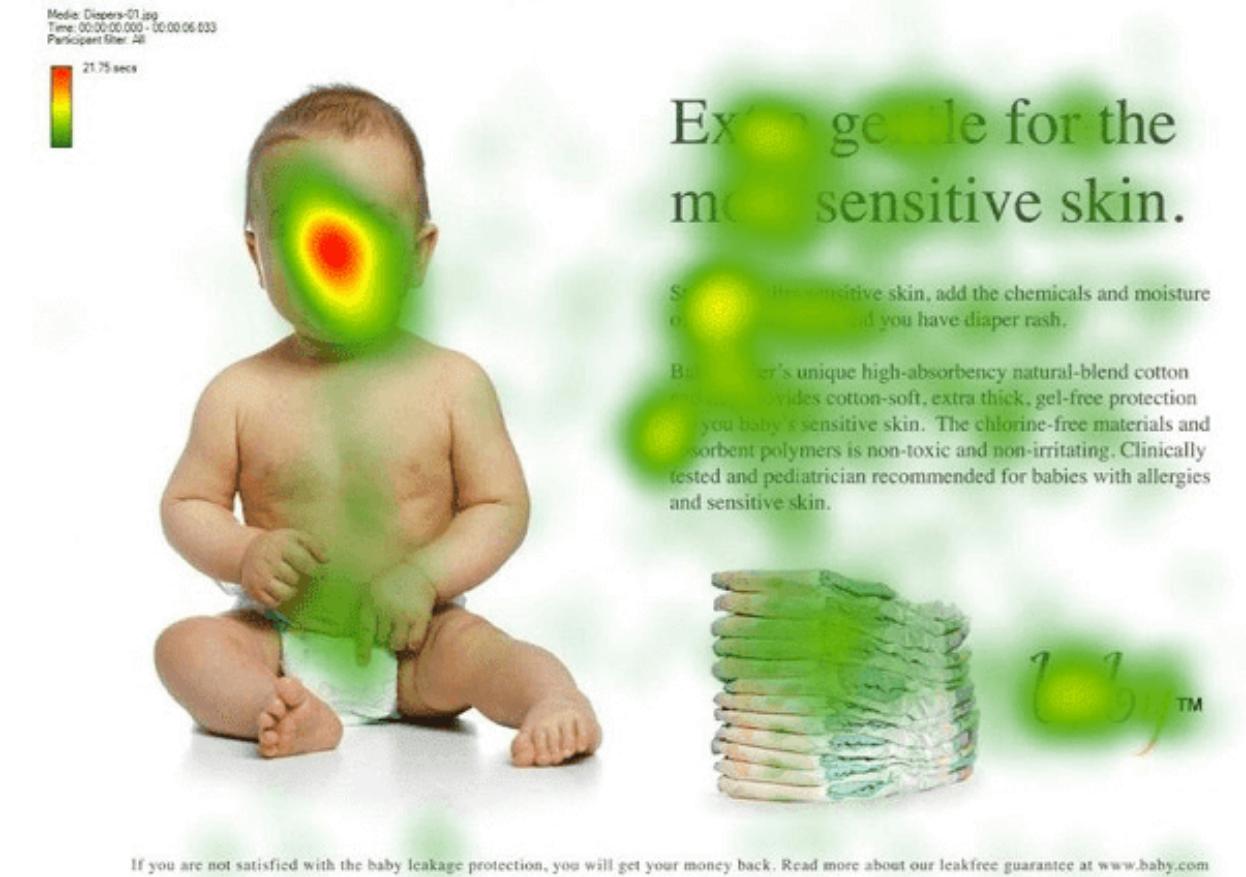
[5] Image source, <u>left</u>
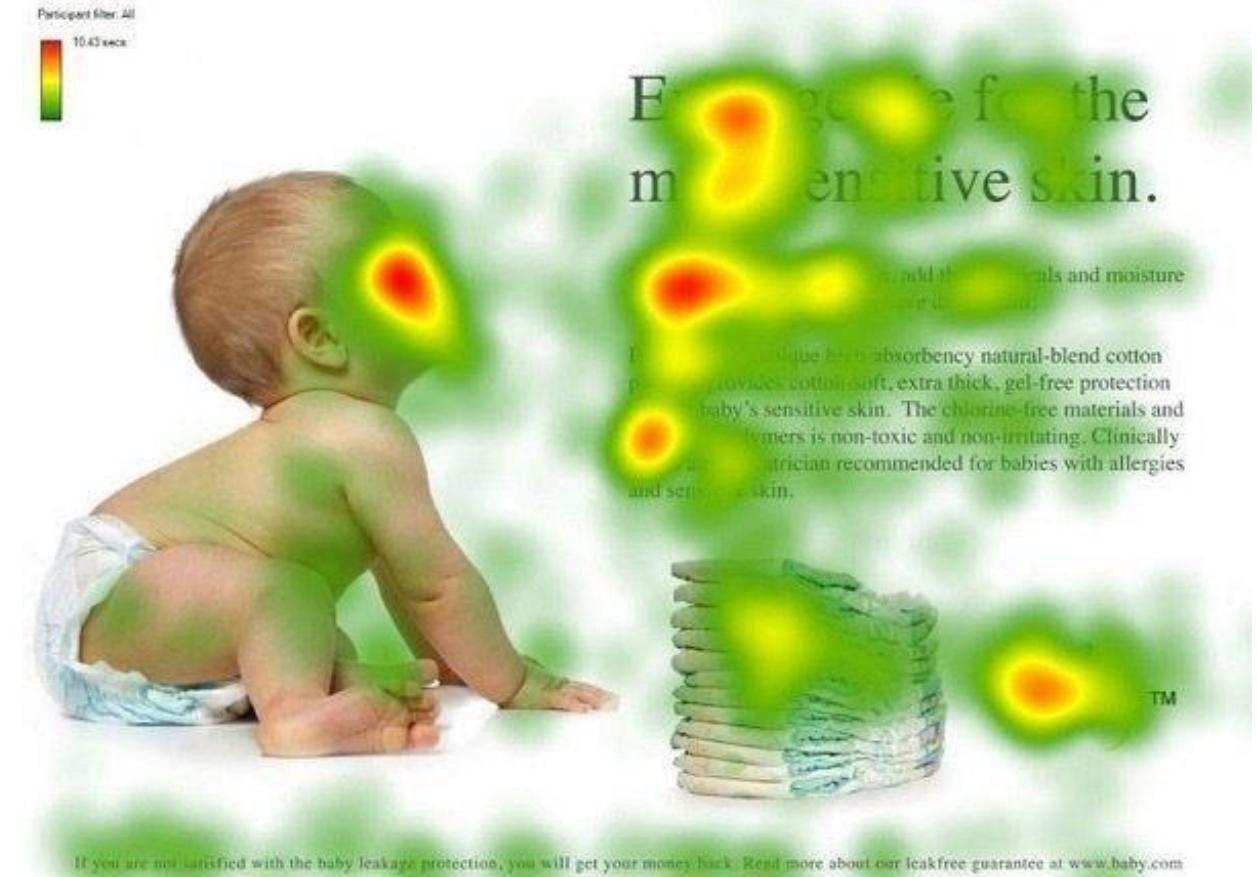
[6] Image source, <u>right</u>

