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leisure guide

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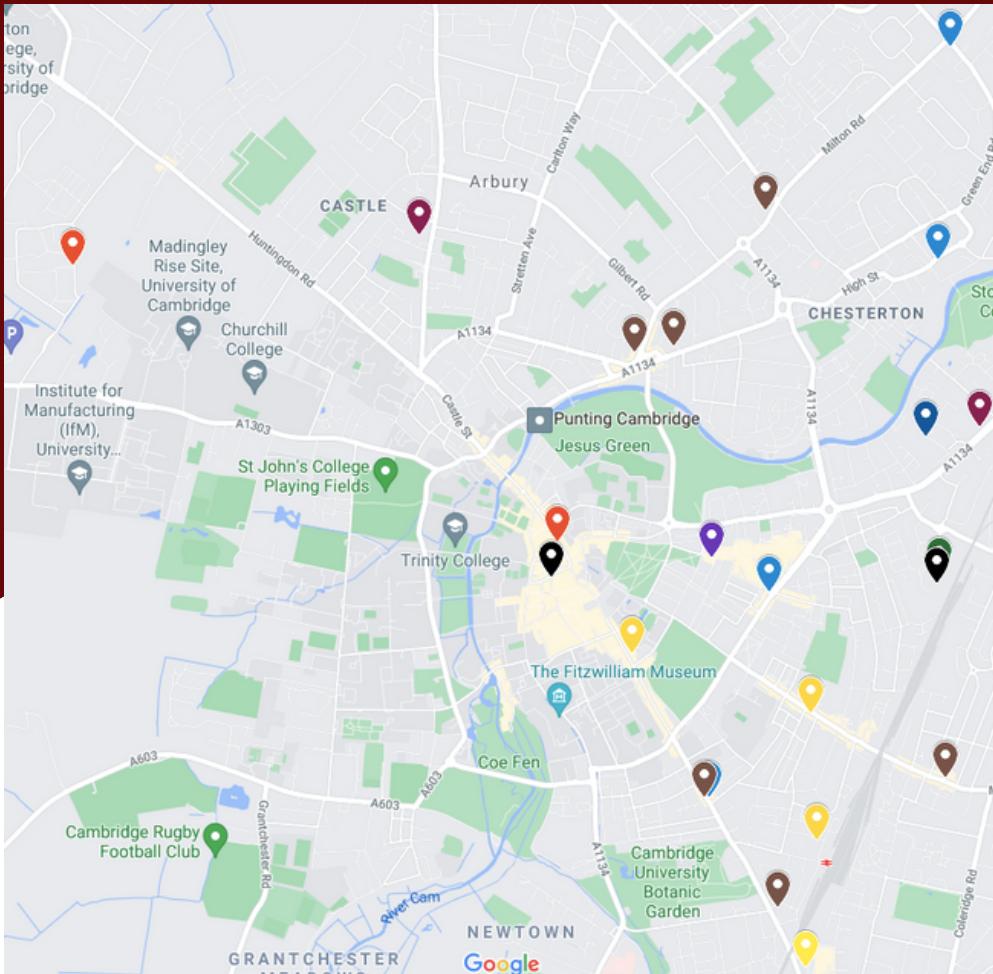
ABOUT THIS GUIDE

This guide is the collective product of several CUMSA Publicity secretaries and committee members.

While we try to maintain the most up-to-date information, it is recommended to double check with online sources.

Supermarkets

LOCATIONS



-  **TESCO EXPRESS**
-  **TESCO SUPERSTORE**
-  **SAINSBURY'S LOCAL**
-  **SAINSBURY'S**
-  **MARKS & SPENCER FOODHALL**

-  **ASDA**
-  **ALDI & ICELAND**
-  **WAITROSE**
-  **CO-OP**



SAINSBURY'S (OR MAINSBURY'S)

42-45 SIDNEY STREET, CB2 3HX

No other supermarket in Cambridge enjoys the same amount of clout and fame that the Sainsbury's on Sidney Street does. Located directly on the doorstep of Sidney Sussex College, *Mainsbury's* (as it is affectionately referred to) is one of the only fully stocked supermarkets close to the city centre.

It is not the most affordable supermarket, but you will get your money's worth, as the products are of high quality; the supermarket has a range of products of varying prices, from their more affordable Sainsbury's house brands to more upmarket, fancy groceries and household items. It also has a small selection of Asian foodstuffs, a bakery, and a decent alcohol section.

