

**Drugs & Alcohol**  
23/01/24 *Free*

BW

We'll go over the signs of intoxication and how to treat these patients.

**Mental Health**  
30/01/24 *Free*

SH

Learn how you can support someone experiencing mental health difficulties.

**Radio  
Communication**  
6/02/24

SH

Get some tips on how radios are used for effective communication.

**Temperature**  
13/02/24

BW

How hot is too hot? How cold is too cold? What should you do?

**Bleeding**  
20/02/24

SH

This week we'll cover the different levels of bleeding, and more importantly, how to stop it!

**Advanced Kit**  
27/02/24

SH

Here's your chance to have a go using advanced first aid kit.

**Scenarios**  
5/03/24

SH

Put your skills into practice as people play casualties for you to treat.

**Annual General  
Meeting**  
12/03/24

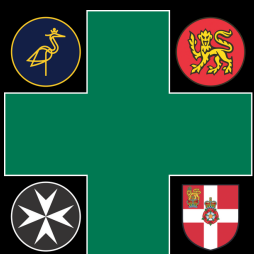
At the end of term we'll have our AGM at Newnham College. All CUFAS members are welcome to stand and vote for the next CUFAS committee! Then we'll all head to out for dinner.

BW

- Barbara White Room

SH

- Sidgwick Hall



**CUFAS Membership is £5 for the year, which will give you access to all of our sessions. The first couple of sessions are free to all - so come and learn some first aid!**