An example of how eye–tracking can guide the design of ads

Before: fixations at the face[7]
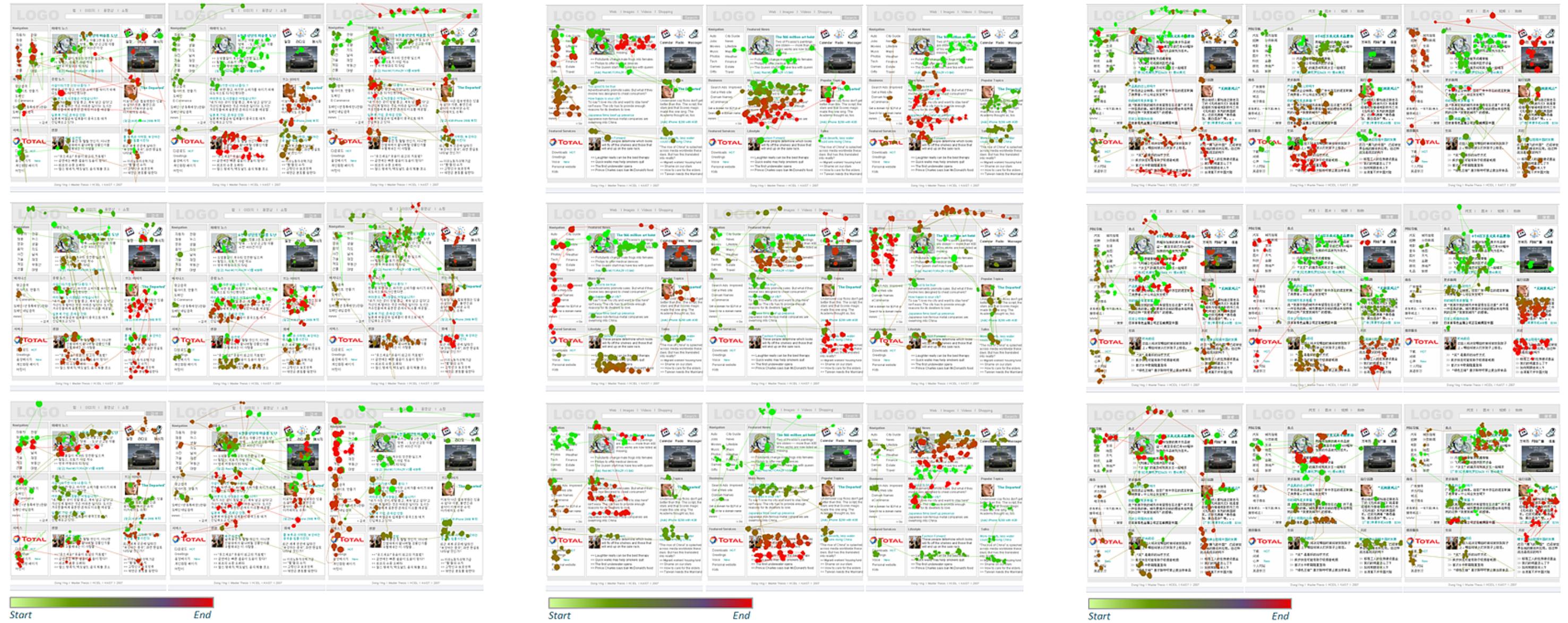
After fixations at the product[8]

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[7] Image source, <u>right</u>
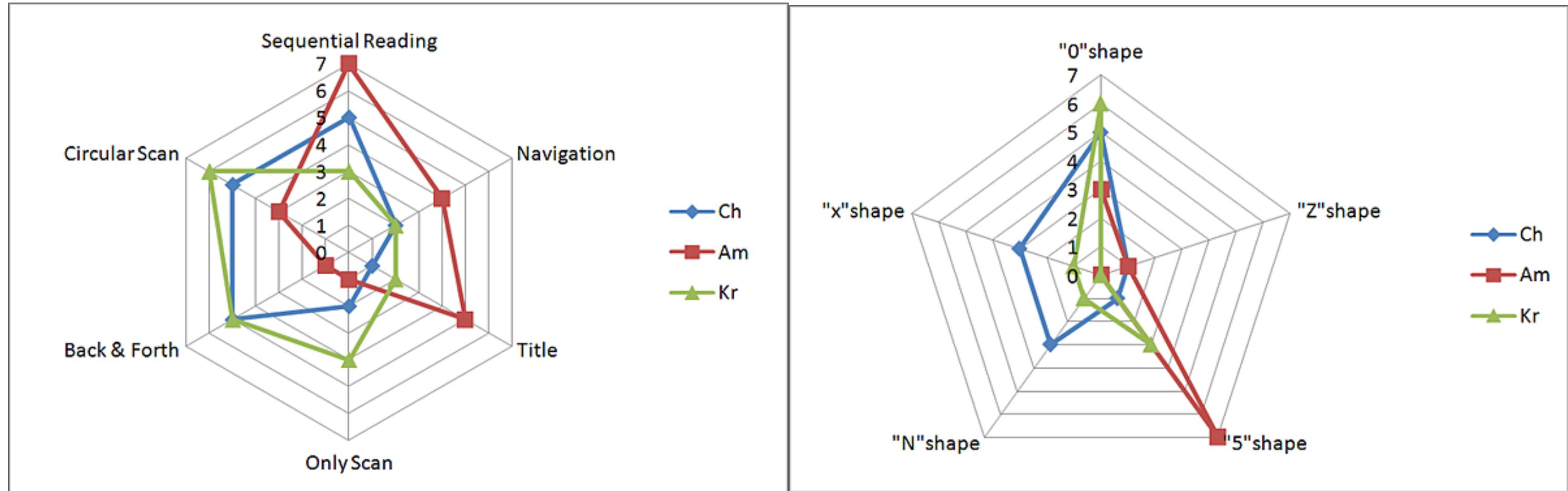
[8] Image source, <u>left</u>

Korean vs. American vs. Chinese eye–tracking patterns on web–pages:[9]
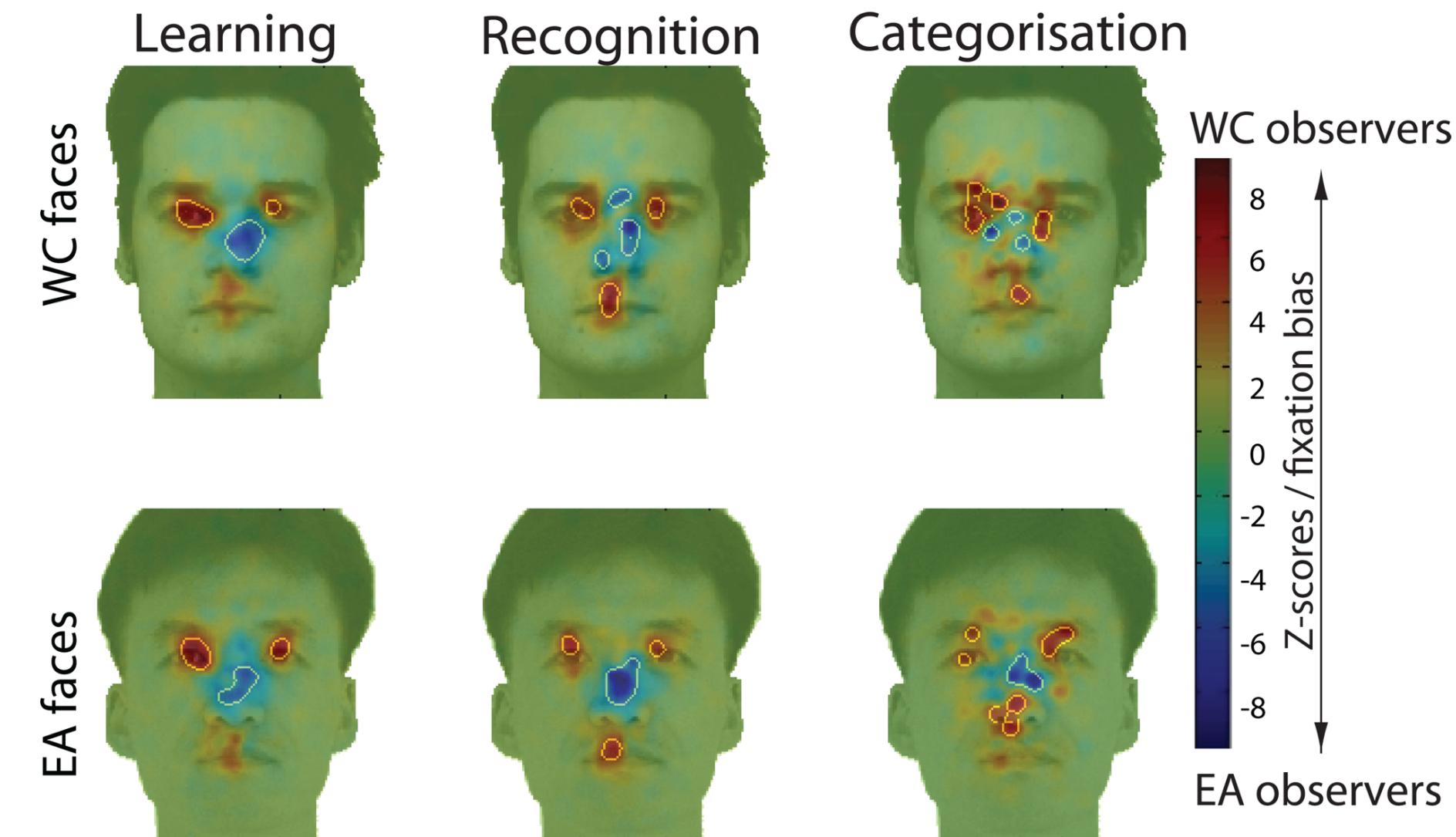
[9] Dong & Lee, 2008, A Cross–Cultural Comparative Study of Users' Perceptions of a Webpage