Mainsbury's recently reduced their opening hours to 7:30a.m.-11p.m. on all days except Sunday, where the opening hours are much shorter from 11a.m.-5p.m. (you'll find this is a common trend among many supermarkets).

Pro tip: check out their bread and bakes section for specially priced products - these are generally baked goods that will expire soon, but are good to eat if you don't keep them too long. Also, get a Nectar card to collect points that can offset your future purchases.

AFFORDABILITY:

3/5

VARIETY:

4/5

QUALITY:

4/5

LOCATION:

5/5



SAINSBURY'S LOCAL VARIOUS AROUND CAMBRIDGE

Essentially a mini-Sainsbury's, Sainsbury's Locals are smaller outlets that nonetheless have most of your essential groceries. This makes it perfect for colleges that are located away from Mainsbury's. They usually have the same opening hours.

AFFORDABILITY: QUALITY:

3/5 **4/5**

VARIETY: LOCATION:

2.5/5 **5/5**
(depends)

SAINSBURY'S (FARAWAYSBURY'S)

27 EDDINGTON AVENUE, CB3 1SE

This is just a Sainsbury's that is far away from most colleges except Girton.

AFFORDABILITY: QUALITY:

3/5 **4/5**

VARIETY: LOCATION:

4.5/5 **1/5**
(unless you go to Girton)





ALDI

HISTON ROAD, CB4 3JD
393 NEWMARKET ROAD, CB5 8JG

Aldi is one of the cheaper places to buy groceries. Fresh food, essentials, frozen food, and alcohol are all affordable. Chances are you can also get an Aldi-brand knockoff of your favourite name-brand stuff.

Variety-wise, it has all the basics you'll require, as well as a random selection of household items and knick-knacks. However, the food can sometimes go bad or moldy before their expiry date, so choose your vegetables carefully!

There are two Aldis - one on Histon Road (near the Hill Colleges) and another at the Cambridge Retail Park.

AFFORDABILITY:

4/5

VARIETY:

3/5

QUALITY:

2/5

LOCATION:

2/5

(unless you go to a Hill College, then it's a 4)



ICELAND

135/167 HISTON ROAD, CB4 3JD

Iceland is located directly next door to the Aldi on Histon Road. It sells a huge range of frozen foods and snacks, from pork crackling to frozen Gregg's sausage rolls, to whole turkeys.

Price-wise, it is not the most affordable, and some items are comparable in price to Sainsbury's. However, their variety of frozen foods (including ice cream) makes up for it (they even sell frozen prata). If you're at a Hill College, you'll probably pop in when you go to Aldi.

AFFORDABILITY:

3/5

VARIETY:

4/5

(if you love frozen food)

QUALITY:

3.5/5

LOCATION:

3/5

(unless you go to a Hill College, then it's a 4)



TESCO SUPERSTORE

CHEDDARS LANE, NEWMARKET ROAD, CB5 8LD

The TESCO Superstore is the king of variety. Not only do you have all kinds of food products and groceries, you have a sizeable selection of household items, cleaning products, and toiletries as well.

It's slightly more affordable than Sainsbury's, and the quality is decent. The variety is great, with good vegan and vegetarian options, and a sizeable Asian section as well.

The TESCO Superstore is near the Cambridge Retail Park and thus a distance away from most colleges, so it is mostly recommended for purchases at the beginning of the week.

Pro Tip: apply for a free TESCO Clubcard to enjoy special discounts at all TESCO stores; you can also collect points that can be traded in for vouchers.

AFFORDABILITY:

3.5/5

VARIETY:

5/5

QUALITY:

4/5

LOCATION:

3/5



TESCO EXPRESS

VARIOUS AROUND CAMBRIDGE

TESCO Express stores are similar to Sainsbury's Local stores.

AFFORDABILITY: QUALITY:

3.5/5

4/5

VARIETY:

2.5/5

LOCATION:

5/5

(depends)

M&S FOODHALL

6-11 SIDNEY STREET, CB2 3HH

Located right by Market Square, M&S Foodhall is on the pricey side, especially for fresh food, but they have a great selection of easy to prepare meals such as pizzas, Southern Fried chicken, and others.

Pro tip: try their meal deals!



AFFORDABILITY: QUALITY:

2.5/5

4.5/5

VARIETY:

LOCATION:

4/5

5/5

(The most central that central can get)



ASDA

BEEHIVE CENTRE, COLDHAMS LANE, CB1 3ER

Think of ASDA as an Aldi on steroids; it is a massive superstore with relatively affordable prices. Some stuff is cheaper than Aldi (especially their promotional items, such as 3 meat items for £10), but depending on what you buy, a shop here may not be worth the distance, and may even be more expensive than your shop elsewhere (especially Aldi).

