

Campus Resources

Research Campus Resources

Christian R.

Apps

Find Weight and nutritional Apps

Christian R.

Time Constraints

Find out different time constraints

Christian R.

Fatigue

Burnout

Christian R.

Time Management

Commitments to clubs

Christian R.

Research about the hours that different gyms operate

Christian R.

Research nutritions apps

Christian R.

Homework/ Studying

Christian R.

Lack of Sleep = Lack of Energy

Christian R.

Terrible Class Schedules

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Research off campus gyms

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Research different restaurants (healthy)

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Part-Time Jobs

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Mental and Physical fatigue

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Procrastinations

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Find busiest / non busy times of the gym

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Usefulness of apps

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Busy Schedules

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Academic Stress

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Partying

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