



CAMBRIDGE UNIVERSITIES FIRST AID SOCIETY

Tuesdays 7:30pm-9pm • Wesley Methodist Church

CUFAS is for anyone who wants to learn and practise first aid skills in a relaxed and informal setting. If you'd like to get more involved with first aid, we also function as the Cambridge Universities St John Ambulance Unit, which gives students opportunities to volunteer as first aiders and beyond at events such as sports matches and May Balls.



www.cufas.co.uk



Taster Session
08/10/21 *Free*

Come and get to know us and try your hands at some exciting skills!

Primary Survey
12/10/21 *Free*

You come across someone collapsed. Is it serious? What should you do?

Secondary Survey
19/10/21 *Free*

You've checked the patient is breathing - now what?

Life Threatening Conditions (1)
26/10/21

We'll apply what we've learnt in the last two weeks to recognising and treating a heart attack, angina, shock and stroke.

Life Threatening Conditions (2)
2/11/21

Following on from last week, we'll move onto looking at hypoglycaemia, anaphylaxis and asthma.

Injuries and Bleeding
09/11/21

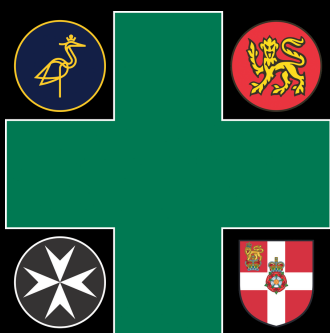
We'll cover how to treat a variety of injuries, both major and minor.

Mental Health
16/11/21 *Free*

We know cuts get plasters - but what if a friend seems excessively worried all the time? Join us for an honest look at mental health.

Scenarios
23/11/21

Put your skills into practice as people play casualties you must treat.



CUFAS Membership is £5 for the year, which will give you access to all of our sessions. The first few sessions are free to all - so come and learn some first aid!