With that being said, the selection and variety of items available is great. Their Asian section is good, and there is Milo (not Singaporean-made if you're that particular).

As mentioned, it is not the most accessible, and cycling back with a full basket of groceries may be difficult.

Pro tip: if you want cheap crockery and home stuff, try ASDA! They have some nice home items, and their house brand cleaning products is quite cheap as well. Make the trip less painful on your legs by sharing an Uber here with your college mates.

AFFORDABILITY:

4.5/5

VARIETY:

5/5

QUALITY:

3/5

LOCATION:

2/5

LITTLE WAITROSE

6-8 FITZROY STREET, CB1 1EW



Located near The Grafton, Waitrose is the highest-SES supermarket available. It supposedly has some affordable meal deals and more obscure Asian ingredients such as galanggal, but most college students are too poor to go here.

AFFORDABILITY: QUALITY:

1/5

5/5

(small sample size though)

VARIETY:

3/5

LOCATION:

3.5/5

CO-OP

VARIOUS AROUND CAMBRIDGE

If you spend enough time in the UK, you will realise that there are no convenience stores like 7/11 or Cheers. Co-op is the closest thing you'll get to a convenience store, but in reality it's a lot more like a Sainsbury's Local or TESCO Express, but slightly more expensive. Their products are nothing to shout at, but what it lacks in that it makes up for in convenience.

AFFORDABILITY: QUALITY:

3/5

VARIETY: LOCATION:

3/5

5/5

(depends)





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asian

supermarkets

JIAMART

31 BURLEIGH STREET, CB1 1DG
69 REGENT STREET, CB2 1AB

Jiamart is the closest you'll get to an Asian supermarket chain in Cambridge. You can find most of your favourite Chinese snacks, condiments, instant noodles, as well as frozen dumplings and meat slices for hotpot. They're also on Deliveroo! You can become a member for £1 which gives 10% off on all items.



CHO MEE

110 MILL ROAD, CB1 2BD

Located on Mill Road, Cho Mee has a great selection of spices and Southeast Asian ingredients and foods.



SEOUL PLAZA

91-93 MILL ROAD, CB1 2AW

Seoul Plaza is a Korean mart located on Mill Road. You can get your favourite Korean snacks and ingredients, as well as soju.

OCEAN SUPERMARKET

58 MILL ROAD, CB1 2AS

Ocean Supermarket boasts a great variety of Asian foodstuffs. Not only is it close to Hughes Hall, it boasts cheaper prices and a wider variety of products than Jiamart.



J&M ORIENTAL

185 HISTON ROAD, CB4 3HL

This Asian supermarket is the most convenient for Hill College students. Located just down the street from Aldi and Iceland, J&M has a decent selection, and an in-house bubble tea stand!

Pro-tip: present your CamCard for a 5% discount.

IT BEGINS WITH YOU

1

92%

50
50

Key Dates

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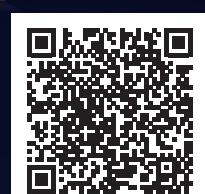
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places to eat



BY DONOVAN SIM,
ECONOMICS, ROBINSON COLLEGE

The food in Cambridge may not completely satisfy the Singaporean palette, but there are still great places to eat!

Of course, no prices can match that of our hawkers, so do visit these eating places expecting to spend more than you would in Singapore.

You will notice that eateries here tend to offer more vegan and vegetarian options. However, it might be harder to find Halal-certified restaurants.

BIRD THAI NOODLE BAR (THAI FOOD TRUCK)

LOCATION: MARKET SQUARE

PRICE POINT: £££

FOOD: Basically, everything they serve in the menu is pretty good. Apart from what you see above, they also serve drinks like Thai iced tea, iced green tea, and iced lemon tea.

ALSO: This stall is very popular among Singaporeans and Malaysians! If you come here for lunch on the weekends, you'll almost definitely run into them.



JUST GREEK GYROS

LOCATION: MARKET SQUARE

PRICE RANGE: £££

FOOD: this stall sells Greek gyros. Choose between fillings of chicken, pork, chicken and pork, or vegetables and halloumi. All gyros come with fries and are wrapped in pita bread. When served, the meat is freshly shaved off the rotisserie. The food is very filling, and the serving of meat is very generous.