Page scan and reading patterns:[9]

[9] Dong & Lee, 2008, A Cross-Cultural Comparative Study of Users' Perceptions of a Webpage

Gaze fixation areas for Western Caucasian and East Asian faces by Western Caucasians and East Asians:[10]
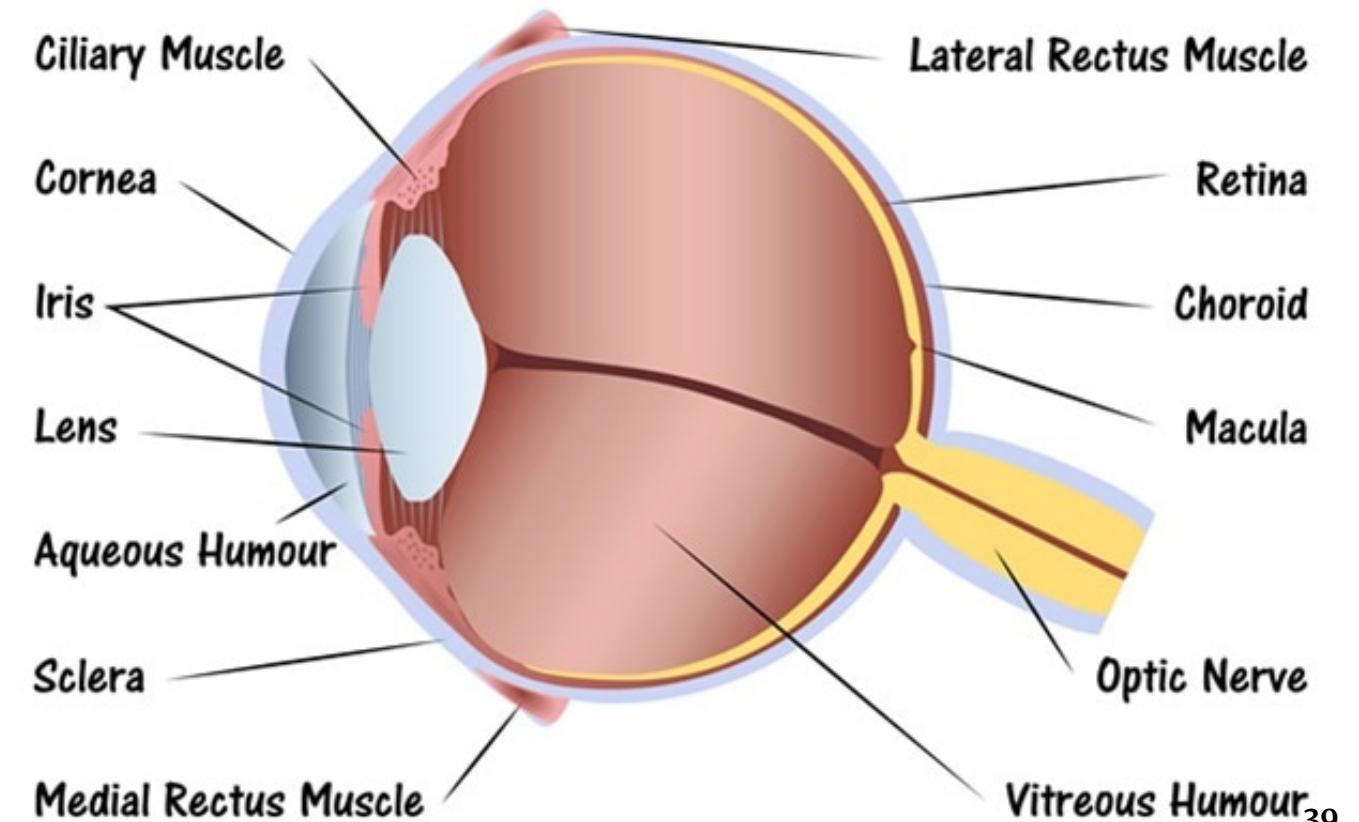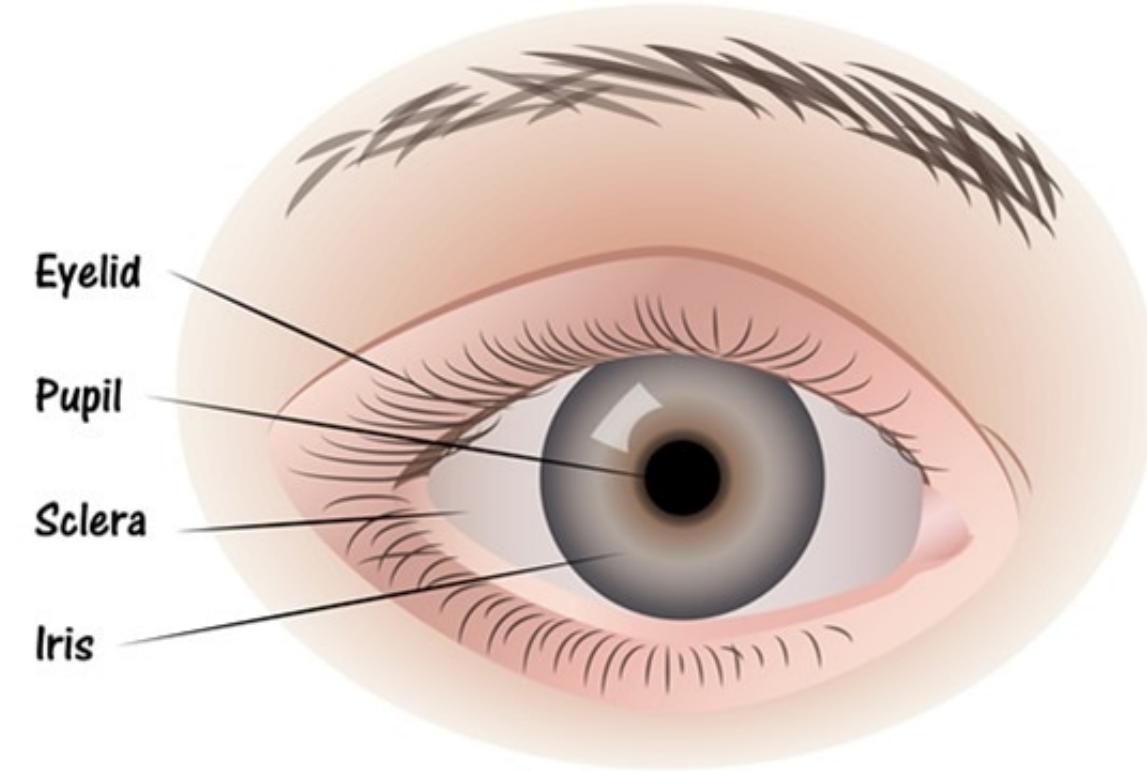
[10] Blais et al., 2008, Culture Shapes How We Look at Faces

