```html
<!DOCTYPE html>
<html lang="en">
<head>
    <meta charset="UTF-8">
    <meta name="viewport" content="width=device-width, initial-scale=1.0">
    <title>CTN Policy Institute – Change The Narrative</title>

    <style>
        body {
            margin: 0;
            font-family: Arial, Helvetica, sans-serif;
            background: #f8f9fa;
            color: #222;
        }

        /* Header */
        header {
            background: white;
            display: flex;
            justify-content: space-between;
            padding: 20px 40px;
            align-items: center;
            box-shadow: 0px 2px 5px rgba(0,0,0,0.05);
            position: sticky;
            top: 0;
            z-index: 100;
        }

        header h1 {
            margin: 0;
            font-size: 22px;
            font-weight: 700;
            color: #1a1a1a;
        }

        nav a {
            margin-left: 20px;
            text-decoration: none;
            color: #444;
```

```css
        font-weight: 600;
}

/* Hero Section */
.hero {
        background: linear-gradient(to right, #003b73, #0074d9);
        color: white;
        text-align: center;
        padding: 120px 20px;
}

.hero h2 {
        font-size: 42px;
        margin-bottom: 10px;
}

.hero p {
        font-size: 18px;
        margin-bottom: 30px;
        line-height: 1.6;
}

.hero button {
        background: white;
        color: #003b73;
        border: none;
        padding: 15px 30px;
        font-size: 18px;
        border-radius: 5px;
        cursor: pointer;
        font-weight: 700;
}

/* About Section */
.section {
        padding: 70px 40px;
        max-width: 1000px;
        margin: auto;
}

.section h3 {
```

```css
    font-size: 30px;
    margin-bottom: 20px;
    text-align: center;
}

.section p {
    font-size: 18px;
    line-height: 1.7;
    text-align: center;
}

/* Focus Areas */
.cards {
    display: grid;
    grid-template-columns: repeat(auto-fit, minmax(250px, 1fr));
    gap: 25px;
    margin-top: 40px;
}

.card {
    background: white;
    padding: 25px;
    border-radius: 10px;
    box-shadow: 0px 2px 6px rgba(0,0,0,0.08);
    text-align: center;
}

.card h4 {
    margin-bottom: 10px;
    font-size: 20px;
}

/* Footer */
footer {
    background: #222;
    color: white;
    padding: 40px 20px;
    text-align: center;
    margin-top: 60px;
}
```

```html
        footer p {
            margin: 5px 0;
        }
    </style>
</head>

<body>

<header>
    <h1>CTN Policy Institute</h1>
    <nav>
        <a href="#about">About</a>
        <a href="#focus">Focus Areas</a>
        <a href="#contact">Contact</a>
    </nav>
</header>

<section class="hero">
    <h2>Change The Narrative</h2>
    <p>
        A forward-thinking policy institute dedicated to reshaping public discourse,
        driving evidence-based solutions, and empowering Africa's next generation of thinkers.
    </p>
    <button onclick="document.getElementById('contact').scrollIntoView({ behavior: 'smooth' })">
        Get Involved
    </button>
</section>

<section id="about" class="section">
    <h3>About Us</h3>
    <p>
        CTN Policy Institute is committed to advancing innovative policy research,
        promoting accountable governance, and driving public engagement.
        Our mission is simple: **change the narrative** through facts, ideas, and action.
    </p>
</section>

<section id="focus" class="section">
    <h3>Our Focus Areas</h3>

    <div class="cards">
```

```html
      <div class="card">
        <h4>Governance & Accountability</h4>
        <p>Strengthening democratic systems through policy research and civic engagement.</p>
      </div>

      <div class="card">
        <h4>Youth Empowerment</h4>
        <p>Equipping young people with the knowledge and tools to lead policy change.</p>
      </div>

      <div class="card">
        <h4>Economic Development</h4>
        <p>Promoting sustainable growth through data-driven economic policy analysis.</p>
      </div>

      <div class="card">
        <h4>Social Innovation</h4>
        <p>Supporting creative solutions to social challenges across Africa.</p>
      </div>
    </div>
</section>

<section id="contact" class="section">
    <h3>Contact Us</h3>
    <p>Email: <strong>ctnpolicyinstitute@gmail.com</strong></p>
    <p>Social media coming soon.</p>
</section>

<footer>
    <p>© 2025 CTN Policy Institute</p>
    <p>Change The Narrative</p>
</footer>

</body>
</html>
```