ALSO: Be prepared to pay in cash! Sometimes, the store's card reader does not work. Thankfully, if you do not have cash because you are expecting to pay by card, but then find out that the card reader is not working, the proprietor will kindly allow you to take your food first and come back with cash later on. If you need cash at Market Square, there's an ATM just outside M&S.



WILDWOOD

LOCATION: NEAR ST JOHN'S COLLEGE

PRICE RANGE: £££

FOOD: This stall sells dishes like carbonara, pizza, steak, and ribs. Personally, I always order the steak when I dine in, and have the pizza when I call for delivery. Once again, the portions are generally substantial.

ALSO: They tend to have discounts for students. Over the winter, this was 50%, and in early spring, this was 40%. Do check again when you arrive in Cambridge, the terms of the discount might be different by then.



GOLDEN HOUSE

LOCATION: REGENT STREET, NEAR HUGHES HALL

PRICE RANGE: £££

FOOD: They serve Thai, Malay, and Chinese cuisine. There are too many dishes here for me to name, but I'll name one. I like the "Sauteed Pork Belly Slices in Hot Sauce" (回锅肉) the most because they do not skimp on the meat.

ALSO: This is another popular choice among Singaporeans. I have only had food delivered from here, but word has it that before the pandemic, dining-in always means a squeeze because of the restaurant's small dining area, and there are often many diners. Contact them via WeChat (goldenhousecambridge) for deliveries!



YIM WAH

LOCATION: REGENT STREET,
NEAR HUGHES HALL

PRICE RANGE: £££

FOOD: Their main dishes are Cantonese dishes such as Har Gao, Siew Yuk, Char Siu, and



Roast Duck. Whenever I go to Yim Wah, I make it a point to order their roasted meats, in particular the Siew Yuk which is my personal favourite. The Siew Yuk is fatty, the skin is crispy, and the meat is tender. Sometimes, I would go to Yim Wah and order nothing but a £10 serving of just Siew Yuk because I like it that much. Yim Wah is very authentic, and if you are a carnivore, you must give it a try.

JACK'S GELATO

LOCATION: ALL SAINTS PASSAGE OR NEAR MARKET SQUARE/CORPUS CHRISTI

PRICE RANGE: £££

FOOD: Jack's serves gelato, coffee, and hot chocolate. I really like the ice cream here because of the variety of flavours, the creaminess of the ice cream, and the quality of ingredients.



My three favourite scoops are mint stracciatella, honeycomb (with crunchy bits of honeycomb), and vanilla chopped brownie (with chunky bits of brownie mixed in). I love Jack's Gelato so much that I have at times come back more than once in a single day, ordering a total of four scoops.

ALSO: If you are a member of societies such as MedSoc, you might be eligible for further discounts. The International Student Campaign (ISC) also occasionally gives out free scoops from Jack's Gelato, so check out their Facebook page too!

Follow @gelatojack for the menu! It changes every day, and sometimes, there are secret menu items only announced on their Instagram story.

WETHERSPOONS (OR SPOONS)

LOCATION: REGENT STREET, NEAR EMMANUEL COLLEGE & THE GRAND ARCADE

PRICE RANGE: £££

FOOD: Affectionately known as "Spoons", this is Cambridge's biggest pub, with a wide selection of drinks. While the food may not be the best, the relative affordability and the good service makes up for it!

At night, many people gather there for drinks, but it is definitely a go-to place for many to study in the day for the free coffee refills and brunch.



AROMI

LOCATION: NEAR MARKET SQUARE OR NEAR GRAFTON

PRICE RANGE: £££

FOOD: Delicious Sicilian-style pizza/sandwich and other Italian pastries. Aromi also serves gelato in the summer months and their Pistachio gelato is divine.

ALSO: Remember to request for your food to be heated up. The way the cheese and the fats from the meat (if you choose a meat option) melt together is just amazing.

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halal food guide

BY MUZAMMIL ARIF,
MEDICINE, DOWNING COLLEGE

GENERAL TIPS:

Some colleges offer halal food at hall, but some may not openly publicise it – email your catering department to ask.

Similarly, some restaurants use halal meat (usually chicken) but don't openly say it, feel free to ask again! Many waiters ask beforehand if anyone at the table has any allergies, this is a good chance to ask if the meat is halal.

Most restaurants usually have vegan/vegetarian options (useful if you have an organized event at any of them).