Pupil dilation

Pupils dilate in response to (1) extreme emotional situations (fear, pain, contact with nerves) and (2) loads on working memory, increased attention, sensory discriminations, cognitive load.[11]
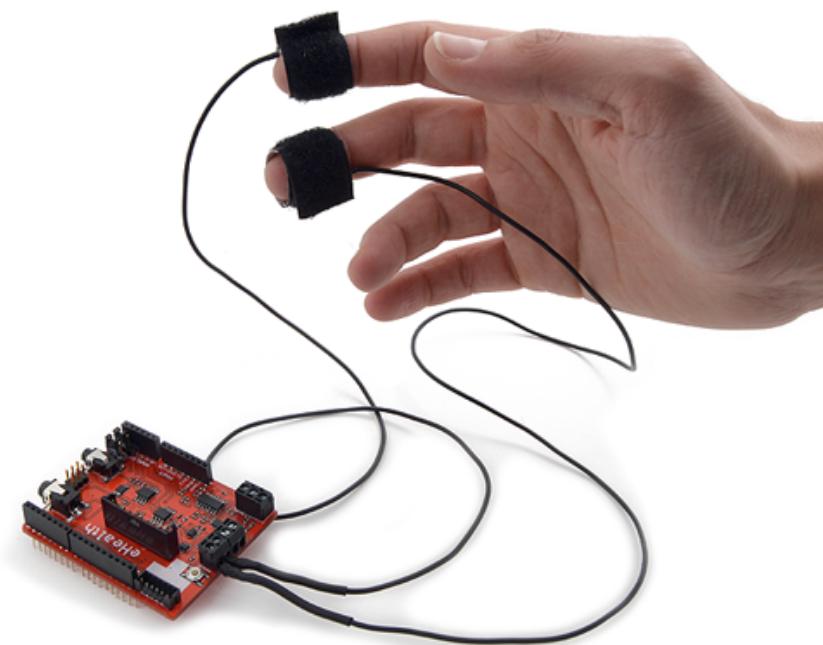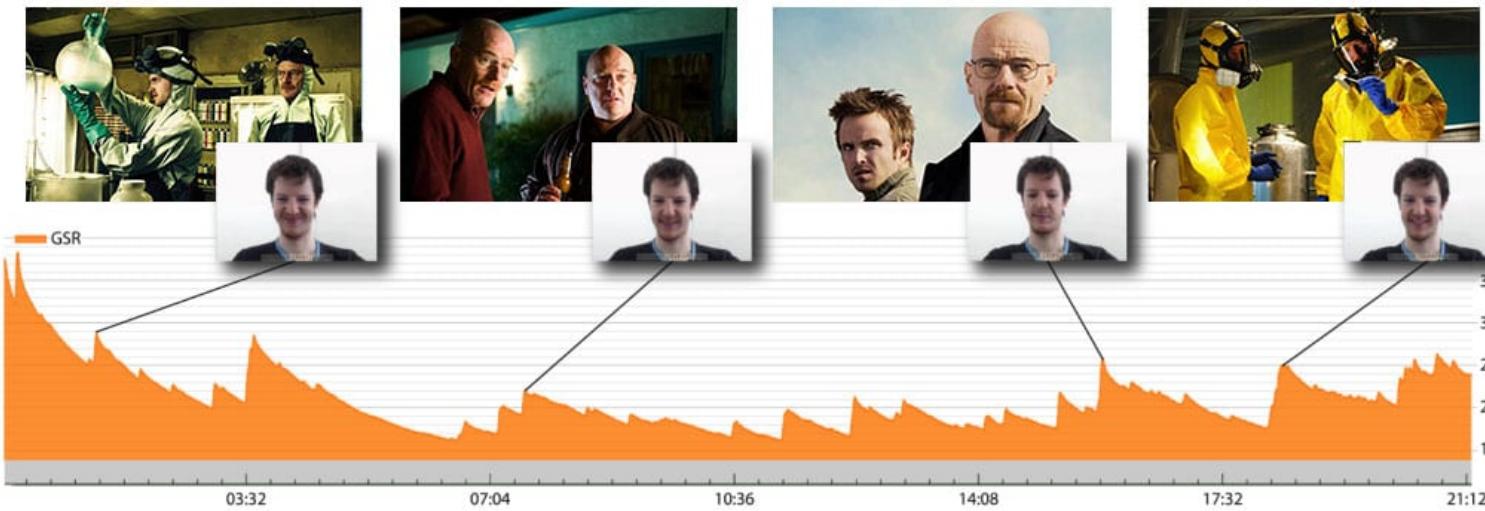
Pupils mirror responses to other people's pupil sizes, which might indicate empathy.

[11] Image source

GSR
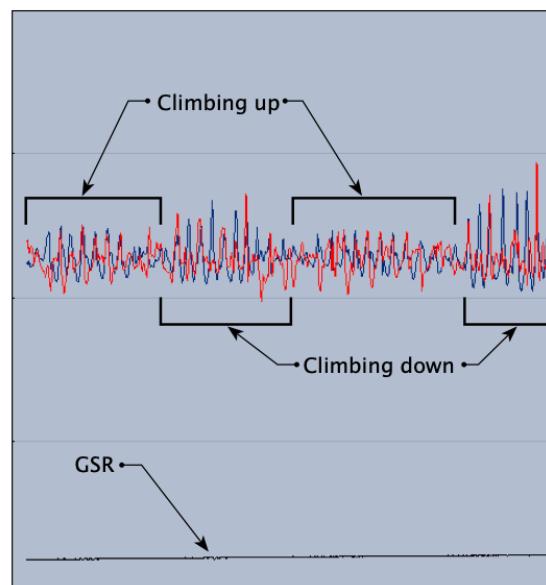
The galvanic skin response (GSR, which falls under the umbrella term of electrodermal activity, or EDA) refers to changes in *sweat* gland activity that are reflective of the intensity of our emotional state, otherwise known as emotional arousal.[12][13]

