



CAMBRIDGE UNIVERSITIES FIRST AID SOCIETY

Tuesdays 7:30pm-9pm • Wesley Methodist Church

CUFAS is for anyone who wants to learn and practise first aid skills in a relaxed and informal setting. If you'd like to get more involved with first aid, we also function as the Cambridge Universities St John Ambulance Unit, which gives students opportunities to volunteer as first aiders and beyond at events such as sports matches and May Balls.



**Cambridge
Universities
First Aid Society**

www.cufas.co.uk



cufirstaidsoc



@SJACambUnis



cu.firstaid

Taster Session
07/10/22 *Free*

Come and get to know us and learn some useful skills! Snacks provided.

Primary Survey
11/10/22 *Free*

You come across someone collapsed. Is it serious? What should you do?

Secondary Survey
18/10/22 *Free*

You've checked the patient is breathing - now what?

Sports Injuries
25/10/22

Learn how to apply your new skills to different sporting injuries.

Maternity
01/11/22

Learn how to support pregnant people in emergencies.

Life Threatening Conditions (1)
08/11/22

We'll cover how to recognise and respond to, heart attacks, angina, shock and stroke.

Life Threatening Conditions (2)
15/11/22

Following on from last week, we'll move onto looking at hypoglycaemia, anaphylaxis and asthma.

Scenarios
22/11/22

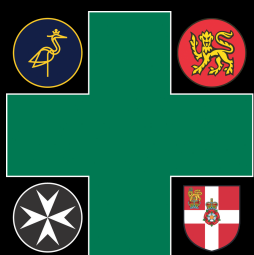
Put your skills into practice as people play casualties for you to treat.

Food and Frisbee
16/10/22 1pm *Free*

Join us on Jesus Green for some frisbee throwing and food (weather dependent).

Dinner Out
29/11/22

To end the term, we take a break from first aid, and head out for dinner!



CUFAS Membership is £5 for the year, which will give you access to all of our sessions. The first few sessions are free to all - so come and learn some first aid!