Some restaurants may advertise themselves as 'Halal' but serve pork – usually means at least their chicken is halal, but safest is to usually clarify again.

Groceries-wise, there are many fully halal grocers along Mill Road. Sainsbury's Sidney Street (aka Mainsbury's) and ASDA have fresh halal meat, while Tesco Superstore has frozen meat (kebabs/chicken breast/prata).

Name (Pic No.)	Address	Cuisine	Halal Status	Recommended Dishes & Remarks
Regent Street				
The Tiffin Truck	22 Reg St	Indian	Ask staff (should be all Halal, but serves alcohol)	
Gourmet Burger Kitchen (2)	43-45 Reg St	Burgers	Only some chicken, the staff are familiar with which	25% off for students
City Kebab	73 Reg St	Kebabs	All Halal	
Olive Grove	100 Reg St	Greek	Some meat is halal (serves pork)	
Ji's Chicken Shop (3)	110 Reg St	Chinese	Except Dumplings (ask staff)	Bubble Tea and Fried Chicken
Golden House (1)	12 Lensfield Road	Chinese	Chicken only (let staff know not to use alcohol in cooking)	Takeaway only, cheap student meal (£5-7)



1



2



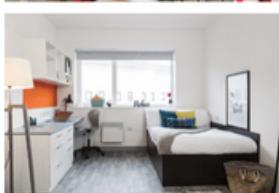
3

Name	Address	Cuisine	Halal Status	Recommended Dishes & Remarks
Mill Road				
Zi's Piri Piri (4)	36A Mill Road	Pizza, Burgers, Grilled Chicken	All Halal	Pizza – really good takeaway deals, although they also do free delivery for orders above £12
Al Casbah (3)	62 Mill Road	Algerian	All Halal	They have a 2/3 course set meal at certain hours
Damas Bridge	68 Mill Road	Syrian	All Halal	
Carlos BBQ	70 Mill Road	Casual Turkish	All Halal	They also do Western-style food, worth the walk there
Samaan	74 Mill Road	Kebabs, Falafel, Shawarma	All Halal	
Little Petra	94 Mill Road	Jordanian	All Halal	Small menu and venue but nice food
Bedouin	98-100 Mill Road	North African	All Halal	Slightly pricey
Cambridge Gourmet Grill (2)	102 Mill Road	Pakistani and Western	All Halal	Great to go with Non-Muslim Friends because they do Western food too
Chicken Cottage	87 Mill Road	Fried Chicken	All Halal	Closest halal thing to KFC you'll find in Cambridge
NamasteCam (1)	83A Gwydir Street	North Indian	All Halal	Order online, takeaway or delivery (free above £9) only
Subway	303 Mill Road	Like a normal subway	All Halal	Not all Subways in Cambridge are Halal but this one is



Name	Address	Cuisine	Halal Status	Recommended Dishes & Remarks
Grafton				
Kymmoy	11 Burleigh Street	Chinese	Only beef and chicken (serves pork)	Has a good lunchtime set meal
Pepe's Piri Piri	182 East Road	Burgers, Grilled Chicken	All Halal	
Lokum	40 Burleigh Street	Kebabs, Pizza, Fried Chicken	All Halal	
Mix of Other Places (I haven't been to many of them, but read/heard about them from others)				
Madingley Road Kebab	1 Madingley Road	Kebabs	Ask staff	Good for those near Fitz
Thaikhun	3-5 Quayside	Thai	Ask staff to advise (some reviews say chicken is halal)	Along the river Cam
Rajbelash	36-38 Hills Road	Indian	Ask staff	
Mina Steakhouse	3 Brookgate	Steaks & Burgers	Ask staff	
Chicken Rush	164 Hills Road	Chicken	Ask staff (should be all Halal)	Good for those near Homerton
Nines Global Buffet	Leisure Park (30 Clifton Road)	International	Ask staff (but should be chicken only)	Buffet

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Mapletree is also part of a consortium which owns Cuscaden Peak Investments Private Limited, the owner-operator for Student Castle and Capitol Students. Student Castle and Capitol Students have 29 student accommodation assets in 18 cities across the United Kingdom and Germany, including 212-bedder Student Castle Cambridge.

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Anne-Marie

Associate,
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SHOPPING NECESSITIES:

BEDDING

You will need a duvet, a pillow, as well as sheets and duvet/pillow covers. Different colleges provide a different combination of these things, and some may have a set available for rent or sale.