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[12] https://imotions.com/blog/gsr/
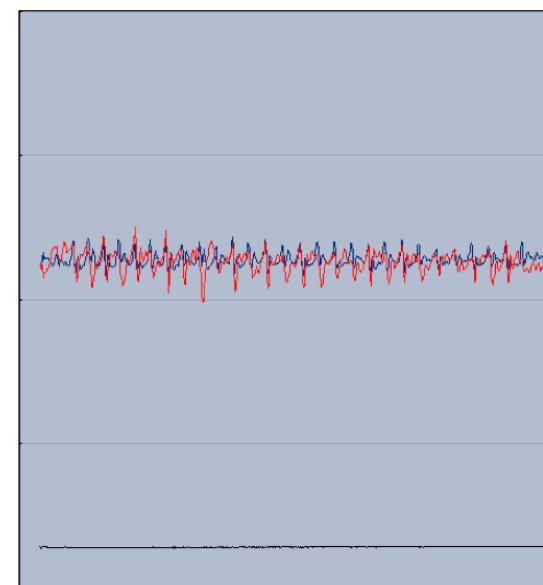
[13] Image sensor
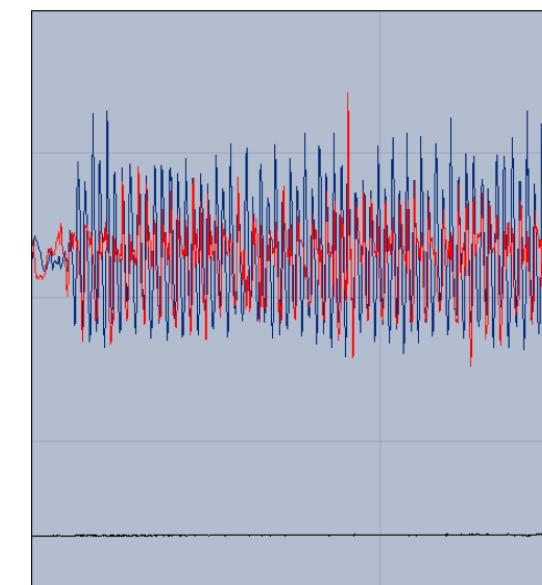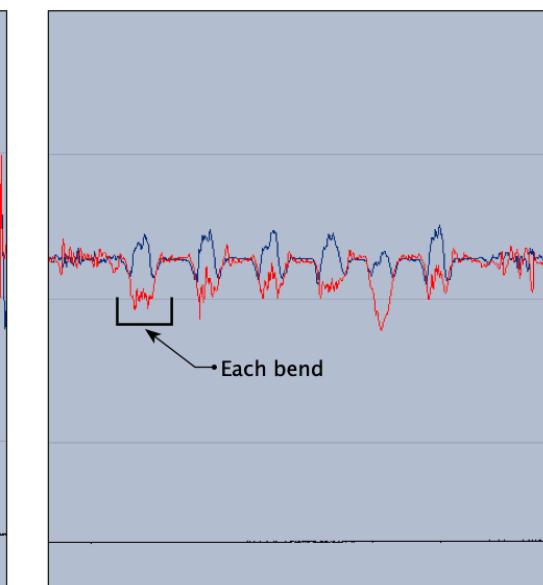
Climbing up / down the stairs
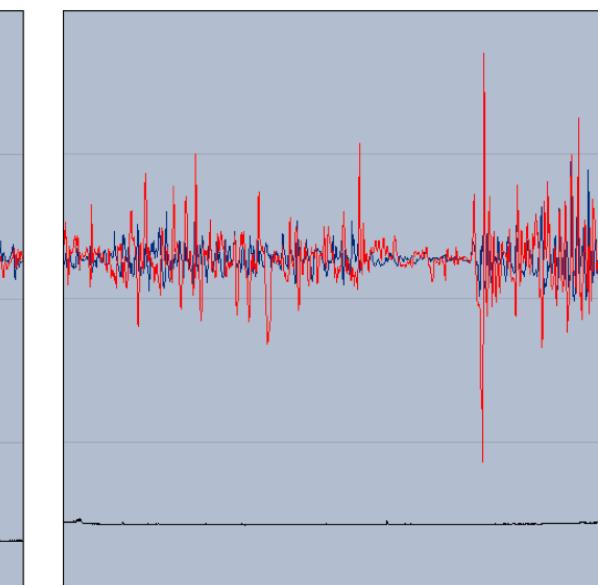
Medium pace walking
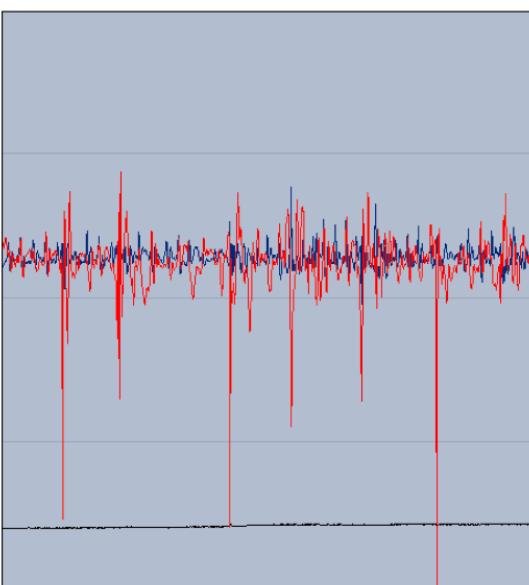
Running
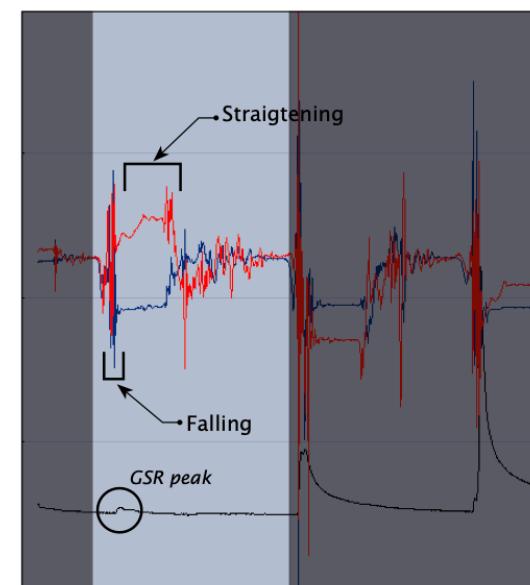
**Bending down**
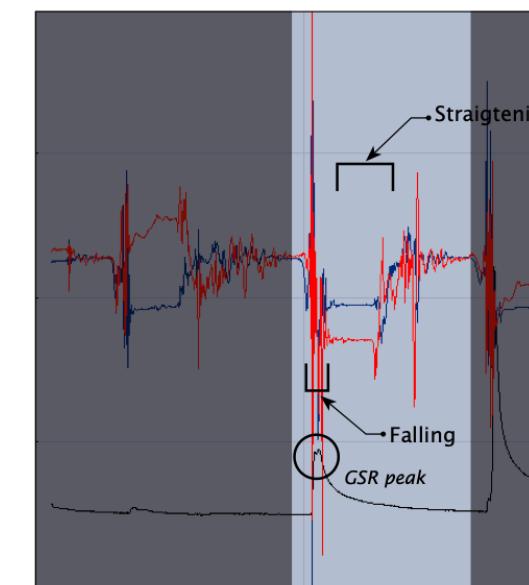
**Loosing orientation
(oscillatory movement)**
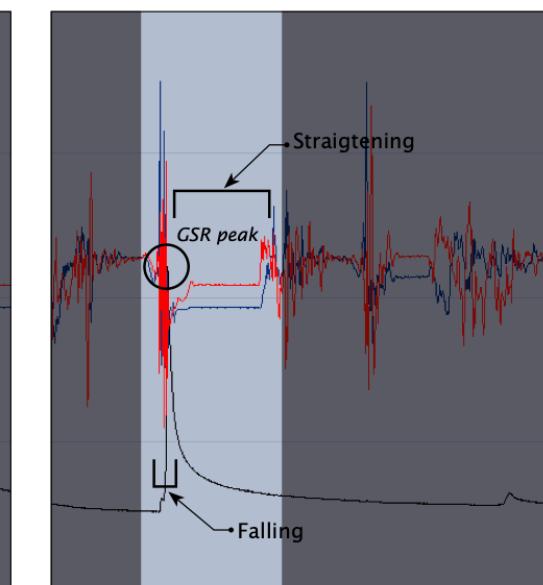
**Hitting an obstacle
(wall, door handle, etc.)**
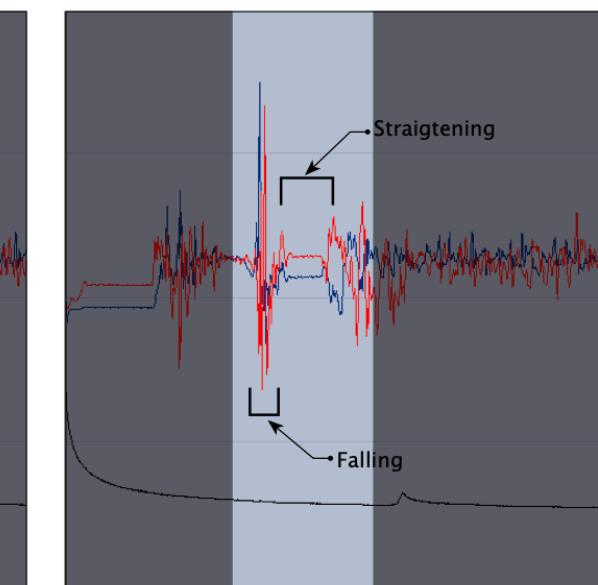
**Falling sideways
(to the left - armband side)**

Falling forward

Falling backward
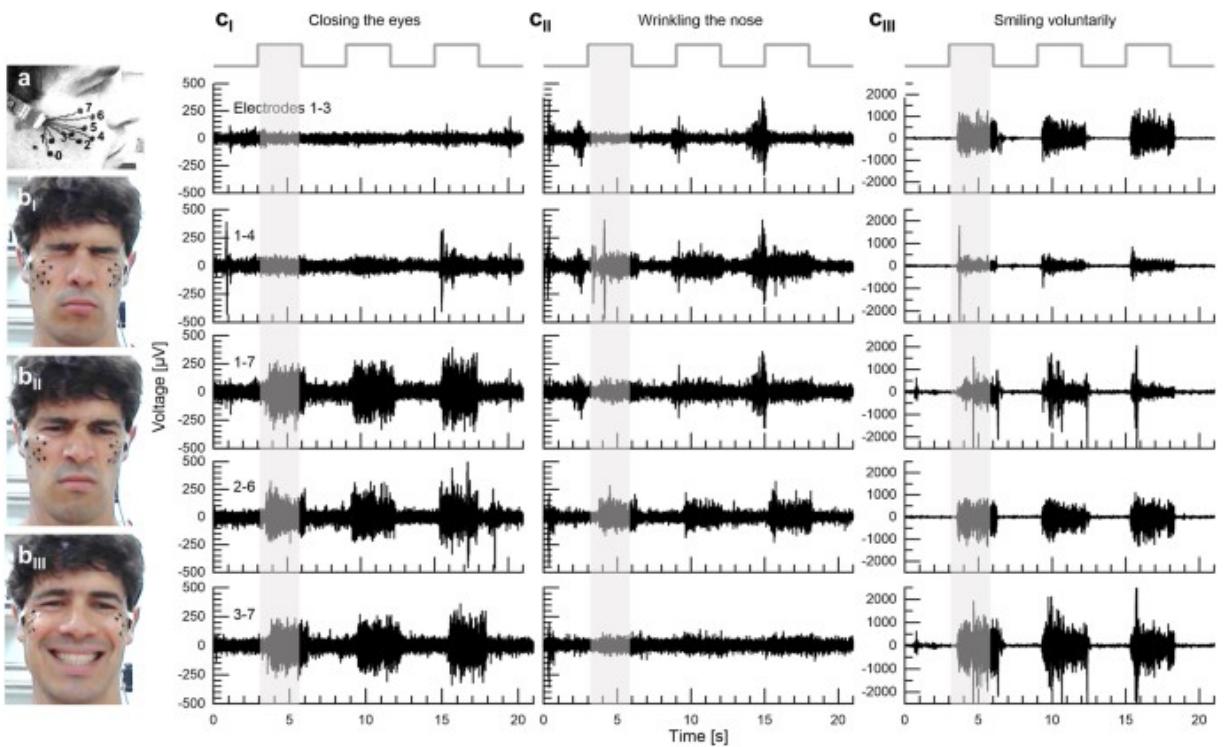
**Falling sideways
(to the right)**