However, if you would like to purchase your own, head over to Wilko, Primark, or ASDA to get them for an affordable price. If you have more expensive tastes, you can also consider buying them from John Lewis.

If you're looking to bring your own fitted sheets, remember that UK bed sizes are different to Singapore's!

OTHER APPLIANCES

Most household appliances can be found in larger supermarkets like **Sainsbury's** and the **Tesco Superstore**. Most people will also invest in a water filter as water in Cambridge is 'hard water' (which contains calcium carbonate), which can leave white deposits on anything you use. **TKMaxx** is another good place to find cooking appliances.

If you prefer online shopping, **Amazon** is always an option and will have everything you need! You get 6 months free Amazon prime for being a student, but you can register more than one address under a single account, so it is a good idea to share one with your friends to maximise savings!

TOILETRIES

You can find pretty much everything you'll need at **Boots** and **Superdrug**. Also check out **Poundland** (basically UK's version of Daiso) for good deals.

The climate in the UK tends to be quite dry, so it is good to invest in lip balm and moisturiser.

STATIONERY

Most stationery is expensive in the UK (and not of great quality); however, you can get writing pads (e.g. foolscap paper) and ring files from most stationery stores, such as W.H. Smith, or Ryman.

CLOTHES

If you have no clothes appropriate for fall/winter, you can pop over to Primark (really cheap fast fashion) to get sweatshirts and jackets. Alternatively, there are other (relatively pricier) shops such as H&M and Superdry.

Another more sustainable alternative is to check out the various charity shops around Cambridge, such as Scope, British Heart Foundation, and the East Anglia Children's Hospice (EACH).

Charity shops are a great way to shop more sustainably, and some stores have really great items for a fraction of the price. It's worth having a look around because you'll be surprised at just what you can find!



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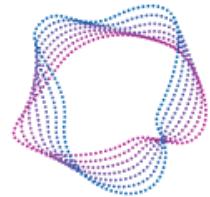