— Longitudinal acceleration (average)
— Transverse acceleration (average)
— GSR (average)
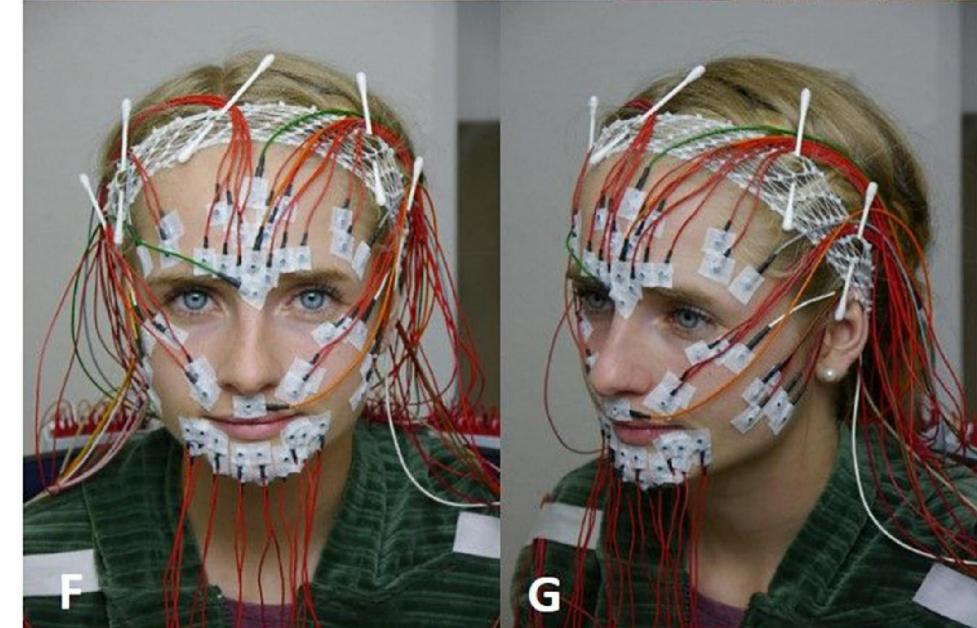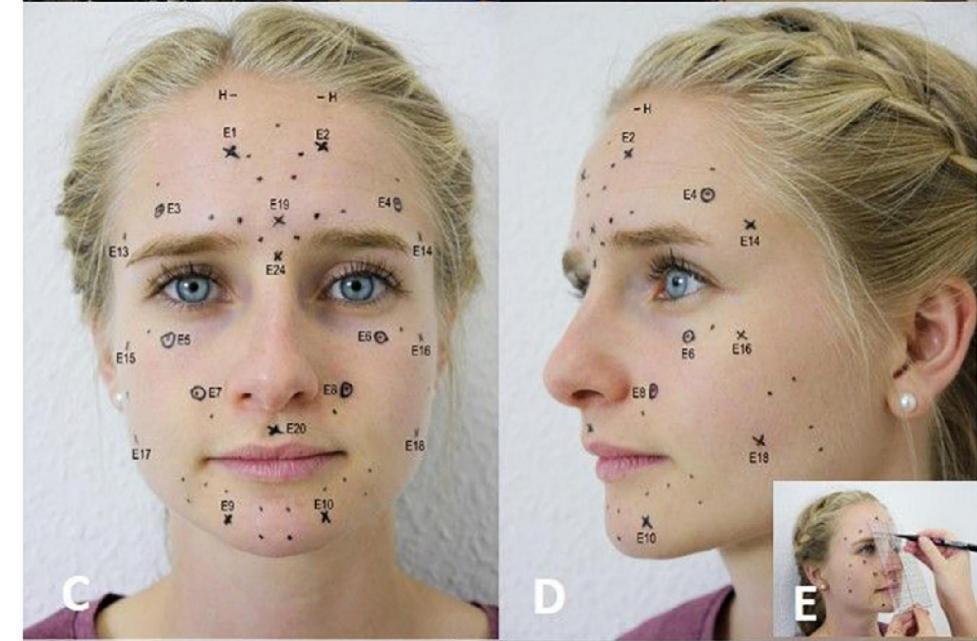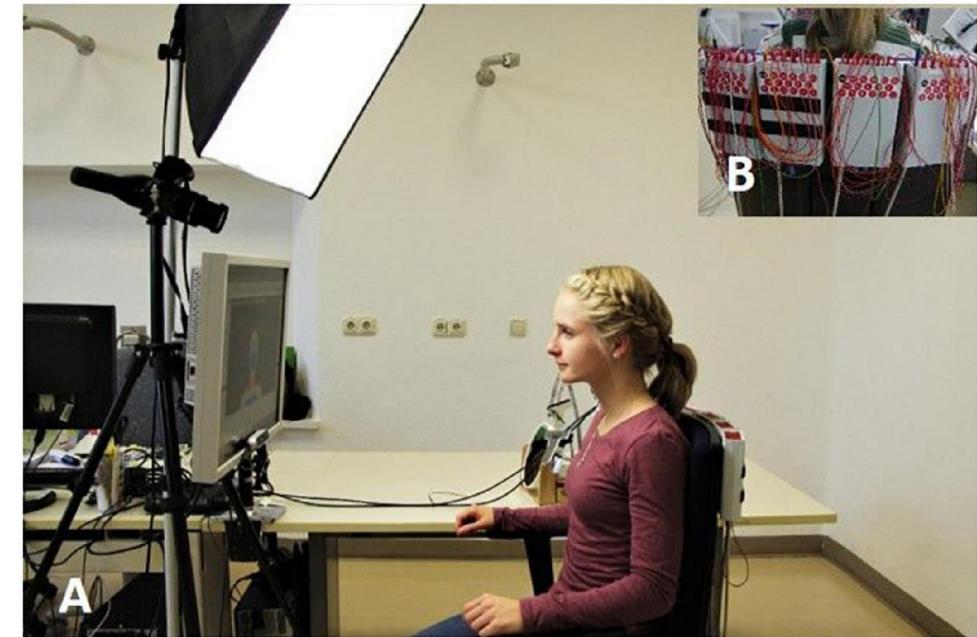
Facial activity

Electromyography (EMG) measures *electrical activity produced by skeletal muscles* using an electromyograph, which results in a record called an electromyogram.[14][15]

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[14] Inzelberg et al. (2018)

[15] Image source

Brain activity

» Electroencephalograph (EEG)

» Functional Magnetic Resonance Imaging (fMRI)

» Functional near-infrared imaging (fNIR)
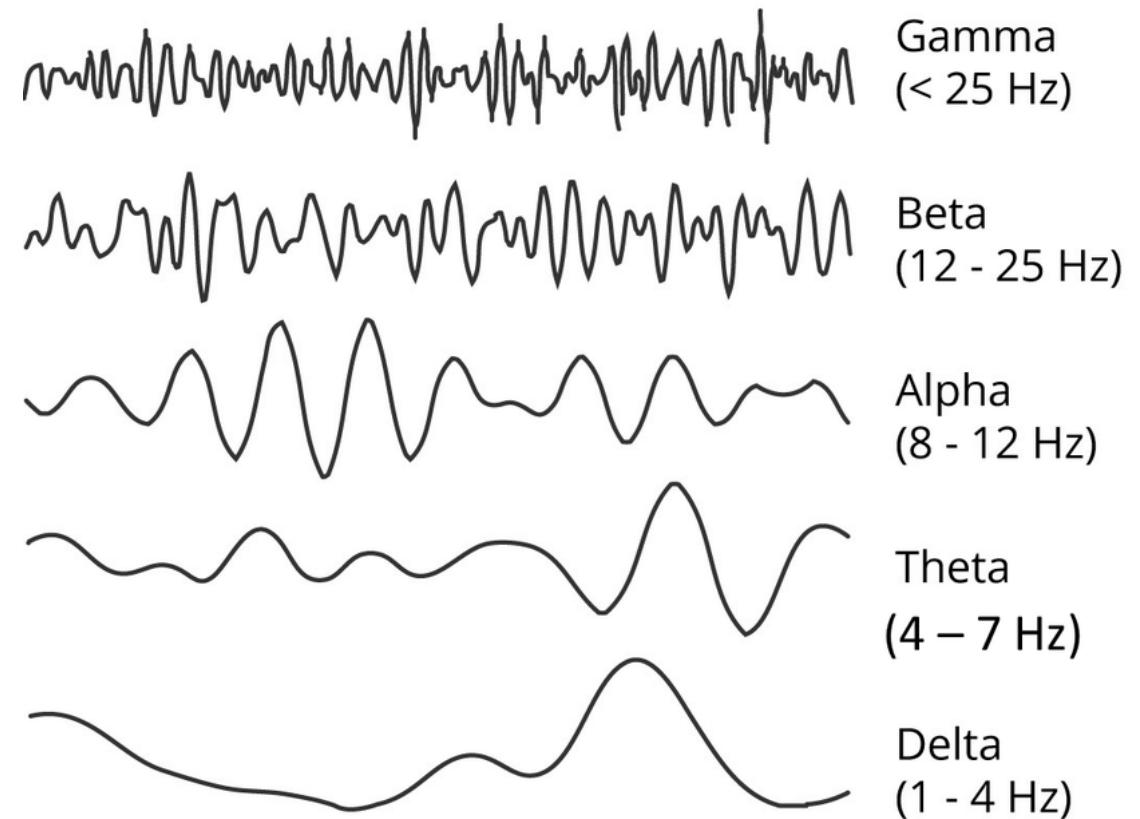
Electroencephalograph (EEG)