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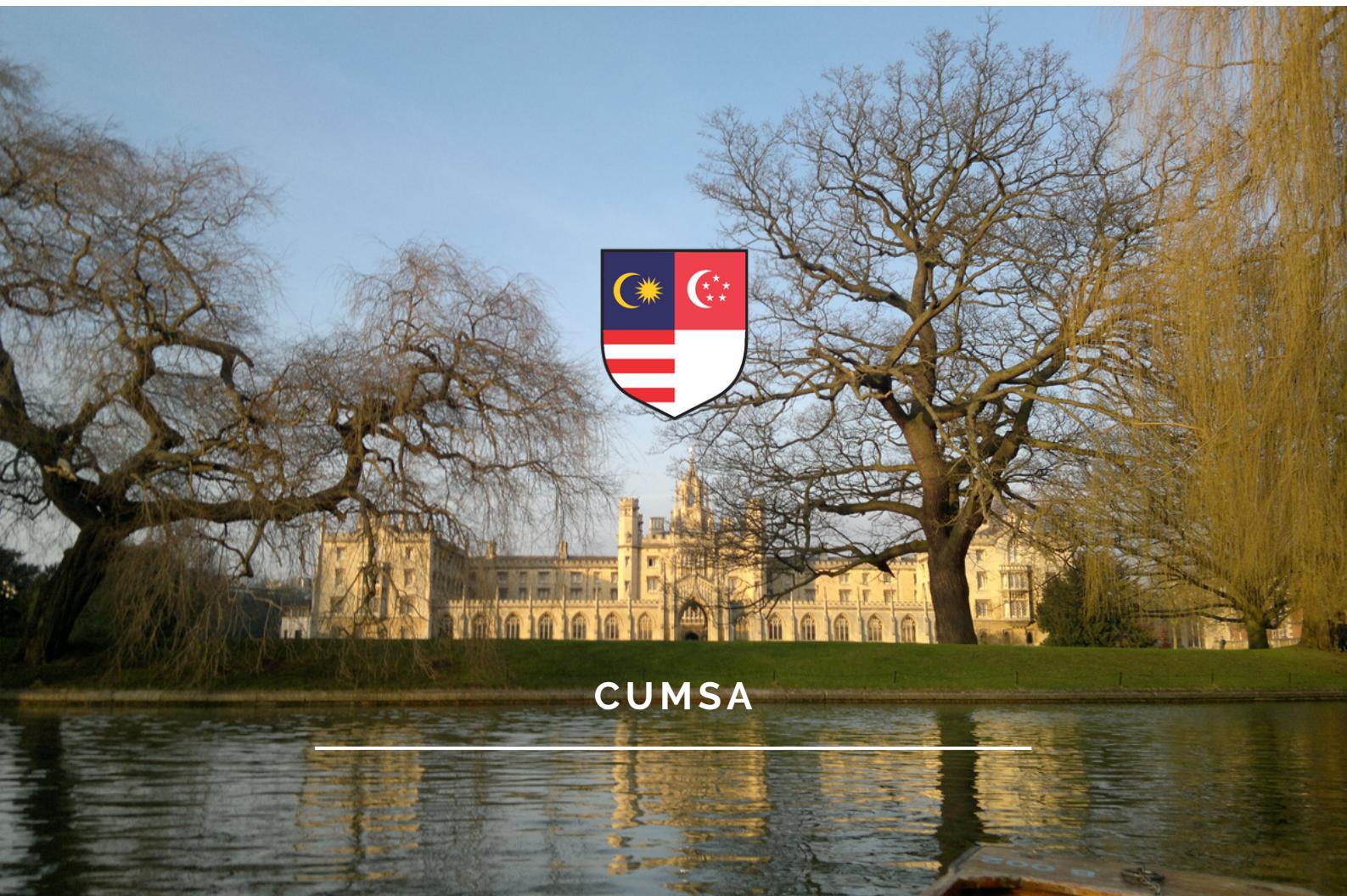
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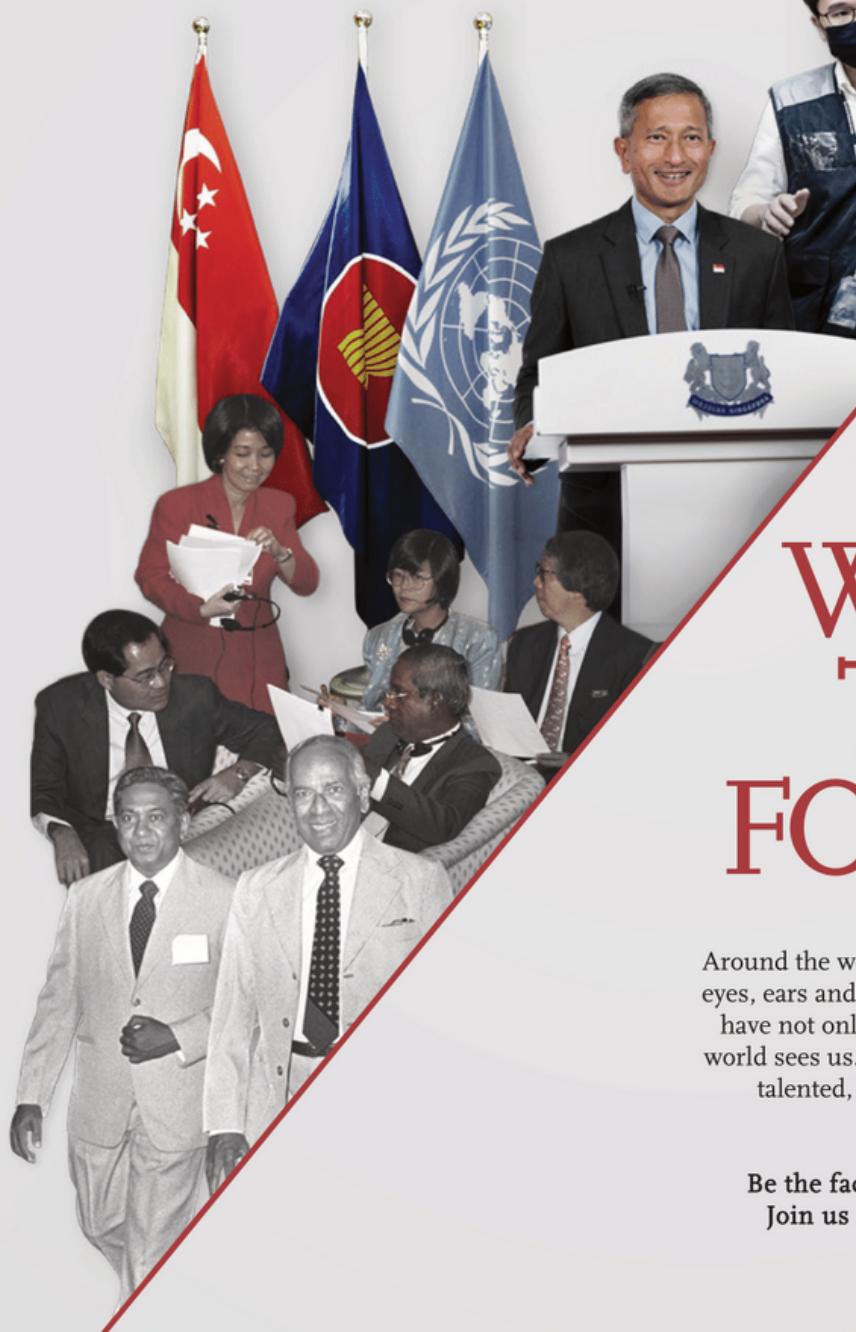
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WE'VE COME A LONG WAY SINCE 1965.

HOW WILL YOU TAKE US FORWARD?



Around the world, our Foreign Service Officers have been the eyes, ears and voices of our nation. Their actions and insights have not only guided our foreign policy, but shaped how the world sees us. And now, Singapore seeks a new generation of talented, capable individuals to serve our global mission.

Be the face of Singapore's diplomacy.
Join us as a Foreign Service Officer.



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SINGAPORE

TAKE
SINGAPORE
FURTHER

Get a career headstart with extraordinary development opportunities

MENTORSHIPS BY MFA DIPLOMATS

Gain invaluable advice and insights from senior diplomats on working in the Foreign Service.

INTERNSHIPS IN SINGAPORE HQ AND OUR OVERSEAS MISSIONS

Start gaining global experiences early with hands-on experiences of what being an FSO is all about.

LANGUAGE PROGRAMMES*

Learn new languages that will be useful to your Foreign Service career with sponsored language programmes.

EXCHANGE/SUMMER PROGRAMMES*

Immerse yourself in different cultures with sponsored exchange/summer programmes.

PRE-DEPARTURE PROGRAMME

Build up your network and gain essential skills that will help you live independently and operate effectively abroad.

Read here to find out more about the boundless development opportunities throughout your career as an FSO.

*Sponsorships of these programmes are subject to management's approval.

Over 50 overseas missions,
1 prestigious scholarship

Learning from experienced diplomats



“The opportunities to learn from more experienced colleagues and build my network of contacts while I am still studying is just one of the many advantages of being a Foreign Service Scholar, and will be something I continue to value going forward. ”

Joshua Lim
University of Cambridge, UK
Leiden University, The Netherlands

▼ Joshua getting advice from senior FSOs during his Pre-Departure Programme



An FSO's work comes with many unique challenges. As a Foreign Service Scholar, I have had the chance to pick up plenty of invaluable tips and techniques even before starting my career. During my studies in the UK, my mentor was an FSO who worked at the Singapore High Commission in London. He never failed to catch up with me and was always willing to offer guidance and advice. Even when we could not meet in person due to COVID-19 restrictions, we would still keep in touch via email.

During my internships at the various directorates and overseas missions, there was also always something to learn from the senior FSOs and supervisors I met. They all had interesting and unique career experiences to share. The opportunities to learn from more experienced colleagues and build my network of contacts while I am still studying is just one of the many advantages of being a Foreign Service Scholar, and will be something I continue to value going forward. Looking ahead, as I gain more experiences of my own, I hope to share them with new FSOs too!

A world of unique experiences awaits you as a Foreign Service Scholar



WILL
YOU
ANSWER
THE CALL
TO TAKE
SINGAPORE
FURTHER?

Scholarship details

PSC Scholarship (Foreign Service)
Administered by the Public Service Commission

Singapore Government Scholarship (Foreign Service)
Administered by the Ministry of Foreign Affairs

COURSES:

Most disciplines

INSTITUTIONS:

Most reputable overseas universities,
including those in China, France, Germany and Japan

TERMS OF AWARD:

Tuition fees and approved charges
Maintenance and allowances
Return airfare
Sponsorship of approved exchange programme and Master's Degree*

REQUIREMENTS:

Singapore citizens or permanent residents intending to take up citizenship
Strong leadership qualities, an interest in public diplomacy and international relations
GCE 'A' Levels, International Baccalaureate, Polytechnic Diploma (with Merit) or equivalent

BOND PERIOD:

6 years for English-speaking countries
5 years for non-English-speaking countries

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Email mfa_scholarship@mfa.gov.sg or
Visit www.mfa.gov.sg/scholarship to find out more.

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*Subject to meeting the requirements for sponsorship of Master's programmes.