Electroencephalography (EEG) records *electrical activity on the scalp* that has been shown to represent the macroscopic activity of the surface layer of the brain underneath.[17][18]

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[17] Image source

[18] Bleichner & Debener (2017)

Gamma (< 25 Hz)

Beta (12 - 25 Hz)

Alpha (8 - 12 Hz)

Theta (4 − 7 Hz)

Delta (1 - 4 Hz)

LSR Threshold


User attention   LSR threshold

Time

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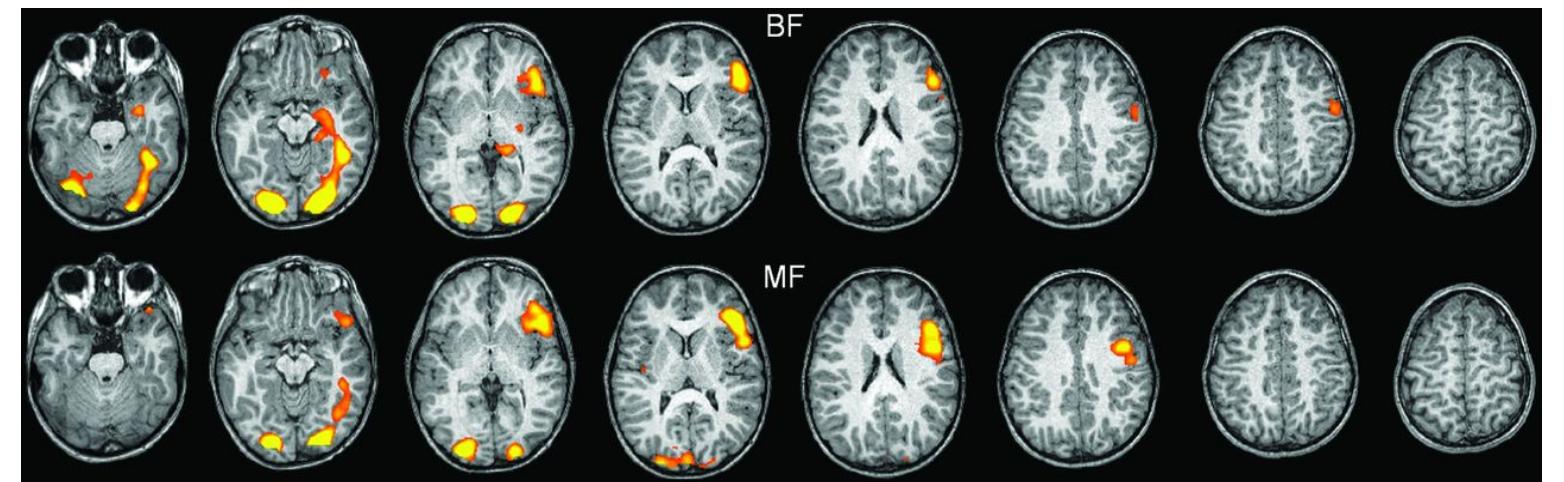
[19] Image source

[20] Szafir, D. & Mutlu, B. (2012): $E = \dfrac{\beta}{(\alpha + \theta)}$

*Functional Magnetic Resonance Imaging (fMRI)*
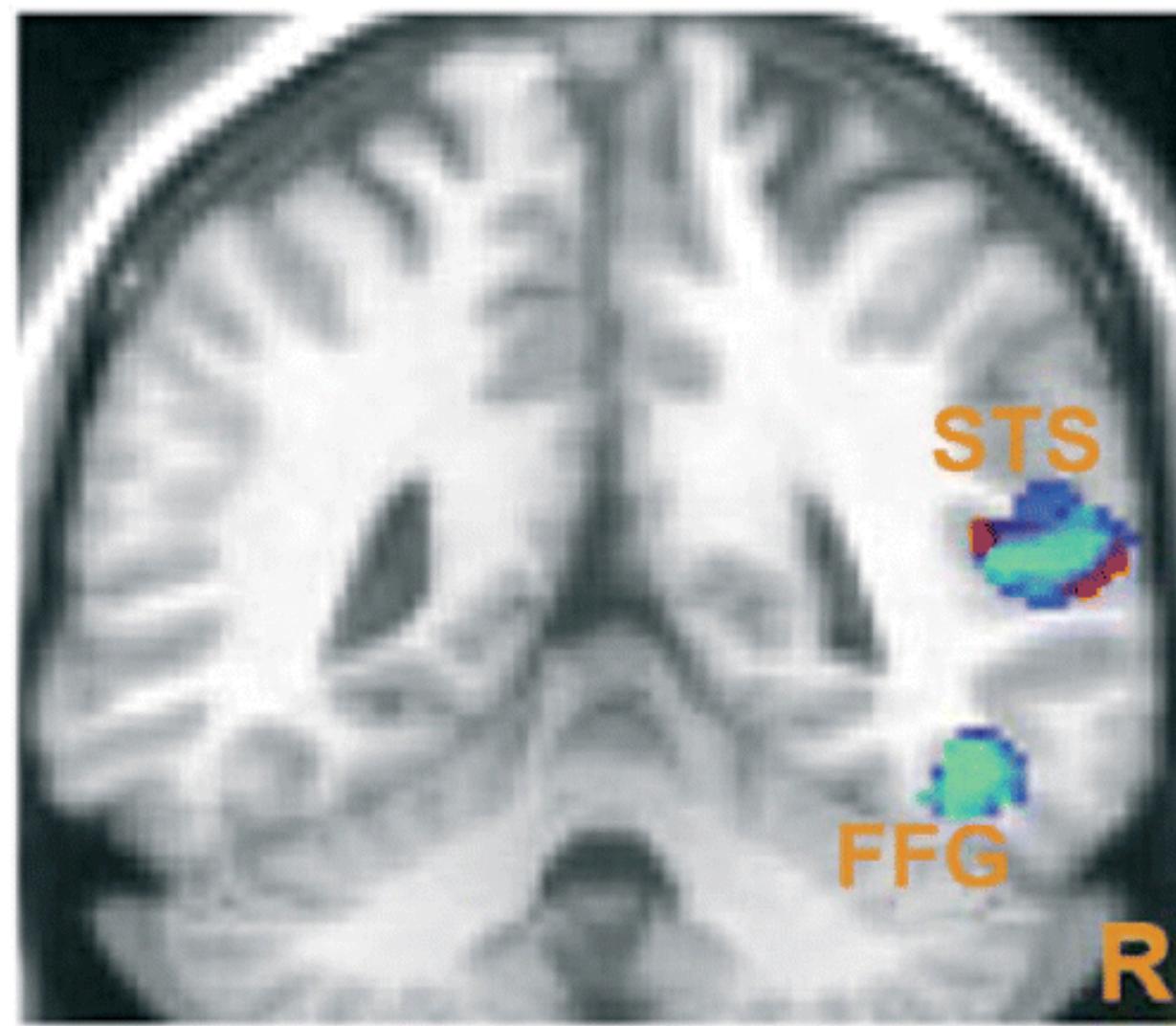
Functional Magnetic Resonance Imaging (fMRI) measures in changes in blood flow related to neural activity using the blood–oxygen–level dependence (BOLD) contrast technology. fMRI captures activation in all regions with high spatial resolution and is particularly useful in emotion research.[21] [22]



[21] Ou et al. (2016)

[22] Image source
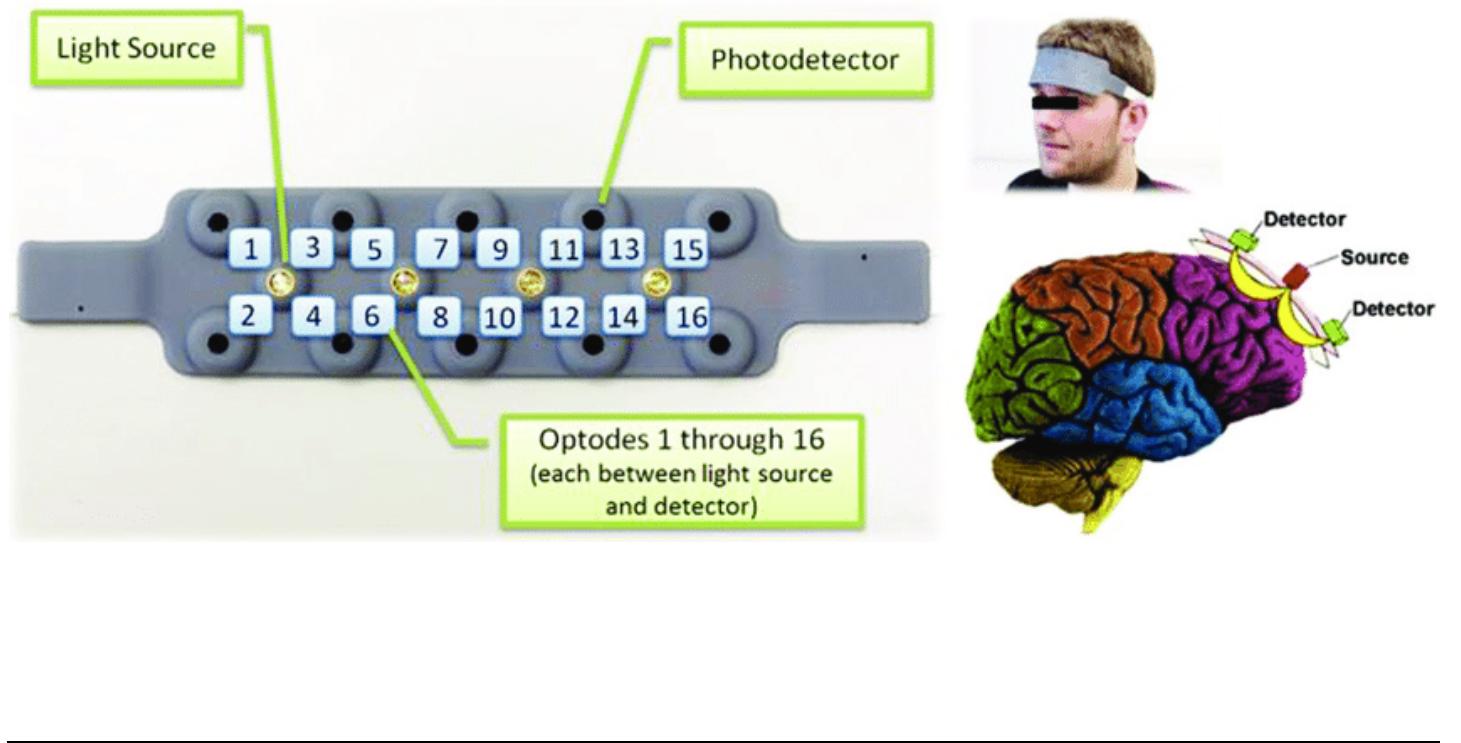
Differences in response to mutual and averted gaze in superior temporal sulcus (STS) and fusiform gyrus (FFG)[23]

[23] Pelphrey et al. (2014)
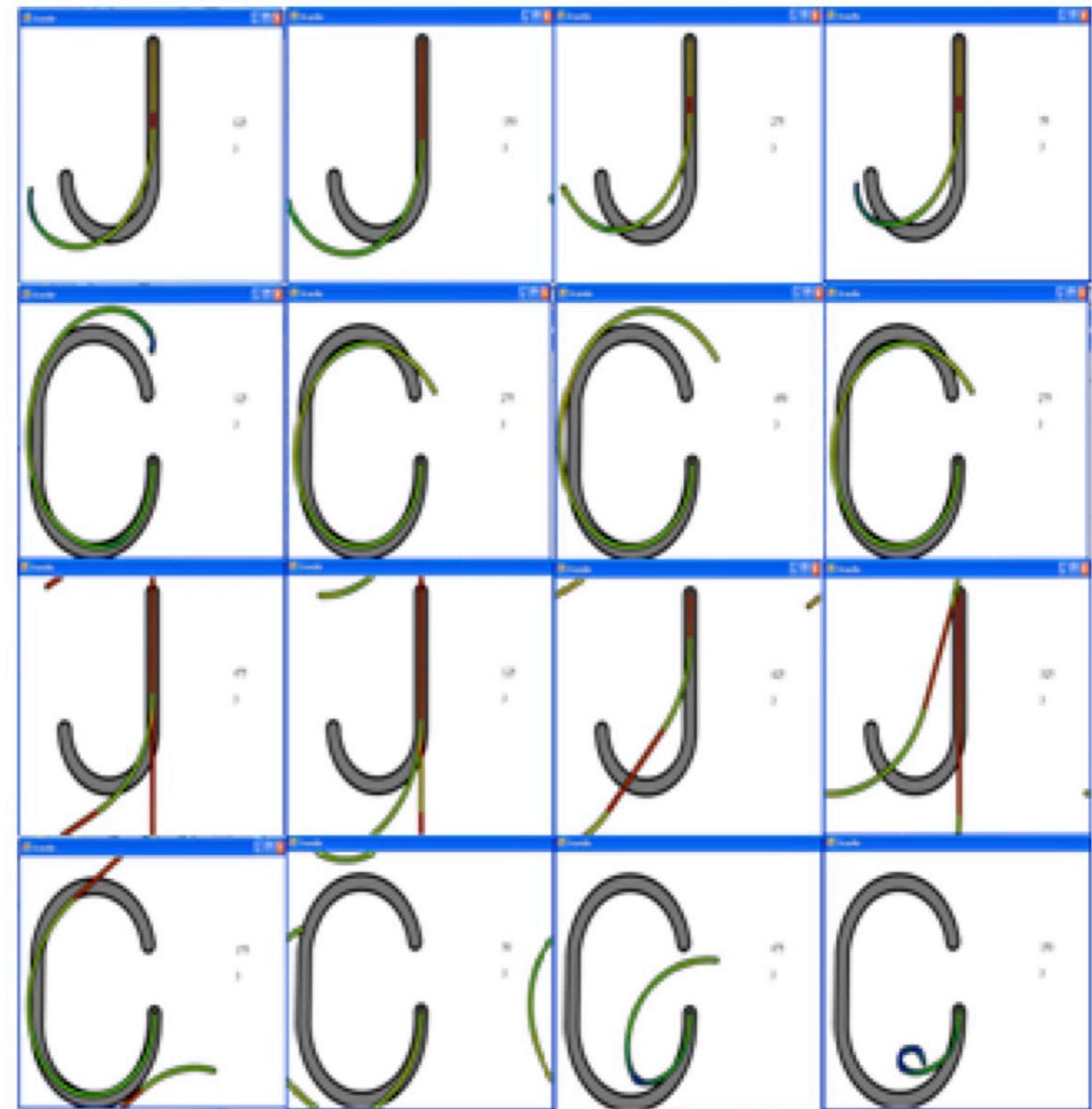
Functional near-infrared imaging (fNIR)

Functional near-infrared spectroscopy (fNIRS) measures *blood oxygenation changes in the brain* based on the changes in absorption of light onto the surface of the head. Used primarily to measure *cognitive activity.*[24] [25]

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[24] Image source

[25] Mappus et al. (2009)

Hands-on Activity: Types of Measurement

» Work with your project team members (who are present) to explore:

    » Different **types** of measurements

    » Issues of **validity** and **reliability**

    » Potential **composite** measures

    » **Triangulation**[**]

» [Handout link]

[**] "[T]he use of multiple methods or data sources in qualitative research to develop a comprehensive understanding of phenomena (Patton, 1999)."